



The Saguenay–St. Lawrence Marine Park covers an area of 1,245 km<sup>2</sup>. The park protects a marine area endowed with an exceptional diversity of wildlife and plant life. More than 1,300 wild species have been sighted within its boundaries, ranging from microscopic algae to the gigantic blue whale.

Renowned for its scenic landscapes, the park is also one of the world's best places for whale watching. To believe it, you've got to live it, at sea and on land!

# Visitor's GUIDE 2014



Parks Canada / J.-L. Provencier

LIVE THE EXPERIENCE AT SEA!



Parks Canada / M. Loiselle

LIVE THE EXPERIENCE ON LAND!



Parcs Québec / M. Loiselle

Parks Canada: 1-888-773-8888 • [parksCanada.gc.ca](http://parksCanada.gc.ca) | Parcs Québec: 1-800-665-6527 • [sepaq.com](http://sepaq.com)



# THE "MUST-DOS"

## WHALE-WATCHING BY BOAT

What fun it is to hear a whale blow or catch a glimpse of this incredible animal at the water's surface! From aboard a boat, take in the fascinating spectacle of marine animals. Get ready for a seaside experience in the kingdom of whales, seals and seabirds. Select the type of excursion best suited to you.

See pages 3 to 5.

## WHALE-WATCHING FROM SHORE

While out walking, biking or driving along the marine park shorelines, keep your eyes peeled and your ears open! You might well glimpse or hear belugas, minke or fin whales as well as harbour porpoises all hugging the coast. Some surprises in store for you in a range of locations, starting from Baie-Sainte-Catherine and extending to Les Escoumins, with the Sacré-Cœur sector in between.

See the *Discovery Network* section (pages 8 to 13).

## DISCOVERY ACTIVITIES

To satisfy your thirst for knowledge, take part in any one of several activities on offer. Enthusiastic guide-interpreters and fascinating exhibits will give you some valuable insights into the many facets of the marine park. These helpful resources will tell you the full story of marine life, ranging from starfish to sharks, along with the history of local lighthouses and Aboriginal populations.

See the *Discovery Network* (pages 8 to 14).

## KAYAKING

Whether you go out paddling with a professional guide or on your own, sea-kayaking is a great way to appreciate the marine park's beauty and sprawling spaces. When prepared with care, a kayaking outing offers you the pleasures of the great outdoors in complete safety. For an excursion lasting several days, take advantage of the campsites located along the edges of the park.

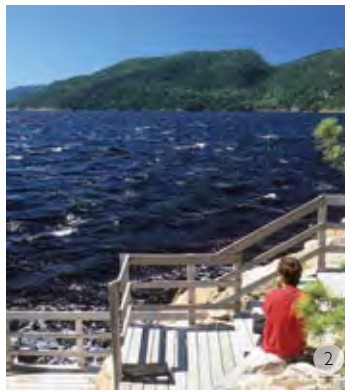
See pages 3 and 6.

## SPECTACULAR VISTAS

On foot or by car or bicycle, discover the numerous viewpoints out over the Saguenay Fjord and the St. Lawrence Estuary. Once you begin to admire the sights along the shoreline, listen to the crash of waves on the beach and breathe in the salt air; it won't be long before you've left the daily grind behind you. Located in the immediate vicinity of the marine park, the *Discovery Network* guarantees you a real change of scenery (pages 8 to 14).



1



2



3



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5

# PURPOSE OF THE MARINE PARK

Recognizing the importance of protecting the environment, wildlife, plant life, and natural resources of a part of the Saguenay Fjord and St. Lawrence River estuary, the governments of Quebec and Canada created, together with public support, the Saguenay–St. Lawrence Marine Park.

The Marine Park's mission is to increase ecosystem protection levels for conservation purposes, for the benefit of present and future generations, while encouraging its use for educational, recreational and scientific purposes.

Activities in the Marine Park are regulated with a view to ensuring the sustainable use of this area and its resources. Regional stakeholders contribute to achieving the marine park's objectives.

# YOUR SAFETY: YOUR RESPONSIBILITY

Outdoor activities can involve certain risks. Make sure that you have the skills and abilities required for the activity you choose. It is important to know the risks inherent to this activity, to respect your limits and to use appropriate equipment.





# EXPERIENCE THE SEA !

Whether you are looking for adventure or a quiet tour on the water, you will be delighted. Choose the type of boat and excursion that suits you best and take the full measure of wide open spaces. Each sea outing is unique!

### TO HELP YOU CHOOSE

Marine tour companies have many watercraft types and sizes. Contact the marine tour providers to determine which products best suit your needs.

### GUIDED EXCURSIONS

Marine tour captains and guides have sound knowledge of the marine environment. They can put that knowledge at your service and answer your questions.

Regardless of the type of boat you choose, your captain will stay within regulated speeds and respect the approach distances and speeds to be maintained in the vicinity of whales. However, whales can sometimes unexpectedly emerge near a boat. Your captain knows what to do in such circumstances. When sea-kayaking, your guide will make sure you keep to the proper distances and navigate in complete safety. Follow your guide...

## WHAT YOU NEED

Even during summer, it is colder on water than on land. Warm, comfortable clothing is recommended.

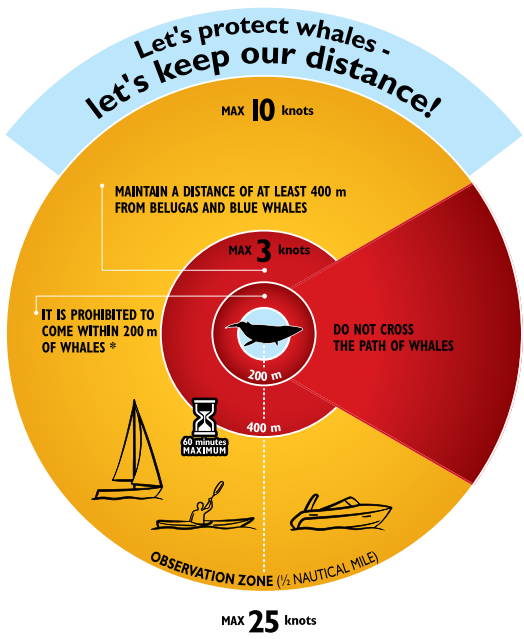
For outings on a boat, we suggest:

- Long pants and closed shoes
- Hat, gloves and scarf
- Windbreaker or raincoat
- Sunscreen and sunglasses
- Camera
- Binoculars

## Marine Activities in the Saguenay–St. Lawrence Marine Park Regulations

Developed in partnership with the marine tour companies, the regulations provide a framework for the activities practiced in the Marine Park. The regulations indicate the maximum navigation speed permitted throughout the park, as well as the distances and speeds to be respected when marine mammals are present (see table). All watercraft in the Marine Park must comply with these regulations.

Boat captains and sea-kayaking guides of organizations with marine tour permits must pass the Parks Canada regulations course.



