



Lake Superior
National Marine
Conservation Area

XPLORERS

PARKS CANADA

Your name: _____



– Lake Superior –

Aussi disponible en français

v.A23

WELCOME!

to LAKE SUPERIOR NATIONAL MARINE CONSERVATION AREA

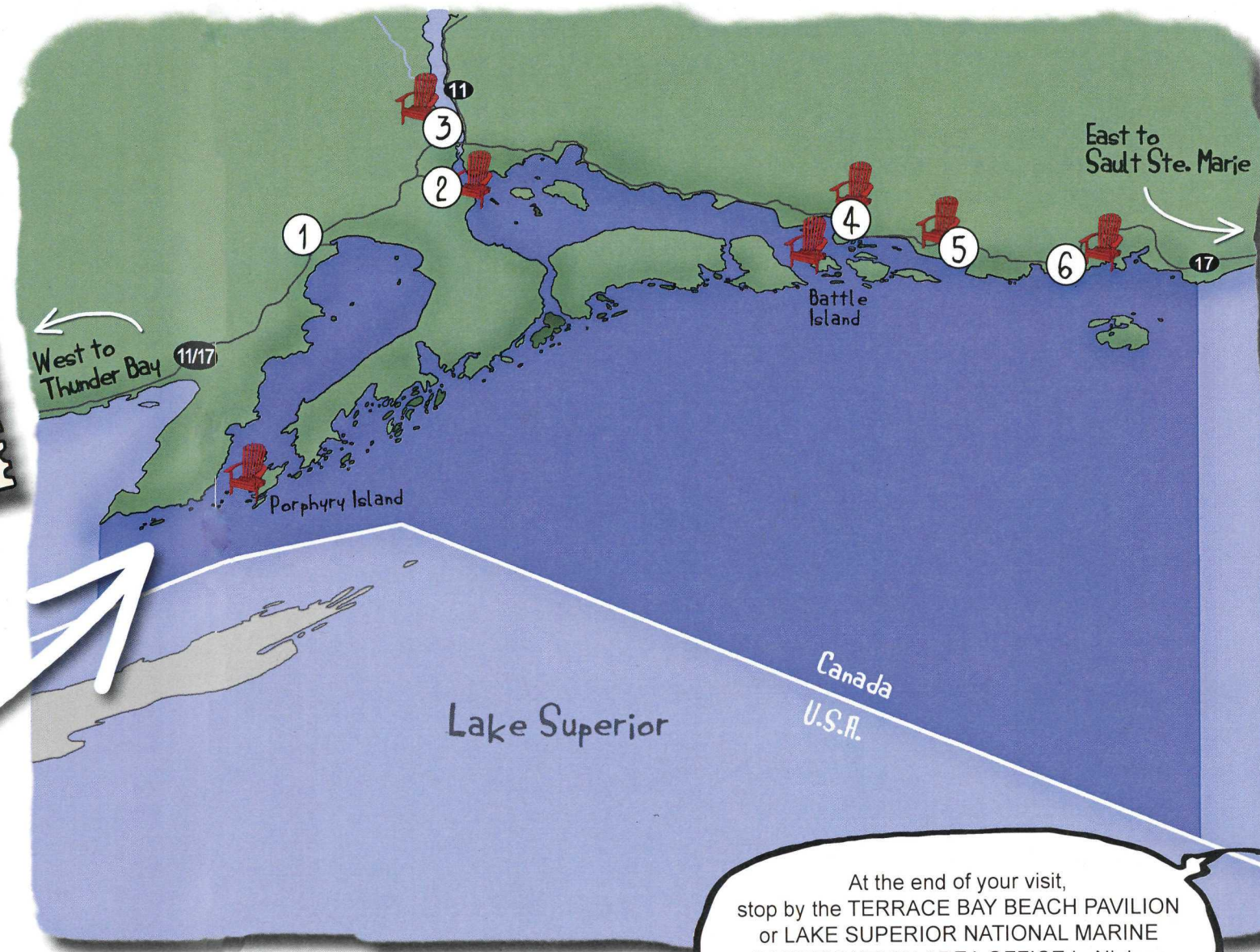
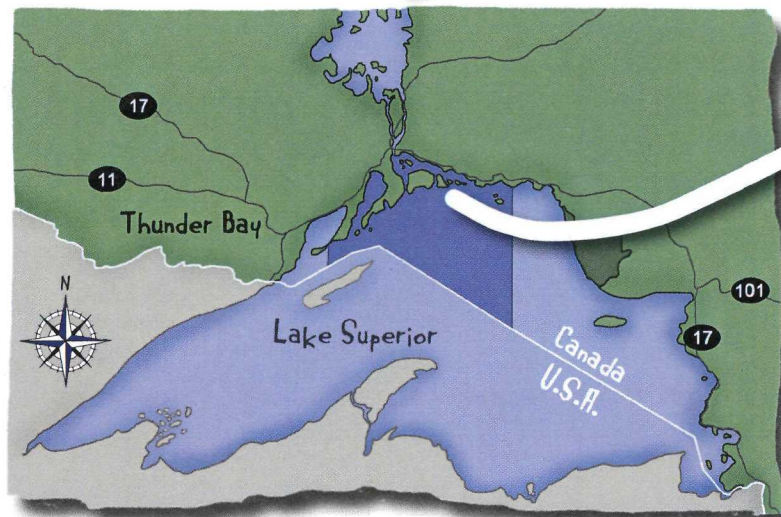
Lake Superior National Marine Conservation Area is very big! Lake Superior is called "Gichi-gaming" or "The Big Lake" by the Anishinaabe.

