



A hidden gem nestled just off the Trans-Canada Highway near the City of Revelstoke, adventure awaits in Mount levelstoke National Park. Wander through old growth for ush wetlands and flowering meadows; go for a family bil ride; or relax in a red chair and take in the view. With a sho





What should you bring? Use this handy checklist as a starting point for a safe and enjoyable day of backcountry hiking. Remember to leave a trip plan and pack spare items; it's always best to be prepared for the unexpected!

#### DAY HIKING

- Trail guide and map
- ☐ Full water bottle or thermos ☐ High energy food
- Bear spray
- Bug spray
- Sunscreen and sunglasses
- First aid kit
- ☐ Headlamp or flashlight with spare batteries
- ☐ Hat and gloves
- Hiking poles
- Rain/wind jacket
- Extra warm clothing in case of an emergency
- ☐ Cell phone or satellite communication device

#### **BACKCOUNTRY CAMPING**

In addition to the gear listed above, be prepared to be self-sufficient during inclement and rapidly changing mountain conditions by packing the right camping gear and clothing such as a light waterproof tent, warm sleeping bag, small portable cook stove, and clothing layers to stay warm and dry.



Hiking in Mount Revelstoke National Park offers you the chance to explore the Columbia Mountains whether minutes from your car or hours from the nearest road. Trails range from short, valley-bottom strolls, to steep, tough climbs. Whatever trail you choose, come prepared for travel in a rugged mountain environment and unpredictable weather.



These visitor areas on the Trans-Canada Highway showcase the diverse ecosystems of the inland temperate rainforest. Take a morning or afternoon trip from Revelstoke, or enjoy

Giant Cedars Boardwalk

a rest stop while traveling along the highway.

#### 500 m (return) | 28 m elevation change | 15 min **Boardwalk with stairs** Trailhead: 30 km east of Revelstoke on the Trans-Canada Highway

Set among towering cedar trees, some over 500 years old, the trail winds up through the old-growth forest to an open "cedar theatre"

A section of the boardwalk is expected to reopen in summer 2024. Check pc.gc.ca/Revelstoke for current trail conditions.

## (2) Skunk Cabbage Boardwalk

500 m (return) | minimal elevation change | 10 min Natural trail and boardwalk | Gently rolling Tralhead: 28 km east of Revelstoke on the Trans-Canada Highway

Enjoy a short stroll through lush forest along the Illecillewaet River to the edge of a wetland. Stop at the bird blind and listen for birds, frogs and other wetland inhabitants.



## LOWER MOUNT REVELSTOKE

The first area to be snow-free in spring, trails on lower Mount Revelstoke can take you to the top of an historic ski jump or on a family-friendly bike adventure. Some trails are open year round for hiking, snowshoeing, mountain biking

## (3) Inspiration Woods

2.5 km (loop) | 133 m elevation change | 1 hr Natural trail | Gently rolling with short, steep sections Trailhead: 1.9 km up the Meadows in the Sky Parkway

A pleasant walk through the interior cedar-hemlock rainforest of the Columbia Mountains. The lush carpets of moss and ferns, and light-green and black lichens hanging from the trees, create a mystical and inspiring atmosphere in any weather.



#### (4a) 4b Soren Sorensen

a) 2 km (loop) | 21 m elevation change | 30 min b) 5 km (loop) 63 m elevation change 1.5 hrs Natural trail | Gently rolling with short, steep sections Trailhead: Nels Nelsen Historic Area parking lot

The Soren Sorensen trails are used year-round for hiking, biking, running and snowshoeing through the lush Interior rainforest. Along the trail, get a close-up look at the plants and animals that live in these woods.

Mountain bikers, expect some steep sections on the 5 km loop (4b).



a) 800 m (return) | 139 m elevation change | 45 min | Steep b) 600 m (return) | 2m elevation change | 15 min | Gently rolling Natural trail with stairs

Trailhead: Nels Nelsen Historic Area parking lot Get a workout hiking up from the Nels Nelsen parking area (a), or follow a gently sloping trail (b) at km 4 of the Meadows in the Sky Parkway to the top of this former ski jump. At the top, lean into the famous Nel's Knickers, a pair of metal pants like those worn by ski jumping champion Nels Nelsen for exhilarat-

## ing views over the edge.

6 Broken Bridge

2 km (return) | 40 m elevation change | 40 min Natural trail | Gently rolling with short, steep sections Trailhead: 11.5 km up the Meadows in the Sky Parkway

