



# Riding Mountain

National Park of Canada



VISITOR GUIDE  
2010



Parks  
Canada

Parcs  
Canada

Canada

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## Also...

Keep your eyes peeled for “Things To Do?” throughout the Visitor’s Guide for adventurous ideas! There are 23 in total, can you find them all?



# Welcome

Riding Mountain National Park – You’re invited to

## *Real. Inspiring.*

and above all fun experiences – all in a beautiful, natural setting.

Are you looking for warm summer sun? Do you want to “rough it” in the wilderness? Are you interested in learning about our natural and cultural heritage? Perhaps you want to spend time enjoying our crisp, clear Manitoba winter? Whatever experiences you are looking for, you will find something for everyone here at Riding Mountain National Park.

Our national parks and national historic sites are an important part of what makes Canada such a great place to live. You will discover many high quality recreational activities and special events to entertain and thrill you. You can also uncover the secrets of this protected place that preserves important and often unique species of plants and animals, as well as significant cultural and historic details from our past.

Along with all of our partners and neighbours in the Parkland region, let us be your starting point for exploring all that the area has to offer...we’re sure you’ll find something here to treasure!

Cheryl Penny  
Superintendent





# Visitor Centre

The “meeting place” in Wasagaming is the Visitor Centre, a remarkable Federal Heritage Building, featuring the work of local craftsmen from the 1930s.

Outside you will find the renowned English Gardens which are delightfully-fragrant and organically grown. Inside you will find a gift shop, a theatre, a resource library and the Discovery Room.

Many fascinating learning experiences begin at the Visitor Centre where you can sign up for guided hike experiences and other outdoor adventures. Or inquire about self-guided tours and other attractions in the area.

Come here to check the calendar of events, get your maps, register your animal or bird sightings, buy a National Park pass or fishing license. This is also where you can register for your overnight backcountry permit, and get the latest update on trail conditions and campgrounds.

**Visitor Centre – Hours of Operation for 2010**  
May 21 to June 29 | 9:30 am to 5:00 pm  
June 30 to Sept. 6 | 9:30 am to 8:00 pm  
Sept. 7 to Oct. 11 | 9:30 am to 5:00 pm







**June 11 to 13**  
Grey Owl Golf Tournament



**August 6 to 8**  
Wasagaming Chamber Days  
Weekend & Parade



**June 12 to 13**  
GPS Adventure Quest



**June 21**  
Aboriginal Day Celebrations



**August 20 & 21**  
Manitoba Homecoming  
Celebrations



**July 17**  
Parks Day



**February 26 to 27, 2011**  
Riding Mountain Loppet &  
Family Fun Day

## 2010 Events

- June 11 to 13** Grey Owl Golf Tournament
- June 12 & 13** Caching Riding Mountain  
GPS Adventure Quest
- June 19 & 20** Square Dancing Jamboree  
(Onanole Community Centre)
- June 21** National Aboriginal Day  
Celebrations
- July 1** Canada Day &  
Citizenship Ceremony
- July 17** Parks Day
- July 30 to Aug. 2** Clear Lake Chamber Music  
Festival (Onanole Community  
Centre)
- Aug. 6 to 8** Wasagaming Chamber Days  
Weekend and Parade
- Aug. 14** Supper-in-the-Field
- Aug. 14** Riding Mountain Triathlon
- Aug. 15** Kids of Steel Race
- Aug 20 & 21** Manitoba 2010 Homecoming  
Celebration
- Aug. 21** Boo in the Park
- Sept. 4 to 6** Tennis Tournament
- Sept. 11 & 12** MS Bike Tour  
"Riding Mountain Challenge"
- Sept. 23 to 26** Sonics & Sojourns Festival
- Oct. 23** Friends of RMNP Fright Night
- Dec. 21** Christmas Bird Count
- Feb 26-27, 2011** Riding Mountain Loppet &  
Family Fun Day

*Please check out our website or  
Visitor Centre for event information.*



A man with a backpack and a woman looking out over a forested landscape.

# Interpretive Experiences

“What does an elk’s bugle sound like? Have you had a family photo taken atop Bald Hill? What is it about sitting at a campfire that makes you want to sing?”

These are all questions that can be answered during an eye-opening interpretive experience, where you will develop a deeper understanding of the Park’s natural and cultural heritage. The Visitor Centre staff will help you choose an activity to suit your interests and abilities.





## Interpretive Programs

**Call of the Wild Caravan** – Load up the family for this driving adventure. In the comfort of your own vehicle follow a park interpreter to experience some of the most intriguing features of the Park. Stop for short walks, visit a bear's den, investigate discovered animal bones and much more.

**Campfire Programs** – After a busy day sit relax and unwind around the campfire, with a steaming mug of hot chocolate in hand enjoying nature films, fascinating stories, and campfire songs.

**\*NEW Water Theatre** – Check out the premier of this spirited, lively, delight for all, Water Theatre. Skits, songs and interactive play produced and acted by park interpreters who present a fun way of learning about the Clear Lake aquatic ecological systems. For your viewing pleasure only during 2010 summer season.



### Things to do?

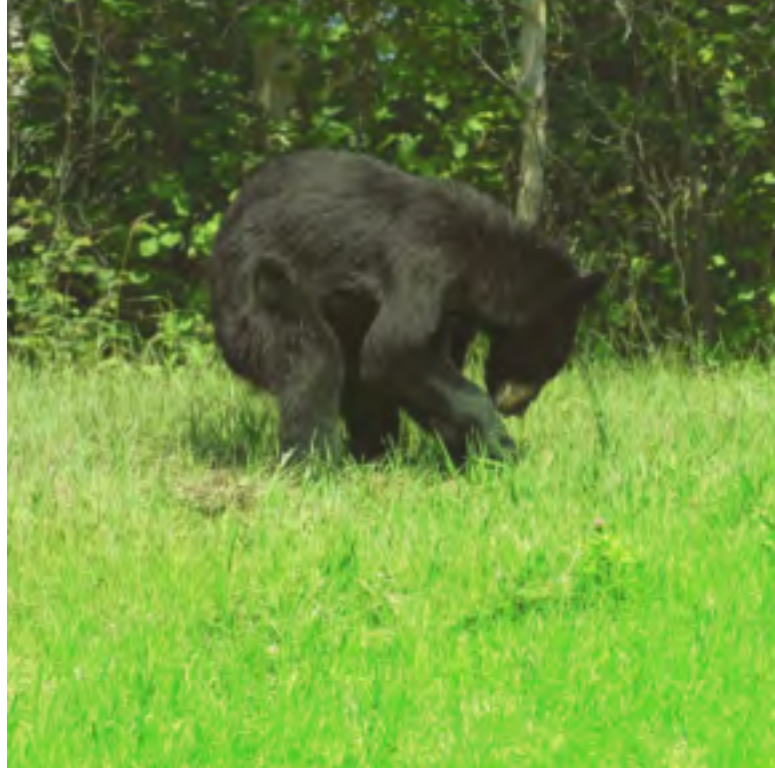
Plan your next family reunion in the Park – there are activities and amenities suitable for all ages and abilities.

**Grasshopper Valley Hike** – Hike off the beaten path into one of the largest fescue grasslands in the park. Discover this very special place with so many hidden treasures to explore.

**Adopt-A-River** – Become a Citizen Scientist. Put on your hip waders, get in the water and participate in a real scientific study. You will examine the river's ecosystem and discover the challenges associated with the conservation of a healthy waterway.

**Gorge Creek Hike** – Join a guided hike to the most spectacular viewpoints on the Manitoba Escarpment.

**Explore the Shores of Clear Lake** – While hiking along the shores of Clear Lake you will gain firsthand knowledge about what is being done and how you can help keep the “clear” in Clear Lake.







## Interpretive Programs

**Bison “Up Close”** – Bring the family out to the bison enclosure at Lake Audy for an opportunity to learn about North America’s largest land mammal. Join a guide for a tour or explore on your own.

**Ominnik Marsh** – Take a walk right from the townsite to the self guiding Ominnik Marsh trail, while walking on the floating boardwalk enjoy peace and quiet with the only the birds singing in the background. Once a week meet park interpreters on the marsh to learn about the wetland ecosystems.

**Meet the Gardener** – Join a guided tour of the beautiful English Gardens at the Visitor Centre. Ask questions and explore while learning about organic and green gardening methods used by Park gardeners.

## Special Events

*Come to the Visitor Centre to find out more about these great events!*

**POW Wagon Tour** – Head out on the POW Wagon Ride to discover the amazing truth about German soldiers who were held at a prison camp without fences at Whitewater Lake. Tours scheduled for July 17 & September 5.

**Fall Elk Bugling Program** – Head out with an interpreter and listen for the haunting bugle of a majestic bull elk calling for a mate.

**Eastside Trail Building** – Help to build the NEW Escarpment trail, get a sneak peak of what everyone is talking about.

**New addition at the Visitor Centre** – Check out the new technology at the Visitor Centre! Look for the *Interpreter in Action* stations – Daily between 2-4 p.m. Locations vary. *Discovery Room* – Explore the Discovery Room at the Visitor Centre and participate in a scavenger hunt, all ages are welcome.