You'll see the numbers below on the activity pages in your booklet. Find them on these pages to see where to go to do the activities.

Happy Xploring!

- ① Hurkett Cove
- ② Red Rock
- ③ Nipigon
- ④ RosSPORT
- ⑤ Schreiber Beach
- ⑥ Terrace Bay
-  Red chair locations

Psst! If you are travelling towards Sault Ste. Marie, start at page 4. If travelling towards Thunder Bay, start at page 12.



At the end of your visit, stop by the TERRACE BAY BEACH PAVILION or LAKE SUPERIOR NATIONAL MARINE CONSERVATION AREA OFFICE in Nipigon to have your certificate signed and receive a reward.

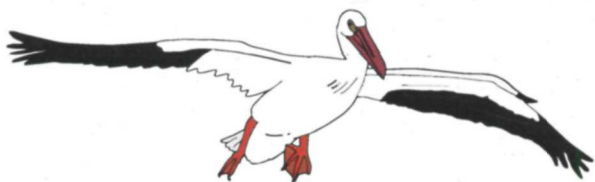
TAKE A LOOK

Go to
1
on the map

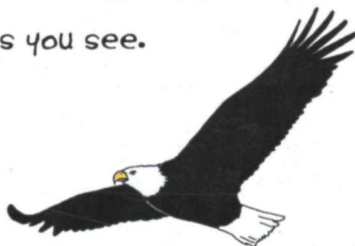
BIRDS OF HURKETT COVE

During the spring and fall, this cove is full of migratory birds that are flying north or south. They stop at Hurkett Cove to rest before continuing on their long journey.

Hike down the trail and check the ones you see.



American White Pelican



Bald Eagle



Sandpiper



White-throated Sparrow



Yellow Warbler



Red-winged Blackbird



Merganser



American Robin



GO INVESTIGATE

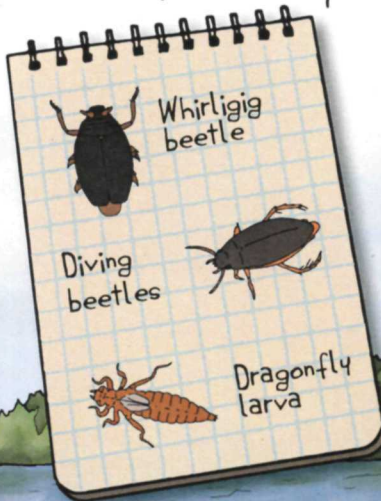


Go to
2
on the mat

WETLAND HEROES

Lake Superior's wetlands and shorelands are full of heroes called invertebrates! Invertebrates are animals without a backbone. These tiny creatures have important jobs in the lake! Finding different aquatic invertebrates in a wetland can help us learn if the lake is healthy!

Ask the staff in the Red Rock Interpretive Centre for a "Wetland Heroes Kit" then explore the wetlands!



How many different invertebrates did you find?

Psst!
Visit the Red Rock Interpretive Centre to learn about more activities.

Remember to return the invertebrates where you found them!

