

Hiking & Camping



Également offert en français

Eva Lake Trail



Welcome to Mount Revelstoke National Park

A hidden gem nestled just off the Trans-Canada Highway near the City of Revelstoke, adventure awaits in Mount Revelstoke National Park. Wander through old growth forest, lush wetlands and flowering meadows; go for a family bike ride; or relax in a red chair and take in the view. With a short walk from your car, you can summit the mountain or challenge yourself by hiking to a beautiful alpine lake.



Packing list

What should you bring? Use this handy checklist as a starting point for a safe and enjoyable day of backcountry hiking. Remember to leave a trip plan and pack spare items; it's always best to be prepared for the unexpected!

- ### DAY HIKING
- Trail guide and map
 - Full water bottle or thermos
 - High energy food
 - Bear spray
 - Bug spray
 - Sunscreen and sunglasses
 - First aid kit
 - Headlamp or flashlight with spare batteries
 - Hat and gloves
 - Hiking poles
 - Rain/wind jacket
 - Extra warm clothing in case of an emergency
 - Cell phone or satellite communication device

BACKCOUNTRY CAMPING

In addition to the gear listed above, be prepared to be self-sufficient during inclement and rapidly changing mountain conditions by packing the right camping gear and clothing such as a light waterproof tent, warm sleeping bag, small portable cook stove, and clothing layers to stay warm and dry.

Trails

Hiking in Mount Revelstoke National Park offers you the chance to explore the Columbia Mountains whether minutes from your car or hours from the nearest road. Trails range from short, valley-bottom strolls, to steep, tough climbs. Whatever trail you choose, come prepared for travel in a rugged mountain environment and unpredictable weather.



ROADSIDE ATTRACTIONS

These visitor areas on the Trans-Canada Highway showcase the diverse ecosystems of the inland temperate rainforest. Take a morning or afternoon trip from Revelstoke, or enjoy a rest stop while traveling along the highway.

1 Giant Cedars Boardwalk

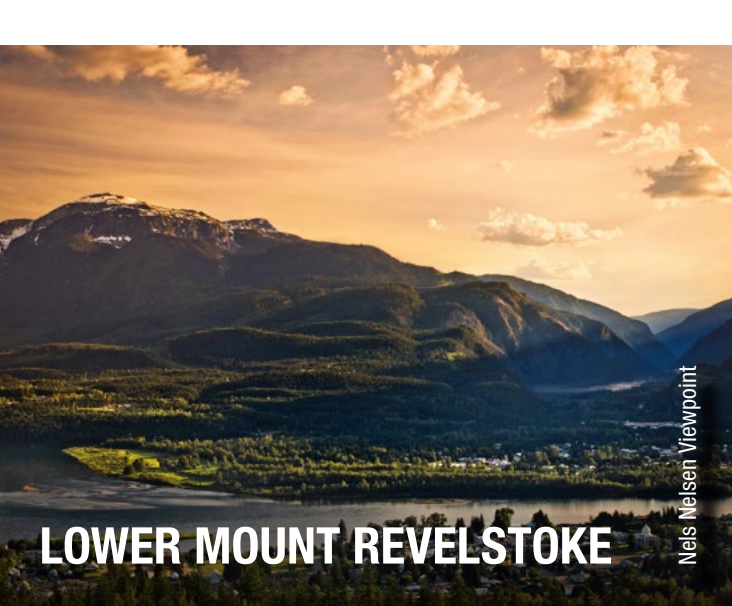
500 m (loop) 28 m elevation change 15 min
Boardwalk with stairs Gently rolling
Trailhead: 30 km east of Revelstoke on the Trans-Canada Highway

Set among towering cedar trees, some over 500 years old, the trail winds up through the old-growth forest and back down to within steps of where you started.

2 Skunk Cabbage Boardwalk

Boardwalk currently closed
Picnic area: 28 km east of Revelstoke on the Trans-Canada Highway

Look and listen for a wide variety of birds at this riverside picnic area. Visit at different times between spring and fall to see dramatic seasonal changes. The boardwalk and wetland trail are closed for maintenance until further notice.



LOWER MOUNT REVELSTOKE

The first area to be snow-free in spring, trails on lower Mount Revelstoke can take you to the top of an historic ski jump or on a family-friendly bike adventure. Some trails are open year round for hiking, snowshoeing, mountain biking and fat-biking.

3 Inspiration Woods

2.5 km (loop) 133 m elevation change 1 hr
Natural trail Gently rolling with short, steep sections
Trailhead: 1.9 km up the Meadows in the Sky Parkway

A pleasant walk through the Interior cedar-hemlock rainforest of the Columbia Mountains. The lush carpets of moss and ferns, and light-green and black lichens hanging from the trees, create a mystical and inspiring atmosphere in any weather.

4a 4b Soren Sorensen

a) 2 km (loop) 21 m elevation change 30 min
b) 5 km (loop) 63 m elevation change 1.5 hrs
Natural trail Gently rolling with short, steep sections
Trailhead: Nels Nelsen Historic Area parking lot

The Soren Sorensen trails are used year-round for hiking, biking, running and snowshoeing through the lush Interior rainforest. Along the trail, get a close-up look at the plants and animals that live in these woods.