### DISTANCE

1/2 nautical mile = 926 meters

### SPEED

3 knots = 5.56 km/h = 3.45 mph  
 10 knots = 18.52 km/h = 11.50 mph  
 25 knots = 46.30 km/h = 28.70 mph

In the event of any disparity, the text of the Regulations shall take precedence over the information presented in this guide.

\* Under certain conditions, marine tour permit-holders (i.e., whale watching vessels) are allowed to come as close as 100 m of whales other than belugas and blue whales.

That four large migrating whales can be seen in the Marine Park in the summer: they are the minke whale, the fin whale, the humpback whale and the blue whale.

The beluga whale and harbour seal are the only marine mammals that spend the entire year in the St. Lawrence Estuary. Can you tell which is which?

## Did you know...?



# EXPERIENCE THE SEA BY BOAT

7

## Croisières AML

1-800-563-4643

[croisieresaml.com](http://croisieresaml.com)



Lose yourself in a different way with Croisières AML! Live an exceptional experience on board the best observation boats in Canada in the company of certified bilingual guide-naturalists who will let you feel their passion for marine mammals!

Leave from Tadoussac, Baie-Sainte-Catherine, Rivière-du-Loup

## Croisières Groupe Dufour\* / Croisières Charlevoix

1-800-463-5250 /  
1-866-638-1483

[dufour.ca](http://dufour.ca) / [baleines.ca](http://baleines.ca)



\* Be at the forefront in discovering the whales and the upper estuary of the St. Lawrence River in the company of our experienced guide-naturalists. Only our cruises offer 5-heart service, and guaranteed unforgettable moments.

Leave from Tadoussac, Baie-Sainte-Catherine, Saint-Siméon

## Les Croisières du Fjord

418-543-7630 /  
1-800-363-7248

[croisieresdufjord.com](http://croisieresdufjord.com)

Croisières du Fjord offers the most stunning gateway to the discovery of the Saguenay Fjord, its highest capes, Notre-Dame-du-Saguenay, the villages, their histories and their attractions.

Leave from La Baie, Sainte-Rose-du-Nord, Rivière-Éternité, L'Anse-Saint-Jean and Tadoussac

## Société Duvetnor

1-877-867-1660

[pharedupot.com](http://pharedupot.com)

Guided and informative excursions based on observation and discovery of the St. Lawrence. Remarkable biological diversity, seal haulouts, cliffs teeming with sea birds, belugas and visits to historic sites.

Leave from Rivière-du-Loup

## Croisière Personnalisée Saguenay

418-608-8058 ou 418-272-2739

[croisieresaguenay.ca](http://croisieresaguenay.ca)



For 24 years, customized high-end cruises focused on contemplation, according to a private or combined approach (6 people maximum), thus ensuring you a personal, distinctive and rewarding experience on the majestic Saguenay Fjord.

Leave from L'Anse-Saint-Jean

## EXPERIENCE ON A SAILING VESSEL



8

## Damacha – École de voile croisière

1-866-278-5355

[damacha.qc.ca](http://damacha.qc.ca)

Damacha trains sailboat sailors of any level. From Tadoussac, cruise the fjord, the estuary and the gulf. You can help collect information for the Réseau d'observation de mammifères marins (ROMM) [*the Marine Mammal Observation Network*].

Leave from Tadoussac

## Voile Mercator

1-888-674-9309

[voilemercator.com](http://voilemercator.com)

Navigate by sail on the St. Lawrence and the Saguenay Fjord. 3 to 7 hours initiation excursions and 2 to 5 days sailing courses. Accredited by Sail Canada and Aventure Écotourisme Québec.

Leave from La Baie, Rivière-Éternité, L'Anse-Saint-Jean, Tadoussac

Marine excursion businesses, Parcs Québec, Parks Canada and the Group for Research and Education on Marine Mammals (GREMM) joined forces to found the Eco-Whale Alliance. Their objective is to ensure that whale-watching in the marine park is conducted responsibly and in keeping with the principles of sustainable development.

Member businesses have adopted a charter that sets out their commitments as part of this Alliance. The charter is posted on the premises of members as well as on [www.eco-baleine.ca](http://www.eco-baleine.ca). Take a few minutes to read it and support compliance with these commitments.



ECO-WHALE ALLIANCE

# EXPERIENCE THE SEA BY ZODIAC BOAT

## Croisières AML

1-800-563-4643

[croisieresaml.com](http://croisieresaml.com)



For an outstanding nature experience aboard one of our Zodiacs! In the company of certified bilingual naturalist guides, go into the whales' compelling environment. Ideal for thrill seekers!

Leave from Tadoussac, Baie-Sainte-Catherine

## Croisières Essipit

1-888-868-6666

[essipit.com](http://essipit.com)



Exhilarating whale-watching excursions in comfortable and safe 12-passenger zodiac boats. Be on the lookout for a meeting with the largest mammals, a breathtaking experience! Kuei! Welcome!

Leave from Les Bergeronnes

## Croisières Groupe Dufour \*/ Croisières Charlevoix

1-800-463-5250 / 1-866-638-1483

[dufour.ca](http://dufour.ca) / [baleines.ca](http://baleines.ca)



\* Be at the forefront in discovering the whales and the upper estuary of the St. Lawrence River in the company of our experienced guide-naturalists. Only our cruises offer 5-heart service, and guaranteed unforgettable moments.

Leave from Tadoussac, Baie-Sainte-Catherine, Saint-Siméon

## Croisières Neptune

418-232-6716 / 1-877-7NEPTUNE

[croisieresneptune.net](http://croisieresneptune.net)



Experience a whale-watching adventure on the crest of the waves in safe and modern (Zodiac) inflatables. A fast, non-disturbing and pleasant way to navigate.

Leave from Les Bergeronnes, Les Escoumins

## Les Écumeurs du Saint-Laurent

1-888-817-9999

[lesecumeurs.com](http://lesecumeurs.com)



Les Écumeurs du Saint-Laurent invites you to discover the fascinating world of whales on board one of our 12-passenger zodiac boats, in the company of passionate captains. You'll live through a unique and exciting experience.

Leave from Les Escoumins

## Croisière Escoumins

1-866-baleine / 418-233-4061

[croisierebaleine.ca](http://croisierebaleine.ca)

Set out on an adventure to the paradise of whales aboard a new generation of zodiac type craft, one that is safer and more ecological. Experienced captains, theme cruises, whales guaranteed or your money back.

Leave from the private des Escoumins quay

## Otis excursions

418-235-4197 / 418-235-4537

[otisexcursions.com](http://otisexcursions.com)



Get close and intimate with whales and other marine mammals on board our quiet, ecological, 12-passenger zodiac boats.

Leave from Tadoussac

## Parc national du Fjord-du-Saguenay

1-800-665-6527

[parcsquebec.com](http://parcsquebec.com)

On the departure from one of the most beautiful bays of the Fjord, take a place on the zodiac and start the adventure. Experience an incursion into a protected ecosystem with a biodiversity that is unique in the world.

