

Welcome to Mount Revelstoke National Park

A hidden gem nestled just off the Trans-Canada Highway near the City of Revelstoke, adventure awaits in Mount evelstoke National Park. Wander through old growth fore ush wetlands and flowering meadows; go for a family bil ride; or relax in a red chair and take in the view. With a sho walk from your car, you can summit the mountain or challeng yourself by hiking to a beautiful alpine lake.



☆ Packing lists

What should you bring? Use this handy checklist as a starting point for a safe and enjoyable day of backcountry hiking. Remember to leave a trip plan and pack spare items; it's always best to be prepared for the unexpected!

DAY HIKES

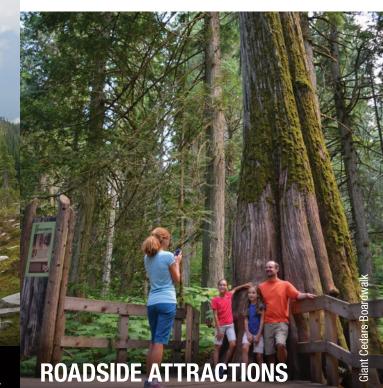
- Trail guide and map
- ☐ Full water bottle or thermos
- ☐ High energy food ■ Bear spray
- Sunscreen and sunglasses
- First aid kit
- ☐ Headlamp or flashlight with spare batteries ☐ Hat and gloves
- Hiking poles ■ Rain/wind jacket
- Extra warm clothing in case of an emergency
- ☐ Cell phone or satellite communication device

BACKCOUNTRY CAMPING

In addition to the gear listed above, be prepared to be self-sufficient during inclement and rapidly changing mountain conditions by packing the right camping gear and clothing such as a light waterproof tent, warm sleeping bag, small portable cook stove, and clothing layers to stay warm and dry.



Hiking in Mount Revelstoke National Park offers you the chance to explore the Columbia Mountains whether minutes from your car or hours from the nearest road. Trails range from short, valley-bottom strolls, to steep, tough climbs. Whatever trail you choose, come prepared for travel in a rugged mountain environment and unpredictable weather.



Two boardwalks beside the Trans-Canada Highway showcase the diverse ecosystems of the inland temperate rainforest. Take a morning or afternoon trip from Revelstoke, or enjoy a rest stop while traveling along the highway.

(1) Giant Cedars

500 m (loop) 28 m elevation change Boardwalk with stairs | Gently rolling Trailhead: 30 km east of Revelstoke on the Trans-Canada Highway

Set among towering cedar trees, some over 500 years old, the trail winds up through the old-growth forest and back down to within steps of where you started.



2 Skunk Cabbage

1.2 km (loop) 5 m elevation change Natural trail with boardwalk | Flat to gently rolling Trailhead: 28 km east of Revelstoke on the Trans-Canada Highway

Look for frogs, muskrat, beaver and a host of birds among the huge skunk cabbage leaves on this wetland trail and boardwalk. Visit at different times between spring and fall to see dramatic seasonal changes.



LOWER MOUNT REVELSTOKE

The first area to be snow-free in spring, trails on lower Mount Revelstoke can take you to the top of an historic ski jump or on a family-friendly bike adventure. Some trails are open year round for hiking, snowshoeing, mountain biking



2.5 km (loop) | 133 m elevation change Natural trail | Gently rolling with short, steep sections Trailhead: 1.9 km up the Meadows in the Sky Parkway

A pleasant walk through the Interior cedar-hemlock rainforest of the Columbia Mountains. The lush carpets of moss and ferns, and light-green and black lichens hanging from the trees, create a mystical and inspiring atmosphere in any weather.





(4a) (4b) Soren Sorensen

a) 2 km (loop) 21 m elevation change b) 5 km (loop) 63 m elevation change Natural trail | Gently rolling with short, steep sections Trailhead: Nels Nelsen Historic Area parking lot

The Soren Sorensen trails are used year-round for hiking, biking, running and snowshoeing through the lush Interior rainforest. Along the trail, get a close-up look at the plants and animals that live in these woods.



2 km (return) 40 m elevation change Natural trail | Gently rolling with short, steep sections Trailhead: 11.5 km up the Meadows in the Sky Parkway

This short forest walk treats you to beautiful valley views and ends at a moss-covered, twisted, wooden bridge. While the bridge is interesting to view and photograph, it is not safe to cross.

6 Mount Revelstoke

1.3 km (one way) | 103 m elevation change Paved and natural trail sections | Steep Trailhead: Behind Revelstoke Railway Museum

A short hiking and biking route connecting the City of Revelstoke to the park. The trail, and the stories of ski jumping on Mount Revelstoke, begins at the Tournament of Champions Plaza in downtown Revelstoke and continues to the Nels Nelsen Historic Area.