5 Broken Bridge

2 km (return) 40 m elevation change 40 min
Natural trail Gently rolling with short, steep sections
Trailhead: 11.5 km up the Meadows in the Sky Parkway

This short forest walk treats you to beautiful valley views and ends at a moss-covered, twisted, wooden bridge. While the bridge is interesting to view and photograph, it is not safe to cross.

6 Mount Revelstoke

2.6 km (return) 103 m elevation change 1 hr
Paved and natural trail sections Steep
Trailhead: Behind Revelstoke Railway Museum

A short hiking and biking route connecting the City of Revelstoke to the park. The trail, and the stories of ski jumping on Mount Revelstoke, begins at the Tournament of Champions Plaza in Revelstoke on Track Street West and continues to the Nels Nelsen Historic Area.

7 23 Connector

4.4 km (return) 116 m elevation change 1.5 hrs
Natural trail Steep
Trailhead: Highway 23N, 1.4 km north of the Trans-Canada Highway

As the name suggests, this trail connects the Columbia Park area of the City of Revelstoke, off Highway 23 North, to the park. Most often used by cyclists, the trail also provides a pleasant walk through the forest, ending near the Welcome Kiosk on the Meadows in the Sky Parkway.

8a 8b Nels' Knickers

a) 800 m (return) 139 m elevation change 45 min Steep
b) 600 m (return) 2m elevation change 15 min Gently rolling
Natural trail with stairs
Trailhead: Nels Nelsen Historic Area parking lot

Get a workout hiking up from the Nels Nelsen parking area (a), or follow a gently sloping trail (b) at km 4 of the Meadows in the Sky Parkway to the top of this former ski jump. At the top, lean into a pair of metal pants like those worn by ski jumping champion Nels Nelsen for exhilarating views over the edge.

9 Summit

20 km (return) 1353 m elevation change 6-8 hrs
Natural trail Steep
Trailhead: Nels Nelsen Historic Area parking lot

Hike from the base of Mount Revelstoke to the summit! Starting in a cedar-hemlock temperate rainforest, climb through the "snowforest" of spruce and subalpine fir to lush alpine meadows filled with wildflowers. Along the way, the trail crosses the Meadows in the Sky Parkway six times.



SUMMIT | SHORT HIKES

At the summit of Mount Revelstoke, explore the network of short trails through subalpine meadows to stunning vistas, and delve into the early history of the area with stories and artwork along the trails. Drive the 26 km Meadows in the Sky Parkway and park a short distance below the summit, at Balsam Lake. The last kilometre of road to the summit is closed to traffic. A shuttle bus is provided at peak times; you can also walk up the road or hike the Upper Summit Trail. Due to snowfall at this high elevation, the parkway is usually only open to the summit area from early July to the end of September.

Note: cell service is extremely limited on these trails.

11 Balsam Lake

500 m (loop) 8 m elevation change 10 min
Natural trail Flat to gently rolling
Trailhead: Balsam Lake parking area

A pleasant walk around the shoreline of Balsam Lake.

12 Eagle Knoll

1 km (return) 27 m elevation change 30 min
Natural trail Gently rolling with short, steep sections
Trailhead: Balsam Lake parking area

This short trail takes you from the parking area on a short stroll to a forested knoll overlooking the Columbia Valley.

13 Upper Summit

2 km (return) 91 m elevation change 40 min
Natural trail Steep
Trailhead: Balsam Lake parking area

A pleasant walk through the subalpine forest connecting Balsam Lake parking area to the trails on the upper summit.

14 Fire Lookout

500 m (return) 11 m elevation change 10 min
Paved and natural trail Steep
Trailhead: Upper Summit Shuttle Bus stop

The trail winds steeply up the hill to the historic Fire Lookout. For a more moderate grade, take the lower trail around the hill to reach another trail to the tower.

15 Koo Koo Sint

1 km (loop) 28 m elevation change 20 min
Natural trail Gently rolling with short, steep sections
Trailhead: Upper Summit Shuttle Bus stop

This gentle trail with views of the Columbia River, celebrates the explorer David Thompson. Discover the story of Thompson's explorations as you walk along the trail.

16 Heather Lake

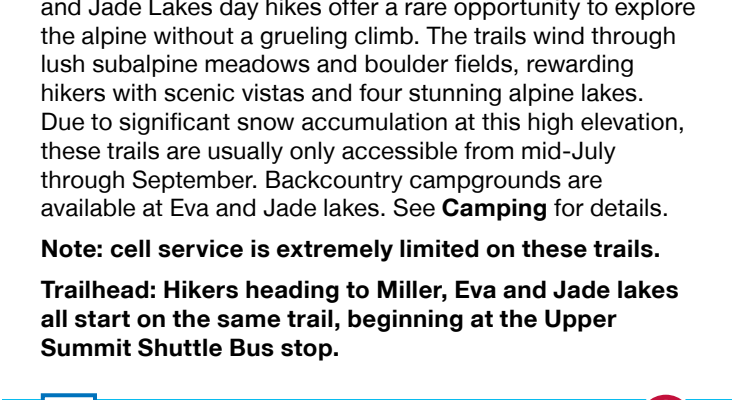
400 m (loop) 10 m elevation change 10 min
Natural trail Flat to gently rolling
Trailhead: Upper Summit Shuttle Bus stop

Take a short stroll right around this little lake, following the well-used path close to the shoreline.

