



2016-2017

Getting Around Kootenay National Park

Également offert en français

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C. Douce



Parks Canada
Parcs Canada

Canada



P. Zizka

OUR STORY

First Nations peoples were the first to discover naturally forming ochre in small streams flowing through the Vermilion Plain. Mixing the red clay with fish oil or animal grease, they painted their bodies, clothes and tipis, and drew pictures on the rocks. Nineteenth century prospectors soon followed, mining the ochre by hand to create pigment for paint. The Paint Pots lie near the north end of the Banff-Windermere Highway, the road that runs through Kootenay National Park.

The highway, completed in 1923, was conceived to draw tourists to the picturesque scenes on either side of the road, while opening commercial links east of the Rockies. Kootenay is the only national park to feature both glacier-clad peaks along the Continental Divide and semi-arid grasslands in the Columbia Valley. Apart from ochre deposits, Kootenay boasts a geological heritage to inspire any artist—from Burgess Shale fossils to the dolomite walls of Marble Canyon and the rust covered cliffs above Radium Hot Springs. In 2003, dramatic wildfires in the Vermilion Valley revealed glaciers hanging above the flame-scorched forest, further enhancing the park’s natural legacy.

A UNESCO WORLD HERITAGE SITE

Four of the mountain national parks—Banff, Jasper, Yoho and Kootenay—are recognized by the United Nations Educational, Scientific and Cultural Organization as part of the Canadian Rocky Mountain Parks World Heritage Site, for the benefit and enjoyment of all nations. Among the attributes that warranted this designation were vast wilderness, diversity of flora and fauna, outstanding natural beauty and features such as Lake Louise, Maligne Lake, the Columbia Icefield and the Burgess Shale.



United Nations
Educational, Scientific and
Cultural Organization

Organisation
des Nations Unies
pour l'éducation,
la science et la culture



**Canadian Rocky
Mountain Parks**
inscribed on the World
Heritage List in 1984

**Parcs des montagnes
Rocheuses canadiennes**
inscrit sur la Liste du
patrimoine mondial en 1984



STANLEY GLACIER BURGESS SHALE GUIDED HIKES


Meet your ancient ancestors and hold a piece of earth's history on a guided hike to the Stanley Glacier fossil site. Reservations are required. Visit reservations.pc.gc.ca to book your spot!

AN OTENTIK STAY

Discover camping like never before. Bring your family for a relaxing stay in one of Kootenay's oTENTik tent-cabins. Hike, explore the village of Radium or go for a dip in the hot springs. See **3** on page 7.



SOAK IN SOME HISTORY

Make sure your journey to Kootenay includes a soak in the Radium Hot Springs' soothing waters. Surrounded by dramatic cliffs, the hot and cool pools offer opportunities to unwind or play with the kids. Towels, lockers and swimsuits are available for rent. See  on page 7.

EXPLORA KOOTENAY

Admire the work of fire and ice as you drive the scenic Banff-Windermere Highway from Castle Junction to Radium. Download Kootenay's Explora app and listen to stories about the park. Visit parksCanada.gc.ca/knp-app to download.



JUNIPER TRAIL

Take a hike along the 3.2 km (2 mi) Juniper Trail from the park gate to the hot springs. Get a bird's eye view of the Columbia Valley, then relax and #sharethechair from Parks Canada's red chairs overlooking the Radium Hot Springs. See **1** on page 7.

REDSTREAK RESTORATION TRAIL

Take a short stroll from Redstreak Campground along the Redstreak Restoration Trail. Learn how fire keeps forests healthy and creates habitat for bighorn sheep and badgers. Don't forget your camera! See **4** on page 7.



MARBLE CANYON


Admire the power of rushing water cascading through a spectacular limestone gorge. Follow the bridges to a thundering waterfall and snap a selfie from the red chairs. See **11** on page 6.

OLIVE LAKE

Unwind and enjoy a picnic by this olive green lake near the summit of Sinclair Pass. Look for brook trout and other signs of wildlife as you stroll along the gentle boardwalk trail. See **7** on page 7.



KOOTENAY NATIONAL PARK VISITOR CENTRE

Listen to stories from the Ktunaxa First Nation and discover the role fire has played in Kootenay's landscape at the Kootenay National Park Visitor Centre in the village of Radium Hot Springs. See  on page 7.

BACKCOUNTRY FUN

Looking for adventure? Lace up your hiking boots for an epic 55 km (34 mi) multi-day adventure on the Rockwall Trail—one of the Rockies' most inspiring backcountry routes. Enjoy dramatic views of alpine meadows and hanging glaciers.