7 23 Connector

2.2 km (one way) | 116 m elevation change Natural trail | Steep

Trailhead: Highway 23N, 1.4 km north of the Trans-Canada Highway

As the name suggests, this trail connects the Columbia

Park area of the City of Revelstoke, off Highway 23 North, to the park. Most often used by cyclists, the trail also provides a pleasant walk through the forest, ending near the Welcome Kiosk on the Meadows in the Sky Parkway.

8a (8b) Nels' Knickers

a) 400 m (one way) | 139 m elevation change | Steep b) 300 m (one way) | 2m elevation change | Gently rolling Natural trail with stairs

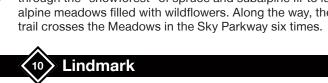
Trailhead: Nels Nelsen Historic Area parking lot

Get a workout hiking up from the Nels Nelsen parking area (a), or follow a gently sloping trail (b) off the Meadows in the Sky Parkway to the top of this former ski jump. At the top. lean into a pair of metal pants like those worn by ski jumping champion Nels Nelsen for exhilarating views over the edge.



10 km (one way) | 1353 m elevation change Natural trail | Steep Trailhead: Nels Nelsen Historic Area parking lot

Hike from the base of Mount Revelstoke to the summit! Starting in a cedar-hemlock temperate rainforest, climb through the "snowforest" of spruce and subalpine fir to lush alpine meadows filled with wildflowers. Along the way, the



(10) Lindmark

7.5 km (one way) 982 m elevation change Natural trail | Steep **Trailhead: Monashee Picnic Area**

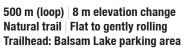
This quiet trail travels through the woods from Monashee Picnic Area on lower Mount Revelstoke to the summit.



At the summit of Mount Revelstoke, explore the network of short trails through subalpine meadows to stunning vistas, and delve into the early history of the area with stories and artwork along the trails. Drive the 26 km Meadows in the Sky Parkway and park a short distance

below the summit, at Balsam Lake. The last kilometre of road to the summit is closed to traffic. A shuttle bus is provided at peak times; you can also walk up the road or hike the Upper Summit Trail. Due to snowfall at this high elevation, the parkway is usually only open to the summit area from early July to the end of September. Note: cell service is extremely limited on these trails.





A pleasant walk around the shoreline of Balsam Lake.



1 km (return) 27 m elevation change Natural trail | Gently rolling with short, steep sections Trailhead: Balsam Lake parking area

This short trail takes you from the parking area on a short stroll to a forested knoll overlooking the Columbia Valley.



Paved trail | Steep

950 m (one-way) 91 m elevation change Natural trail | Steep

Trailhead: Balsam Lake parking area A pleasant walk through the subalpine forest connecting

Balsam Lake parking area to the trails on the upper summit.



500 m (return) | 11 m elevation change

Trailhead: Upper Summit Shuttle Bus stop The trail winds steeply up the hill to the historic Fire Lookout. For a more moderate grade, take the lower trail around the hill to reach another trail to the tower.



1 km (loop) 28 m elevation change Natural trail | Gently rolling with short, steep sections Trailhead: Upper Summit Shuttle Bus stop

This gentle trail with views of the Columbia River, celebrates the explorer David Thompson. Discover the story of Thompson's explorations as you walk along the trail.



400 m (loop) 10 m elevation change Natural trail | Flat to gently rolling Trailhead: Upper Summit Shuttle Bus stop

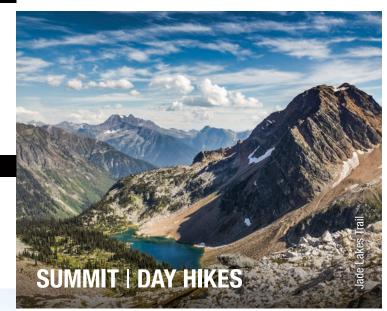
Take a short stroll right around this little lake, following the well-used path close to the shoreline.



(17) First Footsteps

750 m (loop) 24 m elevation change Natural trail | Gently rolling with short, steep sections Trailhead: Upper Summit Shuttle Bus stop

This short loop walk winds through the subalpine meadows and past several scenic viewpoints. Along the way, First Footsteps presents the traditions of the Secwepemc, Ktunaxa and Okanagan First Nations through sculpture and artwork.



Starting near the summit of Mount Revelstoke, Miller, Eva and Jade Lakes day hikes offer a rare opportunity to explore the alpine without a grueling climb. The trails wind through lush subalpine meadows and boulder fields, rewarding hikers with scenic vistas and four stunning alpine lakes. Due to significant snow accumulation at this high elevation, these trails are usually only accessible from mid-July through September. Backcountry campgrounds are available at Eva and Jade lakes.