Leave from the Baie-Éternité quay (parc national du Fjord-du-Saguenay)



# EXPERIENCE THE SEA BY KAYAK

## Centre de vacances – Ferme 5 étoiles

418-236-4833 / 1-877-236-4551 | ferme5etoiles.com

Discover the beauty of the Saguenay Fjord sea-kayaking. Rocky cliffs and natural gems await. Nature lovers, experience our safe circuits: "Sunset" initiation, half day or expedition.

Leave from L'Anse-de-Roche

## Excursions Fanons

418-587-3316 / 418-233-2846 | excursionsfanons.com

Our experience is your guarantee of a well-organized sea-kayaking experience. Our guides and our zodiac boat are there to make sure your outing is safe and enjoyable.

Leave from Les Escoumins

## Fjord en Kayak

1-866-725-2925 | fjordenkayak.ca

Guided excursions on the Fjord for children from 3 years of age, initiation courses and expeditions for adults. In small groups, fibreglass kayaks, personalized service, excellence of the guides, gastronomy. Canada's "Signature Experiences Collection."

Leave from L'Anse-Saint-Jean

## Katabatik – Aventure dans Charlevoix

1-800-453-4850 / 418-665-2332 | katabatik.ca

Specialists in guided sea kayaking excursions, our guides are dedicated to the St. Lawrence upper estuary. Abundant marine wildlife, amazing geomorphology, the Charlevoix coasts are a paradise for paddlers.

Leave from Baie-Saint-Paul, Cap-à-l'Aigle, Baie-des-Rochers

## Kayaks du Paradis

418-232-6237 | campingparadismarin.com

Guided tours with a focus on safety and nature discovery. This adventure sport will give you the feeling that wildlife is so close you can touch it!

Leave from Les Bergeronnes

## Mer et Monde Écotours

1-866-637-6663 | meretmonde.ca

An intimate experience linking humans to nature, where the sea kayak is the preferred tool for observation of the marine environment. Our professional team invites you to experience unforgettable moments.

Leave from Les Bergeronnes, Tadoussac

## Parc national du Fjord-du-Saguenay

1-800-665-6527 | parcsquebec.com

Explore the most beautiful parts of the Fjord with OrganisAction: Le Québec Hors Circuits! naturalist-guides. An intimate rendez-vous in the heart of an impressive natural setting and a unique marine environment.

Leave from Baie-Éternité

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## ARE YOU PLANNING A SEAGOING ACTIVITY WITHOUT A CERTIFIED GUIDE?

Before you set out, find out about the directives you need to follow and the equipment you need to bring to make sure your outing is safe and enjoyable. Consult the [www.canot-kayak.qc.ca](http://www.canot-kayak.qc.ca) website.

Indeed, weather conditions change rapidly and strong marine currents could make your outing hazardous. For your safety, stay close to the shoreline so as to always keep it in sight, particularly under fog conditions. On account of marine traffic, avoid making "shore-to-shore" crossings.

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# OBSERVING ENDANGERED WHALES: *it's quite a privilege!*

The Saguenay–St. Lawrence Marine Park is one of the few places in the world where belugas and blue whales come together. Even though there are few of them, blue whales are found in all oceans except the Arctic. In contrast, most belugas live in the Arctic, but a small population of belugas live apart from the others: these are the St. Lawrence belugas. For these whales, the marine park is a precious habitat.

## CAUTION

Beluga whales give birth to their young in the summer. The females need tranquility to raise their young, to feed them and to rest. Even if the temptation is strong, do not approach them voluntarily. This avoids diverting them from their natural behaviour which is essential to their survival. This respectful attitude is important whether you're kayaking, on a sailboat or aboard a motorboat. Thank you for your cooperation.

## KAYAKERS AND RECREATIONAL BOATERS: TAKE PART IN THE PROTECTION EFFORT!

These whales are endangered: the current number of animals is insufficient to ensure the survival of their population. Each animal is important and must be able to feed and rest without being disturbed. You have the privilege of seeing them in their habitat and of appreciating their natural behaviour. Take advantage of this privilege by observing them from a distance of at least 400 metres.

A regulation is in force throughout the marine park, and park wardens provide surveillance. Even outside the marine park, it is forbidden to disturb marine mammals.

## AVOID SAILING NEAR THE ISLANDS OF THE UPPER ESTUARY

(AUX LIÈVRES, AUX FRAISES, DU POT-À-L'EAU-DE-VIE, ROUGE) AND NEAR SAINTE-MARGUERITE BAY (SAGUENAY)

## FREE!

Get your copy of the **Saguenay–St. Lawrence Marine Park Boater's Guide**.

Ask for it in one of the marinas or on [marinepark.qc.ca](http://marinepark.qc.ca)

- Printed on rugged, waterproof paper
- Features a map of the marine park
- Contains a host of practical information



13



14



12



Dive into the heart of magnificently coloured gardens and discover animal life below the surface. The cold salt waters of the St. Lawrence estuary are home to varied, impressive marine life. These sites offer divers special access to the Marine Park (fees apply).

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## UNDERWATER DIVING

## PARADIS MARIN

4, chemin Émile-Boulianne, Les Bergeronnes  
Tel: 418-232-6237

**Services on location:** Launching site, showers and washrooms.

## MARINE ENVIRONMENT DISCOVERY CENTRE, A PARKS CANADA SITE

Diving base operated by the Fédération québécoise des activités subaquatiques (FQAS)  
41, rue des Pilotes, Les Escoumins  
Tel.: 418-233-4025

**Services on location:** Equipment rentals, air refills, guided dives, customized packages, launching platforms, hot-water showers, and washrooms.

# LIVE THE EXPERIENCE ON LAND !

## THE SAGUENAY-ST. LAWRENCE MARINE PARK DISCOVERY NETWORK

**Parks Canada, Parcs Québec and their partners have teamed together to offer you some truly rewarding, unforgettable vacation experiences!**

The Discovery Network is: 24 ways to discover the Saguenay-St. Lawrence Marine Park. Choose from a wide array of experiences: meet some genuinely gung-ho people, take in some fascinating exhibits, enjoy some fabulous outings and explore the great outdoors. Bring along your picnic and binoculars: there are some good times ahead for you and your close ones.

Identify the number of the site that you are interested in on the map. This number will help you find the description in the following pages.

