



VISITOR SERVICES

We are here to welcome you!

Parks Canada Visitor Services staff can be found in the park from the May long weekend through October.

Guided walks

Join us to explore the park's natural, cultural, and agricultural heritage with friendly and knowledgeable volunteer leaders.

From serene nature walks, fitness challenges, wildlife photo ops, and historical features, we have something for everyone — all while connecting with new people! See the website for more info.

Park hours

Open 365 days a year

Free admission

Parking from 7:30 am to 9:00 pm daily.*

* Parking lot closures may vary. Visit parks.canada.gc.ca/rouge for up-to-date parking information.

CONTACT US

416-264-2020

parks.canada.gc.ca/rouge

rouge@pc.gc.ca

RougePark @ RougeNUP



DAY USE AREAS

Find the day use area with the options that meet your needs

DAY USE AREA	P	Walking	Accessibility	Viewpoint	Information	Food	Drinks	Bike	Umbrella	Motorcycle	Fishing	Boat
GLASGOW 1867 Concession Road 2, Uxbridge	●	●	●	●	●	●	●					
19TH AVENUE 6994 19th Ave, Markham	●	●	●	●	●	●	●					
BLACK WALNUT 10725 Reesor Road, Markham	●	●	●	●	●	●	●					
BOB HUNTER MEMORIAL PARK 7277 14th Avenue, Markham	●	●	●	●	●	●	●					
ZOO ROAD 25 Zoo Road, Scarborough	●	●	●	●	●	●	●					●
TWYN RIVERS 55 Twyn Rivers Drive, Scarborough	●	●	●	●	●	●	●					
ROUGE BEACH 195 Rouge Hills Drive, Scarborough	●	●	●	●	●	●	●	●	●	●	●	●



Twyn Rivers Day Use Area

RULES AND REGULATIONS

Please help to protect Rouge National Urban Park by following these rules.

Park rules (Partial list)

	No feeding and disturbing wildlife
	No collecting or removing objects from the park
	No littering or dumping
	No open fires
	No motorized vehicles on trails
	No fireworks
	No camping
	No drones
	No alcohol
	Fishing with a valid fishing licence

For more info on park rules and regulations visit, parks.canada.ca/rouge-rules
Report prohibited activities, aggressive wildlife and trail issues: 1-877-852-3100

Visiting with pets

Pets are welcomed in the park. Please help keep them, the park, and all visitors safe.



Keep your dog on leash (3 meters or less) at all times—it is the law



Pick up and dispose of your dog's waste in a garbage bin



Always give wildlife the space they need; pets can stress or harm wildlife



Check your dog for ticks before you leave

Enforcement

Park Wardens are responsible for enforcing park regulations as required by federal and provincial legislation.

Those in contravention of park regulations may face enforcement action such as penalties and/or fines.



EMERGENCY

Call 911 for Police, Fire or Ambulance.

Note: Cellular coverage is limited. There is no Wi-Fi in the park.



WELCOME TO ROUGE NATIONAL URBAN PARK

PLAN AHEAD



Pack wisely and bring...

- ✓ Reusable water bottle
- ✓ Sun protection
- ✓ Bug spray
- ✓ First aid
- ✓ Appropriate clothing and footwear
- ✓ Bring your own drinks and food, and don't forget a resealable bag for carrying your items and any garbage out



There are limited facilities in the park
Visit the Important Bulletins webpage for the most current trail conditions, closures, and weather-related hazards at parks.canada.ca/rouge-bulletin

Visitors are responsible for their own safety

	Ticks (blacklegged) can transmit Lyme disease to humans, dogs and other creatures. Protect yourself and check for ticks after your hike.
	Dangerous cliffs and steep terrain. Please stay within the marked areas. Erosion beneath the cliff edges can cause them to collapse unexpectedly.
	Use caution at road crossings.
	Poisonous plants are present in the park; stay on trails.
	Wildlife, including coyotes and bears, make Rouge National Urban Park their home. Feeding and interacting with wildlife is prohibited. Observe wildlife from a distance.

Explore one of the largest urban parks in North America!

Rouge National Urban Park is an assembly of natural, cultural and agricultural landscapes that are home to an incredible biodiversity, a vibrant farming community, and a rich history.

Take a moment to reflect on the shared connections between these lands and the many peoples who have walked here before you. The Rouge has long been a historic portage route where many have and continue to cross paths. These are the traditional and ancestral lands and waters of the Anishinaabeg, Haudenosaunee and Wendat Peoples.

Rouge National Urban Park is grateful to continue this legacy of care and exchange alongside a First Nations Advisory Circle that consists of ten First Nations with historic and cultural ties to the area.

