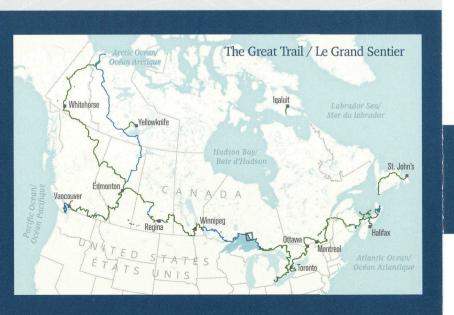
## **Welcome to The Great Trail by** Trans Canada Trail In Pukaskwa National Park

The Lake Superior Watershed Conservancy partnered with Trans Canada Trail to oversee and implement the Lake Superior Water Trail, Pukaskwa, Ontario's largest national park, is a very special part of this 1.000 km section of The Great Trail. It features the longest stretch of untouched, wilderness coastline remaining on the Great Lakes. The Hattie Cove Visitor Centre is one of the main access points to this freshwater coastal trail which includes sweeping sand and cobble beaches. Precambrian headlands and a vast stretch of boreal forest cut with many river valleys. Just to the north, the nearest community of Biigtigong Nishnaabeg reminds us that this landscape has been Home to people for thousands of years. The Lake Superior Water Trail is an ancient heritage highway on the greatest expanse of freshwater on the planet. Here at Pukaskwa, the Trail can be enjoyed both as a paddler and as a hiker.



## **WELCOME PADDLERS**

Please Respect the Largest Freshwater Lake in the World. This is Public Land. Embrace No Trace. Pack out your Garbage.

## LAKE SUPERIOR IS POWERFUL

The Waters are COLD. Weather and Water Conditions can change quickly. Your Paddler Preparation begins BEFORE leaving shore.

#### REQUIRED SAFETY EQUIPMENT

The Canadian Coast Guard and the U.S. Coast Guard (USCG) mandatory requirements.

#### **Always Wear Your PFD**

A Personal Flotation Device should be a visible color and fit the paddler.

### A Sound Signaling Device

(whistle or horn) Can be heard in an emergency.

Between sunset and sunrise, a Waterproof Flashlight (or similar) Visibility to other boaters.

#### 15 m - 50 ft Buoyant Line

(a throwline-towline) Excludes sit-on-top kayakers and paddle boarders wearing PFDs.

#### **Bailing Device**

(such as a bilge pump) Excludes paddle boarders.

wetsuit. It will keep you warm and may save your life in the event of a capsize into Lake Superior's cold waters.

Know your equipment and practice using it

Prepared paddlers have the skills for self-rescue.

Use sea kayaks and covered canoes. Rec kayaks are not safe on Lake Superior.

Use spray deck covers for open canoes and spray skirts for kayaks.

Use proper ankle or waist belt leash for paddle boards.

Carry and know how to use navigation tools

Provide your detailed itinerary

#### STRONGLY RECOMMENDED

Be prepared for the unexpected. Wear a

before you go paddling on Lake Superior.

Obtain a local marine weather forecast.

(map, compass, GPS) and signaling mirror.

to family or friends.

# Safety is YOUR responsibility.

Know **YOUR** limits. There is **NO** substitute for training, experience and preparedness. If in doubt, don't go out.

You can always go paddling on nearby inland lakes or rivers as an alternative.





French translation for all safety information can be found at www.superiorconservancy.org/trail-safety