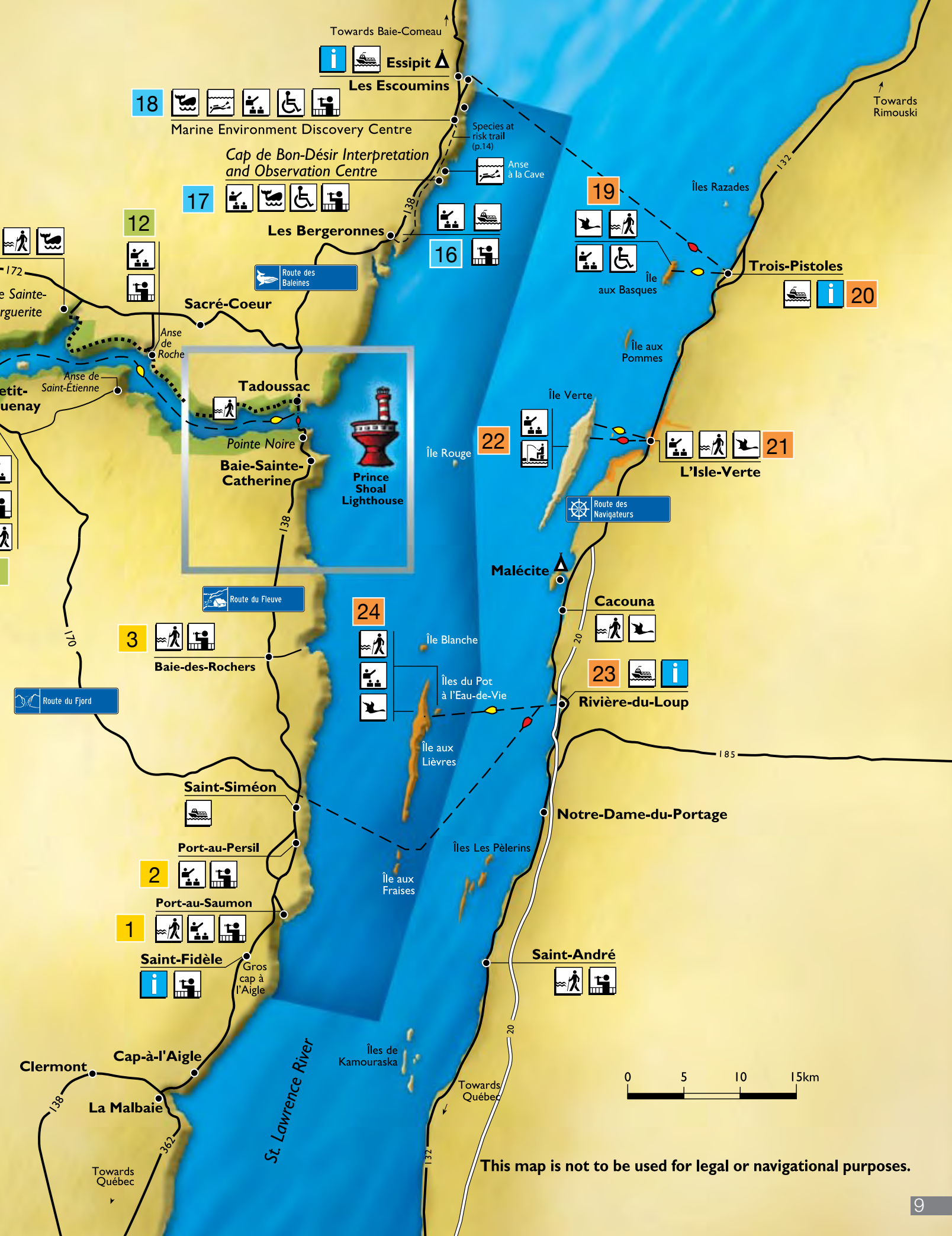


## LEGEND

- |  |                           |  |                                    |
|--|---------------------------|--|------------------------------------|
|  | Park information office   |  | Ice fishing                        |
|  | Municipality              |  | Sightseeing cruises                |
|  | Shuttle                   |  | Barrier-free access                |
|  | Ferryboat                 |  | Land-based whale-watching          |
|  | Hiking trail              |  | Bird-watching                      |
|  | Hiking and cycling trail  |  | Saguenay-St. Lawrence Marine Park  |
|  | First-Nation community    |  | Parc national du Fjord-du-Saguenay |
|  | Scenic lookout            |  | Other protected areas              |
|  | Interpretation            |  |                                    |
|  | Underwater diver services |  |                                    |
|  | Excursions                |  |                                    |







Towards Baie-Comeau

Towards Rimouski

**i** **🚤** **⚠️** Essipit **⚠️**  
**Les Escoumins**

**18** **🏊** **🐋** **🦋** **♿** **👤**  
 Marine Environment Discovery Centre  
 Cap de Bon-Désir Interpretation and Observation Centre

Species at risk trail (p.14)

Anse à la Cave

**17** **👤** **🐋** **♿** **👤**  
**Les Bergeronnes**

**16** **👤** **🚤**

**19**

Îles Razades

**🏊** **🦋**

Île aux Basques

**Trois-Pistoles**

**🚤** **i** **20**

**12**

**👤** **👤**

**Sacré-Coeur**

**🐋** Route des Baleines

Anse de Roche



**Tadoussac**

Pointe Noire

**Baie-Sainte-Catherine**



**Prince Shoal Lighthouse**

**🐋** Route du Fleuve

Île Rouge

**22**

**👤** **👤**

Île Verte

**21** **👤** **🏊** **🦋**

**L'Isle-Verte**

**🚤** Route des Navigateurs

**Malécite**

**Cacouna**

**🏊** **🦋**

**3**

**🏊** **👤**

**Baie-des-Rochers**

**24**

**🏊** **👤** **🦋**

Île Blanche

Îles du Pot à l'Eau-de-Vie

**23**

**🚤** **i**

**Rivière-du-Loup**

Île aux Lièvres

185

**Saint-Siméon**

**🚤**

**Port-au-Persil**

**2**

**👤** **👤**

**Port-au-Saumon**

**1**

**🏊** **👤** **👤**

**Saint-Fidèle**

**i** **👤**

Gros cap à l'Aigle

**Notre-Dame-du-Portage**

Îles Les Pèlerins

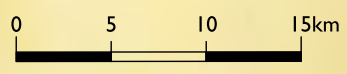
Île aux Fraises

**Saint-André**

**🏊** **👤**

Îles de Kamouraska

Towards Québec



**Clermont**

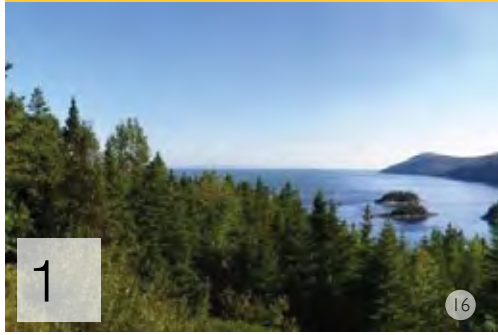
**Cap-à-l'Aigle**

**La Malbaie**

Towards Québec

This map is not to be used for legal or navigational purposes.

## CENTRE ÉCOLOGIQUE DE PORT-AU-SAUMON



1

16

3330, boul. Malcolm-Fraser (route 138)  
La Malbaie  
(Saint-Fidèle sector)  
Tel.: 418-434-2209  
1-877-434-2209  
cepas.qc.ca



Discover a variety of marine and forest ecosystems; explore a crevasse and a 15-metre waterfall; see and touch various marine organisms.

**Schedule:**  
June 22 to August 14

**Admission:**  
"Marine organisms" visit:  
4 times per day  
Adult: \$5  
Child: \$3  
Footpath visits are also possible.

