

If you see an area covered in angular rocks, a good distance from the sea and dotted with low-growing plants and shrubs, you have found the **rocky barrens**. This habitat is exposed to harsh climate conditions and home to several sensitive plant species, including rare arctic alpine plants. Avoid hiking in the barrens, since this particular habitat is not very resilient.

- Use the designated trails and stay in the vegetation-free zone when walking on the seashore.
- Avoid disturbing wildlife and be sure to leave natural objects such as rocks, plants, and fossils where you found them.
- **Be attentive** and **keep your distance** from seabirds; they are particularly vulnerable to disturbance.



### **Need more information?**

Havre-Saint-Pierre Reception Centre 418-538-3285

Longue-Pointe-de-Mingan Reception Centre 418-949-2126

## Did you know that...

- The island got its name from its size 45 m high and 6.4 km at the longest point.
- At the end of the 1800s, the Cayens (people from Havre-St-Pierre) called it *Île du Défunt Français* in memory of a Frenchman, J.C. de La Ruelle, who died on the island while hunting sea wolves (seals) in June 1867.
- The Paspayas (people from Longue-Pointe-de-Mingan), for their part, used to call it *Grande île de chasse* since it served as a hunting ground for grey seals, common eiders and hares.
- In around 1976, Sieben's Oil & Gas Co.
  took drills and excavators to the island to
  collect samples of limestone, with a view
  to possibly developing oil deposit.
  Fortunately, Parks Canada added the Mingan
  Archipelago, including La Grande Île, to its
  network of natural protected areas in 1984.

#### Want to know more?

Visit Parks Canada exhibits:

- Havre-Saint-Pierre: The Mingan Archipelago 465 million years ago, Homage to Roland Jomphe and Explore Enchanting Isles.
- Longue-Pointe-de-Mingan: Islands in the sea.







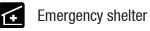






# Longue-Pointe-de-Mingan lie aux lie Nue Perroquets de Mingan La Grande île Quarry Niapiskau lie du Havre au Marteau Saint-Charles La Grande île Quarry Niapiskau lie du Havre au Marteau Saint-Charles

# Attractions and services







Tour boat stopover



Monolith



Hiking on the seashore

••• from Havre à Petit-Henri to Barachois à Montpetit (4,4 km)

+++ from Barachois à Montpetit to the Zoo (4,2 km)

from the Zoo to the Château (11,3 km)

from the Château to la Chute (2,6 km)

\*\*\* from la Chute to Havre à Petit-Henri (4,1 km)

↓ ↓ Area known to beinaccessible at high tide

# For your safety

Danger of falling rocks near the cliffs. Keep at safe distance, do not stop and avoid walking under overhanging rocks.

At low tide, water and seaweed on the rocks create slippery conditions. Please proceed with caution.

Climbing on the monoliths is dangerous and prohibited.

Cell phone coverage is limited. Make sure to possess an adequate communication device.

Perimeter: 26.6 km

# In case of emergency 1 888 762-1422

## **Checklist**

Allow **8 to 12 hours** to go around the island. To ensure a pleasant visit, don't forget:

- Water
- Snacks
- Good walking shoes
- Windbreaker or raincoat
- Binoculars and a camera
- Garbage bags (to pack out your garbage)