

SUGGESTED ITINERARIES

QUICK TIP: Ride your bike before 10 a.m. and after 5 p.m. to avoid traffic congestion.

JASPER NATIONAL PARK ROAD BIKING GUIDE



SHORT RIDES

PYRAMID LAKE (MAP A) - Take the beautiful ride to Pyramid Lake with stunning views of Pyramid Mountain at the top. Distance: 14 km return. Elevation gain: 100 m.

WHISTLERS ROAD (MAP A) - Work up a sweat with a short but swift 8 km climb up to the base of the Jasper Skytram. Go for a ride up the tram or just turn back and go for a quick rip down to town. Distance: 16.5 km return. Elevation gain: 210 m.

HALF DAY

THE FALLS LOOP (MAP A) - Head south on the famous Icefields Parkway. Take a right onto the 93A and head for Athabasca Falls. Loop back north onto Highway 93 and enjoy the views back home. Distance: 63 km return. Elevation gain: 210 m.

MARMOT ROAD (MAP A) - Head south on the famous Icefields Parkway, take a right onto 93A and head uphill until you reach the Marmot Road. Take a right up this road to the base of the ski hill then turn back and enjoy the cruise home. Distance: 38 km. Elevation gain: 603 m.

FULL DAY

MALIGNE ROAD (MAP A) - From town, head east on Highway 16 for the Moberly Bridge, then follow the signs for Maligne Lake Road. Gear down and get ready to roll 32 km to spectacular Maligne Lake. Once at the top, take in the view and prepare to turn back and rip home. Distance: 96 km return. Elevation gain: 670 m.

ICEFIELDS PARKWAY TO ICEFIELD CENTRE (MAPS A AND B) From the Jasper townsite, follow the famous Icefields Parkway for 103 km to the Icefield Centre. Try stretching your legs at the toe of the glacier before heading back. Distance: 206 km return. Elevation gain: 903 m.

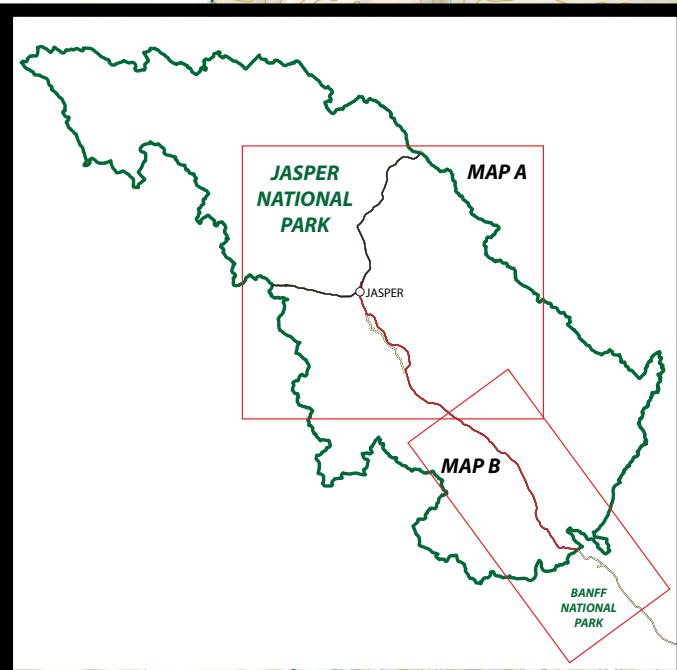


MAP A

JASPER NATIONAL PARK

LEGEND

- Major highway with shoulder (>5000 cars/day)
- Main highway with shoulder (2000-5000 cars/day)
- Secondary road (500-2000 cars/day)
- Quiet road (100-500 cars/day)
- Very quiet road (<100 cars/day)
- Very quiet road (unpaved) (<100 cars/day)
- Highway number
- Distance markers (distances in km)
- River
- Lake
- Glacier
- Contours 200 m intervals
- Mountain peak
- Park boundary
- Picnic area
- Toilet
- Viewpoint
- Camping
- Hostel
- Hotel
- RV camping
- Restaurant
- Hot springs
- Ford
- Phone



Continued on Map B
Honeymoon to Sunwapta Falls (4 km)
Honeymoon

Here are a few tips for you:

- 1. Do your homework:** Review a map of your chosen route and check the weather conditions before hitting the pavement.
 - 2. Be safe:** Always wear a helmet and safety gear (reflectors), and bring a first aid kit. Keep an eye out for wildlife!
 - 3. Know your limit:** Ride within your comfort zone and skill level. Some routes do not have shoulders. Respect the rules of the road.
 - 4. Prepare for the elements:** A water resistant wind jacket is always a good idea. You are in the mountains, weather and temperature can change rapidly.
 - 5. Make sure to fuel up:** With water and food that is.
 - 6. Be prepared:** Bring a bike repair kit (spare tubes, pump, tools) and a cell phone. There is no cell service along the Icefields Parkway beyond Athabasca Falls, the Maligne Road or Highway 16 East.
 - 7. Make a trip out of it:** Bring overnight gear and stay in one of Jasper National Park's campgrounds along your route.
- Visit: www.pc.gc.ca/jaspercamping for our list of campgrounds.
- 8. Enjoy:** Take in the incredible scenery of Jasper National Park—don't forget your camera!



SAFETY

Emergency

Call 911 or, if using a satellite phone, call the park dispatch office (780-852-3100). Cell phone reception is unreliable.

Keep wildlife wild, and yourself safer

Cyclists are susceptible to sudden wildlife encounters even on roads. Travel in groups, slow down and make noise. Avoid road use at dawn, dusk and at night. Be aware of bear habitat.

MORE INFORMATION

JASPER TOWNSITE INFORMATION CENTRE:

780-852-6176 • 500 Connaught Drive

WEBSITE: www.pc.gc.ca/jasper

ROAD CONDITIONS:

Visit www.alberta511.ca or call 511.

WEATHER: www.weather.gc.ca

TOURISM JASPER: 780-852-6236; www.jasper.travel

MAPS AND GUIDE BOOKS: Friends of Jasper National Park 500 Connaught Drive • 780-852-4767 or www.friendsofjasper.com

FINISHED WITH THIS BROCHURE?

Please return for re-use to a park facility or share it with others.

HOW WAS YOUR TRIP?

Please send your comments to jnp.info@pc.gc.ca.