As you move through the park, do so with an open heart. Seek new connections and tread lightly. Bring home memories while leaving behind only good intentions and footprints for others to follow.

ACCESSIBILITY



Unsure if a trail or location in the park is right for you?

Visit our website for specific trail information such as slopes, grades, and surfaces. You can even preview trails with Google Streetview.

For more information on trail accessibility see parks.canada.ca/pn-np/on/rouge/visit/accessible

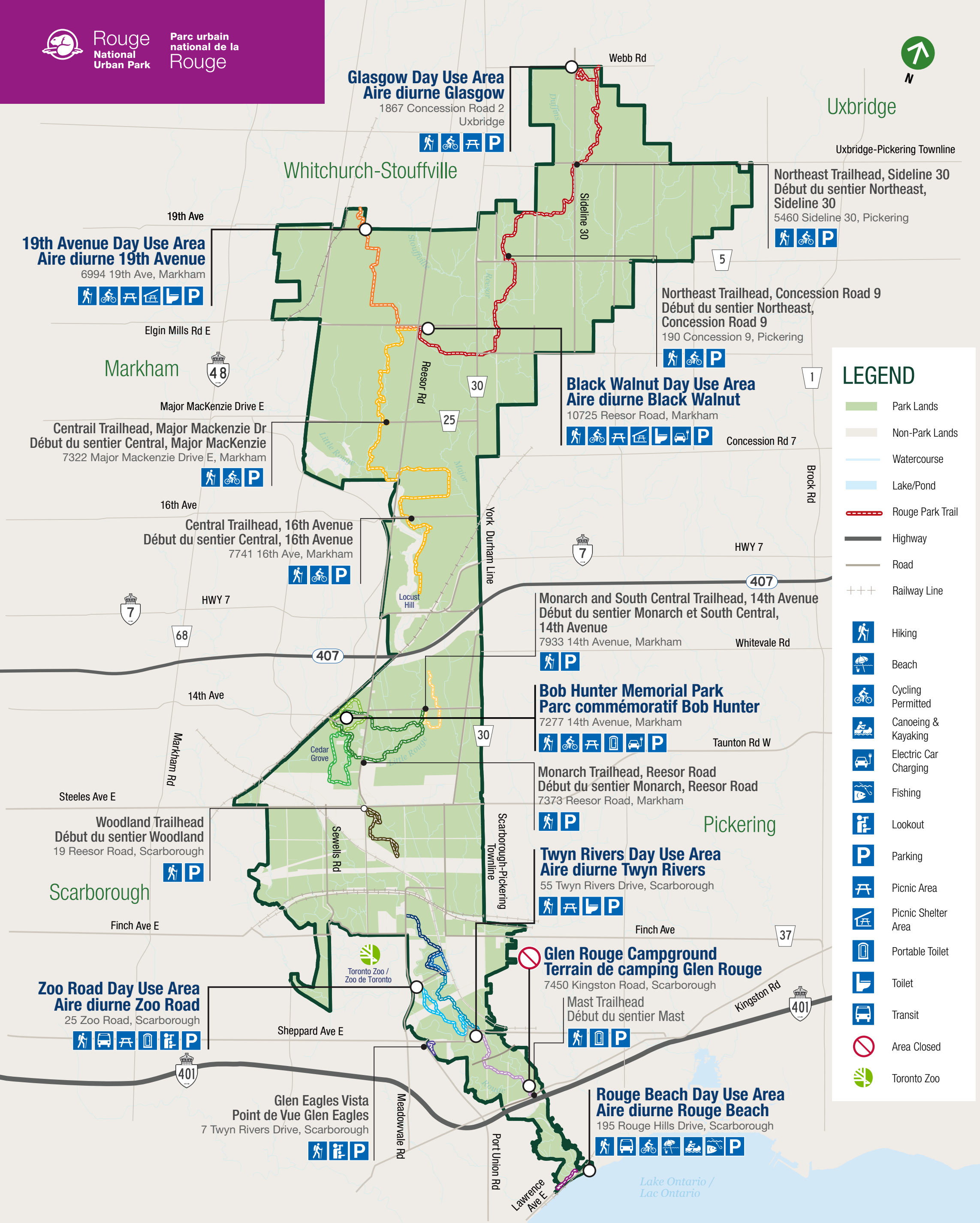
WINTER SAFETY



Winter conditions can be hazardous. Trails are not maintained in the winter. Parking lots may not be plowed and may be closed without notice.