M. Oliver

HALF-DAY ADVENTURES

PACK A PICNIC LUNCH

On foot or by car, Kootenay National Park is the perfect place for a half-day adventure. Enjoy a picnic lunch at the **Valleyview** or **Vermilion Crossing day-use areas**.

Bask in the sun and take a short walk along the shore of the Vermilion River. Hike from the village of Radium Hot Spring or drive the Redstreak Campground Road to enjoy views of the Columbia Valley from the **Valleyview Trail**. Watch for Bighorn sheep and deer throughout the Redstreak area.

TAKE A HIKE!

Bring the whole family for a half-day hike from **Marble Canyon** to the **Paint Pots**. Snap a selfie and enjoy the view from the red chairs along the **Marble Canyon Trail**. Admire wildflowers and rushing turquoise blue waters as you stroll along the trail beside the Vermilion River on your way to a First Nations cultural site. Stand next to new trees and see how tall a lodgepole pine tree can grow in 13 years! Gaze into the **Paint Pots**, three small emerald green pools, as these iron-rich mineral springs stain the surrounding earth red, before hiking back to your car.

A FULL DAY OF FUN











DRIVE THROUGH HISTORY

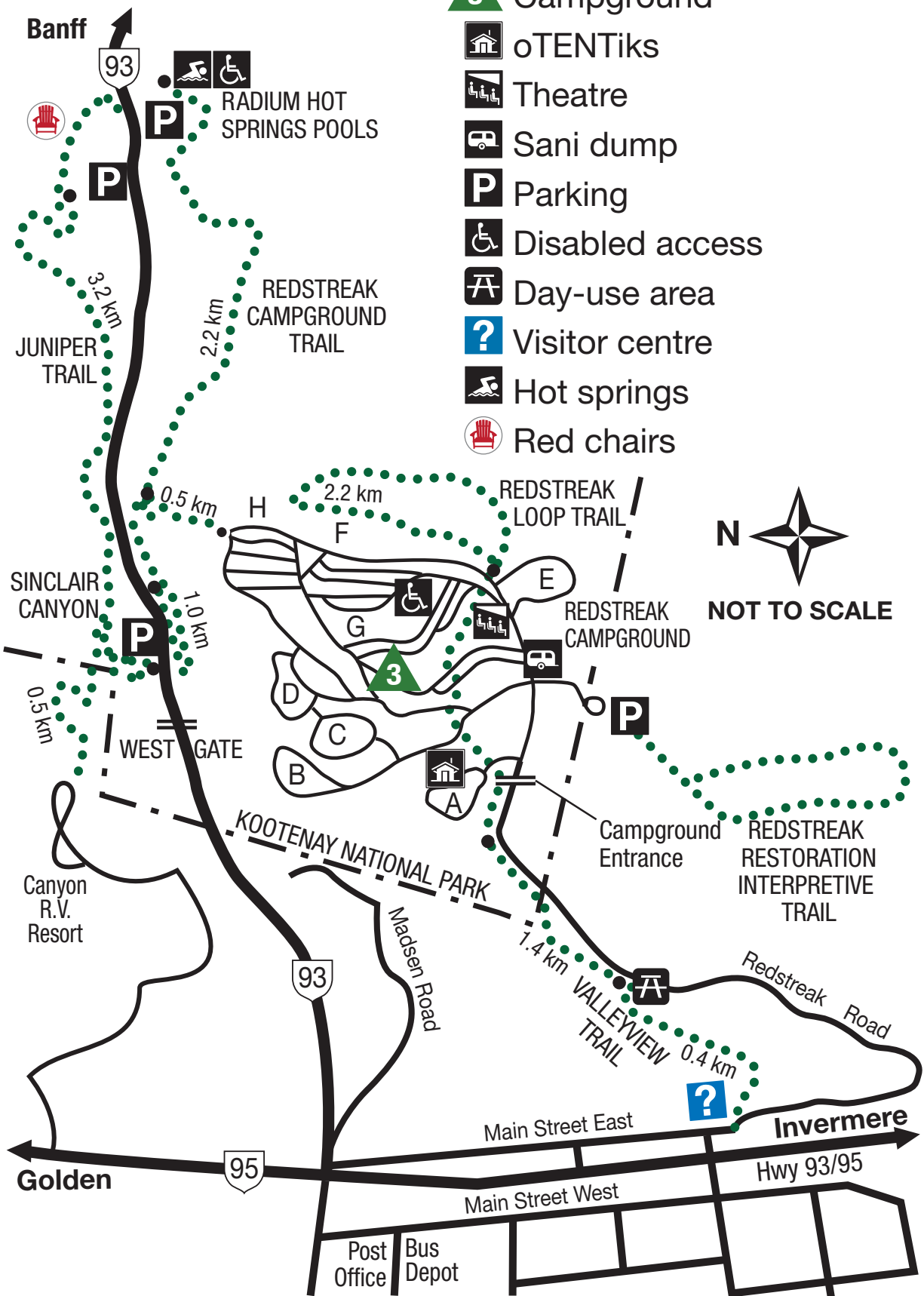
It once took a full day in a Ford Model T to drive from Banff to Radium Hot Springs. Today, you can enjoy the sights and sounds of Kootenay and make it to your destination before dark.

