



**LEGEND**

|                |                   |                |
|----------------|-------------------|----------------|
| Anchoring Area | Camping           | Parking        |
| Moorage        | Group Camping     | Office         |
| Beach Access   | Drive-in Campsite | Administration |
| Dinghy Dock    | Picnic Area       | Trails         |
| Mooring Buoys  | Picnic Shelter    | Roads          |
| Potable Water  | Washrooms         | Ferry Routes   |
| Viewpoint      | Bike Rack         |                |
| Hiking         |                   |                |

Gulf Islands National Park Reserve of Canada  
 Parks Canada Protected Marine Areas  
 Authorized Access Only



Welcome to Gulf Islands National Park Reserve, a mosaic of lands and waters in the southern Strait of Georgia. The park reserve protects one of the most ecologically at risk natural regions in Canada.

## Camping, Mooring and Docking

| SITES   | # OF SITES |   |   |   |   | ACCESS |        |       |
|---|------------|---|---|---|---|--------|--------|-------|
|   |            |   |   |   |   | Road   | Marine | Trail |
| <b>Vancouver Island</b>   |            |   |   |   |   |        |        |       |
| McDonald <input type="checkbox"/>   | 49         | ✓ | ✓ | ✓ | ✓ | ✓      |        |       |
| <b>Sidney Island (Accessible by a foot passenger ferry. For schedule and fees: 250-474-5145 or alpinegroup.ca)</b>  |            |   |   |   |   |        |        |       |
| Sidney Spit <input type="checkbox"/>  | 27         | ✓ | ✓ |   |   |        | ✓      |       |
| Mooring Buoys   | 21         |   |   |   |   |        | ✓      |       |
| Dock  |            |   |   |   |   |        | ✓      |       |
| Group camping or picnicking is available at Sidney Spit by reservation only – maximum group size of 30. Fee is charged per party** or \$49 for youth group. For more information or reservation, call 1-877-944-1744.   |            |   |   |   |   |        |        |       |
| <b>D'Arcy Island</b>  |            |   |   |   |   |        |        |       |
| D'Arcy Island   | 7          | ✓ |   |   |   |        | ✓      |       |
| <b>Isle-de-Lis</b>  |            |   |   |   |   |        |        |       |
| Isle-de-Lis   | 3          | ✓ |   |   |   |        | ✓      |       |
| <b>Princess Margaret (Portland Island)</b>  |            |   |   |   |   |        |        |       |
| Shell Beach   | 6          | ✓ |   |   |   |        | ✓      |       |
| Princess Bay  | 12         | ✓ |   |   |   |        | ✓      |       |
| Arbutus Point   | 6          | ✓ |   |   |   |        | ✓      |       |
| <b>Pender Islands</b>   |            |   |   |   |   |        |        |       |
| Prior Centennial <input type="checkbox"/>   | 17         | ✓ | ✓ | ✓ |   | ✓      |        |       |
| Beaumont  | 13         | ✓ |   |   |   |        | ✓      | ✓     |
| Beaumont Mooring Buoys  | 15         |   |   |   |   |        | ✓      |       |
| Shingle Bay <input type="checkbox"/>  | 10         | ✓ |   |   |   | ✓      | ✓      | ✓     |
| <b>Prevost Island</b>   |            |   |   |   |   |        |        |       |
| James Bay   | 10         | ✓ |   |   |   |        | ✓      |       |
| <b>Saturna Island</b>   |            |   |   |   |   |        |        |       |
| Narvaez Bay   | 7          | ✓ |   |   |   |        | ✓      | ✓     |
| <b>Cabbage Island</b>   |            |   |   |   |   |        |        |       |
| Cabbage Island  | 5          | ✓ |   |   |   |        | ✓      |       |
| Mooring Buoys   | 10         |   |   |   |   |        | ✓      |       |
| <input type="checkbox"/> RESERVATIONS: reservation.parkscanada.gc.ca or at 1-877-737-3783<br>* MAXIMUM PERSONS PER SITE: 6 people (exception: 2 adults with 5 dependent children).<br>** FEES: Please visit the website for all current park reserve fees. <a href="http://parkscanada.gc.ca/gulfislands">parkscanada.gc.ca/gulfislands</a> |            |   |   |   |   |        |        |       |

A public safety closure is in effect at Sidney Spit from November 1 to the end of February to facilitate hunting by Coast Salish First Nations.

Traditional hunting by First Nations occurs in the park reserve. Consider wearing bright colours, particularly in the winter. For public safety reasons, if you observe people hunting in the park, please contact Parks Canada at 1-877-852-3100.

### Things you need to know about camping

- You must be at least 19 years of age to obtain a camping permit.
- You must have a valid permit at all times. Backcountry payment is cash only — exact change is required. For frontcountry sites you can make a reservation and pre-pay with a credit card at reservation.parkscanada.gc.ca.
- Bring plenty of drinking water with you. Although potable water is available at Sidney Spit, the sodium content is high and is not recommended for people with health conditions.
- Maximum length of stay is 14 days per calendar year.
- Consumption of alcohol is permitted only at your registered campsite or onboard your vessel.
- Visitors camping at Sidney Spit must be registered before the last ferry leaves the island for the day. Reservations are recommended for Sidney Spit.

### Things you need to know about mooring and docking

- Fees apply after 3 p.m., please self-register.
- Rafting is prohibited. One vessel only per buoy.
- Vessel size guideline on mooring buoys:
  - Up to 15 m with winds under 30 knots
  - Up to 12 m with winds from 30-37 knots
- Mooring is prohibited when wind speeds exceed 37 knots.
- Docks at Sidney Spit and Princess Bay (Princess Margaret) are removed for the winter from October 1 to May 14.