This short forest walk treats you to beautiful valley views and ends at a moss-covered, wooden bridge. Above the bridge there are small waterfalls flowing in spring and early

#### 7 Mount Revelstoke

2.6 km (return) | 103 m elevation change | 1 hr Paved and natural trail sections | Steep Trailhead: Behind Revelstoke Railwav Museum

A short hiking and biking route connecting the City of Revelstoke to the park. The trail, and the stories of ski jumping on Mount Revelstoke, begins at the Tournament of Champions Plaza in Revelstoke on Track Street West and continues to the Nels Nelsen Historic Area.



#### 4.4 km (return) | 116 m elevation change | 1.5 hrs Natural trail | Steep Trailhead: Highway 23N, 1.4 km north of the Trans-Canada Highway

As the name suggests, this trail connects the Columbia Park area of the City of Revelstoke, off Highway 23 North, to the park. Most often used by cyclists, the trail also provides a pleasant walk through the forest, ending near the Welcome Kiosk on the Meadows in the Sky Parkway.



#### (9) Lindmark

15 km (return) | 982 m elevation change | 5-7 hrs Natural trail | Steep **Trailhead: Monashee Picnic Area** 

This guiet trail travels through the woods from Monashee Picnic Area on lower Mount Revelstoke to the summit.



20 km (return) | 1353 m elevation change | 6-8 hrs Natural trail | Steep

Trailhead: Nels Nelsen Historic Area parking lot

Hike from the base of Mount Revelstoke to the summit! Starting in a cedar-hemlock temperate rainforest, climb through the "snowforest" of spruce and subalpine fir to lush alpine meadows filled with wildflowers. Along the way, the trail crosses the Meadows in the Sky Parkway six times.



At the summit of Mount Revelstoke, explore the network of short trails through subalpine meadows to stunning vistas, and delve into the early history of the area with stories and artwork along the trails. Drive the 26 km Meadows in the Sky Parkway and park a short distance below the summit, at Balsam Lake. The last kilometre of road to the summit is closed to traffic. You can walk up the road or hike the Upper Summit Trail to reach the summit of Mount Revelstoke. Ask staff about accessible parking options near Heather Lake. Due to snowfall at this high elevation, the parkway is usually open to the summit area from early July to the end of September.

Note: cell service is extremely limited on these trails.



A pleasant walk around the shoreline of Balsam Lake.



(12) Eagle Knoll

Natural trail | Flat to gently rolling

Trailhead: Balsam Lake parking area

500 m (loop) 8 m elevation change 10 min

1 km (return) | 27 m elevation change | 30 min Natural trail | Gently rolling with short, steep sections

Trailhead: Balsam Lake parking area This short trail takes you from the parking area on a short stroll to a forested knoll overlooking the Columbia Valley.



## 13) Fire Lookout

#### 500 m (return) | 11 m elevation change | 10 min Paved and natural trail | Steep **Trailhead: Top of Upper Summit Trail**

The trail winds steeply up the hill to the historic Fire Lookout. For a more moderate grade, take the lower trail around the hill to reach another trail to the tower.



#### 1 km (loop) | 28 m elevation change | 20 min Natural trail | Gently rolling with short, steep sections Trailhead: Top of Upper Summit Trail

This gentle trail with views of the Columbia River, celebrates the explorer David Thompson. Discover the story of Thompson's explorations as you walk along the trail.



#### 400 m (loop) | 10 m elevation change | 10 min Natural trail | Flat to gently rolling **Trailhead: Top of Upper Summit Trail**

Take a short stroll right around this little lake, following the well-used path close to the shoreline.



#### 750 m (loop) 24 m elevation change 20 min Natural trail with stairs | Gently rolling with short, steep sections Trailhead: Top of Upper Summit Trail

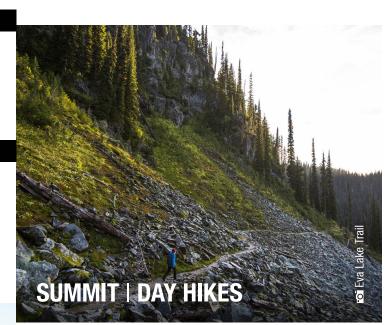
This short loop walk winds through the subalpine meadows and past several scenic viewpoints. Along the way, First Footsteps presents stories of the Secwepemc, Ktunaxa and Syilx Okanagan First Nations through sculpture and



#### 17 Upper Summit

#### 2 km (return) 91 m elevation change 40 min Natural trail Steep Trailhead: Balsam Lake parking area

A pleasant walk through the subalpine forest connecting Balsam Lake parking area to the trails on the upper summit.