# Camping Experiences



 Services	Wasagaming	Yurt	Moon Lake	Lake Audy	Whirlpool Lake	Deep Lake	Group Camps	Cairn's Cabin
sites	506	1	29	34	15	15	2	1
flush toilets	✓	✓	✓	✗	✗	✗	✗	✗
showers	✓	✓	✗	✗	✗	✗	✗	✗
pit toilets	✗	✗	✓	✓	✓	✓	✓	✓
serviced sites	✓	✗	✗	✗	✗	✗	✗	✗
tents	✓	✓	✓	✓	✓	✓	✓	✗
trailers & motorhomes	✓	✗	✓	✓	✗	✓	✓	✗
wheelchair access	✓	✓	✓	✓	✓	✓	✓	✗
firepits	✓	✓	✓	✓	✓	✓	✓	✓
kitchen shelter	✓	✓	✓	✓	✓	✗	✓	✗
well water	✗	✗	✓	✓	✗	✗	✗	✗
sewage dump	✓	✗	✗	✓	✗	✓	✗	✗
pay telephone	✓	✓	✗	✗	✗	✗	✗	✗
boat launch	✓	✓	✗	✓	✗	✗	✗	✗
power boats allowed	✓	✓	<10hp	✓	✗	✗	✗	✗
fish cleaning station	✗	✗	✗	✓	✗	✗	✗	✗

# Campgrounds



## WASAGMING



## DEEP LAKE



## MA-MA-O-PE GROUP CAMP



## MOON LAKE



## YURT



Wasagaming Campground

**Reserve.  
Relax.  
Experience.**

**1.877.RESERVE  
(1.877.737.3783)**

[www.pccamping.ca](http://www.pccamping.ca)

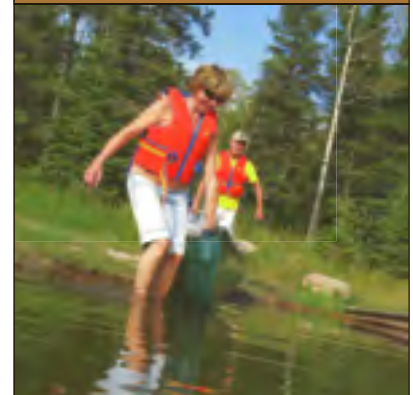
For Group Camping, Yurt and Cairn's Cabin Reservations, and Group Camping, Backcountry Camping & Winter Camping Reservations can be made at the Park Office, Visitor Centre or by calling 204.848.7275.



## LAKE AUDY



## WHIRLPOOL LAKE




## CAIRN'S CABIN





# Camping Experiences



**Canoe Camping** gives you access to a Photographer's Paradise: Whirlpool Lake also offers a campsite that is accessible by water only. Launch your canoe or kayak at the main dock area, then paddle 2.5km across the lake and take yourself deep into the middle of the Park. Stay up late by the campfire and watch the Northern Lights on a clear night. Then you can turn in and sleep peacefully under canvas and stars, or lie in wait for the loon's ghostly call. Awake to a fresh Riding Mountain morning with the sun rising up over the trees. You can explore the lagoons and inlets looking for eagles, kingfishers, and many other kinds of water birds along with wildlife including the moose, beaver and muskrats. Bring your fishing rod and catch your very own "shore lunch". Before you head out on this lakeshore adventure, you'll want to register your backcountry camping permit and pick up your National Park Fishing License. Park staff will also be able to give you the latest weather and trail condition reports as well as give you some helpful guidelines about how you can enjoy this very special place and leave it ready for the next group of campers.

## Family-Friendly Camping

- May Long Weekend liquor ban
- Wasagaming Campground liquor consumption ban nightly (11 pm – 7 am)
- Enhanced security services
- Bare Campsite Program
- Environmentally-friendly cleaning products used in all washrooms.



# Geocaching

Exploring our country roads and backcountry trails has never been easier thanks to modern GPS technology. A GPS unit (Global Positioning Satellite receiver) is an electronic receiving device that can determine your approximate location (to within +/- 2 – 6 meters) anywhere on the planet.

Geocaching is an entertaining high-tech adventure activity where participants use GPS technology to “hunt” for various locations using GPS coordinates. These coordinates can lead participants to community attractions, as well as cultural and environmental areas of significance.

Caching Riding Mountain is a GPS based learning experience and entertaining adventure activity highlighting the people, places and heritage of Riding Mountain Biosphere Reserve and its core area, Riding Mountain National Park. Cacher’s kits and GPS units can be rented from the Friends of RMNP Nature Shop, located in the Park’s Visitor Centre. Check out the Caching Riding Mountain website ([www.cachingridingmountain.ca](http://www.cachingridingmountain.ca)) or Friends website ([www.friendsofridingmountain.ca](http://www.friendsofridingmountain.ca)) for information on upcoming GPS/Geocaching events or workshops.



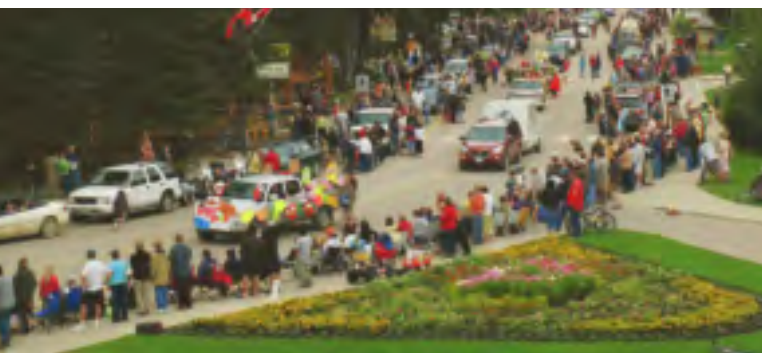
Riding Mountain National Park

Riding Mountain Biosphere Reserve



# Wasagaming — Clear Lake

Wasagaming and nearby facilities provide accommodation, service stations, laundromat, Internet café, shops, restaurants, ice cream parlours, bicycle rentals, tennis courts, bowling green, tree lawns, three golf courses, playground, arts and crafts classes, Pinewood Museum, paddleboat, dance hall, movie theatre, horseback riding, mineral pool and full-service spa. The atmosphere and rich historic character of Wasagaming is unique to this area.



**Things to do?**

Stretch out your worries and aches with an outdoor yoga class held at the Bowling Green in Wasagaming.



**Things to do?**

Discover a fresh up-and-coming talent at the Wasagaming Art Gallery.

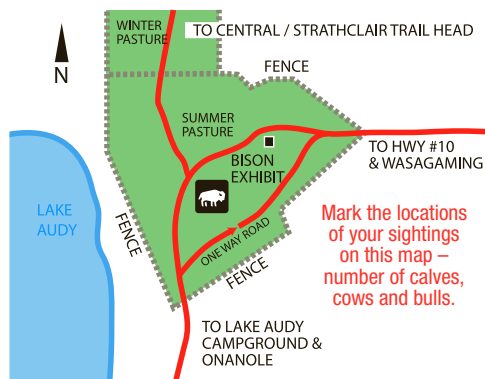
# Bison Watch

## A Special Relationship with Bison

The Anishinabe term for bison is *Mashkode Bizhiki* and means “prairie cow”. This great animal provided sustenance for First Nation peoples for centuries. Today, there is still a special bond between the bison and the First Nation communities. Volunteers from the local Keeseekoowenin Ojibway First Nation assist Riding Mountain National Park staff during the annual bison handling operation that takes place in December. As part of First Nation tradition, they conduct ceremonies to respect and honour the Bison Nation.

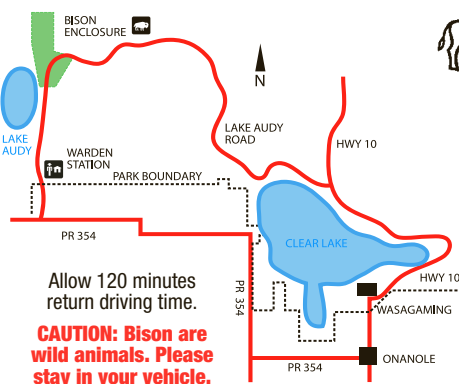
Take a drive out to the Bison Enclosure at Lake Audy. There you will find yourself passing through authentic fescue prairie looking much as it did in the 1800s. This is home to our resident herd of plains bison numbering close to 40 animals. In May and June distinctive gold-coloured calves are born. They are often observed nursing while their mothers graze peacefully. It’s no wonder these calves spend so much time eating; born weighing around 20 kg (45 lbs), a full grown male can tip the scales at 900 kg (2000 lbs). But these are not plodding giants. Bison can quickly reach speeds of up to 50 km/hr, and can turn on a dime! **For this reason, exercise caution while in the Bison Enclosure.**

### LAKE AUDY BISON ENCLOSURE



Mark the locations of your sightings on this map – number of calves, cows and bulls.