### Visiting during the off-season

- Gates are locked during the winter at McDonald and Prior Centennial, and camping is prohibited.
- Backcountry campsites are accessible year round. No fees are charged during the off-season and services are reduced.

## Hikes and Walks

### L M Sidney Spit

**SKTÁMEN (sk-thay-men) Trail** (45 minutes)  
**Lagoon Trail** 1.5 km (40 minutes)  
 Easy 2 km loop and 1.5 km spur to lagoon from main boat dock.

Take a leisurely walk on the beaches or wander the trails through the shady forest and sunny open fields. The distance from the main dock to the campground area is just short of a kilometre (0.8 km).

### N Princess Margaret

**Princess Margaret Perimeter Trail**  
 Moderate 6.5 km (3-hour loop)  
**Royal Cove Trail** (30 minutes to Royal Cove or Arbutus Point)  
**Kanaka Bluffs Trail** (15 minutes)  
**Pellow Islets Trail** (15 minutes)

A shoreline loop allows you to hike around the perimeter of the entire island and enjoy spectacular views from all points of the compass.

### O Russell Island

**Haumea Trail** (30-minute loop)  
 Easy 1 km from boat access.

A spur off the main loop trail leads to one of the last surviving Hawaiian homesteads in the region. The historic house dates back over a century.

### South Pender Island

#### H Beaumont

**Beaumont Trail** (60 minutes)  
 Advanced 1.6 km trail from Ainslie Point Road (2 hours if accessing via Mount Norman trail from Canal Road). Parking at Canal Rd. only.

Half a kilometre from the Ainslie Point trail access, the trail to Beaumont switches back steeply down through thick forest and boulder fields. It levels out about 30 metres above the shoreline to a fork in the trail: both forks lead to the camping area.

#### G Mt. Norman

**Mt. Norman Trail** (60 minutes one way)  
 Advanced 2.3 km trails from either Canal Road or Ainslie Point Road (30 minutes one way to the lookout, from either access). Parking at Canal Road only.

Get your heart pumping! It's an invigorating 244-metre (800-foot) shore-to-sky trek from the campsites at Beaumont to the summit of Mount Norman. Take the Beaumont Trail through salal and second growth forest to Mount Norman Trail (2.6 km) to access the viewing platform.

### North Pender Island

#### I Roe Lake

**Roe Lake Trail** (45 minutes one way)  
 Moderate 1.2 km from Shingle Bay Road.

**Loop Trail** (55 minutes)  
 1.7 km loop (0.5 km from Shingle Bay Road trail access or 0.4 km from Magic Lake Estates).

This trail leads into the uplands above Shingle Bay to Roe Lake, then steeply descends to the Magic Lake Estates subdivision. The loop trail allows you to hike around the lake where you can enjoy stunning views of tranquil Roe Lake.

### I Roesland

**Roe Islet Trail** (15 minutes one way)  
 Easy 0.5 km from parking lot to viewpoint.

Quick access to a former cottage resort dating back to the early 1900s. To the north of Ella Bay, a short rustic trail on Roe Islet leads to a viewpoint. The islet access may be exposed to water at high tides. Please refer to tide tables at information kiosk.

### Saturna Island

#### C Winter Cove

**Xwiwxywys (kwik-wi-us) Trail** (25-minute loop)  
 Easy 1.5 km from Winter Cove day use area.

This pleasant loop takes you through a variety of vegetation zones—skunk cabbage wetland, spruce-salal upland, open meadows and salt marsh—and offers spectacular views across the Strait of Georgia.

#### E Narvaez Bay

**Narvaez Bay Trail** (30 minutes one way)  
 Moderate 1.7 km Trail head past parking lot/yellow gate at end of Narvaez Bay Road.

A moderately steep old road leads to one of the most serene locations on Saturna Island. At the headland, choose to go right to Echo Bay and enjoy a beautiful relaxing spot or turn left to the backcountry campsites near Little Bay.

#### E Monarch Head (Narvaez Bay)

**Monarch Head Trail** (90-minute loop)  
 Moderate 2.5 km Trail head on right just before parking lot at end of Narvaez Bay Road.

Rapidly rising 100 metres in elevation to the viewpoint, this trail branches off the Narvaez Bay trail and follows an old logging road up to an incredible view of Boundary Pass and the San Juan Islands.

#### F Lyall Creek

**Lyall Creek Trail** (40 minutes one way)  
 Moderate-Advanced 2 km from either Narvaez Bay Road or the east end of Valley Road. Park at pull-off on Narvaez Bay Road.

Descending from Narvaez Bay Road, the initially steep trail passes by a mossy waterfall then levels off quickly. The hike continues through the forested heart of the island and follows the creek to end at East Point Road.

### D Tumbo Island

**TEMOSEN (te-mo-son) Trail** (90-minute loop)  
 Easy 3.5 km around Tumbo Island.

This trail provides multiple ocean views of Cabbage Island across from Reef Harbour and the San Juan Islands, as it wanders through Garry oak, Arbutus and coastal Douglas Fir forest, and marshes. (Note: a life tenancy agreement is in place for the house. Please respect the resident's privacy).

### Mayne Island

#### B Bennett Bay

**Campbell Point Trail** (15 minutes to the point)  
 Easy 1.5 km from Bennett Bay Road.

A wide and relatively flat trail brings you through old-growth forest to superb views from the point across to Georgeson Island.

## Contact Information

Gulf Islands National Park Reserve, 2220 Harbour Road, Sidney, BC V8L 2P6

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Aussi disponible en français.

LEAVE  
NO  
TRACE



In order for you to enjoy a safe and memorable experience and to protect this special place, please follow the Leave No Trace outdoor ethics when visiting the park reserve.