## PORT-AU-PERSIL



2

17

555, chemin de Port-au-Persil  
Municipality of Saint-Siméon  
Tel.: 418-620-5010  
www.saintsimeon.ca



A haven of peace in phase with the tides, Port-au-Persil is a member of the "Association des plus beaux villages du Québec" (Quebec's most beautiful towns).

**Schedule:**  
All year long

**Admission:**  
Free

## PARC MUNICIPAL DE LA BAIE-DES-ROCHERS



3

18

Baie-des-Rochers  
Municipality of Saint-Siméon  
Tel.: 418-620-5010  
www.saintsimeon.ca



**Schedule:**  
All year long

**Admission:**  
Free

Walk along one of the marked trails and take time out to enjoy the delightful surroundings and stupendous panoramas of the St. Lawrence Estuary.

## POINTE-NOIRE INTERPRETATION AND OBSERVATION CENTRE



4

19

141, route 138  
Baie-Sainte-Catherine  
Tel.: 418-237-4383 /  
418-235-4703  
(off-season)  
parkscanada.gc.ca



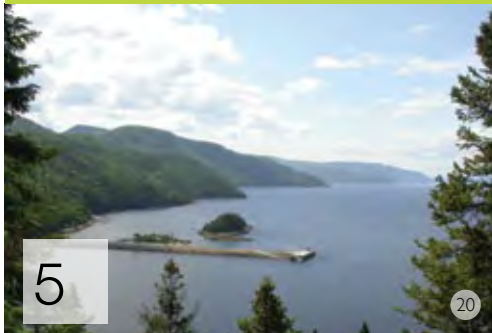
parkscanada.gc.ca

Enjoy a break and treat yourself to a breathtaking view out over the sea! There you can meet and talk with the guide-interpreters and use the telescopes on location to better understand and admire the whales.

**Schedule:**  
June 21 to September 1:  
every day  
September 2 to  
October 13 (incl.):  
Fridays, Saturdays,  
Sundays and holiday.

**Admission:**  
Fees set according to  
age and group.  
Free of charge for  
children under 6 years  
of age.

## PETIT-SAGUENAY DOCK



5

20

Tourist information  
61, rue Dumas  
Petit-Saguenay  
Tel.: 418-272-3219  
petit-saguenay.com



**Schedule:**  
May 15 to November 1

**Admission:**  
Free

One of the most splendid viewpoints along the fjord, the Petit-Saguenay wharf is blessed with a majestic setting and awe-inspiring sunsets that have inspired numerous painters and photographers.

## L'ANSE-SAINT-JEAN



6

21

3, rue du Couvent  
L'Anse-Saint-Jean  
Tel.: 418-272-2633  
lanse-saint-jean.ca



**Visitor kiosk**

**Schedule:**  
End of June to  
mid-September:  
Every day

Tel.: 418-272-2974

Lying on the shores of the majestic Saguenay fjord, experience the wonder of this picturesque village thanks to the many outdoor activities and services available.

## BAIE-ÉTERNITÉ SECTOR



7

22

91, rue Notre-Dame  
Rivière-Éternité  
Tel.: 1-800-665-6527 /  
418-272-1556  
parcsquebec.com



**Schedule:**  
May 16 to October 13

**Admission:**  
Admission fee charged

In the crevices of the cliffs of the fjord, a centre of outdoor activities on land, at sea and in the air!

*What's new:* The via ferrata of Éternité bay, an amazing course!

## MUSÉE DU FJORD



8

23

3346, boul. de la Grande-Baie Sud  
Saguenay  
(La Baie borough)  
Tel.: 418-697-5077  
1-866-697-5077  
museedufjord.com



**Schedule:**  
June 24 to September 1:  
Every day  
September 2 to June 23:  
Tuesday to Sunday

**Admission:**  
Adults: \$15  
Children (6 to 17): \$8.50  
Rates for families and groups  
Taxes included

Winner of 7 excellence awards, the Fjord Museum invites you to discover the Saguenay Fjord and its inhabitants through a unique multimedia experience and exciting exhibitions.

## CENTRE D'INTERPRÉTATION DES BATTURES ET DE RÉHABILITATION DES OISEAUX (CIBRO)



9

24

100, rue du Cap-des-Roches  
Saint-Fulgence  
Tel.: 418-674-2425  
cibro.ca



**Schedule:**  
May to October

**Admission:**  
Admission fee charged.  
Contact us!

Discover our wild birds in rehabilitation on the aviaries' trail, observe several species of aquatic birds in the marshland and enjoy the exceptional scenery.

## SAINTE-ROSE-DU-NORD



10

25

**Municipality of Sainte-Rose-du-Nord**

126, rue de la Descente-des-Femmes  
Sainte-Rose-du-Nord

Tel.: 418-675-2250  
ste-rosedunord.qc.ca

**Corporation nautique du quai**

**Schedule:**  
May to October

**Musée de la nature**  
Tel.: 418-675-2348



Visit the "Pearl of the Fjord", a town set in a valley between capes, which has kilometres of trails with the most beautiful panoramic viewpoints over the Fjord.

## BAIE-SAINTE-MARGUERITE SECTOR



11

26

1121, route 172 Nord  
Sacré-Cœur  
Tel.: 1-800-665-6527 /  
418-236-1162  
parcsquebec.com



**Schedule:**  
May 16 to October 13

**Admission:**  
Admission fee charged

Watch the beluga whales from the shore and discover the fascinating universe of this protected species. *What's new at Bleuvel camping!* 2 service sites and ready-to-camp in a Huttoptia tent.

## ANSE-DE-ROCHE DOCK



12

27

346, ch. de l'Anse-de-Roche  
(via route 172)  
Sacré-Cœur



**Schedule:**  
Early June to the end of September

**Admission:**  
Boat launch:  
Boats: \$8.50  
Kayaks: \$4.50

Information for the marina: 418-236-4325

A seaport surrounded by majestic landscapes where the sunsets are unforgettable. Picnic area, kayak outings. 12 nautical miles from Tadoussac.

## CENTRE D'INTERPRÉTATION DES MAMMIFÈRES MARINS (CIMM)



13

28

108, rue de la  
Cale-Sèche  
Tadoussac  
Tel.: 418-235-4701  
baleinesdirect.org

**Schedule:**  
May 12 to October 26:  
Every day

**Admission:**  
Adults: \$10.50 (plus  
taxes)  
Accompanied children  
(18 and under): Free



Where are the whales?  
Where are they? What  
are the researchers doing?  
A visit is a must! Exhibition,  
film, specialists.

## POSTE DE TRAITE CHAUVIN



14

29

157, rue du  
Bord-de-l'Eau  
Tadoussac  
Tel.: 418-235-4657 /  
418-235-4446  
ext. 229  
tadoussac.com

**Schedule:**  
June to October:  
Every day  
May: Upon reservation,  
with groups

**Admission:**  
Adults: \$4  
Seniors: \$3  
Children and students:  
\$2.50



Visit the replica of the first  
trading post built in 1600.  
Discover a playful  
exhibition with games,  
objects and videos.