### GETTING THERE



Allow 120 minutes return driving time.

**CAUTION: Bison are wild animals. Please stay in your vehicle.**

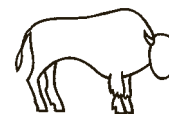
### WHAT DID YOU SEE?



Calves are born from April to May. They are lighter brown in colour than the adults. 27 kg. (60 lbs.) on average.

**HOW MANY?**

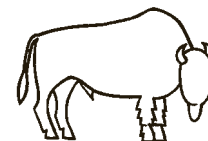
Calves



3–17 years old. 545 kg. (1,200 lbs.) on average.

**HOW MANY?**

Cows



3–20 years old. 900 kg. (2,000 lbs.) on average.

**HOW MANY?**

Bulls





# Trails





Hiking



Biking



Horse Riding



Wagon



Wheelchair Accessible

Take a hike, bike, or horseback ride on one of our many trails. The Park offers spectacular scenery however you choose to explore! There is something for every age, ability and interest. Just remember: respect the natural habitat, stay on the trails and let someone know where you are going and when you plan to return.

## DAY TRAILS

### Around Town

<b>Clear Lake Northshore</b>	9.5 km one way, moderate	
<b>Clear Lake Southshore</b>	7.0 km one way, moderate	
<b>Lakeshore short loop</b>	1.0 km return, easy	
<b>Lakeshore long loop</b>	7.2 km return, easy	
<b>Ominnick Marsh</b>	1.9 km return, easy	
<b>South Lake</b>	3.4 km return, moderate	
<b>Wasagaming Bike Trail</b>	5.5 km one way, moderate	

### Along Historic Highway 19

<b>Arrowhead</b>	3.4 km return, moderate	
<b>Grey Owl</b>	8.9 km one way, moderate	
<b>Kinosao</b>	3.9 km one way, moderate	
<b>Brûlé</b>	2.1 & 4.2 km return, easy	
<b>Loon's Island</b>	2.4 km return, easy	
<b>Gorge Creek</b>	6.4 km one way, difficult	
<b>Burls &amp; Bittersweet</b>	2.2 km return, easy	
<b>Oak Ridge*</b>	3.1 & 6.4 km return, easy	

### Along Scenic Highway 10

<b>Bead Lakes</b>	4.0 km return, moderate	
<b>Boreal</b>	1.0 km return, easy	
<b>Moon Lake</b>	9.2 km return, difficult	
<b>Kippan's Mill</b>	1.2 km return, easy	
<b>Crawford Creek</b>	10.0 km return, moderate	
<b>Beach Ridges</b>	3.5 km return, easy	



Hike, bike or ski to Cairn's Cabin for an overnight adventure in the backcountry.

## BACKCOUNTRY TRAIL (Distances are all one-way)

### West of Highway 10

<b>Baldy Lake</b>	10.0 km, easy	
<b>Birdtail</b>	11.4 km, moderate	
<b>Central</b>	66.3 km, moderate	
<b>Grasshopper Valley</b>	20.5 km, easy	
<b>Gunn Lake</b>	1.9 km, difficult	
<b>Long Lake</b>	14.0 km, easy	
<b>Strathclair</b>	22.9 km, easy	
<b>Sugarloaf</b>	8.0 km, moderate	
<b>Tilson Lake</b>	38.6 km, difficult	

### Backcountry Campsite:

—	Kay's
—	Whitewater Lake, Gunn Creek
—	Minnedosa River
—	Gunn Lake
—	Long Lake
—	Kinnis, Vermillion
—	Tilson Lake, Birdtail

### East of Highway 10

<b>Bald Hill</b>	8.4 km, difficult		—
<b>Breezy Hill</b>	1.8 km, easy		Breezy Hill
<b>Cowan Lake</b>	7.8 km, easy		Cowan Lake
<b>J.E.T.</b>	7.8 km, difficult		—
<b>Muskrat Lake</b>	7.0 km, easy		—
<b>North Escarpment</b>	8.4 km, moderate		East Deep Lake
<b>Ochre River</b>	24.9 km, difficult		Elk Creek, Ochre River
<b>Packhorse</b>	11.5 km, difficult		—
<b>Robinson Loop</b>	6.7 km, moderate		—
<b>Scott Creek</b>	2.4 km, easy		Scott Creek
<b>South Escarpment</b>	32.0 km, moderate		Muskay Lake, Cambell Lake



For details on each trail, a Trail Guide is available for purchase at the Nature Shop in the Visitor Centre.





## Park History

Twelve thousand years ago, Riding Mountain was once the shoreline of Lake Agassiz, an enormous body of water created by a retreating glacier that had covered much of North America.

Archaeological evidence indicates that human habitation of the Riding Mountain area began 10,000 years ago. More recently, the Cree and Anishinabe peoples were followed by people of European descent who came as fur traders, sawmill owners, fishermen, hunters, and vacationers.

In 1895, the government of Canada declared this area a Dominion Timber Reserve to protect the valuable logging resources here. The 1930s brought many changes including being designated a National Park in 1933. During the Great Depression, hundreds of unemployed men and women were brought here thanks to the Relief Act to build the new Park's buildings and roads.

Along with the builders came campers, cottage and cabin owners, and employees. Today, a quarter of a million visitors pass through our gates every year. They come to enjoy the 3,000 square kilometres of natural and cultural heritage now known as Riding Mountain National Park.







### Visitor Centre

Built in 1933, it was used as a lecture hall, museum and even as a place of worship. Now it is still the main meeting place in Wasagaming and houses a gift shop, theatre, resource library and discovery centre. The “VC” is a classic example of the Rustic Tudor architectural style that the National Parks Service promoted for its townsites in the early days.



### Clark’s Beach (Wasagaming Beach)

In the 1920s this beach area was a swamp. During the winters, rock and sand were hauled from the Arden Ridge near Neepawa to form the beach we enjoy today.



### Park Theatre

Built in 1936-37, this is the largest all-log theatre in North America.



**Things to do?**

Take a drive back in time down Highway 19 and imagine how Relief Workers built this road through swamps and heavy terrain with not much more than hand tools and locally available materials!



### Grey Owl (Archibald Belaney)

In 1931, Grey Owl and his wife Anahereo, along with their two pet beavers, Rawhide and Jellyroll, lived at Beaver Lake Lodge. They moved to Prince Albert National Park the following year.



### **Riding Mountain East Gate Registration Complex National Historic Site of Canada**

Dating from 1930, this is the only original park gate left standing in Canada.



### **Prisoner of War Camp**

Situated near Whitewater Lake west of Lake Audy, this camp housed close to 440 German soldiers captured in North Africa during WWII. This camp was not fenced and had no guard towers. There are stories of POWs leaving the camp to attend dances in neighbouring towns only to return before dawn!



### **Roller Rink**

Opened in 1949, the roller rink would sell up to 500 tickets every night of the busy season. The rink was located across from the present day Chocolate Fox Store.



### **Chalet Hotel**

The hotel was located on the main beach across from the Trading Post, but burned down in 1956. The original stone steps that led to the main beach are all that remain.





### Wishing Well

Bogey Creek's cold, bubbling spring made this a popular camping site in the early days of the Park. The well was lined with stone and the bridge was built in the 1930s. Over the years many people have come to toss a coin and make a wish. It has also been a favourite backdrop for countless wedding photos.



### Highway 19

The Norgate Road as it was formerly known was built by Relief Workers in the 1930s and Conscientious Objectors during World War II. Most of the brush and trees were cleared by hand and hauled away by horses.



### Wigwam Restaurant

Built by Swedish craftsmen from nearby Erickson, MB, the Wigwam Restaurant was one of the first businesses established in the townsite.



**Things to do?**

Attend a music festival like Sonics & Sojourns, the Clear Lake Chamber Music Festival, or the Harvest Sun Music Festival in Kelwood.



### Kippan's Mill

Located near Moon Lake, the mill operated in the Park from 1936 until 1949. This once-booming small community supplied lumber and a distinctive milled-siding that can be found in many Park buildings such as the teahouse at the Idylwyld Hotel.



## First Nations



## The Gift of the Land

It is thought that the First Peoples have been living in the Riding Mountain area since the great glacier moved off the land around 10,000 years ago. First Peoples and their descendants share a deep connection to this place that goes beyond the rich resources the area offered them. For them, the land represents a gift from the Creator, because all parts of it are sacred. Clear Lake captures the attention – and hearts – of all those who come to its shores, or spend time on its waters. For First Nations people there is a special significance to this place that echoes what scientists are only now beginning to understand.



*Washagama Saageygun* is the Anishinabe term for “clear water lake”, and it is the place name for what is now commonly called Clear Lake. Anishinabe is in reference to the local First Nations people living in the Riding Mountain region today. Many elders still use its traditional name because it reminds their People of how this deep groundwater-fed lake is derived from the Creator. To the Anishinabe the underground springs that feed it are the veins of Mother Earth. Thus to the Anishinabe the lake water is alive. This Anishinabe belief is meaningful to the First Nations people of Riding Mountain.