17 First Footsteps

750 m (loop) 24 m elevation change 20 min
Natural trail with stairs Gently rolling with short, steep sections
Trailhead: Upper Summit Shuttle Bus stop

This short loop walk winds through the subalpine meadows and past several scenic viewpoints. Along the way, First Footsteps presents stories of the Secwepemc, Ktunaxa and Sylix / Okanagan First Nations through sculpture and artwork.



SUMMIT | DAY HIKES

Starting near the summit of Mount Revelstoke, Miller, Eva and Jade Lakes day hikes offer a rare opportunity to explore the alpine without a grueling climb. The trails wind through lush subalpine meadows and boulder fields, rewarding hikers with scenic vistas and four stunning alpine lakes. Due to significant snow accumulation at this high elevation, these trails are usually only accessible from mid-July through September. Backcountry campgrounds are available at Eva and Jade lakes. See [Camping](#) for details.

Note: cell service is extremely limited on these trails.

Trailhead: Hikers heading to Miller, Eva and Jade lakes all start on the same trail, beginning at the Upper Summit Shuttle Bus stop.

18 Miller Lake

11.6 km (return) 405 m elevation change 4-6 hrs
Natural trail Gently rolling with short, steep sections

5.4 km along the Eva Lake trail, a junction to the right leads 400 m to beautiful Miller lake. A point jutting into the water makes an ideal lunch stop.

19 Eva Lake

14.2 km (return) 465 m elevation change 5-7 hrs
Natural trail Gently rolling with short, steep sections

The Eva Lake trail traverses alpine meadows, crosses a boulder-strewn valley and winds through the subalpine forest to arrive at the lake. Follow the shoreline to find an impressive viewpoint and a 1920s warden cabin.

20 Jade Lakes

18.8 km (return) 714 m elevation change 6-8 hrs
Natural trail Rolling with long steep sections

For a longer, more strenuous hike, climb up Jade Pass for a stunning 360 degree view of the lakes and surrounding mountains. Continue down the steep trail to the green waters of the Upper and Lower Jade lakes.

Planning your trip

WHERE TO GO?

Select a trip that best suits your party's abilities, experience, interests, and the time you have available.

EASY

- Suitable for those with little or no trail experience.
- Flat to gently rolling with few obstacles.
- Little or no elevation change or loss.

MODERATE

- Suitable for those with basic trail experience.
- Gently rolling with short, steep sections and infrequent obstacles.
- Moderate elevation change or loss.

DIFFICULT

- Suitable only for those with trail experience.
- Long, steep sections with frequent obstacles.
- Major elevation change or loss.

WHEN TO GO?

Most trails in Mount Revelstoke National Park are accessed via the Meadows in the Sky Parkway, which climbs 1600m over 26 km. The road opens for the summer season as snow melt allows.

Camping

FRONTCOUNTRY | SNOWFOREST CAMPGROUND

62 sites 3 MicroOubes Flush toilets Showers

Located near the beginning of the Meadows in the Sky Parkway at the base of Mount Revelstoke, this serviced campground offers 62 campsites ranging from walk-in tenting areas to pull-through sites suitable for campers and RVs.

BACKCOUNTRY | EVA LAKE CAMPGROUND & JADE LAKES CAMPGROUND

4 tent sites per campground Outhouses Bear-proof storage

Designated summer backcountry campgrounds are available at Eva Lake and Jade Lakes. A backcountry camping permit (wilderness pass) is required. Campfires are not permitted. Visit [pc.gc.ca/revelstoke-camping](#) for more details.

RANDOM CAMPING

Random camping is permitted in limited areas only. A backcountry camping permit (wilderness pass) is required and can only be obtained in person at the Snowforest Campground Centre. For information call **250-837-7500**. Special rules and conditions apply.

Overnight use is not permitted in Mount Revelstoke National Park between December 15 and April 15 each year.

Picnic shelters

MONASHEE PICNIC SHELTER

This cabin is located at Monashee Picnic Area 8 km along the Meadows in the Sky Parkway. The cabin has indoor and outdoor seating, a wood stove and is stocked with firewood.

BALSAM LAKE PICNIC SHELTER

This cabin is located next to Balsam Lake by the Summit parking area at the end of the Meadows in the Sky Parkway. The cabin has indoor seating, a wood stove and is stocked with firewood.