Trail Guide & Park Map



TRAIL DESCRIPTIONS



1 NORTHEAST

DIFFICULTY: ● Easy
DISTANCE: 10.7 km one way

This trail follows West Duffins Creek near the headwaters of the Oak Ridges Moraine and offers a variety of habitats including pine and cedar forests, meadows, wetlands, and agricultural fields.

2 HARVEST

DIFFICULTY: ● Easy
DISTANCE: 5.1 km one way

This family-friendly trail weaves through agricultural fields, marshland, and shaded woodlots with scenic lookouts.

3 CENTRAL

DIFFICULTY: ● Easy
DISTANCE: 10.5 km one way

This trail follows the course of Katabokokok Creek and continues alongside Little Rouge Creek. The trail winds along hedgerows, with views of agricultural and urban landscapes.



4 SOUTH CENTRAL

DIFFICULTY: ● Easy
DISTANCE: 2.1 km one way

Discover this agricultural trail's changing landscapes by exploring it at various times throughout the year. Connecting to Bob Hunter Memorial Park in the west, this trail offers plenty of opportunities for further exploration.

5 TALLGRASS TREK

DIFFICULTY: ● Easy
DISTANCE: 3.2 km loop

This loop trail winds through restored wetlands, meadows and grasslands that provide an opportunity to view a variety of birds.

6 MONARCH

DIFFICULTY: ■ Moderate
DISTANCE: 7.6 km loop

This gently rolling loop trail takes you through a mix of habitats from rare cedar savannah to adjacent farm fields and a restored stand of white pine.

7 REESOR WAY

DIFFICULTY: ■ Moderate
DISTANCE: 3.3 km loop

This trail forms a loop; the east section runs parallel to the Little Rouge Creek, known for excellent birding opportunities, and the west section goes through forest habitat where old stone foundations from the 1800s can be found.



8 WOODLAND

DIFFICULTY: ● Easy
DISTANCE: 3.5 km loop

This trail follows the banks of the Little Rouge Creek and then passes through a mixture of forests and meadows with a small lookout over the river valley.

9 CEDAR

DIFFICULTY: ■ Moderate
DISTANCE: 4.5 km loop

This trail offers views of the wetlands before heading through meadow and descending into mixed forest. Along high vantage points, one can enjoy captivating views of Little Rouge Creek.

10 BEARE WETLANDS LOOP

DIFFICULTY: ● Easy
DISTANCE: 2 km loop

This trail encircles a restored wetland teeming with fish, turtles, insects, and a host of critters from spring to fall. During the winter months, relish the tranquility of the marsh-like setting.

11 ORCHARD

DIFFICULTY: ■ Moderate
DISTANCE: 2 km one way

This trail moves along the east side of Little Rouge Creek traveling through wetlands, mixed forests, and remnants of an apple orchard. It connects to Vista Trail near Twyn Rivers Day Use Area to form a loop.



12 VISTA

DIFFICULTY: ■ Moderate
DISTANCE: 1.5 km one way

This trail winds through forest and open meadow. The trail's viewing platform is one of the best places to see spectacular valley views.

13 GLEN EAGLES VISTA

DIFFICULTY: ● Easy
DISTANCE: 600 m one way

Glen Eagles Vista Trail features brilliant views of the Rouge valley's geologically-significant bluffs.

14 MAST

DIFFICULTY: ◆ Difficult
DISTANCE: 2.5 km one way

This forested and challenging hike features excellent examples of rare Carolinian ecosystems. Look for remnants of a former swimming dam near the pedestrian bridge over Little Rouge Creek at Twyn Rivers Day Use Area.



15 ROUGE MARSH

DIFFICULTY: ● Easy
DISTANCE: 500 m one way

Rouge Marsh, where the Rouge River flows into Lake Ontario, is the largest and best remaining natural wetland in Toronto. Walk along the boardwalk that overlooks the marsh.

BY BUS

TTC buses will take you to the following Park locations:

- | | |
|--|--|
| ZOO ROAD DAY USE AREA | ROUGE BEACH DAY USE AREA |
| • Bus 86A from Kennedy subway station | • Bus 116 Eastbound from Kennedy station, to Bus 54A on Lawrence Ave |
| • Bus 86A from Guildwood GO station | |
| • GO bus to Toronto Zoo runs seasonally; a quick walk leads to Zoo Road Day Use Area | |



BY TRAIN

GO trains will take you to the following Park locations:

- ROUGE BEACH DAY USE AREA**
- GO Train Lakeshore line to Rouge Hill GO Station. From Rouge Hill GO Station walk 10-15 minutes east along the Waterfront Trail to arrive at Rouge Beach.



BY CAR

Parking lot locations in Rouge National Urban Park are listed on the map above beneath each trailhead location.

Note: Limited parking available.

