



Help us protect this habitat

Vegetation in the **supralittoral zone** (above high tide) includes species whose deep roots hold the soil in place and help prevent **shoreline erosion**.

- Use the **designated trails** and stay in the **vegetation-free zone** when walking on the seashore.
- Avoid disturbing wildlife and be sure to leave natural objects such as rocks, plants, and fossils where you found them.
- **Be attentive** and **keep your distance** from seabirds; they are particularly vulnerable to disturbance.

Need more information?

Havre-Saint-Pierre Reception Centre
418-538-3285

Longue-Pointe-de-Mingan Reception Centre
418-949-2126



- The name of the island refers to the natural haven for fishermen.
- Although close to the village, the change in scenery is dramatic. As soon as you leave the marina, you can see a **captain's** profile in the cliff on the northeast side of the island. Another profile called **Cap Esquimau** emerges from the landscape as your angle of perspective changes.
- Imagine life on this island over a hundred years ago... Some families have lived there. Their facilities were located on the north side of the island.
- In the mid-1920s, the Hudson Bay Company operated the Mingan Fur Farm where **silver foxes** were raised.
- Île aux Goélands and île à Calculot lie to the south of the island. Île à Calculot was named after the Atlantic puffins that used to live there. Their nickname is **calculot** because of the way they nod their heads - like they're counting.

Want to know more?

Visit Parks Canada exhibits:

- Havre-Saint-Pierre: *The Mingan Archipelago 465 million years ago, Homage to Roland Jomphe and Explore Enchanting Isles.*
- Longue-Pointe-de-Mingan: *Islands in the sea.*



Mingan Archipelago
National Park Reserve

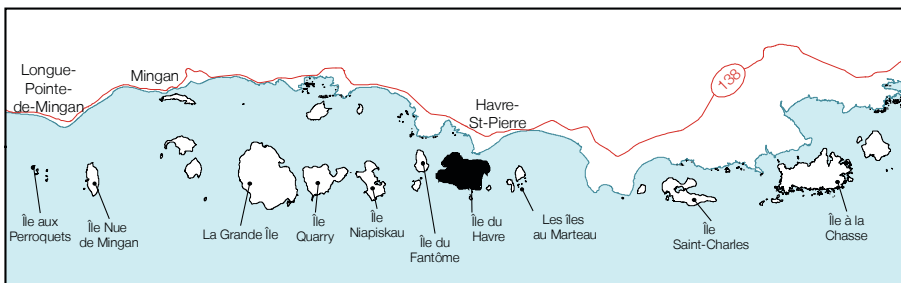
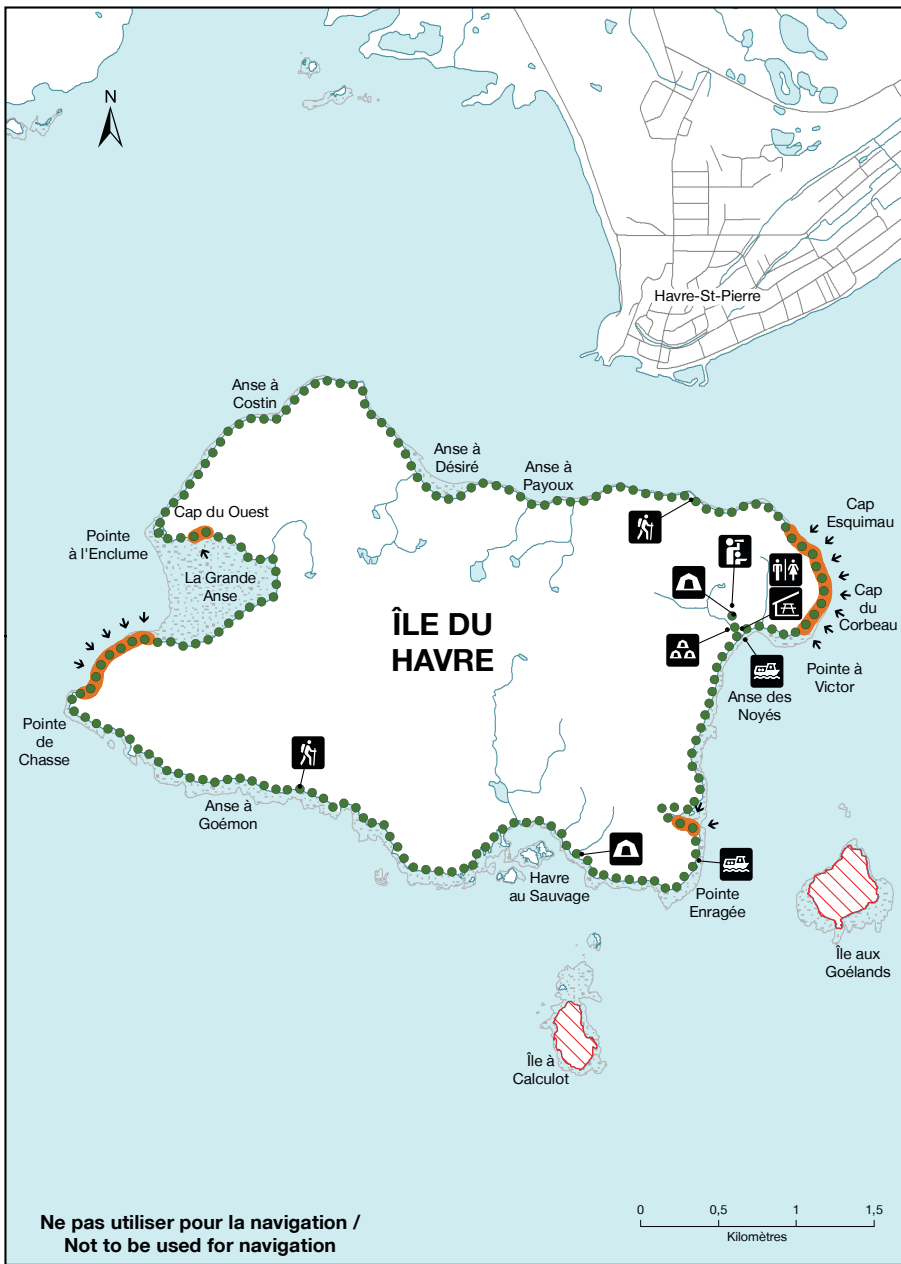
ÎLE DU HAVRE



Parks
Canada

Parcs
Canada

Canada



Attractions and services



Picnic shelter
(First aid kit)



Lookout



Group camping



Wilderness camping



Tour boat stopover



Toilet



Hiking on the seashore

●●● (17.9 km)



Area closed during the nesting period



Area known to be inaccessible at high tide

For your safety

Danger of falling rocks near the cliffs. Keep at a safe distance, do not stop and avoid walking under overhanging rocks.

At low tide, water and seaweed on the rocks create slippery conditions. Please proceed with caution.

Climbing on the monoliths is dangerous and prohibited.

Cell phone coverage is limited. Make sure to possess an adequate communication device.

Perimeter: 17.9 km

In case of emergency

1 888 762-1422

Checklist

Allow **6 to 8 hours** to go around the island and about **1 hour** to get from one campsite to the other.

To ensure a pleasant visit, don't forget :

- Water
- Snacks
- Good walking shoes
- Windbreaker and raincoat
- Binoculars and a camera
- Garbage bags (to pack out your garbage)