Jade Lakes Trail

Spring (early May to late June):

High elevation trails are snow-bound and may be subject to avalanche hazard. Trails are muddier at this time and the best hiking is at lower elevations.

Summer (early July to mid-September):

Prime hiking season. Most trails in the Mount Revelstoke summit area and backcountry are snow-free, allowing access to the subalpine wildflower meadows.

Fall (mid-September to early October):

Autumn in the mountains brings shorter days and cooler temperatures. The Meadows in the Sky Parkway closes by early October due to snow.

Rain or snow can fall any time of year in the mountains. Be prepared for unpredictable weather conditions and always check the forecast before embarking on your trip.

PASSES, PERMITS AND RESERVATIONS

A national park pass is required when visiting any national park. Revenues support visitor services and facilities. If you are staying in the park overnight you also require one of the following:

- A camping permit for Snowforest Campground. Fire permits are included.
- A backcountry camping permit (wilderness pass) for Eva or Jade Lakes campground.

Visit [pc.gc.ca/revelstoke-fees](#) for current rates and how to book.

Regulations & etiquette

Following park regulations while enjoying national parks helps protect people, landscapes, and wildlife.

- A national park pass is required to enter Mount Revelstoke National Park.
- Leave no trace. Pack out everything you pack in.
- Leave what you find—it is the law. Natural and cultural items such as mushrooms, wildflowers and rocks must remain undisturbed for others to discover and enjoy.

Drones/UAVs are prohibited in all national parks as they disturb wildlife. Leave your drone at home or in your vehicle.

TRAIL ETIQUETTE

- To prevent damage to vegetation, stay on the trail.
- Show courtesy and yield to others.
- Use outhouses/washrooms where available. Where facilities are not available, dispose of human waste at least 70 m from any water source. Bury solid human waste in a hole 15 cm deep. Pack out your toilet paper.

THE CANADA NATIONAL PARKS ACT

Park Wardens are responsible for enforcing park regulations as required by the Canada National Parks Act. To report park violations, call 1-877-852-3100 24 hours, 7 days per week. Violators will be charged, may be required to appear in court, and could pay fines of up to \$25,000.

Safety

PLAN AHEAD, BE PREPARED

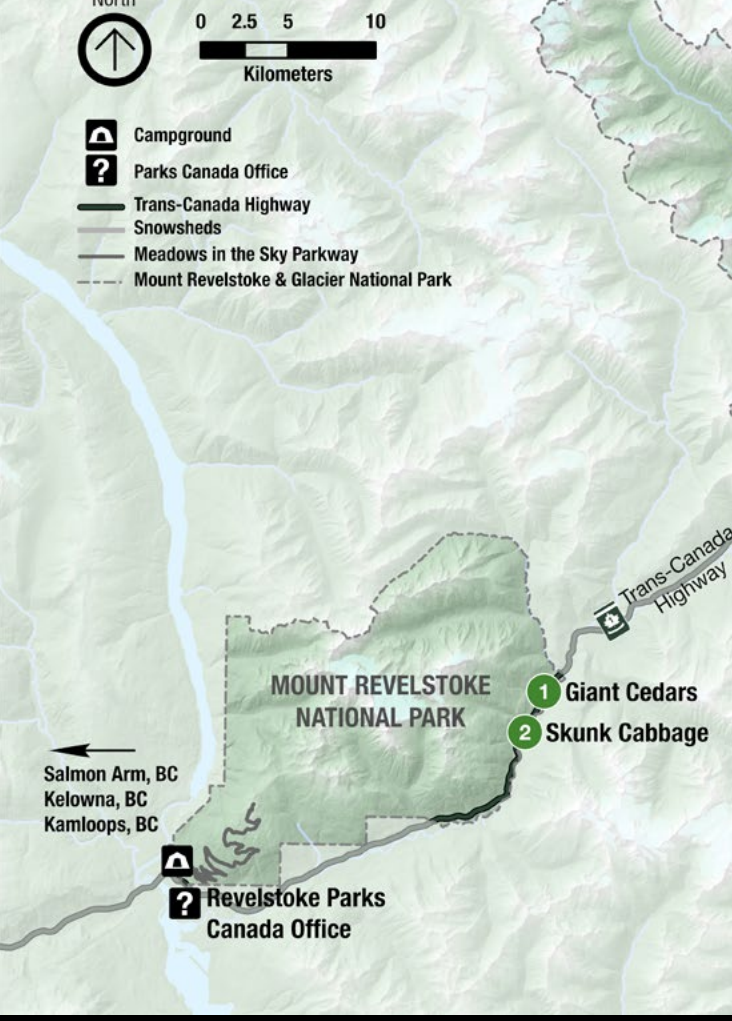
Safety is your responsibility. There are always hazards associated with outdoor recreation. Even short trips may have serious consequences. Minimize your risk by planning ahead.

