

*H.B.C. Bill of Fare, York Factory, 1838*

**I**T will be of interest to our readers to learn that the food provided at the H.B.C. officers' mess was varied and substantial. Beef, potatoes, and pork were raised on the "plantation," as it was called in those days. Country provisions, venison, fish, geese, rabbits and partridges appear to have been plentiful. The menu reads as below:

<i>1838</i>	<i>Breakfast</i>	<i>Dinner</i>
Dec. 1	Fried fish	Soup, stewed partridge, pork chops, potatoes, cheese.
2	Beef steak	Soup, roast beef, potatoes, pudding, cheese.
3	Fried fish	Soup, stewed rabbit, boiled partridge, potatoes.
4	Fried fish	Soup, venison pie, broiled partridge, potatoes, tart.
5	Fried fish	Soup, roast beef, potatoes, cheese.
6	Fried fish	Soup, roast pork, curried partridge, potatoes.
7	Fried fish	Soup, salt beef, potatoes, pudding, cheese.
8	Fried fish	Soup, roast venison, beef steak, potatoes, cheese.
9	Beef steak	Soup, roast beef, pudding, cheese.
10	Fried fish	Soup, stewed rabbits, partridges, potatoes.
11	Fried fish	Soup, venison pie, venison steaks, potatoes, tart.
12	Fried fish	Soup, roast beef, potatoes, cheese.
13	Fried fish	Soup, roast pork and partridge, potatoes.
14	Fried fish	Soup, salt geese, ducks, potatoes, pudding.
15	Fried fish	Soup, roast venison, curried partridge, potatoes.
16	Beef steak	Soup, roast beef, potatoes, pudding, cheese.
17	Fried fish	Soup, roast partridge, stewed rabbits, potatoes.
18	Fried fish	Soup, venison pie and steaks, potatoes, tart.
19	Fried fish	Soup, roast beef, potatoes, cheese.
20	Fried fish	Soup, roast pork, potatoes, cheese.
21	Fried fish	Soup, salt geese, curried fish, potatoes, pudding.
22	Fried fish	Soup, roast partridge, stewed rabbits, potatoes.
23	Beef steak	Soup, roast beef, potatoes, pudding, cheese.
24	Fried fish	Soup, roast venison, potatoes, cheese.
25	Fried fish and beef steak	Soup, roast beef, geese, potatoes, mince pies, pudding.
26	Fried fish	Soup, roast beef, potatoes, cheese.
27	Fried fish	Soup, roast beef, potatoes, boiled ham and tongues, mince pies.
28	Fried fish	Soup, boiled pork, potatoes, peas, suet pudding.
29	Fried fish	Soup, roast venison, potatoes, cheese.
30	Fried fish	Soup, roast beef, potatoes, pudding, cheese.
31	Fried fish	Soup, curried rabbit, roast partridge, potatoes.

On Sundays only, wines, madeira and port were served, whilst porter and spruce beer were supplied during the week.—*C. Harding.*



*Rupert's House post of the Hudson's Bay Company on James Bay.*