Most Manitoba lakes are reliant on surface water from streams, rivers, and spring runoff to fill them. Clear Lake is unique on the prairies in that it is largely groundwater-fed. Only a few small streams, many of

them intermittent, feed into it. The bulk of the water comes from below, and is abundantly infused with minerals like calcite, which give it its distinctive aqua colour, and which also keeps the water crystal clear by binding with nutrients like phosphorus and settling to the lake floor. Because of this process, our beautiful lake does not become algae-choked in the summer.

Researchers are now studying the complex chemical process that makes this phenomenon possible. As scientists deepen their investigations, they quite often discover that the knowledge of the Anishinabe mirrors to their own findings. The Anishinabe people believe that the lake and the land surrounding it to be in their care. Parks Canada and the Anishinabe share this common interest and will continue to work together to protect this very special place.



**Things to do?**

Head out into the Birdtail or Grasshopper Valleys in the fall and listen for the haunting bugle of the majestic bull elk calling for a mate

## Spruce Bud Worm

Have you noticed some spruce or balsam fir trees in Riding Mountain National Park (RMNP) with red (dead) or missing needles rather than the usual full, “evergreen” foliage? If so, you may be witnessing the effects of a spruce budworm (*Choristoneura fumiferana*) feeding frenzy.

The spruce budworm (SBW) is a species of moth native to the forests of Riding Mountain National Park, and it is their larvae (caterpillars) that feed on the needles of balsam fir, white spruce, and black spruce trees. SBW is always present in the



Park, but usually in low numbers. Once every 20-30 years, though, the SBW population increases to a point where we notice their presence. The forests of RMNP have experienced past “outbreaks” of this type from 1959-1962 and as recently as 1977-1979.

One of these population peaks is occurring right now in RMNP and we are monitoring the SBW as it spreads through the forest. Experts predict that the current outbreak will last approximately 4-5 years before returning to “normal” population levels. Although we expect several years of partial defoliation, rest assured that most of the Park’s healthy forest stands will survive the SBW’s larval, dining extravaganza.

# Take Care – Become Bear Aware!

Please leave any items that will attract wildlife in a hard sided vehicle when your picnic or cook shelter is unattended for ANY length of time.

Feeding wildlife may

- create a health risk for humans and animals
- cause animals to become a nuisance
- result in the animal being destroyed
- can lead to a maximum fine of \$5,000 under the Canada National Parks Act

### Items that attract wildlife:

- Coolers
- Food
- Garbage & Food Packaging
- Pet food/Pet dishes
- Bottles & Cans
- Toiletries, suntan lotion, insect repellent
- Any items associated with food preparation or clean up
- Grey water pails



© Celias Davar





## Licensed Guides

To help ensure a safe and high quality experience for visitors who hire the services of a guide, Parks Canada only permits licensed guides to operate inside National Parks. For the most current listing of licensed businesses that provide nature-based experiences inside RMNP such as custom guided services, wagon and sleigh rides, and guided wildlife viewing tours, please call **848-7275** or go to the Visitor Centre for more info.



Photos: © Celes Davar



**Things to do?**

Get out your GPS unit and Geocache your way into some of the most interesting and out of the way spots in the Park.

101°0'

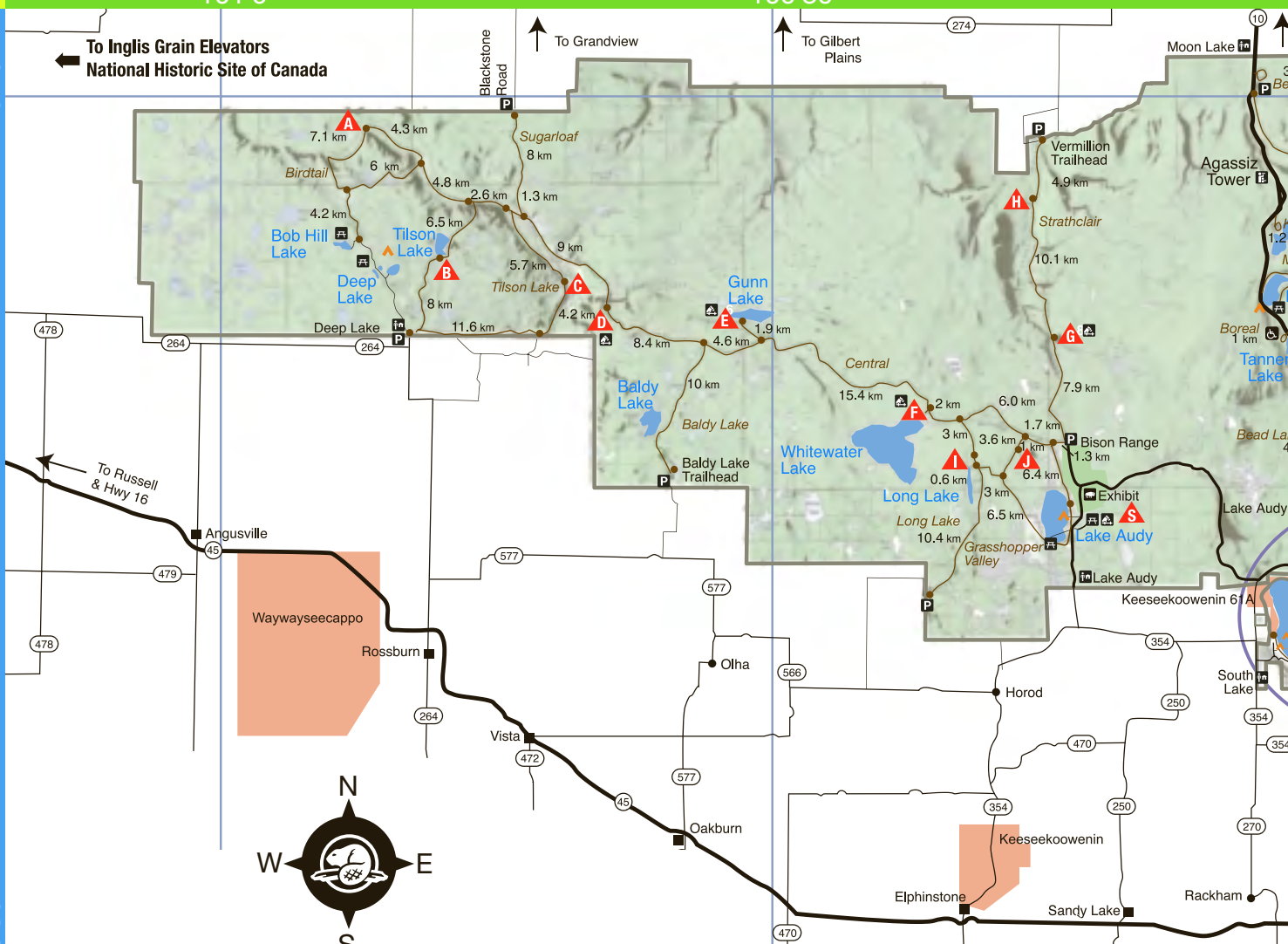
100°30'

51°0'

50°30'

To Inglis Grain Elevators  
National Historic Site of Canada

To Grandview

To Gilbert  
Plains

## LEGEND

- National Historic Site
- Picnic Area
- Tenting
- Wheelchair Accessible
- Group Camping
- Viewpoint
- Bald Hill
- Bison Enclosure
- Other Attractions
- Warden Station
- Parking
- Horse Corral