- Visit [pc.gc.ca/revelstoketrails](#) for trail conditions and information, warnings, closures, and weather.
- Be prepared for emergencies and changes in weather. Mountain weather changes quickly and it can snow any month of the year.
- Travel with a friend or group. Choose a trail suitable for the least experienced member in your group.
- Pack adequate food, water, clothing, first aid kit, bear spray and maps (see [Packing list](#))
- Tell a reliable person where you are going, when you will be back, and who to call if you do not return
- Ticks carrying Lyme disease may be present in the park. It is important to check yourself and your pet after hiking.
- Don't use earbuds or headphones. Be alert at all times.

SNOWY TRAILS

Snow can remain on some trails in the Mount Revelstoke summit area well into the summer. When trails are snow covered, route finding can be difficult, and travel through deep snow or on hard snow and ice can be unsafe.

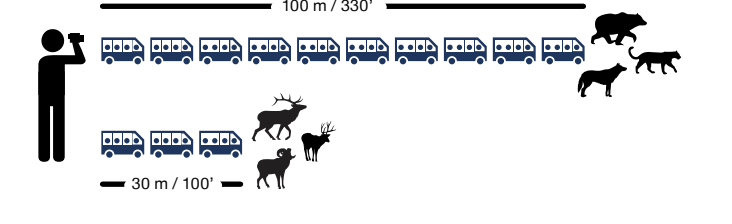
Overview map



Wildlife & people

Mount Revelstoke National Park is home to wildlife including wolves, cougars, grizzly bears and black bears. To successfully raise their young and sustain a healthy population, wildlife need access to as much quality habitat with as few human surprises as possible.

- Give wildlife space. Approaching wildlife causes them to lose their natural fear of people. Help keep them wild by maintaining a distance of 100m for larger species such as bears and 30m for species such as deer.



- Carry bear spray outside your pack. Ensure it is quickly accessible and know how to use it.
- Human food kills wildlife. Do not litter or feed wildlife.
- Make noise! Being quiet puts you at risk for sudden wildlife encounters. Be alert in shrubby areas and when approaching blind corners. Travel in tight groups and always be aware of your surroundings.
- Please report bear, cougar, wolverine and caribou sightings and encounters to Parks Canada when it is safe to do so. Email [mrg.wildlife-faune.mrg@canada.ca](#)

Visit [pc.gc.ca/revelstoke-wildlife](#) for more information.

Visiting with dogs

Dogs cause stress for wildlife. Dogs, like wolves and coyotes, may be seen as a threat. Off-leash dogs can trigger aggressive behaviour from wildlife such as grizzly bears. Please consider leaving your dog at home. To prevent unsafe situations, it is your responsibility to:

- Ensure your dog is always on a leash and under control.
- Pick up and dispose of your pet's waste appropriately.

Dogs are not allowed above Columbia Viewpoint on the Meadows in the Sky Parkway in Mount Revelstoke National Park.



Information

HOURS OF OPERATION

Most visitor facilities, including the Meadows in the Sky Parkway Welcome Kiosk, are open May to October. The Rogers Pass Discovery Centre is open year round, except for Christmas Day, for visitor information. Visit [pc.gc.ca/glacier](#) for hours of operation.

Find out where to purchase a national park pass at [pc.gc.ca/revelstoke-fees](#)

ONLINE

General information: [parks.canada.gc.ca/revelstoke](#)
Trail conditions: [parks.canada.gc.ca/revelstoketrails](#)
Safety: [parks.mountainsafety.ca](#)
Social media: [facebook.com/MRGnationalparks](#)

TELEPHONE

Camping reservations: 1-877-737-3783
General Parks Canada inquiries: 1-888-773-8888
Revelstoke Office: 1-250-837-7500

EMERGENCY

Call 1-877-852-3100 for **Parks Canada Dispatch**. Tell dispatchers you have a backcountry emergency and require assistance. Call 911 for Police, Fire or Ambulance. Cell coverage is limited and there is no WiFi in the park. If travelling in the backcountry, other means of communication are recommended.



Inspiration Woods | Bruno Long

Note: Elevation change means cumulative elevation gain for a return trip.

ROADSIDE ATTRACTIONS

- 1 Giant Cedars Boardwalk**
500 m (loop) | 28 m elevation change | 15 min
Boardwalk with stairs | Gently rolling
- 2 Skunk Cabbage Boardwalk**
Boardwalk currently closed
Picnic area | Flat to gently rolling

LOWER MOUNT REVELSTOKE

- 3 Inspiration Woods**
2.5 km (loop) | 133 m elevation change | 1 hr
Natural trail | Gently rolling with short, steep sections
- 4a Soren Sorensen**
a) 2 km (loop) | 21 m elevation change | 30 min
b) 5 km (loop) | 63 m elevation change | 1.5 hrs
Natural trail | Gently rolling with short, steep sections
- 5 Broken Bridge**
2 km (return) | 40 m elevation change | 40 min
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2.6 km (return) | 103 m elevation change | 1 hr
Paved and natural trail sections | Steep
- 7 23 Connector**
4.4 km (return) | 116 m elevation change | 1.5 hrs
Natural trail | Steep
- 8a Nels' Knickers**
a) 800 m (return) | 139 m elevation change | 45 min | Steep
b) 600 m (return) | 2m elevation change | 15 min | Gently rolling
Natural trail with stairs