GO PLAY



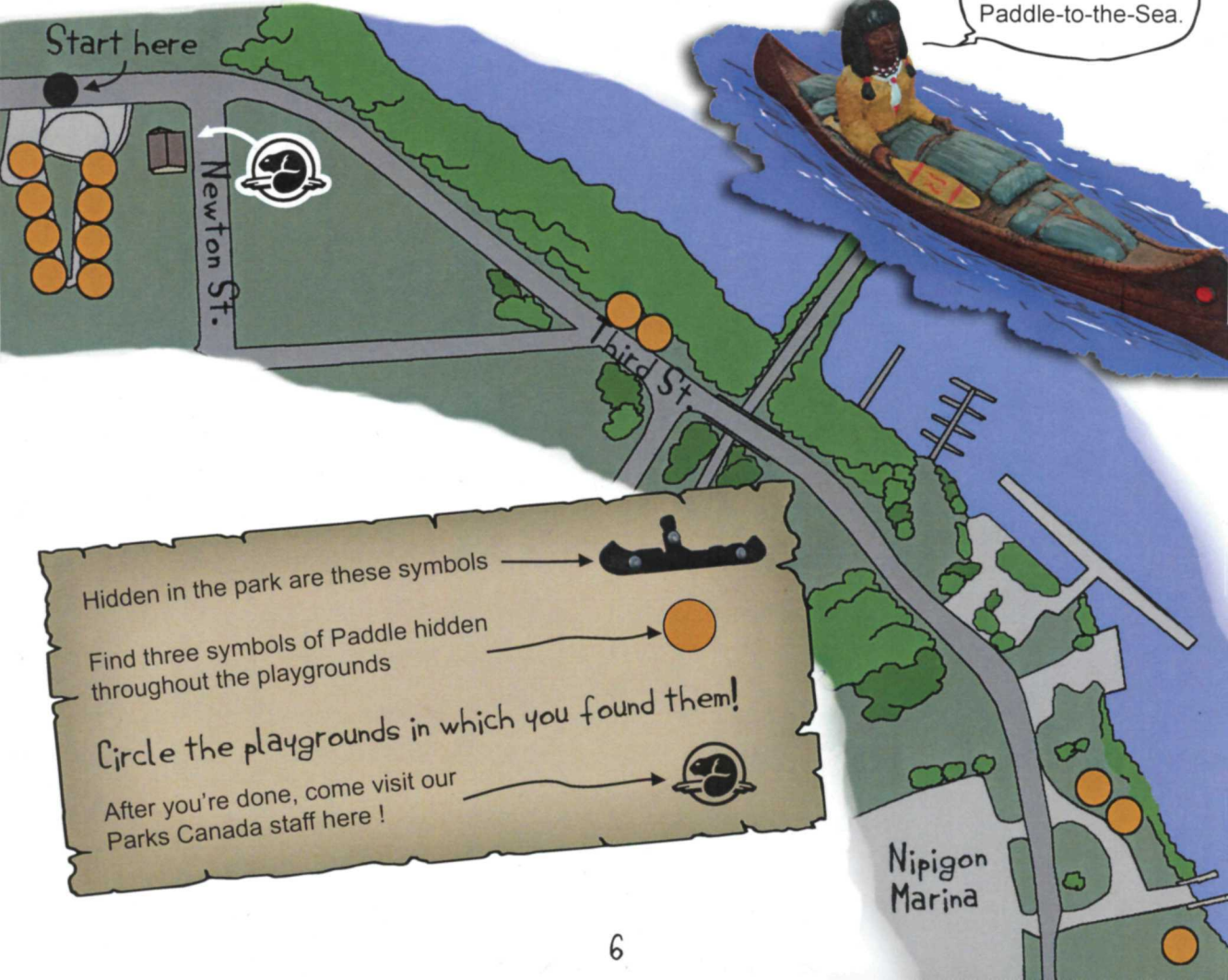
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3
on the map


PADDLE-TO-THE-SEA


Visit the Paddle-To-The-Sea park in Nipigon.

Follow Paddle on their journey from Lake Nipigon through Lake Superior and to the Atlantic Ocean!


Hello, I am
Paddle-to-the-Sea.



Hidden in the park are these symbols → 

Find three symbols of Paddle hidden throughout the playgrounds → 

Circle the playgrounds in which you found them!

After you're done, come visit our Parks Canada staff here! → 

USE YOUR SENSES



THE FULL RED CHAIRS EXPERIENCE

We saved you a seat! Visit the Red Chairs and give your senses a workout!