## BACKCOUNTRY CAMPSITES

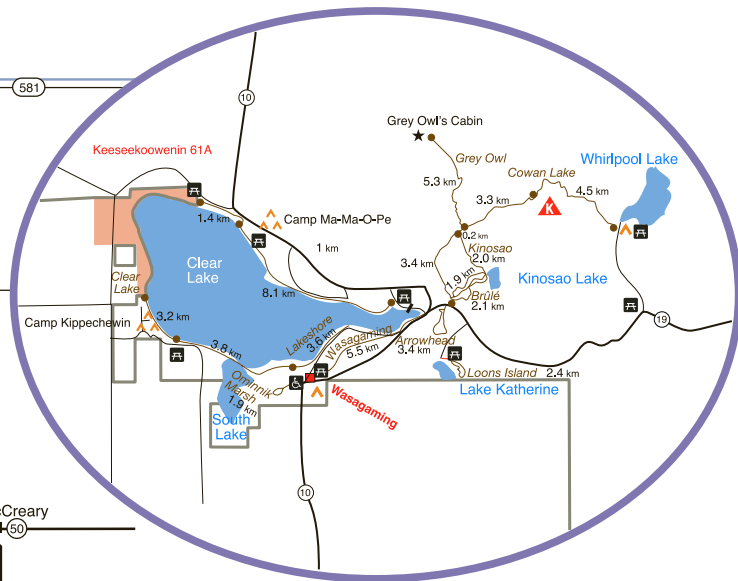
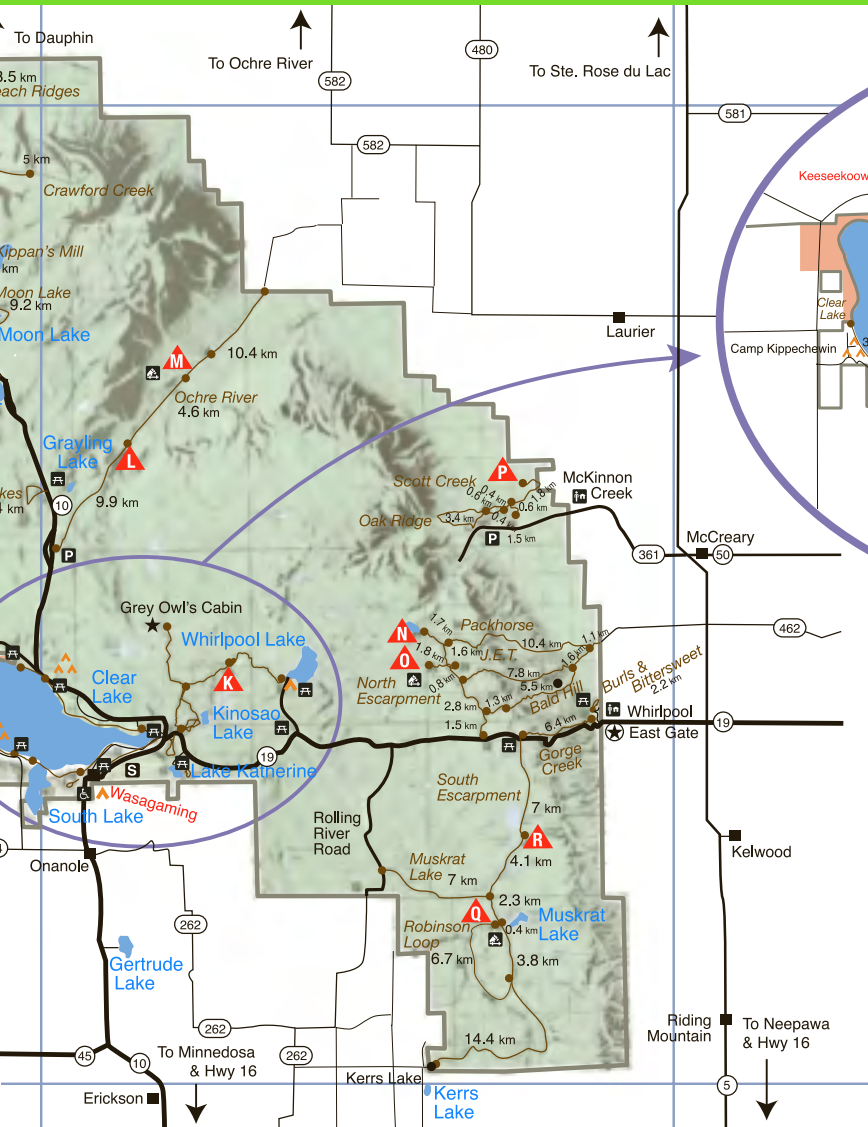
- Kay's
- Tilson Lake
- Birdtail
- Gunn Creek
- Gunn Lake
- Whitewater Lake
- Kinnis Creek
- Vermilion River
- Long Lake
- Minnedosa River
- Cowan Lake
- Elk Creek
- Ochre River
- East Deep Lake
- Breezy Hill
- Scott Creek
- Muskrat Lake
- Campbell Lake
- Lake Audy Horse Corral

- Provincial Roads
- Provincial Trunk Highways
- Trail
- Town
- Landmark
- First Nation



100°'

99°30'



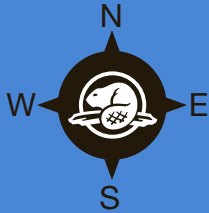
### Distances from Wasagaming

- North Entrance Gate **53** km
- Lake Audy Bison Enclosure **39** km
- Moon Lake Campground **34** km
- East Entrance Gate **34** km
- Deep Lake Campground **113** km
- Whirlpool Lake Campground **15** km

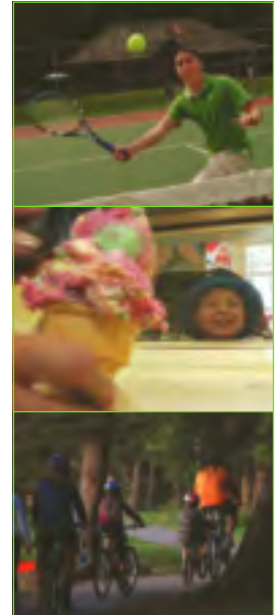
# Riding Mountain

## National Park of Canada

# Wasagaming Map



Clear Lake









# Ecosystem Management





The Manitoba Escarpment and the rolling hills of the Riding Mountain region are the legacy of the last ice age. For 10,000 years diverse forest, grassland and wetland vegetation adapted to the dynamic conditions of soil, weather, water and fire. This diversity provided productive habitat for countless species of birds, insects, mammals and fish. Human hunters and gatherers also shared this land, and the resources it provided them. Their cultures were based upon their relationship with the Earth, and their dependence on the cycles of nature.

Canada's natural environment is a rich mosaic of landscapes and ecosystems. It has moulded our history and continues to shape the future of our country. The goal of Canada's national parks system is to protect the diversity of Canada's natural and cultural heritage. This is the reason Riding Mountain National Park (RMNP) exists, and it continues to be our primary purpose. It is protected so that all Canadians can experience the wilderness, and learn from it, and enjoy the benefits provided by the natural environment.

The United Nations Educational, Scientific and Cultural Organization (UNESCO), through designation of the Riding Mountain Biosphere Reserve (1986), has recognized the region as a prime example of how human communities can live in harmony with nature. By sharing knowledge and working together on cultural, economic and environmental initiatives, we can enhance our vibrant rural communities so that future generations will enjoy healthy and sustainable lifestyles.

RMNP is the protected "core" of the Riding Mountain Biosphere Reserve. Park staff use science-based knowledge to manage natural processes and to minimize the impacts of our human footprint on the ecological integrity of the Park's forests, grasslands, wetlands, lakes and streams.



**Did you know?**

This photo shows how vegetation has regenerated near Whirlpool Lake following the forest fire of 1980.





# Ecosystem Projects

## Behind the Scenes

Come take a look behind the scenes at Riding Mountain National Park. There is far more going on that meets the eye. Biologists, researchers, and technicians are studying the area's ecology and history so that they can develop plans for the long term sustainability of the natural and cultural resources that Canadians treasure. Read on to take a peek at a few of the many projects we are working on, many of which are on the cutting edge of ecological management...

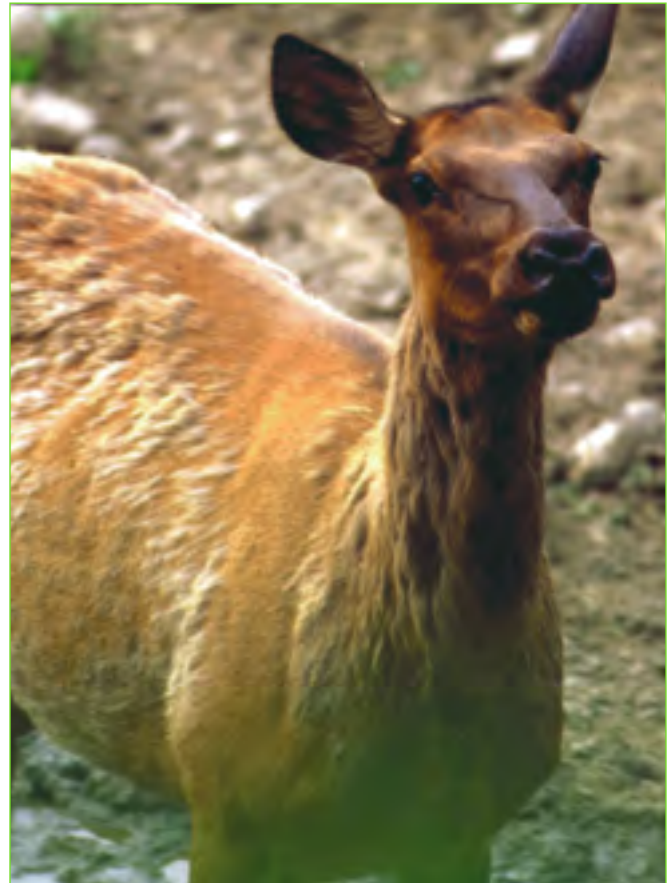


**Did you know?**

The Clear Lake Golf Course is a leader in environmental responsibility having implemented organic turf management practices, and a biodiesel program that allows them to reduce their carbon footprint dramatically.

## Wildlife Health Monitoring

Since the discovery was made of Bovine Tuberculosis in wild elk and deer populations in the region, provincial and federal government agencies including Parks Canada, along with First Nations, wildlife organizations and livestock producers have been working cooperatively to eradicate the disease from the region.