- Stand on the dividing line between the Pacific and Atlantic watersheds at the **Continental Divide**. See what a forest looks like 40 years after a fire on the **Fireweed trail**.
- Admire the dramatic colours and sounds of **Marble Canyon's** deep, carved chasms as this trail criss-crosses the narrow gorge and takes you into the heart of a recent wildfire.
- Keep your binoculars ready! Wildlife, such as bears, deer, wolves and bighorn sheep, can sometimes be spotted along the highway.
- Enjoy breathtaking views of the Mitchell and Vermilion ranges from the **Kootenay Valley Viewpoint**.
- Get a bird's eye view of Sinclair Canyon on a 6 km return (3.7 mi) hike along the **Juniper / Sinclair Trail**.
- Pull out your swimsuits, relax and enjoy a refreshing dip in the **Radium Hot Springs**.

Village of Radium Map

Legend

-  Campground
-  oTENTiks
-  Theatre
-  Sani dump
-  Parking
-  Disabled access
-  Day-use area
-  Visitor centre
-  Hot springs
-  Red chairs



Park Map

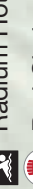



YOHO NATIONAL PARK

BANFF NATIONAL PARK

KOOTENAY NATIONAL PARK

Legend

-  Park Cabin
-  Visitor Centre
-  Frontcountry Campground
-  Backcountry Campground
-  Group Campground
-  Radium Hot Springs Pools
-  Red Chairs
-  Hiking Trail
-  Cycling Permitted
-  Highway
-  Gravel Roads
-  Park Boundary



Hiking Trails

● Easy	■ Moderate	◆ Difficult
1	Juniper / Sinclair Canyon	
2	Redstreak Campground	
3	Redstreak Loop	
4	Redstreak Restoration	
5	Valleyview	
6	Redstreak Creek	
7	Olive Lake	
8	Cobb Lake	
9	Dog Lake	
10	Paint Pots	
11	Marble Canyon	
12	Paint Pots to Marble Canyon	
13	Fireweed Loops	
14	Stanley Glacier	
15	Kimpton Creek	
16	Simpson River	
17	Prospector's Valley	
18	Kindersley / Sinclair Loop	
19	Hawk Creek & Ball Pass	
20	Floe Lake	
21	Helmet / Ochre Junction	
22	Numa Creek	
23	Tumbling Creek	
24	Helmet Creek & Falls	
25	Tumbling / Helmet / Ochre	
26	Rockwall	
27	Honeymoon Pass / Verdant	



This is not a topographical map and is not suitable for route-finding. Trail information is available on the following page. Note: Distances on map are indicated in kilometres.

Where to Hike

Type	Hiking Trail	Estimated time (return)	Distance (return)	Elevation Gain
Short Hikes	Juniper / Sinclair Canyon	2 hours	6 km	gain / loss 260 m
	Redstreak Campground	1.5 hours	4.6 km	gain / loss 30 m
	Redstreak Loop	45 minutes	2.2 km	90 m
	Redstreak Restoration	20 minutes	1 km	5 m
	Valleyview	45 minutes	2.4 km	125 m
	Olive Lake	15 minutes	0.5 km	0 m
	Cobb Lake	2 hours	5.4 km	loss 190 m
	Dog Lake	1.5 hours	5.2 km	40 m
	Paint Pots	40 minutes	2 km	25 m
	Marble Canyon	30 minutes	1.6 km	20 m
	Paint Pots to Marble Canyon	2 hours	6.8 km	40 m
	Fireweed Loops	30 minutes	0.5 and 2 km	20 m
Day Hikes	Stanley Glacier	3 hours	8.4 km	356 m
	Kindersley / Sinclair Loop	6 hours	17.5 km	1055 m
	Hawk Creek and Ball Pass	7 hours	20.2 km	885 m
	Floe Lake	7 hours	21 km	715 m
Multi-Day	Helmet Creek and Falls	2 to 3 days	30 km	310 m
	Tumbling / Helmet / Ochre	2 to 3 days	38 km	800 m
	Rockwall	3 to 4 days	55 km	gain / loss 2600 m