Write down or draw what you discover.

Sight:

Birds or other animals...



Taste:

What looks tasty?



Touch:

The water on your hands...



Smell:

Flowers? Trees?



Sound:

Wind? Waves? Birds?



CHALLENGE YOURSELF



Go to
4
on the map

COLD FEET CHALLENGE

How cold is Lake Superior? The lake is so cold that it cools the air around it like an air conditioner! If you and an adult are brave enough, take the "Cold Feet Challenge". Let's see who can keep their feet in the longest. While you are in the water, pay close attention to what you can hear.



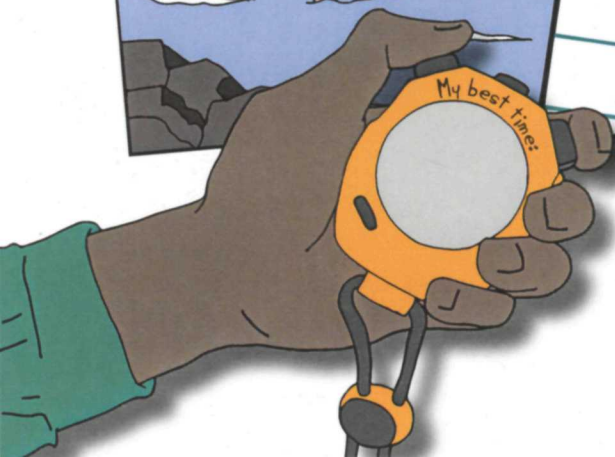
Who ran out first?

Who stayed in the longest?

What was their time?

What did you hear?

Did focusing on the sounds around help keep your feet in the water?



GET MOVING



Go to
4
on the map

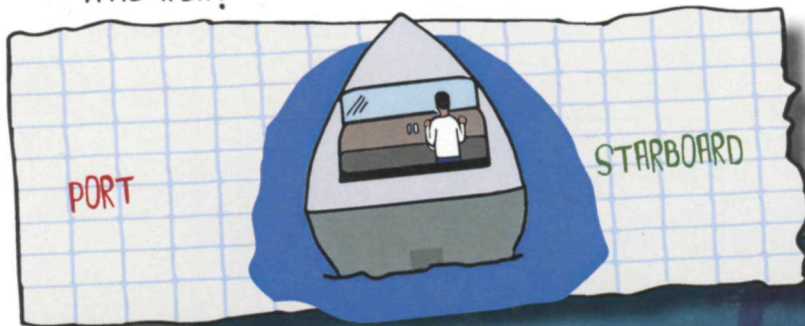
AYE! AYE! CAPTAIN!

Many ships pass through the National Marine Conservation Area. Imagine you and your group are onboard the H.M.S. Superior.

Visit Rosspoint Community Park and assign someone to be the captain. They will choose the direction you take by crying out "Port" or "Starboard." Your family must run in the proper direction. If someone makes a mistake, everyone yells "Shipwreck" and they must sit down. The last sailor standing wins!

Who did you select as captain?

Who won?



Which is which?
PORT = LEFT – both have
four letters and go together.
STARBOARD = RIGHT



Did you know...
under Lake Superior's
waters lie dozens
of shipwrecks?

To learn more about
what lies beneath Lake
Superior's waves, contact
our main office to ask
about interpretive
program offers!