**Did you know?**

The public lawns and gardens in Riding Mountain National Park are maintained organically without the use of harmful chemicals. At the Visitor Centre, you can sign up for a Garden Tour with our Master Gardener to find out her secrets.



## Keeping the “Clear” in Clear Lake

Clear Lake is one of the most recognizable and beloved features of Riding Mountain National Park. This cold, clear lake is unique on the prairies and has been an important part of people’s experience in the park. However, high nutrient levels have been observed in Clear Lake and in the waterways that feed it, raising concerns about the long-term sustainability of the lake. As a result, efforts are underway to improve water quality in the area while at the same time increasing visitor enjoyment. There are opportunities for members of the public to become involved. If you are interested in learning more, send an email to [clear.lake@pc.gc.ca](mailto:clear.lake@pc.gc.ca), or call 204-848-7275.



**Things to do?** Kayak around Clear Lake and see what treasures these crystal clear waters hold!

## Restoring the Flame

Fire is an essential force of nature that influences the structure and function of the Riding Mountain forest and grassland ecosystems. Research is being conducted to: understand the historical interaction among humans, landscapes and fire, determine the extent and degree of change which has occurred, and develop effective strategies for the stewardship of fire as a natural process. One strategy is the application of prescribed fire in an effort to restore fire’s natural role on the landscape. This will accomplish a range of goals from habitat restoration to protection from uncontrolled wildfires.

Prescribed fires are being planned in three regions of the park for 2010:

- Lake Audy/Strathclair/Jackfish Creek
- Lake Katherine
- Manitoba Escarpment/Wilson Creek




**Things to do?** Learn about a living legend: Tour the Bison Enclosure at Lake Audy.



## Animal Look-A-Likes

### A Quick Reference Guide for some of the Parks Mammals

Riding Mountain National Park is home to an incredible diversity of wildlife species, making it the perfect destination for wildlife watchers.

Sometimes it can be confusing trying to tell certain mammals apart. Try this quick reference list to help decipher which “look-a-like” you have spotted. The key icon  will hopefully be the “key” to figuring out which species is which.


### Wondering where to spot certain Wildlife?

Be sure to ask our friendly staff at the Visitor Centre or check the wildlife observation boards located in the lobby of the Visitor Centre or Administration Office for the latest sightings. We welcome your observations as well!


## Wolf... or Coyote?



### Wolf

- Face is more dog-like and less pointed than the coyote.
- Ears are more rounded
- Coat is nearly white to nearly black, but mainly gray.
-  • Tail is much like a dog's, and is carried high when running.

### Coyote

- Face is slender with pointed nose and pointed ears.
- Legs are long and slender.
- Colour is reddish gray.
-  • The tail, which is very large, bushy and black-tipped, is carried low when running.




Get yourself a National Park fishing licence and try to land the “big one”!


## Lynx... or Cougar?



### Lynx

- This cat looks a lot like a very long-legged tabby house cat.
- Prominent ruff around face.
- Ears are pointed and tipped with long black hairs.
- Has very large, padded feet
-  • Tail is stubby with a completely black tip.

### Cougar

- Cougar sightings have been on the rise in and around RMNP in recent years. Should you be so fortunate as to spot a “big cat”, here is what to look for:
- Very large (the size of a Labrador Retriever or bigger), tawny coloured cat.
  -  • Long, slender tail is almost the same length as the animal's body.



## Black Bear... or Grizzly?



### Black Bear

Unfortunately, there are no longer any plains grizzly bears in RMNP as the were extirpated in this region in the 1800s. So, should you see a bear in the Park you have indeed spotted a black bear... even if its coat is blonde, brown, cinnamon or a mixture thereof. Be sure to read our two pamphlets: ***You Are in Bear Country*** and ***The "Bare" Campsite Program***.

## Pine Marten... or Fisher?



### Pine Marten

This mink-size member of the weasel family became extirpated from RMNP in the 1940s due to loss of habitat. It was reintroduced into the Park between 1991-1993.

- Size of a house cat.
- Yellowish-brown to dark brown fur.
- Pale buff patch on throat and breast.

### Fisher

Also a member of the weasel family, the fisher was extirpated from RMNP in the 1940s as well. It was successfully reintroduced during 1994-1995.

- Larger than pine marten, approx. the size of a very large house cat or small dog.
- Dark brown to nearly black, with white-tipped hairs, giving it a frosted look.

## Moose, Elk... or White-Tailed Deer?



### Moose

- Largest of the three.
- Dark brown with long, gray legs.
- Males have antlers which are palmate and flat.
- Often seen in or near water
- Large, overhanging snout and "bell" on throat.

### Elk

- Reddish-brown body.
- Small, thin tail.
- Males have huge spreading antlers.
- Large and distinct yellowish-white rump patch.

### White-Tail Deer

- Reddish in summer, blue-gray in winter.
- Males have antlers which consist of a main beam with tines.
- Distinctly white, flag-like tail.

### Things to do?

Enjoy the romantic Lakeshore Walk at sunset.



# Something for Everyone

## Free Spirit – Bald Hill, Backcountry & Bison

Experience the thrills, take the challenges and live the extremes in a spectacular wilderness playground.

Make the trek up Bald Hill. Or get a team together for the Riding Mountain Triathlon, now the largest tri event between Toronto and Calgary.

Get a special pass and go camping way out in the backcountry. There, you are free to compare your exploits with your friends while indulging in the food and bevies you've packed in. Wildlife is everywhere. See bison, elk and moose and put a wager on who will spot the first bear.

Fun in town– Back in Wasagaming, hit Clear Lake for some tubing and wakeboarding. The thrill of whipping around on the water will make up for your impressive spills. Hang out at the beach and meet the locals. Put back some appies and hot wings at happy hour, then head off for some nocturnal recreation. Be the envy of your friends with the great stories and photos you'll be taking home!



Explore the Escarpment Trail System stopping at the East Gate to learn more about the different routes that people have used to travel through the Park.



## Connect with the Cultural Landscape

Discover the Park's Townsite in the company of a licensed guide. Delve into the local architecture and history while discussing the role of First Nations, past and present. Eat authentic perogies and kolbassa with residents of Ukrainian ancestry, and break bannock with our Aboriginal neighbours. Speak with a First Nations elder about his or her people's perspective of the modern world. Make the connections from yesterday to today through local volunteers at the Pinewood Museum as they bring to life stories of the area's early pioneers.



Riding Mountain National Park  
parcsCanada.gc.ca

Parc national du Mont-Riding  
parcsCanada.gc.ca

explorés sans fin  
Canada  
keep exploring

What kind of explorer are you?  
*Take the Quiz, it's fast and fun!*

Quel type d'explorateur êtes-vous?  
*Répondez au questionnaire, c'est rapide et amusant!*

Canada

## Tulips, Treasures & Tee Times

Do you love to garden when you're at home? Take a tour of the splendid English gardens. Then, if you can't hold yourself back, get your hands dirty by helping with weeding and trimming. Not for too long though – you've got a tee time at the organically-managed Clear Lake Golf Course. In the evening, the dinner cruise aboard the Martese gives you the chance to mingle with other visitors as you witness the dazzling panorama of a sunset on Clear Lake.

Your home away from home – The Townsite has all the amenities and you won't run short of interesting activities to choose from. Cool off after an afternoon bike ride by swimming and lounging on the beach at Clear Lake. Everything you need is close by from bistros and fine dining restaurants to shops that bring you treasures from near and far.

## Rejuvenate – Soothe the senses

The rejuvenation you need comes naturally. Grab a coffee at sunrise and bathe in the silence of the new day at the end of the pier, watching the sky change hues from pinks and purples to brilliant blue set against the perfect aquamarine crystal clear waters of the lake. Stroll over to the Visitor Centre and soak in the atmosphere of this lovely heritage building. Warm up by the fire if there is a chill in the air as you wait for your appointment at the Solstice Spa.

Wander through the English Gardens and allow their restorative powers to erase your worries. Head over to the Wishing Well and let the sound of water bubbling over rocks and through the lovely plantings raise your spirits. Take part in one of Clear Lake's oldest traditions by tossing a coin and making a wish as many have done over the years in this little haven.



## Artistic Odyssey

Discover a fresh up-and-coming talent at the one of the artisan's shops or galleries like the one operated by the Wasagaming Community Arts Council. Rub shoulders with musicians in intimate venues like the Wigwam. Or why not take part yourself and sign up for a painting or photography class and leave with a small piece of the area's inspiring landscape captured forever.

Sample local cuisine that fuses traditional and exotic tastes using fresh local ingredients: delicious homemade gelato, savory bison burgers, world famous cinnamon buns, and nature's best produce from the farmers market. Stop in at the local wine retailer for a selection that will interest even the most discerning sommeliers. Top off your meal with a gourmet espresso and a delectable dessert from one of the fine coffee houses. Keep an eye out for music, art, and literature as visiting artists share their talents in this idyllic setting thanks to the Deep Bay Artists-Residency Program. A number of premier festivals take place in the area including the Clear Lake Chamber Music Festival with its signature Jazz Cruise aboard the Martese.