## BAIE-DE-TADOUSSAC SECTOR



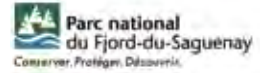
15

30

Sector of the Dunes,  
Pointe-de-l'Islet and  
the Fjord Trail  
Tadoussac  
Tel.: 1-800-665-6527  
parcsquebec.com

**Schedule:**  
May 16 to October 13

**Admission:**  
Fee charged in the trails



Observe the meeting  
of two giants at the  
crossroads of Pointe-  
de-l'Islet. For nature  
adventurers, go to the  
start of the Fjord trail!

## CENTRE ARCHÉO TOPO



16

31

498, rue de la Mer  
Les Bergeronnes  
Tel.: 418-232-6286  
archeotopo.com

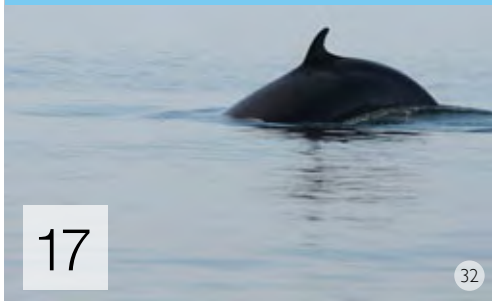
**Schedule:**  
May to mid-October

**Admission:**  
Adults: \$6  
Seniors: \$5  
Families, Children and  
group rates



Wander through the  
fascinating exhibition  
which tells the story of  
the human occupation  
of the Côte-Nord region,  
from the first American  
Indians to the present day.  
Pottery or bead-making  
workshops.

## CAP DE BON-DÉSIR INTERPRETATION AND OBSERVATION CENTRE



17

32

13, ch. du  
Cap-de-Bon-Désir  
Les Bergeronnes  
Tel.: 418-232-6751  
418-235-4703  
(low season)  
parkscanada.gc.ca

**Schedule:**  
June 21 to  
September 7: Every day

September 8 to  
October 13: Wednesday  
to Sunday and holiday

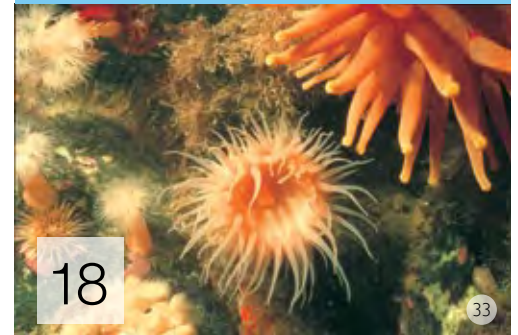
**Admission:**  
Fees set according to  
age and group.  
Free of charge for  
children under 6 years  
of age.



parkscanada.gc.ca

Watch whales, seals and  
seabirds in close to shore.  
Our guides are eager to  
answer your questions  
and to offer you activities.  
Be sure to bring along  
warm clothing, binoculars  
and a picnic.

## MARINE ENVIRONMENT DISCOVERY CENTRE



18

33

41, rue des Pilotes  
Les Escoumins  
Tel.: 418-233-4414  
418-235-4703  
(low season)  
parkscanada.gc.ca

**Schedule:**  
June 21 to September 1:  
Every day  
September 2 to  
October 13: Fridays,  
Saturdays, Sundays and  
Holidays

**Admission:**  
Fees set according to age  
and group.  
Free of charge for children  
under 6 years of age.



parkscanada.gc.ca

Explore one of North  
America's most beautiful  
underwater landscapes!  
Activities for the whole  
family. See whales and visit  
the exhibit. Follow divers  
live on widescreen images  
(reservations  
recommended).

## ÎLE AUX BASQUES



19

34

468, rue Vézina  
Trois-Pistoles

Tel.: 418-851-1202  
(warden)  
provancher.qc.ca

**Schedule:**

June 9 to September 5:  
Every day, according  
to the tides and on  
demand.

**Admission:**

Adults: \$28  
Youth (7-15): \$15.65  
Children (6 and under):  
\$6.10  
Taxes included



Île aux Basques is a gem  
of our natural and historic  
heritage. While on the  
island, watch birds and  
seals, hike the trails, and  
discover the centuries-old  
ovens once operated by  
Basque fishermen.

## PARC DE L'AVENTURE BASQUE EN AMÉRIQUE



20

35

66, rue du Parc  
Trois-Pistoles  
Tel.: 418-851-1556  
aventurebasque.ca

**Schedule:**

June 23 to  
September 1: Every day  
Group accommodation  
during low season, upon  
reservation.

**Admission:**

Based on the activities  
chosen  
Family and group rates



Parc de l'Aventure basque en Amérique

The *Parc de l'Aventure  
basque en Amérique* is  
an interpretation centre  
which recounts the great  
epic of the whalers in the  
St. Lawrence estuary in  
the 16<sup>th</sup> century.

## BAIE DE L'ISLE-VERTE NATIONAL WILDLIFE AREA



21

36

La Maison Girard  
Interpretation Centre  
371, route 132 Est  
L'Isle-Verte

Tel.: 418-898-2757 /  
418-867-8882,  
ext. 201 (low season)  
parcbasstlaurent.com/  
kiskotuk

**Schedule:**

Mid-June to  
September 1

**Admission:**

Free



Follow the trails on the  
south shore of the estuary  
and observe the largest  
grassy salt marsh on the  
St. Lawrence.

## ÎLE-VERTE LIGHTHOUSE NATIONAL HISTORIC SITE OF CANADA



22

37

Les Maisons du  
Phare de l'île Verte  
2802, chemin du Phare  
Notre-Dame-des-  
Sept-Douleurs

Tel.: 418-898-2730  
phareileverte.com

**Schedule:**

June 1 to October 31:  
Île Verte can be accessed  
every day, in accordance  
with tide tables.

Information on ferry  
crossing: 418-898-2843  
or [www.inter-rives.qc.ca](http://www.inter-rives.qc.ca)

**Admission:**

\$88 /single occ. and  
\$120 /double occ. (plus  
taxes)



Discover the first  
lighthouse on the  
St. Lawrence and its  
museum. Fall asleep to  
the sound of the waves  
in the lightkeepers' houses.

## ST. LAWRENCE EXPLORATION CENTRE



23

38

80, rue Mackay  
Rivière-du-Loup  
Tel.: 418-867-8796 /  
418-867-8882,  
ext. 206  
romm.ca

**Schedule:**

June 8 to September 1

**Admission:**

Adults: \$7.50  
Children (6-17): \$4  
Special family and group  
rates



Discover the St. Lawrence  
marine resources in their  
natural surroundings.  
Touch, observe and allow  
yourself to be guided to  
the heart of an amazing  
array of flora and fauna.