amnclacsuperieur-lake
superiornmca@pc.gc.ca

SEARCH FOR

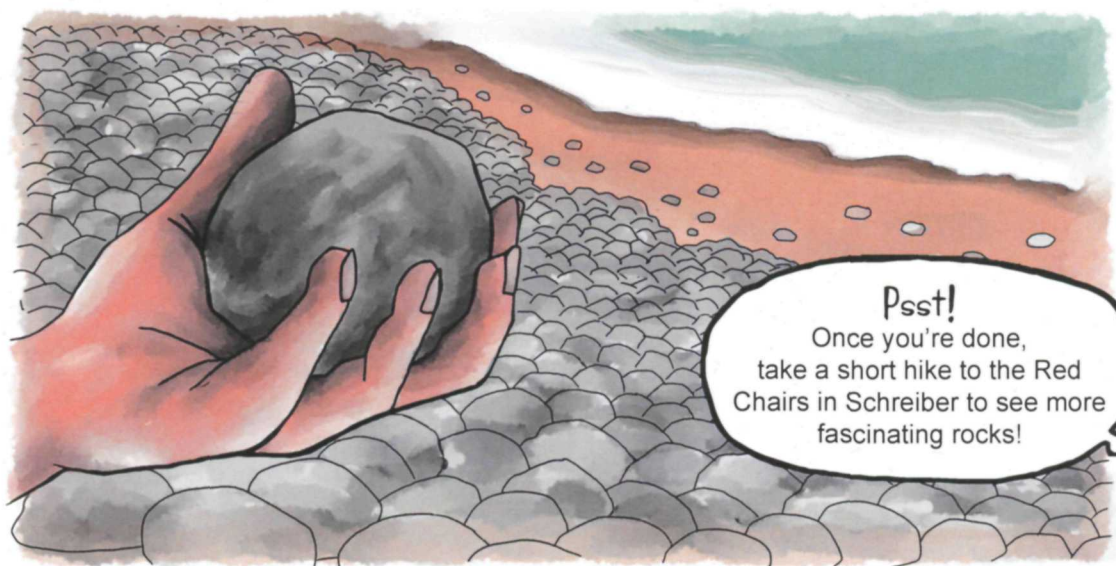
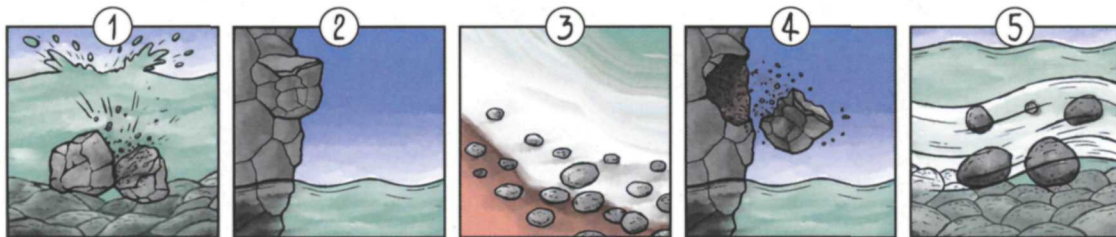


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5
on the map

LAKE SUPERIOR ROCKS!

The rocks here are very old and have an interesting story to tell. Take a drive down to Schreiber Beach and search for the roundest rock you can find!

Put these in the correct order to find out how Lake Superior's waters made this rock so round.



Psst!
Once you're done,
take a short hike to the Red
Chairs in Schreiber to see more
fascinating rocks!

IMAGINE

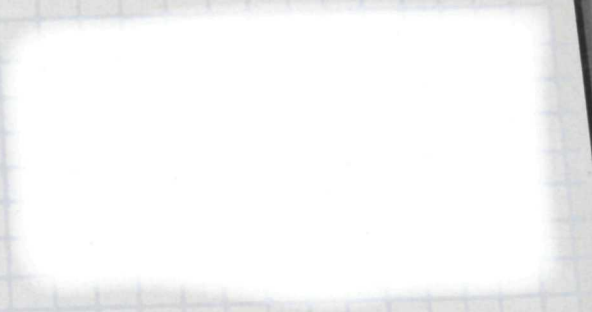
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6
on the map

ASSISTANT LIGHTHOUSE KEEPER

Help the Lighthouse Keeper. The weather on Lake Superior can change in an instant! The Lighthouse Keeper's job is to guide the ships to safety in bad weather.

Climb up the Terrace Bay lighthouse and record the weather.

What does the weather look like today? Draw what you see!



Is it safe to be on the water today?

Yes No

Should you light up the lighthouse for passing ships?

Yes No

Date:

Time:



CREATE YOUR OWN



Go to
6
on the map

BEACH ART

Create a masterpiece at Terrace Bay Beach by drawing in the sand or collecting found objects.

Remember to keep plants planted and leave things you find on the beach for the next Xplorer.



Ask an adult to photograph you with your art to remember it.

CAN YOU HELP US OUT ???

Way to go Xplorer! Now be an Xplorer Xtraordinaire by giving this page with your comments to a Parks Canada employee...

...and don't forget to ask for your reward!

I am an **XPLORER XTRAORDINAIRE** and I will respect nature and be curious about history.

1- I thought this booklet was: (Circle your answer.)



SUPER FUN



KINDA FUN



BORING

2- My three favourite activities were on pages _____, _____
and _____

3- I am _____ years old.

