



## Help us protect this habitat

If you see an area covered in angular rocks, a good distance from the sea and dotted with low-growing plants and shrubs, you have found the **rocky barrens**. This habitat is exposed to harsh climate conditions and home to several sensitive plant species, including rare arctic-alpine plants. **Avoid hiking in the barrens**, since this particular habitat is not very resilient.

- Use the **designated trails** and stay in the **vegetation-free zone** when walking on the seashore.
- Avoid disturbing wildlife and be sure to leave natural objects such as rocks, plants, and fossils where you found them.
- **Be attentive** and **keep your distance** from seabirds and shorebirds. They are particularly vulnerable to disturbance.



## Need more information?

Havre-Saint-Pierre Reception Centre  
418-538-3285

Longue-Pointe-de-Mingan Reception Centre  
418-949-2126



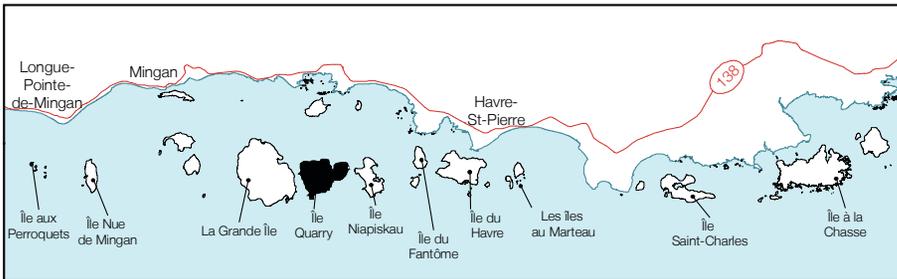
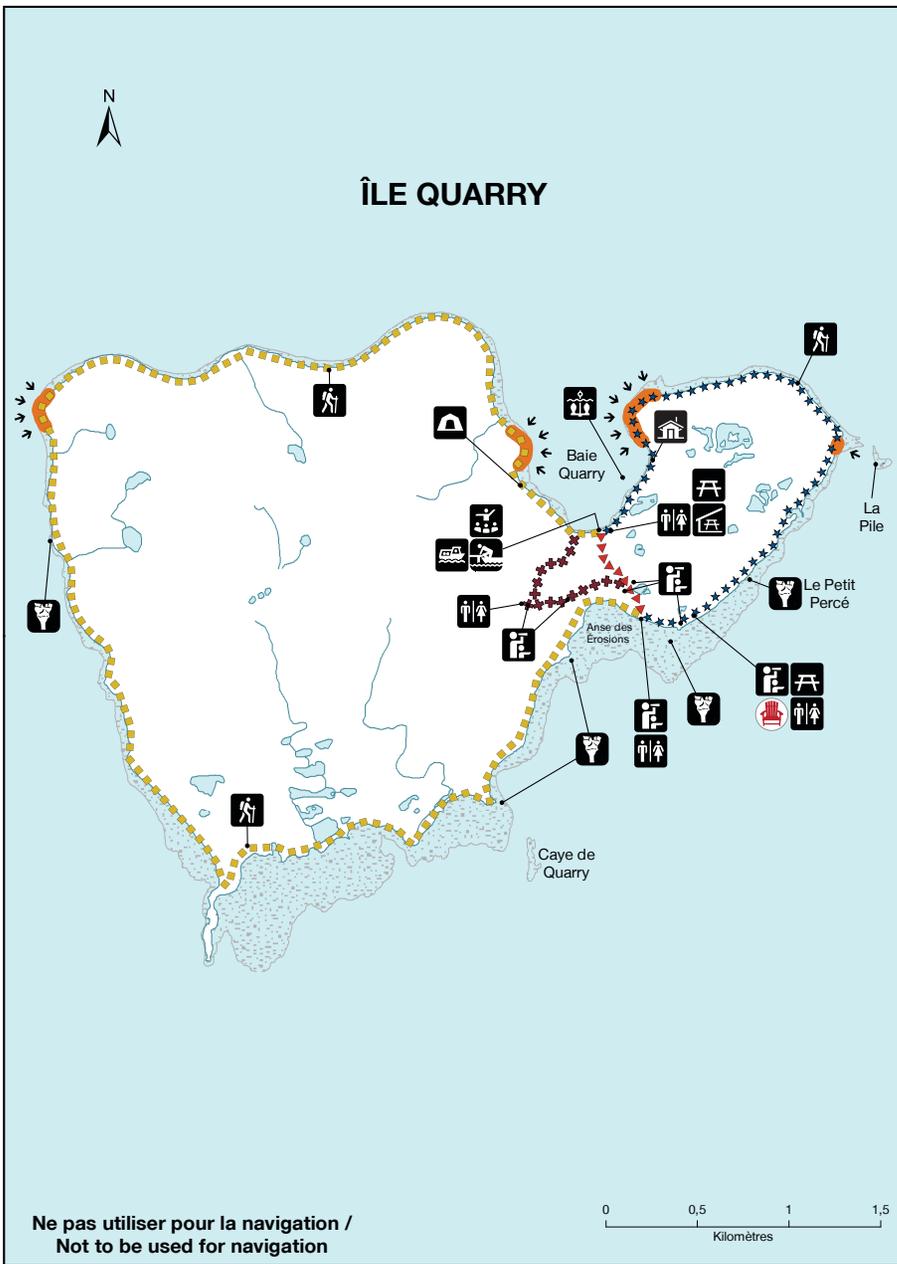
## Did you know that...

- The word quarry (Quarry Island) refers to either a rock quarry or to game. Long ago, the island served as a hunting ground for small game, ducks, snowshoe hare and seals.
- The **boreal forest**, consisting mainly of conifers, dominates the landscape. You may come across a fox, a hare or a spruce grouse during your hike.
- One of the famous **monoliths** in *Anse des Érosions fell over* in 1984 - a sure sign that the slow erosion process is continuous.
- While hiking on the wooden trails, you will discover a **cliff** right in the middle of the forest. This is proof that the sea level was higher in the distant past.

## Want to know more?

Parks Canada heritage presenters offer interpretation activities every day on the **Les falaises** trail.





## Attractions and services

-  Picnic shelter  
(First aid kit)
-  Interpretation activities
-  Picnic area
-  Lookout
-  Wilderness camping
-  Wharf
-  Tour boat stopover
-  Monolith
-  Pleasure craft anchorage area
-  oTENTik
-  Toilet
-  Hiking
- on the seashore
  - ★★★ Le Petit Percé (3.8 km)
  - Les Cyripèdes (10.8 km)
- on a wooden trail
  - ◀◀ Anse des Érosions (0.6 km)
  - +++ Les Falaises (1.2 km)
-  Red chairs
- ↓↓ Area known to be inaccessible at high tide

## For your safety

Danger of falling rocks near the cliffs. Keep at a safe distance, do not stop and avoid walking under overhanging rocks.

At low tide, water and seaweed on the rocks create slippery conditions. Please proceed with caution.

Climbing on the monoliths is dangerous and prohibited.

Cell phone coverage is limited. Make sure to possess an adequate communication device.

Perimeter: 16.1 km

## In case of emergency 1 888 762-1422

## Checklist

Hiking times vary. Allow:

- **1 1/2 to 2 hours** for *Le Petit Percé*
- **3 1/2 to 5 hours** for *Les Cyripèdes*
- **10 to 20 minutes** for *Anse des Érosions*
- **30 to 50 minutes** for *Les Falaises*

To ensure a pleasant visit, don't forget:

- Water
- Snacks
- Good walking shoes
- Windbreaker or raincoat
- Binoculars and a camera
- Garbage bags (to pack out your garbage)