Note: cell service is extremely limited on these trails. Trailhead: Hikers heading to Miller, Eva and Jade lakes all start on the same trail, beginning at the Upper Summit Shuttle Bus stop.



5.8 km (one way) | 153 m elevation change

Natural trail | Gently rolling with short, steep sections 5.4 km along the Eva Lake trail, a junction to the right leads

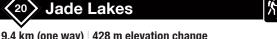
400 m to beautiful Miller lake. A point jutting into the water makes an ideal lunch stop.

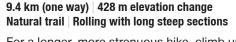




7.1 km (one way) | 179 m elevation change Natural trail | Gently rolling with short, steep sections

The Eva Lake trail traverses alpine meadows, crosses a boulder-strewn valley and winds through the subalpine forest to arrive at the lake. Follow the shoreline to find an impressive viewpoint and a 1920s warden cabin.





For a longer, more strenuous hike, climb up Jade Pass for a stunning 360 degree view of the lakes and surrounding mountains. Continue down the steep trail to the green waters of the Upper and Lower Jade lakes.



WHERE TO GO?

Select a trip that best suits your party's abilities, experience, interests, and the time you have available.

- Suitable for those with little or no trail experience. Flat to gently rolling with no obstacles.
- Little or no elevation change or loss.

MODERATE

- Suitable for those with basic trail experience
- Gently rolling with short, steep sections and infrequent obstacles.
- Moderate elevation change or loss.

✓ DIFFICULT

- Suitable only for those with trail experience.
- Long, steep sections with frequent obstacles. Major elevation change or loss.

△ Camping

WHEN TO GO?

Most trails in Mount Revelstoke National Park are accessed via the Meadows in the Sky Parkway, which climbs 1600m over 26 km. The road opens for the summer season as snow melt allows.

FRONTCOUNTRY | SNOWFOREST CAMPGROUND

Located near the beginning of the Meadows in the Sky

Parkway at the base of Mount Revelstoke, this serviced

campground offers 62 campsites ranging from walk-in

tenting areas to pull-through sites suitable for campers

4 tent sites per campground | Outhouses | Bear-proof storage

Designated summer backcountry campgrounds are

available at Eva Lake and Jade Lakes. A backcountry

camping permit is required. See **Planning your trip** for

backcountry permit is required for random camping and

centres in Revelstoke or Rogers Pass. For information call

Revelstoke National Park between December

This cabin is located at Monashee Picnic Area 8 km along

This cabin is located next to Balsam Lake by the Summit

parking area at the end of the Meadows in the Sky Parkway.

The cabin has indoor seating, a wood stove and is stocked

the Meadows in the Sky Parkway. The cabin has indoor and

outdoor seating, a wood stove and is stocked with firewood.

can only be obtained in person at Parks Canada visitor

250-837-7500. Special rules and conditions apply.

Overnight use is not permitted in Mount

♠ Day use cabins

BACKCOUNTRY | EVA LAKE CAMPGROUND &

62 sites | 3 MicrOcubes | Flush toilets | Showers

JADE LAKES CAMPGROUND

details. Campfires are not permitted.

RANDOM CAMPING

15 and April 15 each year.

MONASHEE CABIN

BALSAM LAKE CABIN

with firewood.

Spring (early May to late June): High elevation trails are snow-bound and may be subject to avalanche hazard. Trails are muddier at this time and the best hiking is at lower elevations.

Summer (early July to mid-September): Prime hiking season. Most trails in the Mount Revelstoke summit area and backcountry are snow-free, allowing access to the subalpine wildflower meadows.

Fall (mid-September to early October): Autumn in the mountains brings shorter days and cooler temperatures. The Meadows in the Sky Parkway closes by early October

Rain or snow can fall any time of year in the mountains. Be prepared for unpredictable weather conditions and always check the forecast before embarking on your trip.

PASSES, PERMITS AND RESERVATIONS

A national park pass is required when visiting any national park. Revenues support visitor services and facilities. If you are staying in the park overnight you also require one of the following:

- A camping permit for Snowforest Campground. Fire permits are required.
- A backcountry camping permit for Eva or Jade Lakes campground.

Visit **pc.gc.ca/revelstoke-fees** for current rates and how

Golden, BC Yoho National Park **Ranff National Park** GLACIER **NATIONAL PARK** Parks Canada Office Trans-Canada Highway Meadows in the Sky Parkway Mount Revelstoke & Glacier National Park MOUNT REVELSTOKE Salmon Arm, BC Skunk Cabbaq

† n Regulations & etiquette

Following park regulations while enjoying national parks helps protect people, landscapes, and wildlife.

- A national park pass is required to enter Mount Revelstoke National Park.
- Leave no trace. Pack out everything you pack in. • Leave what you find—it is the law. Natural and cultural items such as mushrooms, wildflowers and rocks must

remain undisturbed for others to discover and enjoy.