● Easy
 ■ Moderate
 ◆ Difficult

Hiking trails are shown on previous page. Trail reports and hiking maps are available from the Kootenay National Park Visitor Centre and at parks.canada.gc.ca/Kootenaytrails.

Where to Camp

Campgrounds	Full Hook-up	Electrical	Sani Dump	Flush Toilets	Pit Toilets	Showers	Firepit	Cooking Shelter	Drinking Water	oTENTik	Interpretive Programs	Disabled Access	Open Dates	Sites
1 Marble Canyon													June 24 - September 5	61
2 McLeod Meadows													June 24 - September 5	88
3 Redstreak													May 6 - October 10	242
4 Crook's Meadow													Call 403-522-1203 for information on non-profit group camping reservations and fees.	1

Highlighted campgrounds may be reserved.

PLANNING TO CAMP IN ANOTHER PARK? BOOK ONLINE OR CALL AHEAD FOR INFORMATION AND RESERVATIONS.

The mountain parks offer extraordinary camping experiences, ranging from full-service RV sites to pristine backcountry settings. Many campsites can be reserved and most fill up quickly. Call ahead or go online for availability and recommendations. Backcountry camping is only permitted at designated sites with a backcountry camping permit.

FRONTCOUNTRY: 1-877-RESERVE OR RESERVATION.PC.GC.CA
BACKCOUNTRY: 250-347-9505 (BEGINNING MAY 20)

MOUNTAIN SAFETY

Unpredictable mountain weather can change road and trail conditions instantly and wildlife can be anywhere, any time. These simple precautions will help ensure you have a safe and enjoyable visit.



A. Athwal



Parks Canada

- Visit drivebc.ca and 511.alberta to check road conditions prior to heading out.
- Obey speed limits and watch for wildlife on the roadside.
- Stay on designated roads, trails and other hardened surfaces.
- Keep a 'Bare' campsite. Visit parks canada.gc.ca/bare-campsite.
- Make noise on the trails and let wildlife know you are coming.
- Research and plan overnight trips including potential trail restrictions and closures, avalanche conditions and mandatory backcountry permits. Visit parks canada.gc.ca/knp-backcountry and avalanche.pc.gc.ca for safety tips.
- Let someone know your plans. Cell phones are not reliable in the wilderness.
- Keep clear of cliffs, ledges and fast moving water.

PARK REGULATIONS

Following park regulations while enjoying your national parks will help protect you, the land and our wildlife:



M. Macullo



G. Douce

- Keep pets on a leash and under control at all times. Please collect and properly discard pet feces.
- Take only photographs. It is illegal to pick flowers, mushrooms, cut down trees, branches, remove cultural artifacts or fossils, or otherwise cause damage to natural objects or living things.
- Be considerate of your neighbours. Liquor consumption is prohibited in public places, day-use areas, and during set periods in campgrounds. Respect quiet hours and liquor bans in campgrounds.
- Stay out of closed areas. Area closures or activity restrictions are implemented when visitors are at risk or when wildlife requires additional protection. Signs indicate the areas impacted.
- Be careful with fire. Fires are permitted only in designated areas with fireboxes or firepits. Extinguish fires completely. Do not use deadwood, bark or branches for fuel. Report wildfires immediately.
- Buy fishing permits. Anglers require a national park fishing permit, available at Parks Canada visitor centres. Provincial licenses are not valid in national parks.
- Going boating? Motors are not allowed on most lakes.
- Motorized off-road travel is not permitted.

THE CANADA NATIONAL PARKS ACT

Park Wardens are responsible for enforcing park regulations as required by the *Canada National Parks Act*. To report national park violations, call 24 hours a day, 7 days per week.

1-888-927-3367 (Banff, Yoho, Kootenay and Waterton Lakes)

1-877-852-3100 (Jasper, Mount Revelstoke and Glacier)

Visit pc.gc.ca/mtnregulations

Violators will be charged, be required to appear in court and could pay fines of up to \$25 000.