Starting near the summit of Mount Revelstoke, Miller, Eva and Jade Lakes day hikes offer a rare opportunity to explore the alpine without a grueling climb. The trails wind through lush subalpine meadows and boulder fields, rewarding hikers with scenic vistas and four stunning alpine lakes. Due to significant snow accumulation at this high elevation, these trails are usually only accessible from mid-July through September. Backcountry campgrounds are available at Eva and Jade lakes. See Camping for details.

Note: cell service is extremely limited on these trails. Trailhead: Hikers heading to Miller, Eva and Jade lakes all start on the same trail, beginning at the top of the Upper Summit Trail.



#### 11.6 km (return) | 405 m elevation change | 4-6 hrs Natural trail | Gently rolling with short, steep sections

5.4 km along the Eva Lake trail, a junction to the right leads 400 m to beautiful Miller lake. A point jutting into the water makes an ideal lunch stop.





#### 14.2 km (return) | 465 m elevation change | 5-7 hrs Natural trail | Gently rolling with short, steep sections The Eva Lake trail traverses alpine meadows, crosses a

boulder-strewn valley and winds through the subalpine forest to arrive at the lake. Follow the shoreline to find an impressive viewpoint and a 1920s warden cabin.



## 18.8 km (return) | 714 m elevation change | 6-8 hrs Natural trail | Rolling with long steep sections

For a longer, more strenuous hike, climb up Jade Pass for a stunning 360 degree view of the lakes and surrounding mountains. Continue down the steep trail to the green waters of the Upper and Lower Jade lakes.



## WHERE TO GO?

Select a trip that best suits your party's abilities, experience, interests, and the time you have available.

## ( ) EASY

MODERATE

✓ DIFFICULT

WHEN TO GO?

snow melt allows.

infrequent obstacles.

• Suitable for those with little or no trail experience.

Suitable for those with basic trail experience

Gently rolling with short, steep sections and

Suitable only for those with trail experience.

Long, steep sections with frequent obstacles.

• Moderate elevation change or loss.

Major elevation change or loss.

- subalpine wildflower meadows Flat to gently rolling with few obstacles. • Little or no elevation change or loss.
  - Fall (mid-September to early October): Autumn in the mountains brings shorter days and cooler temperatures.

Spring (early May to late June): High elevation trails

Trails are muddier at this time and the best hiking is at

Summer (early July to mid-September): Prime hiking

season. Most trails in the Mount Revelstoke summit area

and backcountry are snow-free, allowing access to the

lower elevations.

are snow-bound and may be subject to avalanche hazard.

The Meadows in the Sky Parkway closes by early October

Rain or snow can fall any time of year in the mountains. Be prepared for unpredictable weather conditions and always

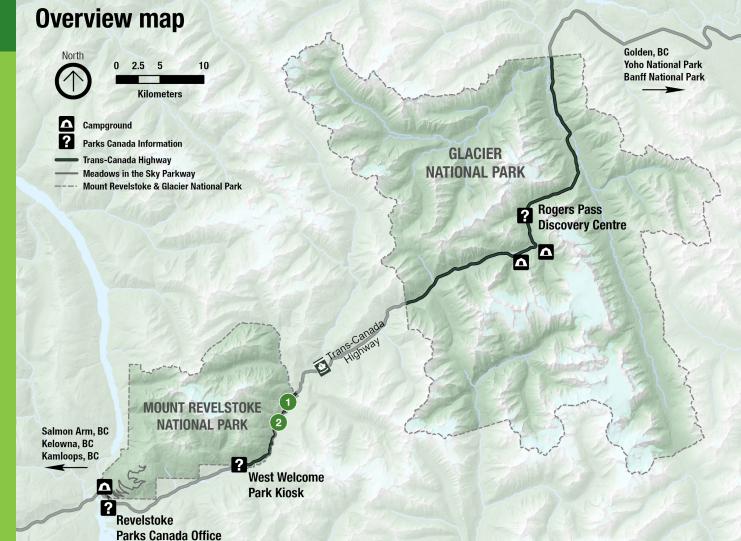
#### PASSES, PERMITS AND RESERVATIONS

check the forecast before embarking on your trip.