4- Three words to describe my Xplorers day:

Stuff adults need to know... Participation is voluntary. All information provided will remain anonymous and confidential. Results will be used in aggregate form only. If you have any questions about the collection and use of the information in this survey, please email us at information@pc.gc.ca or call 1-888-773-8888.

MY FAVOURITE THINGS

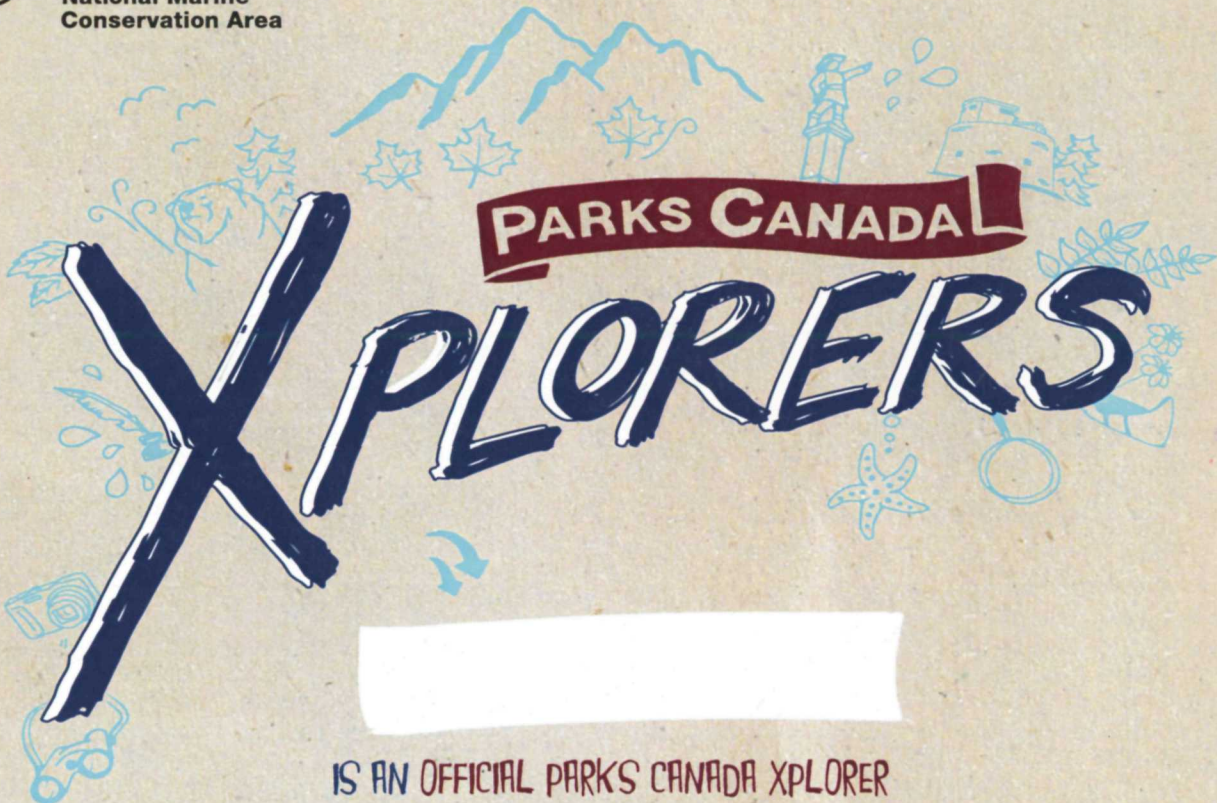
What I liked the most during my visit at _____
(Write or draw below) (Parks Canada location)



During my visit, my favourite place was:



Lake Superior
National Marine
Conservation Area



IS AN OFFICIAL PARKS CANADA XPLOER

_____ date

_____ staff



Parks Canada
Parcs Canada

Canada

KEEP XPLORING!

Xplore more places
and collect your rewards!



There's more to Xplore nearby

- Pukaskwa National Park
- Bruce Peninsula National Park
- Fort St. Joseph National Historic Site
- Fathom Five National Marine Park
- Pukaskwa National Park
- Sault Ste Marie Canal Historic Site

parks.canada.ca/xplorers

Explore with Parka!



Parka offers lots of activities to do as a family!

Come have fun with us at Parks Canada destinations or try the at-home activities. parks.canada.ca/parka