Drones/UAVs are prohibited in all national parks as they disturb wildlife. Leave your drone at home or in your vehicle.

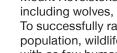


TRAIL ETIQUETTE

- To prevent damage to vegetation, stay on the trail. Show courtesy and yield to others. Random camping is permitted in designated areas only. A
 - Use outhouses/washrooms where available. Where facilities are not available, dispose of human waste at least 70 m from any water source. Bury solid human waste in a hole 15 cm deep. Pack out your toilet paper.

THE CANADA NATIONAL PARKS ACT

Park Wardens are responsible for enforcing park regulations as required by the Canada National Parks Act. To report park violations, call 1-877-852-3100 24 hours, 7 days per week. Violators will be charged, may be required to appear in court, and could pay fines of up to \$25,000.



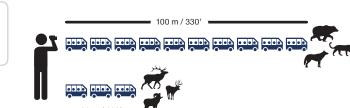
Overview map

Mount Revelstoke National Park is home to wildlife including wolves, cougars, grizzly bears and black bears.

Wildlife & people

coyotes, may be seen as a threat. Off-leash dogs can To successfully raise their young and sustain a healthy trigger aggressive behaviour from wildlife such as grizzly population, wildlife need access to as much quality habitat with as few human surprises as possible.

• Give wildlife space. Approaching wildlife causes them to lose their natural fear of people. Help keep them wild by maintaining a distance of 100m for larger species such as bears and 30m for species such as deer.



- Carry bear spray outside your pack. Ensure it is quickly
- accessible and know how to use it.
- · Human food kills wildlife. Do not litter or feed wildlife Make noise! Being quiet puts you at risk for sudden wildlife encounters. Be alert in shrubby areas and when approaching blind corners. Travel in tight groups and always be aware of your surroundings.
- Please report bear, cougar, wolverine and caribou sightings and encounters to Parks Canada when it is safe to do so. Call **250-683-2616** or email mrg.wildlife-faune.mrg@canada.ca

Visit pc.gc.ca/revelstoke-wildlife for more information.

Visiting with dogs Dogs cause stress for wildlife. Dogs, like wolves and

bears. Please consider leaving your dog at home. To prevent unsafe situations, it is your responsibility to:

Ensure your dog is always on a leash and under control

• Pick up and dispose of your pet's waste appropriately. Dogs are not allowed in Mount Revelstoke

National Park above the Columbia Viewpoint



? Information

HOURS OF OPERATION

Visitor facilities, including the Meadows in the Sky Parkway Welcome Kiosk, are open May to October.

The Parks Canada Revelstoke Office is open year round and located at 301B Third Street West. Office hours: Monday to Friday: 8 am - 12 pm and 1 pm - 4:30 pm Saturday and Sunday: Closed

General information: parkscanada.qc.ca/revelstoke Trail conditions: parkscanada.gc.ca/revelstoketrails Safety: parksmountainsafety.ca Social media: facebook.com/MRGnationalparks

General Parks Canada inquiries: 1-888-773-8888 Revelstoke Office: 1-250-837-7500

Camping reservations: 1-877-737-3783

EMERGENCY

Tell dispatchers you have a backcountry emergency and require assistance. Call 911 for Police, Fire or Ambulance. Cell coverage is limited and there is no WiFi in the park. If travelling in the backcountry, other means of communication are recommended.

+ Safety

Safety is your responsibility. There are always hazards associated with outdoor recreation. Even short trips may have serious consequences. Minimize your risk by

- Visit pc.gc.ca/revelstoketrails for trail conditions and information, warnings, closures, and weather.
- Be prepared for emergencies and changes in weather. Mountain weather changes quickly and it can snow any • Travel with a friend or group. Choose a trail suitable for
- Pack adequate food, water, clothing, first aid kit, bear spray and maps (see Packing lists)

the least experienced member in your group.

be back, and who to call if you do not return

- Ticks carrying Lyme disease may be present in the park. It is important to check yourself and your pet after

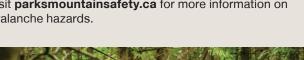
summit area well into the summer. When trails are snow covered, route finding can be difficult, and travel through deep snow or on hard snow and ice can be unsafe.

AVALANCHE RISK

Steep slopes at any elevation that are snow covered have the potential to avalanche. Trails above the tree line (2,000 m) may be exposed to avalanche hazard at any time

of the year and especially from November to June. Visit parksmountainsafety.ca for more information on avalanche hazards.









TELEPHONE

Call 1-877-852-3100 for Parks Canada Dispatch.

• Don't use earbuds or headphones. Be alert at all times.

SNOWY TRAILS Snow can remain on some trails in the Mount Revelstoke

PLAN AHEAD, BE PREPARED planning ahead.