A national park pass is required when visiting any national park. Revenues support visitor services and facilities. If you are staying in the park overnight you also require one of the following:

- A camping permit for Snowforest Campground. Fire permits are included.
- A backcountry camping permit for Eva or Jade Lakes campground.

Visit **pc.gc.ca/revelstoke-fees** for current rates and how to



# **A** Camping

#### FRONTCOUNTRY | SNOWFOREST CAMPGROUND

Most trails in Mount Revelstoke National Park are accessed

via the Meadows in the Sky Parkway, which climbs 1600m

over 26 km. The road opens for the summer season as

#### 62 sites | 3 MicrOcubes | Flush toilets | Showers

Located near the beginning of the Meadows in the Sky Parkway at the base of Mount Revelstoke, this serviced campground offers 62 campsites ranging from walk-in tenting areas to pull-through sites suitable for campers and RVs.

Dogs are welcome to camp at the Snowforest campground except in the Micr0cubes. Dogs must be on leash and controlled at all times.

#### **BACKCOUNTRY | EVA LAKE CAMPGROUND &** JADE LAKES CAMPGROUND (\*\*)

#### 4 tent sites per campground | Outhouses | Bear-proof storage Designated summer backcountry campgrounds are

available at Eva Lake and Jade Lakes. A backcountry camping permit is required. Campfires are not permitted. Visit pc.gc.ca/revelstoke-camping for more details.

#### RANDOM CAMPING

Random camping is permitted in limited areas only. A backcountry camping permit is required and can only be obtained in person at the Snowforest Campground Centre. For information call 250-837-7500. Special rules and conditions apply.

# **† n** Regulations & etiquette

#### Following park regulations while enjoying national parks helps protect people, landscapes, and wildlife.

- A national park pass is required to enter Mount Revelstoke National Park.
- Leave no trace. Pack out everything you pack in. • Leave what you find—it is the law. Natural and cultural items such as mushrooms, wildflowers and rocks must remain undisturbed for others to discover and enjoy.

Drones/UAVs are prohibited in all national parks as they disturb wildlife. Leave your drone at home or in your vehicle.



#### TRAIL ETIQUETTE

- To prevent damage to vegetation, stay on the trail.
- Show courtesy and yield to others.
- Use outhouses/washrooms where available. Where facilities are not available, dispose of human waste at least 70 m from any water source. Bury solid human waste in a hole 15 cm deep. Pack out your toilet paper.

## THE CANADA NATIONAL PARKS ACT

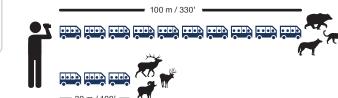
Park Wardens are responsible for enforcing park regulations as required by the Canada National Parks Act. To report park violations, call 1-877-852-3100 24 hours, 7 days per week. Violators will be charged, may be required to appear in court, and could pay fines of up to \$25,000.

#### Mount Revelstoke National Park is home to wildlife including wolves, cougars, grizzly bears and black bears. To successfully raise their young and sustain a healthy population, wildlife need access to as much quality habitat with as few human surprises as possible.

• Give wildlife space. Approaching wildlife causes them to

Wildlife & people

 Ensure your dog is always on a leash and under control. lose their natural fear of people. Help keep them wild by Pick up and dispose of your pet's waste appropriately. maintaining a distance of 100m for larger species such as bears and 30m for species such as deer. Dogs are not allowed above Columbia



- Carry bear spray outside your pack. Ensure it is quickly
- accessible and know how to use it. · Human food kills wildlife. Do not litter or feed wildlife
- Make noise! Being quiet puts you at risk for sudden wildlife encounters. Be alert in shrubby areas and when approaching blind corners. Travel in tight groups and

always be aware of your surroundings.

• Please report bear, cougar, wolverine and caribou safe to do so.

**Visiting with dogs** 

Dogs cause stress for wildlife. Dogs, like wolves and

bears. Please consider leaving your dog at home.

Viewpoint on the Meadows in the Sky

Parkway in Mount Revelstoke National Park.

coyotes, may be seen as a threat. Off-leash dogs can

To prevent unsafe situations, it is your responsibility to:

trigger aggressive behaviour from wildlife such as grizzly

sightings and encounters to Parks Canada when it is Email mrg.wildlife-faune.mrg@pc.gc.ca

Visit pc.gc.ca/revelstoke-wildlife for more information.