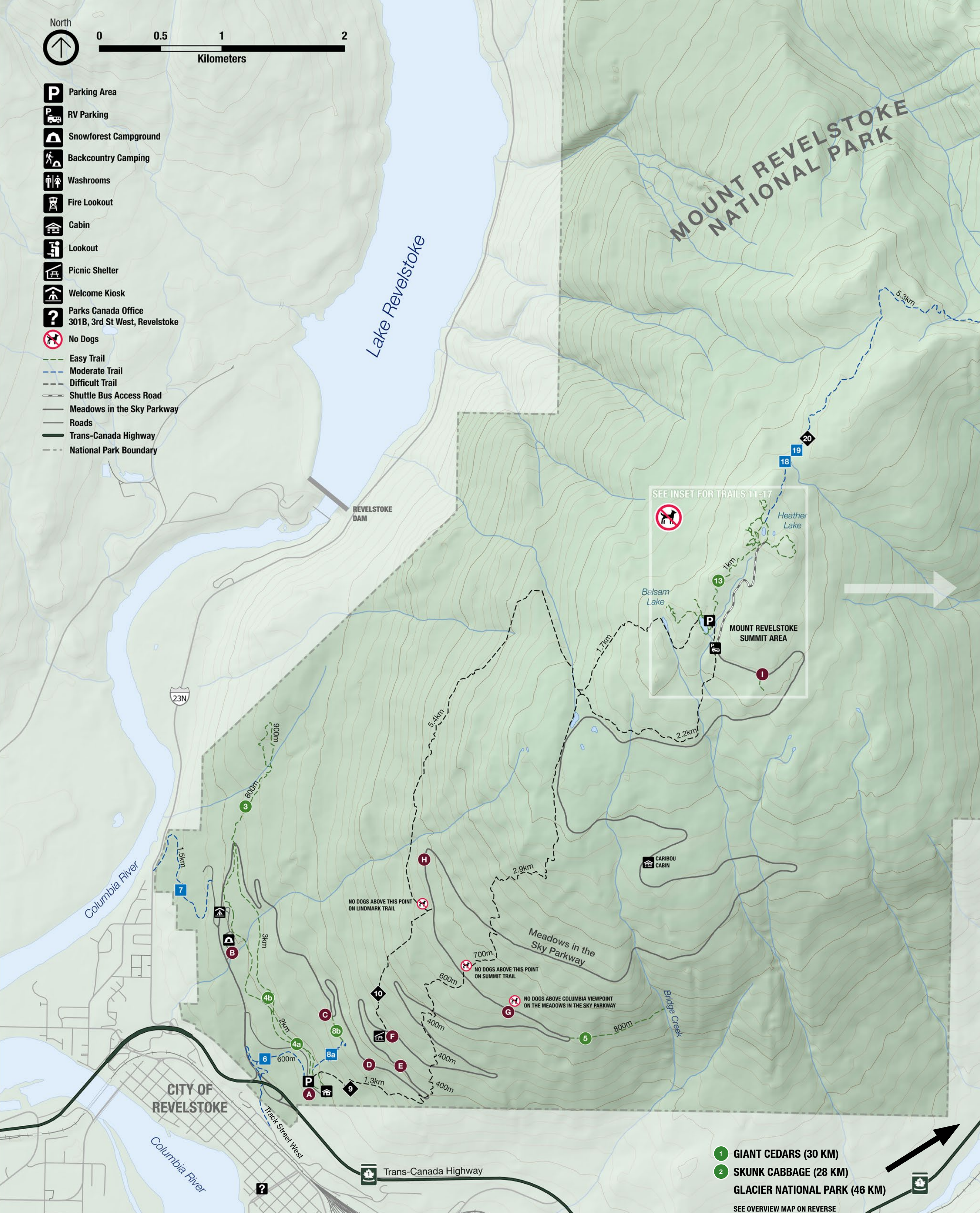
- 9 Summit**
20 km (return) | 1353 m elevation change | 6-8 hrs
Natural trail | Steep
- 10 Lindmark**
15 km (return) | 982 m elevation change | 5-7 hrs
Natural trail | Steep

SUMMIT SHORT HIKES

- 11 Balsam Lake**
500 m (loop) | 8 m elevation change | 10 min
Natural trail | Flat to gently rolling
- 12 Eagle Knoll**
1 km (loop) | 27 m elevation change | 30 min
Natural trail | Gently rolling with short, steep sections
- 13 Upper Summit**
2 km (return) | 91 m elevation change | 40 min
Natural trail | Steep
- 14 Fire Lookout**
500 m (return) | 11 m elevation change | 10 min
Paved and natural trail | Steep
- 15 Koo Koo Sint**
1 km (loop) | 28 m elevation change | 20 min
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- 16 Heather Lake**
400 m (loop) | 10 m elevation change | 10 min
Natural trail | Flat to gently rolling
- 17 First Footsteps**
750 m (loop) | 24 m elevation change | 20 min
Natural trail with stairs | Gently rolling with short, steep sections