## ÎLES DU POT À L'EAU-DE-VIE AND ÎLE AUX LIÈVRES



24

39

200 rue Hayward  
C.P. 305  
Rivière-du-Loup  
Tel.: 1-877-867-1660  
ileauxlievres.com  
pharedupot.com

**Schedule:**

Mid-June to the end  
of September

**Admission:**

According to the trip  
and the duration of  
the stay



Ecotourism experience,  
with a visit to bird  
sanctuaries, romantic  
nights on an island,  
guided cruises, hiking in  
a natural environment  
and exploration of  
historical sites.

# FAMILY-BASED PLEASURE!

## EMBARK UPON A MODERN-DAY TREASURE HUNT:

### GEOCACHING!

Equipped with a GPS, set off in search of Parks Canada's geocaches. Do a search for "The White Whale", "La Fidèle", "Magtogoek" or "A Fragile Ecosystem" on [geocaching.com](http://geocaching.com).

## EXPLOS-NATURE : ÉDUCATION-RECHERCHE

302, rue de la Rivière, Les Bergeronnes  
Tel.: 418-232-6249  
[explos-nature.qc.ca](http://explos-nature.qc.ca)

Children discover the natural sciences through the five senses! Nature classes for educational institutions, specialty camps and science day camps. This not-for-profit organization is dedicated to education and research about nature.

## "SPECIES AT RISK" TRAIL IN THE SAGUENAY-ST. LAWRENCE MARINE PARK

Walk along the trail and take a break at one of the rest stops. There, you'll be likely to see a variety of birds and marine mammals. This 8-kilometre-long trail links the Cap de Bon-Désir Interpretation and Observation Centre (Les Bergeronnes) and the Marine Environment Discovery Centre (Les Escoumins) (see map on page 9).



## THE MARINE PARK IN YOUR SCHOOL

Parks Canada offers two online educational activities in relation to its outreach program:

- Elementary students in cycle 3 go on a virtual scientific expedition to explore the Marine Park.

Write us at:  
[info.parcmarin@pc.gc.ca](mailto:info.parcmarin@pc.gc.ca)



- Students in the secondary – cycle 1 geography program get to discover the protected territory.

Visit  
[marinepark.learnquebec.ca](http://marinepark.learnquebec.ca)

Web

## "For the birds"!

### OBSERVATOIRE D'OISEAUX DE TADOUSSAC

In the fall, the Observatoire d'oiseaux de Tadoussac (OOT) team goes to the "dunes" sector in Tadoussac to observe a spectacular migration. Banding activities give you a very special proximity with the birds.  
[explos-nature.qc.ca](http://explos-nature.qc.ca) / 1-877-MER-1877.



## Festival marin des Escoumins (Les Escoumins marine festival)

August 30 and 31 (Labour Day weekend)

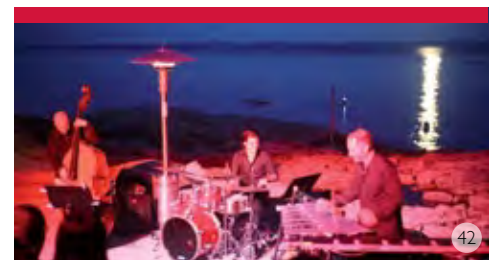
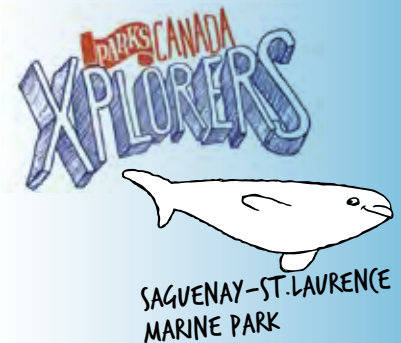
Gaze in wonderment at the St. Lawrence's underwater landscapes. Attend some film screenings and follow divers as they perform a night dive. You'll be amazed by the marine life on view!

As a family, savour The Estuary's Punch! and discover the truth about sharks. Photo contest and underwater treasure hunt. See all the details on the Facebook page!

Marine Environment Discovery Centre,  
41, rue des Pilotes, Les Escoumins.  
For information: 418-233-2766, ext. 26.

## DO YOUR CHILDREN LOVE TO EXPLORE?

Ask for the Xplorer program booklet when you enter one of the Parks Canada sites.



## On three full moon evenings... We JAZZ it up under the moon!

July 12, August 9 and September 6

It's a one-of-a-kind event in Quebec, with the river and its whales gradually segueing into a moonlit landscape, offering a silvery venue for an outdoor JAZZ-tinged concert.

Marine Environment Discovery Centre,  
41, rue des Pilotes, Les Escoumins  
(inside in the event of inclement weather).

For reservations, call 418-232-6653.

## August is archaeology month!

August 1 to 31

The Centre Archéo Topo proposes a tour through the Bergeronnes digs accompanied by a guide archaeologist. The archaeological dig simulation workshop is a unique experience for children; they will discover arrowheads, pipes, pottery shards, and other artefacts.

Centre Archéo Topo: 418-232-6286

# THE ST. LAWRENCE BELUGA IS ENDANGERED

## Parks Canada and Parcs Québec contribute to protection efforts

In earlier times, belugas were abundant in the waters of the St. Lawrence. There were between 7,800 and 10,000 at the end of the 19<sup>th</sup> century. Unfortunately, intensive commercial whaling in the early 20<sup>th</sup> century very nearly made them disappear. Despite the fact that whaling has been banned since 1979, the beluga population has not been restored. It is estimated that the population is actually in decline. Today, it would appear that only 889 belugas remain in the St. Lawrence.

The need to protect the beluga and a large part of its summer habitat prompted the creation of the Saguenay–St. Lawrence Marine Park in 1998. It also led to the implementation of a number of protection, research and awareness-increasing activities. Many organizations, institutions and governments contribute to the efforts in this regard.

Parks Canada and Parcs Québec are also doing their part to protect and increase knowledge of this magnificent animal. On your visit to the marine park area, you may be witnesses to some of their initiatives.

### INCREASED AWARENESS:

- The captains of the observation boats and the sea kayak guides participate in an annual training session. If you take an excursion with them, you will benefit from their knowledge;
- By visiting the sites of the *Discovery Network*, you will discover various facets of the marine park while gaining access to information on the beluga;
- You may encounter one of the teams dedicated to research, awareness or monitoring who ply the marine park on a Parks Canada or a Parcs Québec boat;

### THE PARTNERSHIP:

- The marine excursion companies, Parks Canada, Parcs Québec and the Group for Research and Education on Marine Mammals (GREMM), joined together to form the **Eco-Whale Alliance** in order to improve visitor experience and whale-watching practices in the marine park;
- We work in consultation with maritime transport specialists in order to reduce the risk of collision with whales and to limit disturbances;
- The recovery and examination of beluga carcasses program allows to learn about the state of health of the animals and to identify the causes of death;

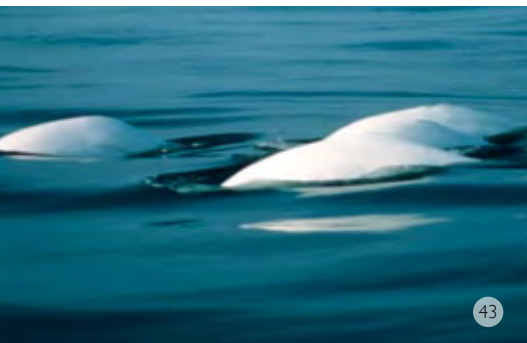
### THE MANAGEMENT OF ACTIVITIES:

- The *Marine Activities in the Saguenay–St. Lawrence Marine Park Regulations* were developed in collaboration with the marine excursion companies. Parks Canada park wardens oversee the application of this regulation;

### RESEARCH:

- In addition to contributing to a number of studies, our teams study the distribution and abundance of beluga prey and the movement of vessels in its habitat.