And for those who enjoy music *en plein air*, RMNP will host a number of concerts on the green this summer culminating in the enormous 2010 Homecoming Party featuring Doc Walker live on stage in Central Park. Check out the Events Listing on page 3 for the complete calendar.







# Manitoba Escarpment



The Escarpment along the eastern edge of Riding Mountain National Park is one of the most attractive landscapes in Manitoba! Parks Canada will be working with communities, visitors and stakeholders over the next year to identify new visitor experiences that could occur in the area from the East Gate National Historic site north to the spectacular vistas at Mount Agassiz site and on to the backcountry of the Ochre River area. Our vision is to partner with others to provide an exciting range of different visitor experiences along the Escarpment that will enrich your park visit. Call if you want to be involved in this effort.





## Need to Know

Whether you are looking to connect with nature, experience adventure, or escape from your daily routines, we want to share some simple safety precautions to make sure that you stay safe and enjoy your visit.

### **Water. Road. Trail.**

#### **Plan & prepare before you set out.**

- **Do** you know the weather forecast?
- **Did** you plan your route and bring a map?
- **Did** you tell someone where you were going and when you plan to return?
- **Did** you pack extra food and clothing?
- **Do** you stay alert for hazards and wildlife?
- **Do** you know what to do in an emergency?

#### **What to do if you get lost...**

- Keep your group together
- Stay on the trail and retrace your steps
- Be prepared to stay overnight...a search takes time
- In winter, know the signs of fatigue, hypothermia and frostbite

#### **Specifically for Backcountry:**

- Use bear proof containers at the campsites for storing food, toiletries and garbage. Do not leave anything behind.
- Bring your own drinking water or be prepared to purify from natural sources (visit [www.hc-sc.ca/waterquality](http://www.hc-sc.ca/waterquality))
- Leave no trace of your visit and treat the trails and campsites gently so that others may enjoy them after you leave.
- Respect other Park users, especially when you encounter horses – move off the trail, avoid sudden movements or noises, dismount and walk bicycles.



#### **Things to do?**

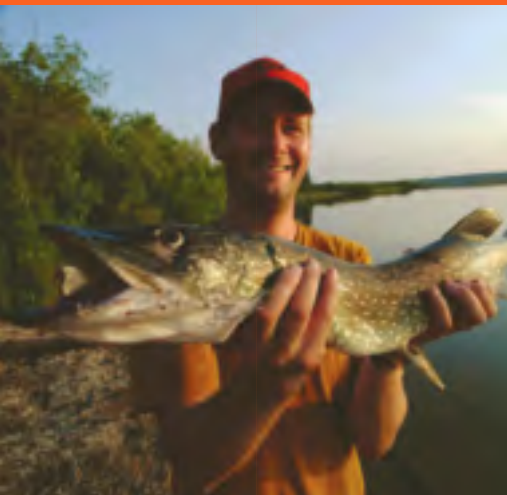
Delight yourself with a tour of the rejuvenating English Gardens. The Park's Master Gardener will gladly share her organic gardening secrets with you.



## Regulations.

### Fishing.

Anglers require a Riding Mountain National Park fishing license which can be purchased at the Visitor Centre, entrance gates, campground kiosks, or the administration office.



### Leave it for others to enjoy.

Take nothing but photos and leave nothing but your footprints.

### Backcountry.

A backcountry permit is mandatory for overnight backcountry visits. Fees apply.

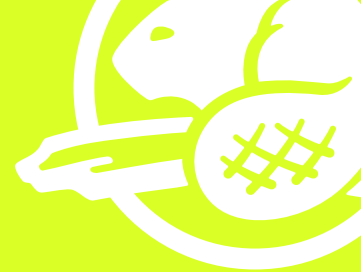
### Protect your pets.

Wild animals roam free in National Parks. Keep your pets on a leash and supervised so that they do not harass wildlife, provoke attacks or endanger people. Please be courteous and clean up after your pets.

### Disable firearms.

Firearms must remain in your vehicle at all times, unloaded and in a case or wrapped and securely tied so that no part of the firearm is exposed.

## A Message From the Park Wardens...



The whole Parks Canada team, including our staff responsible for visitor services, resource conservation, technical services, and law enforcement, look forward to welcoming you to Riding Mountain National Park. We want your visit to be both enjoyable and memorable.

Park wardens are here to protect not only our visitors but the natural and cultural resources that this park is responsible for. They work in partnership with the RCMP who continue to be the primary enforcers of the Criminal Code. Take the time to get to know the park wardens in your area; they will be happy to explain their role.



### Things to do?

Learn about the power of wetlands on the Omnikin Marsh tour.

### We need your eyes and ears!

Call 1-877-852-3100 for 24-hour Park Warden Emergency Service if you see anyone violating Park regulations. Please report all sightings of wildlife displaying aggressive behaviour to the nearest Park Warden Office, Visitor Centre or Park Entrance Gate.

### Obey Closures

Areas in the Park may be closed by order of the Superintendent for public safety or environmental reasons. Closures are marked with signs and/or flagging tape.

### Safety Registration

Parks Canada offers a Safety Registration service for people engaging in potentially hazardous activities. REMINDER: If you register yourself "out" then you must – by law – register yourself back "in" to prevent an unnecessary and costly search.

# On the Water



Head out on the POW Wagon Ride to discover the amazing truth about German soldiers who were held at a prison camp without fences at Whitewater Lake. Tours scheduled for July 17 & Sep 5. Ask at the Visitor Centre to find out how to book a private tour.

## Things to do?

### Always Keep Your Distance.

No matter how tame they may seem, ALL Park animals are unpredictable and potentially dangerous. Getting too close to elk and moose is always hazardous. Attacks may occur at any time of the year. Females are even more defensive during the April to June calving season. Males are especially dangerous during the September to October rut.

### Accessibility

The Park is accessible for those with mobility, hearing and visual impairments. The Administration Building, Visitor Centre, campgrounds, day-use areas, and selected trails are wheelchair accessible. Wheelchairs and all-terrain strollers are available at the Visitor Centre.

### Weather

Never underestimate the power of weather! Conditions can change rapidly.

- Check the local forecast and be prepared for anything.
- Take along clothing for protection from wind, cold, rain, snow.
- Dress in layers and adjust as you go to prevent overcooling and overheating.

## Let's Take Care of Our Lakes

According to estimates a conventional 2-stroke outboard motor will emit the same hydrocarbon pollution in one hour as a new car does driving from Vancouver Island to Saint John's, Newfoundland.

*Complete a Pleasure Craft Operator course and get carded!*

- Make every trip a round trip and drive responsibly, at moderate speeds. Be aware of changing weather conditions. Tell someone your travel plan. Sit down and don't rock the boat!
- Remember that rain and melting snow make river water rise, run fast and create potentially dangerous conditions.
- Impaired boating, like impaired driving, is a criminal offense.
- Operating a boat within 50 metres of an International Diving Flag is illegal.
- Respect No-Wake Zones and swimming areas.

## Wildlife



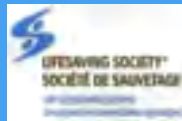


## On the Road



- Always wear a lifejacket or PFD (*personal flotation device*).
- Be a lifeguard to your children. Stay within reach and never leave them alone near, in, or on the water.
- Learn to swim.
- Learn rescue skills for yourself and others.
- Learn first aid.
- Swim with a buddy.
- Know where it is safe to dive.

For more information, contact the Lifesaving Society at 204-956-2124 or [aquatics@lifesaving.mb.ca](mailto:aquatics@lifesaving.mb.ca). Visit the website [www.mb.lifesaving.ca](http://www.mb.lifesaving.ca).



**Swimmer's Itch** – Swimmer's itch is a temporary skin irritation caused by a parasite. Symptoms are a tingling sensation and small red dots that enlarge and become itchy. Preventative measures are waterproof sunscreen or baby oil applied before entering the water, and showering/towel off immediately after leaving the water. Treatment is through topical medication or taking antihistamines. Suggestions for topical applications are: baking soda paste, calamine lotion, anti-itch creams or a warm bath in baking soda. Antihistamines found in allergy medications such as Chlor-Tripolon and Benadryl are the most common.

## Summer is construction season in Manitoba!

Watch for road workers and heavy equipment entering the roadway. Avoid heavy fines— obey posted speed restrictions.

### *Drive defensively!*

- Be patient with other drivers that may be lost, distracted by the scenery, or in a hurry.
- Be prepared for a variety of conditions.
- Slow down in bad weather or stop somewhere safe and wait it out.
- Watch for cyclists. They may be difficult to see from a vehicle.
- Do not drive on the shoulder of the road
- Watch for wildlife that may be on or near any Park road.
- If you see animals near the road, slow down as they could run into your path at any time.
- Warn other motorists by flashing your hazard lights.

## In the Water





## Our Neighbors

Many people feel a strong sense of connection to Riding Mountain National Park. These friends and neighbours are engaged not simply in enjoying the natural beauty of the area, but they also reach out and make their own contributions to the rich tapestry of community that exists here.