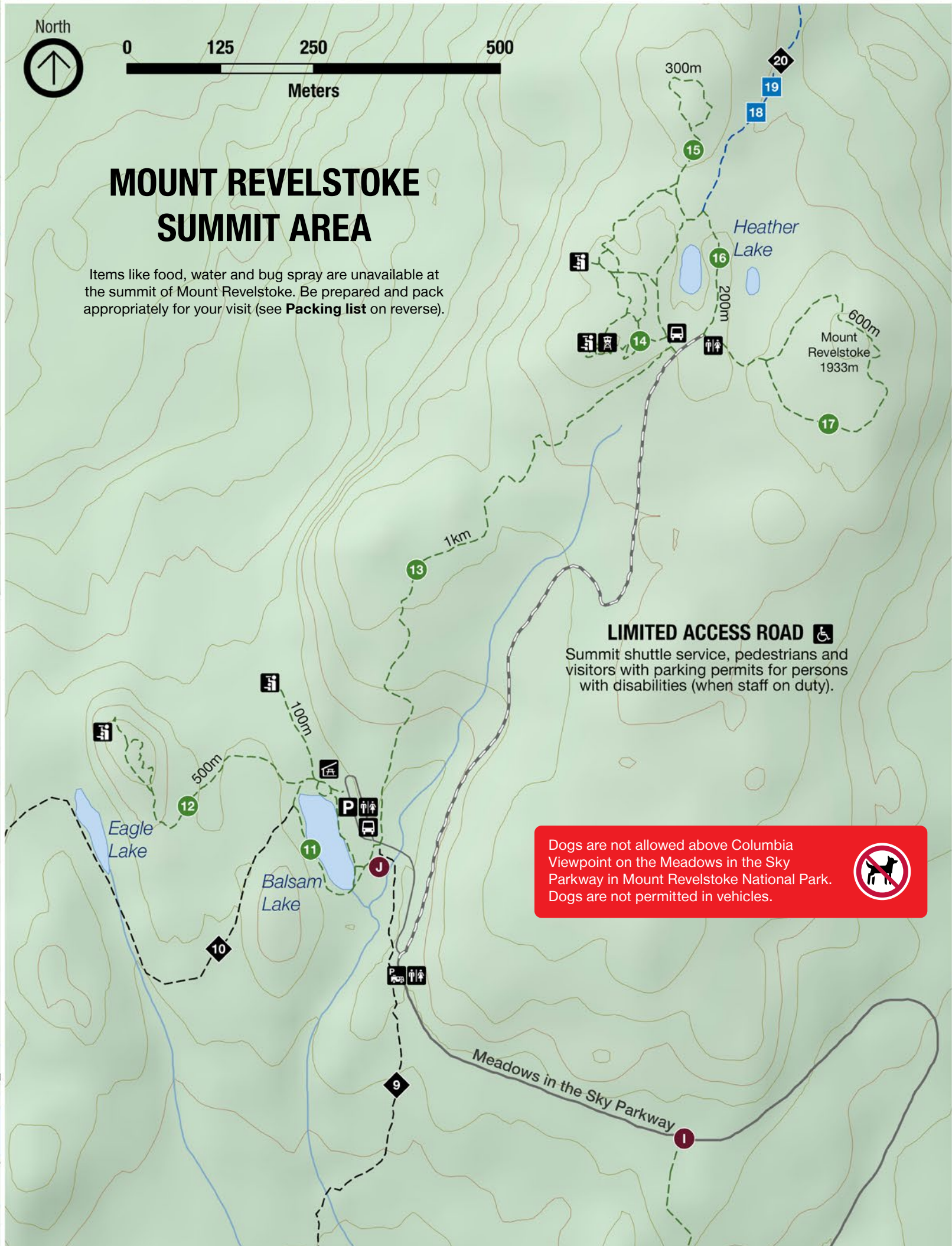
SUMMIT DAY HIKES

- 18 Miller Lake**
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- 19 Eva Lake**
14.2 km (return) | 465 m elevation change | 5-7 hrs
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- 20 Jade Lakes**
18.8 km (return) | 714 m elevation change | 6-8 hrs
Natural trail | Rolling with long steep sections

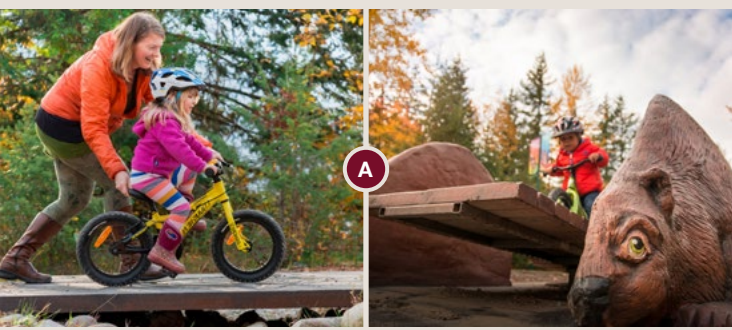


Please note that the information in this brochure is subject to change. For the most up to date information, visit pc.gc.ca/revelstoke or facebook.com/MRGnationalparks

Play Clean Go
STOP INVASIVE SPECIES IN YOUR TRACKS.
Clean your gear before entering and before leaving the recreation site.