M. Macullo



Parks Canada

MEET PARKS CANADA'S INTERPRETERS

Do you want to discover more about the uniqueness of Kootenay's natural and cultural heritage? Friendly and knowledgeable interpreters are here to help you connect to these special places protected by Parks Canada.

Watch for interpreters at campgrounds and popular day-use areas in Kootenay National Park during the summer months.

Check parksCanada.gc.ca/kootenay-interpretation for more information on interpretive experiences in Kootenay.

WILDLIFE VIEWING TIPS

Your best chance of observing wild animals is by giving them space to feed, rest and keep their young safe. Help keep them wild:

- **Stay at least three (3) bus lengths (30 m)** away from elk, deer and bighorn sheep.
- **Stay at least ten (10) bus lengths (100 m)** away from bears, cougars and wolves.
- **NEVER feed or approach wildlife.**
- **Keep pets under control and on a leash** at all times.
- Keep children in sight and within close range at all times.
- Consider carrying bear spray when on the trails. Keep it accessible and know how and when to use it.

For further information pick up a copy of *Keep the Wild in Wildlife* at a Parks Canada Visitor Centre or visit parksCanada.gc.ca/bears-and-people

To report wolf, bear or cougar sightings call 403-762-1473.



A. Dlab

Hey Kids! Get your



This booklet has tons of fun activities that you can do on your own or with your family. Complete some of the activities and you will receive a souvenir.

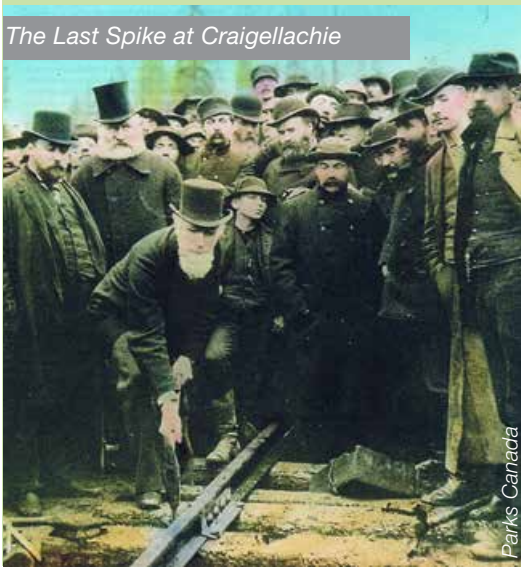
Pick up your booklet at a Parks Canada visitor centre and have fun exploring Kootenay National Park.



K. Woods

REMEMBERING CANADA'S HISTORY...

The Last Spike at Craigellachie



Parks Canada

ON THE ROAD TO 2017

Canada turns 150 in 2017! On the road to this momentous celebration, Parks Canada's treasured natural and historic places will host special programs and events to commemorate the milestones that contributed to the Canada of today, strong and free. Experience what inspired Canada!

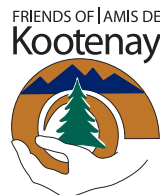
parkscanada.gc.ca



WANT MORE INFORMATION ABOUT KOOTENAY NATIONAL PARK?

Find us online at: facebook.com/KootenayNP, twitter.com/KootenayNP or parkscanada.gc.ca/Kootenay.

These detailed brochures are available online or for pick-up at a Parks Canada visitor centre.



Stop by the Friends of Kootenay store in the Kootenay National Park Visitor Centre for souvenirs, guidebooks and topographical maps.

WANT MORE INFORMATION ON OTHER MOUNTAIN NATIONAL PARKS?

BANFF

Banff Visitor Centre: 403-762-1550
Lake Louise Visitor Centre: 403-522-3833
pc.gc.ca/banff

Banff Lake Louise Tourism: 403-762-8421
banfflakelouise.com

JASPER

Jasper Information Centre: 780-852-6176
pc.gc.ca/jasper

Tourism Jasper: 780-852-6236
jasper.travel

KOOTENAY

Kootenay Visitor Centre: 250-347-9505
pc.gc.ca/kootenay

Tourism Radium/Radium Chamber of Commerce:
1-888-347-9331
RadiumHotSprings.com

YOHO

Yoho Visitor Centre: 250-343-6783
pc.gc.ca/yoho

Accommodations and attractions in Field:
field.ca
Tourism Golden: 1-800-622-4653
tourismgolden.com

