### **ENJOY THE VIEW**

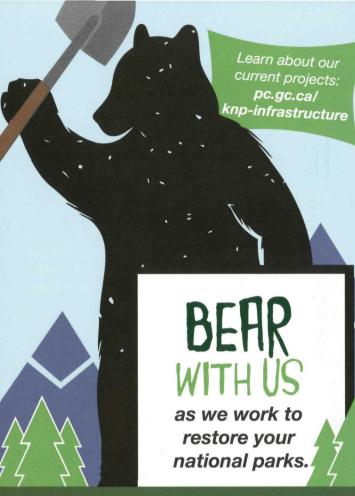


Take a short walk from the pools and admire the views of Sinclair Canyon and the Redwall Fault. Reconnect with nature, snap a selfie and #sharethechair with your friends and family.

# STAYING CONNECTED



On busy days, a car drives through Kootenay National Park every four seconds. How do animals cross the road? Walk through the pedestrian underpass at the Radium Hot Springs pools and learn how Parks Canada is helping wildlife.



#### More information:

Kootenay National Park Visitor Centre: 250-347-9505 Open mid-May until mid-October

Parkscanada.gc.ca/Kootenay

f Facebook.com/Kootenaynp

@kootenaynp

Radium Hot Springs pools: 250-347-9485

Hotsprings.ca

@hot\_springs

Radium Hot Springs Visitor Centre: 250-347-9331 Open year-round

RadiumHotSprings.com

f Facebook.com/TourismRadium

@Tourism Radium

**■** TourismRadium

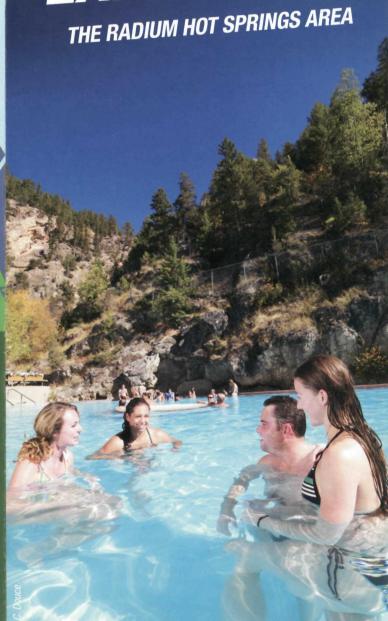
You are responsible for your own safety.

Please visit parkscanada.gc.ca/Kootenaytrails or stop by the Kootenay National Park Visitor Centre for advice about trails.

Park entry pass required.



# EXPLORE...

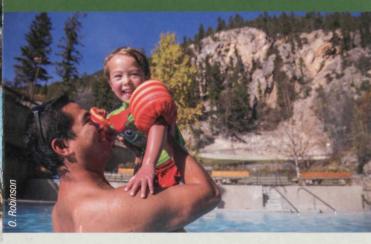


#### STEP BACK IN TIME



Search Explora Kootenay in Google Play or iTunes and turn your phone into a time machine with an augmented reality tour. Take photos of your family with bathers from the 1920's and see what Sinclair Canyon looked like a century ago.

# SOAK IN SOME HISTORY



Make sure your journey to Kootenay includes a soak in Radium Hot Springs' soothing waters. Unwind and enjoy the view of dramatic cliffs or relax and play with the kids. Towels, lockers and swimsuits are available for rent.

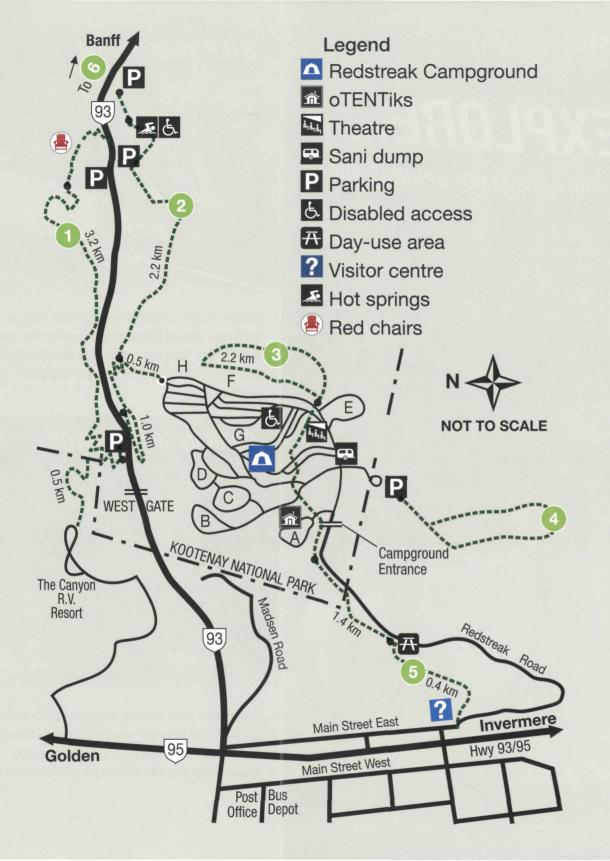






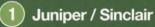


Canadä



## TAKE A HIKE

Looking for adventure? Take a short hike on one of the family-friendly trails in the Radium Hot Springs area. Watch for bighorn sheep on the Redstreak Restoration trail or pack a snack and some water for a half day hike on the Juniper / Sinclair loop trail.



2 hours • 6 km • gain / loss: 250 m

Follow this popular loop trail through a restored grassland forest then descend into a canyon before returning to the hot springs along the sidewalk through Kootenay's towering stone entrance.

# 2 Redstreak Campground

**1.5 hours • 4.6 km • gain / loss: 30 m**Soak in the view of the Columbia Valley and keep your eyes peeled for bighorn sheep as you enjoy a gentle walk from the Radium Hot Springs pools to Redstreak Campground.

## 3 Redstreak Loop

45 minutes • 2.2 km • gain: 90 m

Enjoy a brief uphill climb through a subalpine forest to a sunny viewpoint. Bring your camera and snap photos of the Purcell Mountains and Columbia Valley.

## 4 Redstreak Restoration

20 minutes • 1 km • gain: 90 m Discover how fire helps restore habitat for bighorn sheep on this short and gentle loop trail. Bring your camera; sheep can often be seen grazing in the area!

# 5 Valleyview

45 minutes • 2.4 km • gain: 125 m

Skip the gym and climb this short but steep trail from the village to Redstreak Campground. Bring a guide book and identify wildflowers during the spring and summer.

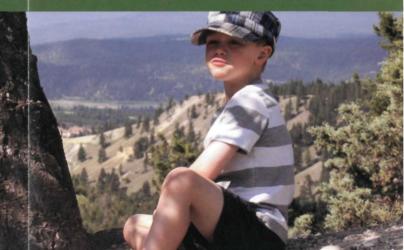
## 6 Olive Lake

15 minutes • 0.5 km • gain: 0 m

Enjoy a picnic by a stunning green lake. Stroll along the boardwalk and look for tiny brook trout and other signs of wildlife.

# Keep our trails healthy!

Please stay on the trail and avoid shortcuts to help prevent erosion and damage to vegetation.



Macullo