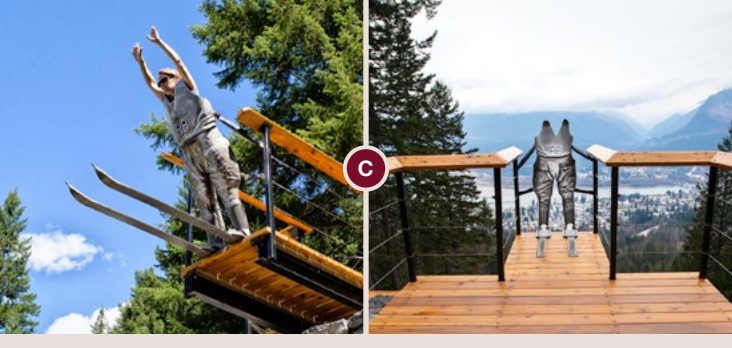
As you travel along the Meadows in the Sky Parkway to the summit of Mount Revelstoke, take advantage of many opportunities to stop and explore.



A NELS NELSEN HISTORIC AREA KM 0.5
Beaver Lodge Kids' Bike Park is located at the Nels Nelsen Historic Area parking lot.

B SNOWFOREST CAMPGROUND KM 1
Serviced campground with walk-in and drive-through sites. MicroCubes are also available. See **Camping** on reverse.

C NELS NELSEN VIEWPOINT KM 4
Park at the upper trailhead and walk a short trail to the historic ski jumping site and interactive exhibit.



D REVELSTOKE VIEWPOINT KM 5
Paved pullout with a view of Revelstoke. Enjoy the view from your vehicle or a small paved area with a bench.

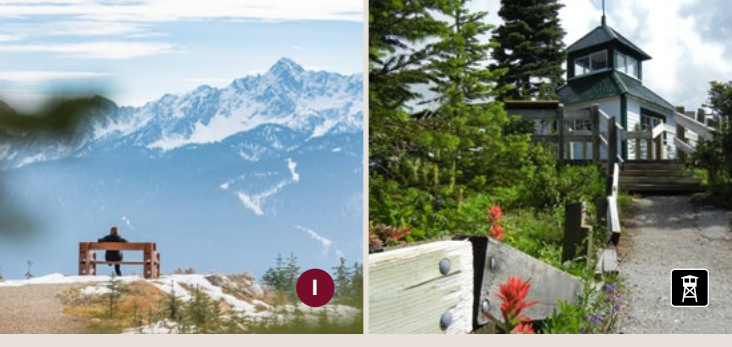
E RAINFOREST VIEWPOINT KM 6.5
This gravel pullout overlooks a mountainside creek. Watch for amphibians like the Coeur d'Alene salamander.

F MONASHEE PICNIC AREA KM 7.5
A flat paved trail leads to a picnic area and viewpoint of the Monashee Mountains. Stone steps access a picnic shelter stocked with firewood. Outhouses available in parking area.

G COLUMBIA VIEWPOINT KM 11.5
Pull-through paved viewpoint with views of the Columbia Valley. Includes small viewing area and benches.

H EAGLE PASS VIEWPOINT KM 13
Paved pullout and picnic area overlooking Eagle Pass and the Trans-Canada Highway. Outhouses available.

I PANORAMA POINT KM 24
A 300 m gravel trail leads to a bench overlooking the confluence of the Illecillewaet and Columbia river valleys.



J BALSAM LAKE PICNIC SHELTER KM 24.5
This picnic shelter has a wood stove and is stocked with firewood for day use. See **Picnic shelters** on reverse.

SUMMIT SHUTTLE BUS KM 24.5
A shuttle bus takes visitors the last 2 km between Balsam Lake and Heather Lake daily throughout the summer. This service is subject to change.

HISTORIC FIRE LOOKOUT KM 26
This heritage building is located at the summit of Mount Revelstoke. See **Trail information** on reverse.

VEHICLE RESTRICTIONS

- The Meadows in the Sky Parkway is narrow and has tight switchbacks. Some vehicles are not permitted:
- Buses and Class A motorhomes over 7.9 metres (26 feet)
 - Towed trailers or towed vehicles. These may be dropped off at the Nels Nelsen Historic Area (A on map).
 - **Parking at the summit area is extremely limited. Arrive early to avoid disappointment.**



- 1 GIANT CEDARS (30 KM)**
 - 2 SKUNK CABBAGE (28 KM)**
 - GLACIER NATIONAL PARK (46 KM)**
- SEE OVERVIEW MAP ON REVERSE