Trail conditions: parkscanada.gc.ca/revelstoketrails Safety: parksmountainsafety.ca

#### TELEPHONE

Camping reservations: 1-877-737-3783 **General Parks Canada inquiries:** 1-888-773-8888

## **EMERGENCY**

Call 1-877-852-3100 for Parks Canada Dispatch. Tell dispatchers you have a backcountry emergency and require assistance. Call 911 for Police, Fire or Ambulance Cell coverage is limited and there is no WiFi in the park. If travelling in the backcountry, other means of communication are recommended.

#### PLAN AHEAD, BE PREPARED MONASHEE PICNIC SHELTER

This cabin is located at Monashee Picnic Area 8 km along the Meadows in the Sky Parkway. The cabin has indoor and outdoor seating, a wood stove and is stocked with firewood.

#### **BALSAM LAKE PICNIC SHELTER**

Picnic shelters

This cabin is located next to Balsam Lake by the Summit parking area at the end of the Meadows in the Sky Parkway. The cabin has indoor seating, a wood stove and is stocked with firewood.



Safety is your responsibility. There are always hazards associated with outdoor recreation. Even short trips may have serious consequences. Minimize your risk by planning ahead.

- Visit pc.gc.ca/revelstoketrails for trail conditions and information, warnings, closures, and weather. • Be prepared for emergencies and changes in weather.
- Mountain weather changes quickly and it can snow any month of the year. • Travel with a friend or group. Choose a trail suitable for the least experienced member in your group.
- spray and maps (see Packing list) Tell a reliable person where you are going, when you will be back, and who to call if you do not return

Pack adequate food, water, clothing, first aid kit, bear

park. It is important to check yourself and your pet after hiking. • Don't use earbuds or headphones. Be alert at all times.

Ticks carrying Lyme disease may be present in the

## SNOWY TRAILS

Snow can remain on some trails in the Mount Revelstoke summit area well into the summer. When trails are snow covered, route finding can be difficult, and travel through deep snow or on hard snow and ice can be unsafe.

## **AVALANCHE RISK**

Steep, snow-covered slopes at any elevation have the potential to avalanche. Trails above the tree line (2,000 m) may be exposed to avalanche hazard at any time of the year and especially from November to June.

Visit **parksmountainsafety.ca** for more information on avalanche hazards.



# ? Information

Visit **pc.gc.ca/revelstoke** for hours of operation.