MOUNT REVELSTOKE AND GLACIER

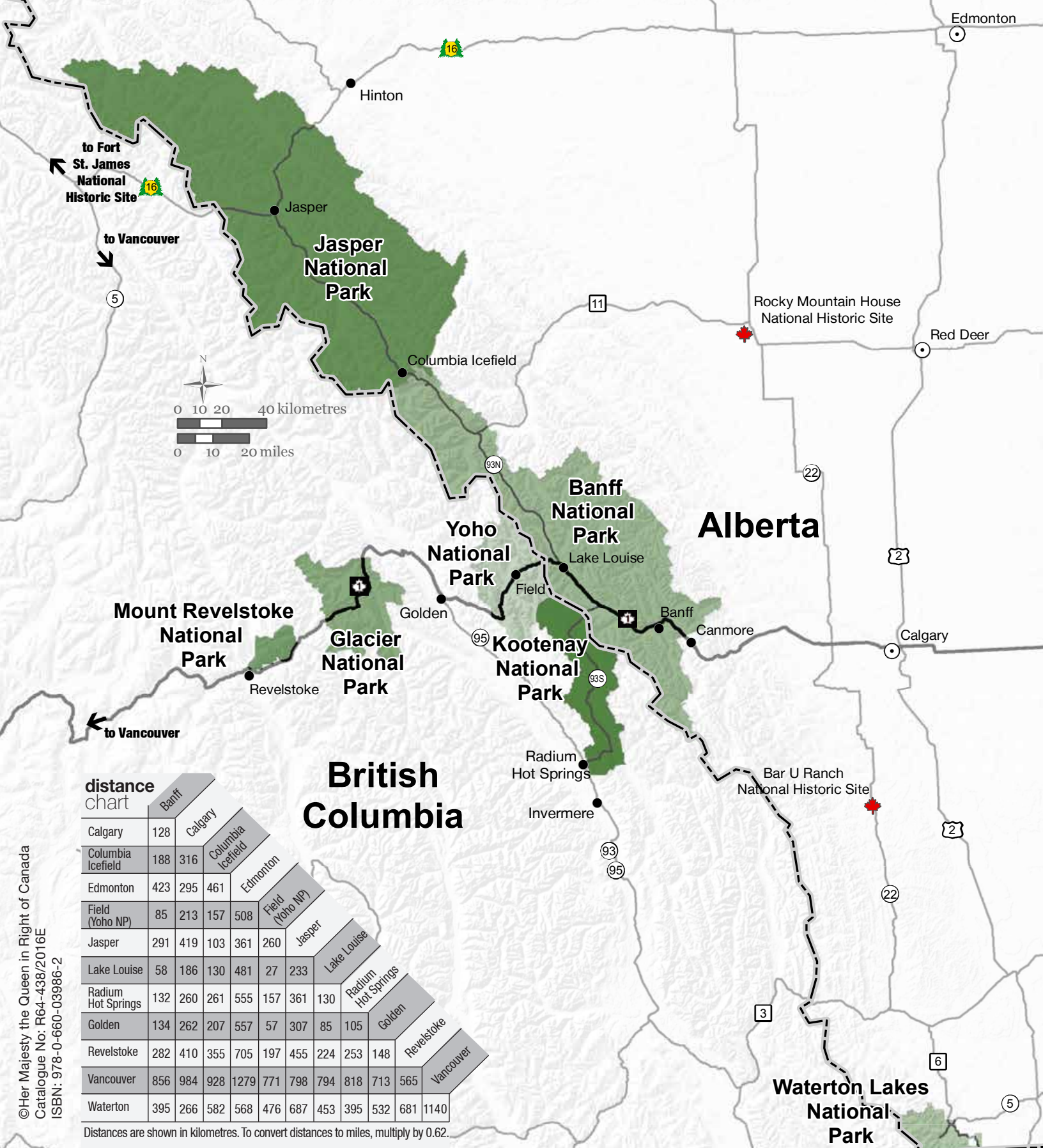
Rogers Pass Discovery Centre: 250-837-7500
pc.gc.ca/glacier • pc.gc.ca/revelstoke

Tourism Revelstoke: 1-800-487-1493
seerevelstoke.com

WATERTON LAKES

Waterton Lakes Visitor Centre: 403-859-5133
pc.gc.ca/waterton

Waterton Chamber of Commerce:
mywaterton.ca



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Please slow down, for your safety and ours.



FOR EMERGENCIES DIAL 911
 (Police, Fire and Ambulance)
 Road reports: Visit 511.alberta.ca or Drivebc.ca
 Cell phone coverage is not reliable in all areas of the mountain parks.