Come meet some of the dedicated not-for-profit organizations that work to make your visit even more interesting and enjoyable...





## Friends of RMNP

**New Office!** The Friends of RMNP Learning Centre has opened its doors at 154 Columbine. Stop by and find out what this innovative group of volunteers is working on. There are many ways you can become involved either through signing up for programs, or by taking a more active role and getting directly involved in their Citizen Science initiatives!

*Here are some of the things that they do:*

- Junior Naturalist summer educational programs
- Adopt-an-Animal program
- Adopt-a-River program
- Nature Shops at the Park Visitor Centre and the Elkhorn Resort
- Special events like Parks Day and Canada Day
- Campground Host program for Lake Audy and Moon Lake
- Park Recycling Depot
- Wood sales in the Wasagaming Campground
- Riding Mountain National Park Trail Guide publication
- Riding Mountain Loppet

To learn more about Friends, call **204-848-4037**, email **friends.rmnp@pc.gc.ca**, visit **www.friendsofridingmountain.ca**.



  
**Things to do?**

From the comfort of your own vehicle tune in your radio to listen to a Park interpreter give you a live guided tour during one of our entertaining and informative "Call of the Wild!" Car Caravans.

## Keesee Sharing Lodge

The Keeseekoowenin Ojibway First Nation has a special relationship with Riding Mountain National Park. As landowners along the north and west shores of Clear Lake, they have a connection to this place that goes back for generations.

The Keesee Sharing Lodge was established to help bring the history of First Nations in the Riding Mountain area to life for Park visitors. There you can tour Manitoba's first aboriginal-run museum, and speak with elders and artists, cultural leaders and spiritual teachers. You can take part in workshops to learn about traditional drumming, crafts, and medicines. Hear gifted storytellers narrate accounts of life in Riding Mountain from the First Nations perspective.

A visit to the Keesee Sharing Lodge is a rich and welcoming experience you won't want to miss. For more information about programming, please call **204-848-8494**.



  
**Things to do?**

Love beautiful architecture? Take the Self-Guided Tour of Wasagaming's Heritage Buildings.

## Artist's Residency Program, Deep Bay Cabin

*A partnership between Parks Canada and the Manitoba Arts Council*

The historic Deep Bay cabin is home to Manitoba writers, actors, visual artists, dancers and choreographers, musicians and composers, providing them with time to reflect, experiment and create while living and working for several weeks in this unique setting. Each participant will be selected by a peer jury and will work on a specific project.

Through a series of public events, artists will present their work and interact with visitors and residents. Inquire at the Visitor Centre or Wasagaming Community Arts Building for details on programming: studio visits, artist talks, readings, screenings and performances.



  
**Things to do?**

Get married! The Park is the perfect setting for gorgeous photos you will treasure for a lifetime. There are several venues to choose from, and caterers who will be happy to make your special day absolutely perfect.

## Riding Mountain Biosphere Reserve

Riding Mountain Biosphere Reserve, designated by UNESCO in 1986, includes the Park and fifteen surrounding municipalities. There are 553 Biosphere Reserves designated by the United Nations worldwide. Biosphere Reserves encourage an appreciation for the natural environment while maintaining a harmonious existence with people.

- Supporting the sharing of information between all levels of government and stakeholders in the Bovine Tuberculosis Stakeholder Advisory Committee
- Educational Programming
- Caching Riding Mountain Adventure Quest
- Riding Mountain Biosphere Reserve Photo Contest
- The Prairie Mountains: Research in the Riding, Duck and Porcupine Mountains
- Mountainside Community Woodlands promoting sustainable woodland management
- Parkland Habitat Partnership promoting habitat conservation and research of species at risk and landscape change and its effects in and around Riding Mountain Biosphere Reserve
- At the Farm Gate supporting local farmers and artisans by promoting buying local produce and products

For more information, contact the Biosphere Office at **204-636-2085**, email [rmb@mts.net](mailto:rmb@mts.net), or visit [www.rmbr.ca](http://www.rmbr.ca).



  
**Things to do?**

Do you like secluded campsites? Try Canoe Camping at Whirlpool Lake: paddle out to your private site and wake up to a spectacular sunrise far from the hustle and bustle of everyday life.





**2010** Riding Mountain

# Photo Contest

## Themes

**1. Nature 2. Wildlife 3. People in the Park**

## Prizes

- First place prize package includes a Riding Mountain National Park Annual Family Pass, and the first place photo will appear in the Park's 2011 Visitor Guide.
- Images that make it to the final round of judging will appear in an upcoming Riding Mountain Calendar.
- Each entrant whose image is used in the calendar and all finalists will receive a copy of the calendar.

## Eligibility

Contest open to everyone, including professional photographers. A Special Junior Photographer category.

## For Full Details

- Visit [www.friendsofridingmountain.ca](http://www.friendsofridingmountain.ca).
- Ask at the Nature Shop in the Visitor Centre, or the Friends Learning Centre at 154 Columbine, in Wasagaming.

**Entry deadline:** *December 1, 2010*



## How to Play:

1. Use two different coins as game pieces.
2. Flip another coin to start. Tails – move ahead 1 square. Heads – moves ahead 2 squares.
3. Follow the instructions for the square you land on (see below).
4. First one to flip HEADS at the “Boat Cove” wins!

Clear Lake is high in minerals, especially **CALCITE** which accounts for the water’s distinctive blue-green colour. Calcite, which is a form of calcium, also helps to keep the lake clean and clear. So it turns out that calcium is not just good for our bones; it’s good for our lake, too!

### Start!

Start here! Youngest player goes first!



You brought your Jet Ski to Deep Bay! Move back one square. Jet Skis are not allowed on Clear Lake!



The Clear Lake Golf Course is close to 85% organic. Move ahead one square!



You found a slimy sculpin! They are a sign of a healthy ecosystem. Take another turn!



You kept your picnic site tidy at Aspen. Move ahead one square.



Water is the basis for all life for Aboriginal peoples. Take another turn!



You shampooed your hair in Clear Lake! Soap and shampoo can create algae. Lose a turn!



When you get here, flip a coin. HEADS = you have a four-stroke motor on your boat, **YOU WIN!** TAILS = you have a two-stroke motor. Wait for your next turn!



Spend the day at one of Clear Lake’s many sandy beaches.



Take the family out for a picnic at scenic Lake Katherine.



Take a dinner cruise aboard the Martese.



# Contact Information

## Riding Mountain National Park of Canada

1-204-848-PARK (7275)  
rmpn.info@pc.gc.ca  
www.pc.gc.ca/riding

Hearing impaired only, TTY  
1-866-787-6221

## Wasagaming Campground Reservations

Toll Free 1-877-RESERVE  
1-877-(737-3783)  
www.pccamping.ca

## Road Conditions

Toll Free 1-877-627-6237  
www.gov.mb.ca/roadinfo

## Weather Office

www.weatheroffice.  
ec.gc.ca

## Emergency 911

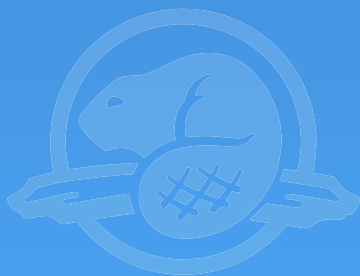
Police | Fire | Ambulance

## Royal Canadian Mounted Police (RCMP)

1-204-848-2442

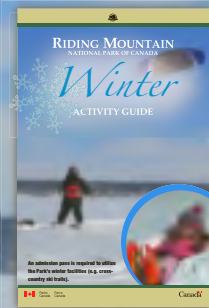
## 24-Hour Park Warden Emergency Service

Toll Free 1-877-852-3100  
Public safety and wildlife



# Snowflake Season

There's no need to hibernate with the bears during winter in Riding Mountain National Park. Be sure to pick up our **Winter Activity Guide** for more information on cross-country skiing, snowshoeing, skating and events planned for this winter.



## Further Reading/Resources



**Travel Manitoba**  
1-800-665-0040  
travelmanitoba.com

**Wasagaming  
Chamber of  
Commerce**

**204-848-2742**  
discoverclearlake.com

**Clear Lake Country**  
clearlakecountry.ca



**Tourism Westman**  
1-866-234-8687  
southwestmanitoba.com



**City of Dauphin**  
1-877-566-5669  
dauphin.ca



**Parkland Tourism  
Association**  
1-888-528-6484  
parklandtourism.com

# Come Celebrate!

Experience the **unforgettable** as you join the **celebration** of the **125th birthday** of national parks. Throughout the **country** and throughout **2010**, Canada's **treasured natural** and **historic** places will host special programs and **events** to celebrate this **significant** anniversary.



## Time to Wasagaming

FROM	TIME
Brandon	1 hr.
Peace Gardens	2 hrs.
Yorkton	2.5 hrs.
Minot	3.5 hrs.
Winnipeg	2.75 hrs.
Regina	4.5 hrs.
Grand Forks	5 hrs.
Saskatoon	6 hrs.
Banff National Park	14 hrs.



Parks Canada    Parcs Canada

Canada