Our efforts are in addition to those of a large number of stakeholders. Protecting the St. Lawrence beluga is everyone's business. Without your help, we will not be able to achieve this worthwhile goal.



43



44



45



46

#### Photos credits:

- |                                   |  |   |                                    |
|-----------------------------------|--|---|------------------------------------|
| 1 Parks Canada / C. Dubé          | 13 Parks Canada / J.-L. Provencher     | 25 Pierre Lahoud                                      | 37 Parks Canada / V. Busque        |
| 2 Sépaq / Mathieu Dupuis          | 14 Parks Canada / J.-L. Provencher     | 26 Parks Canada / F. Guay                             | 38 ROMM / S. Giroux                |
| 3 Parks Canada / J. Pleau         | 15 Subh2o.net / Richard Larocque       | 27 Parcs Québec, Parc national du Fjord-du-Saguenay   | 39 Jean Bédard / Sauvagiles        |
| 4 Parks Canada / M. Loisel        | 16 Centre écologique de Port-au-Saumon | 28 GREMM / O. Beaudelot                               | 40 Parks Canada / L. Lévesque      |
| 5 Parks Canada / J.-L. Provencher | 17 Gérald Bouchard                     | 29 Lise Gagnon  | 41 Parks Canada / M.-J. Normandin  |
| 6 Parks Canada / M. Loisel        | 18 Parks Canada / J.-L. Provencher     | 30 Parcs Québec / S. Turcotte                         | 42 Jacques Gagné                   |
| 7 Parks Canada / J.-L. Provencher | 19 Parks Canada / D. Rosset            | 31 Archéo Topo / P. Provencher                        | 43 Parks Canada / R. Michaud       |
| 8 Parks Canada / L. Lévesque      | 20 Philippe Boivin                     | 32 Parks Canada / F. Deland                           | 44 Sépaq / Marc Loisel             |
| 9 Parks Canada / M. Loisel        | 21 Lolita Boudreault                   | 33 Parks Canada / C. Auger                            | 45 Parks Canada / C. Dubé          |
| 10 Parks Canada / L. Lévesque     | 22 Parcs Québec / S. Turcotte          | 34 Société Provancher                                 | 46 Parks Canada / J.-L. Provencher |
| 11 Parks Canada / M. Loisel       | 23 Musée du Fjord                      | 35 Parks Canada / J. Beardsell                        |                                    |
| 12 Parks Canada / C. Dubé         | 24 Jean Tremblay                       | 36 Service canadien de la faune / L.-G. de Repentigny |                                    |



Printed on Enviro100 satin paper, post-consumption, certified Eco-Logo and chlorine-free process, manufactured from biogas energy.

(Print)  
Cat. Number R61-50/2014E  
ISSN 1910-5894

(Online)  
Cat. Number R61-50/2014E-PDF  
ISSN 1929-0950

## NEED INFORMATION ABOUT THE MARINE PARK?

### SAGUENAY-ST. LAWRENCE MARINE PARK

marinepark.qc.ca  
info.parcmarin@pc.gc.ca

#### PARKS CANADA

182, rue de l'Église  
Tadoussac (Québec)  
G0T 2A0  
Tel.: 418-235-4703  
Tel.: 1-888-773-8888  
information@pc.gc.ca  
parkscanada.gc.ca

#### PARCS QUÉBEC

91, rue Notre-Dame  
Rivière-Éternité (Québec)  
G0V 1P0  
parc.marin@sepaq.com  
parcsquebec.com

## VISIT ONE OF THESE INFORMATION OFFICES:

#### **La Malbaie (Saint-Fidèle sector)**

VISITOR CENTRE  
2820, boul. Malcom-Fraser  
418-434-2299

#### **Rivière-du-Loup TOURIST INFORMATION BUREAU**

189, boulevard de  
l'Hôtel-de-Ville  
418-862-1981

#### **Baie-Sainte-Catherine**

BAIE-SAINTE-CATHERINE  
WHARF  
151, route 138

#### **Trois-Pistoles TOURIST INFORMATION BUREAU**

51, route 132 Ouest  
418-851-3698

#### **Les Escoumins TOURIST WELCOME BUREAU**

154, route 138  
418-233-2663

 **Subscribe to  
the newsletter on**  
marinepark.qc.ca.

## TO HELP YOU PLAN YOUR STAY...

#### **Tourisme Bas-Saint-Laurent**

Tel.: 418-867-1272 • 1-800-563-5268  
bassaintlaurent.ca

#### **Association touristique de Charlevoix**

Tel.: 418-665-4454 • 1-800-667-2276  
tourisme-charlevoix.com

#### **Association touristique du Saguenay-Lac-Saint-Jean**

Tel.: 418-543-9778 • 1-877-BLEUETS (253-8387)  
saguenaylacsaintjean.ca

#### **Association touristique de Manicouagan**

Tel.: 418-294-2876 • 1-888-463-5319  
tourismemanicouagan.com

## FERRYBOAT SCHEDULES AND INFORMATION

#### **Escoumins / Trois-Pistoles**

Tel.: 418-851-4676  
traversiercnb.ca

#### **Rivière-du-Loup / Saint-Siméon**

Rivière-du-Loup Tel.: 418-862-5094  
Saint-Siméon Tel.: 418-638-2856  
traverserdl.com

#### **Baie-Sainte-Catherine / Tadoussac**

Tel.: 418-235-4395  
traversiers.gouv.qc.ca

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## IN THE CASE OF AN EMERGENCY

#### **CANADIAN COAST GUARD**

Marine Rescue Centre and Marine Pollution  
VHF Channel 16 (156.8 MHz)  
Available 24 hours a day, 7 days a week  
Cellular Phone \*16  
Marine Rescue Centre 1-800-463-4393  
Marine Pollution 1-800-363-4735

#### **PARKS CANADA**

Concerning collisions with or disturbances  
of marine mammals 1-866-508-9888  
Available 24 hours a day, 7 days a week

#### **RÉSEAU QUÉBÉCOIS D'URGENCES POUR LES MAMMIFÈRES MARINS (Quebec marine mammal emergency network)**

Concerning a marine mammal that is either  
wounded or in trouble 1-877-722-5346