#### ONLINE

Social media: facebook.com/MRGnationalparks

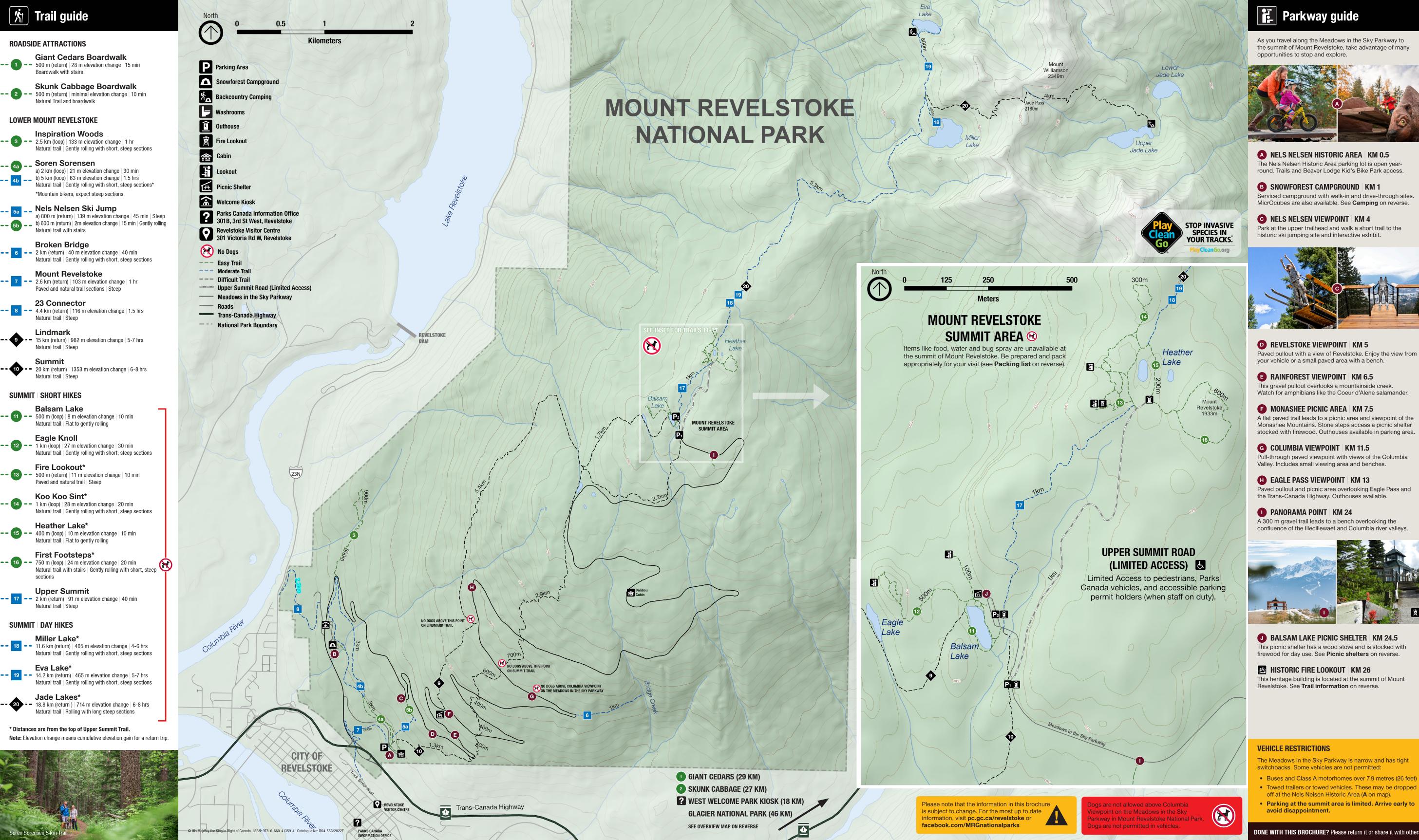
### **HOURS OF OPERATION** Most visitor facilities, including the Meadows in the Sky Parkway, are open May to October. The Revelstoke Parks Canada Office is open year round, Monday to Friday, for

## Find out where to purchase a national park pass at pc.gc.ca/revelstoke-fees

General information: parkscanada.gc.ca/revelstoke

**Revelstoke Office: 1-250-837-7500** 

# **+** Safety



As you travel along the Meadows in the Sky Parkway to the summit of Mount Revelstoke, take advantage of many



A NELS NELSEN HISTORIC AREA KM 0.5

B SNOWFOREST CAMPGROUND KM 1

Serviced campground with walk-in and drive-through sites. MicrOcubes are also available. See Camping on reverse.

© NELS NELSEN VIEWPOINT | KM 4 Park at the upper trailhead and walk a short trail to the historic ski jumping site and interactive exhibit.



**D** REVELSTOKE VIEWPOINT | KM 5

**E** RAINFOREST VIEWPOINT | KM 6.5

This gravel pullout overlooks a mountainside creek. Watch for amphibians like the Coeur d'Alene salamander.

**MONASHEE PICNIC AREA** KM 7.5 A flat paved trail leads to a picnic area and viewpoint of the Monashee Mountains. Stone steps access a picnic shelter

G COLUMBIA VIEWPOINT | KM 11.5

H EAGLE PASS VIEWPOINT KM 13

Paved pullout and picnic area overlooking Eagle Pass and the Trans-Canada Highway. Outhouses available.

■ PANORAMA POINT | KM 24

A 300 m gravel trail leads to a bench overlooking the confluence of the Illecillewaet and Columbia river valleys.



**J** BALSAM LAKE PICNIC SHELTER | KM 24.5 This picnic shelter has a wood stove and is stocked with firewood for day use. See **Picnic shelters** on reverse.

HISTORIC FIRE LOOKOUT KM 26

This heritage building is located at the summit of Mount Revelstoke. See **Trail information** on reverse.

The Meadows in the Sky Parkway is narrow and has tight

- Buses and Class A motorhomes over 7.9 metres (26 feet)
- Towed trailers or towed vehicles. These may be dropped
- off at the Nels Nelsen Historic Area (A on map). • Parking at the summit area is limited. Arrive early to

**DONE WITH THIS BROCHURE?** Please return it or share it with others.