



# Salt & Fir

Your 2014 guide to Fundy National Park

## What's your EQ?

Take the test!

## NEW – oTENTiks

Camping made easy!

## Locals Know!

Guided experiences in the land of Salt & Fir

## Trails

Find your match!



Parks  
Canada

Parcs  
Canada

Canada



# Important Phone Numbers and Information

## Fundy National Park of Canada

8642 Highway # 114  
Fundy National Park, NB  
E4H 4V2  
GPS Coordinates: Latitude/Longitude  
North 45°35'47.3" & West 064°57'07.6"

Phone: (506) 887-6000  
Fax: (506) 887-6008  
e-mail: fundy.info@pc.gc.ca  
Website: www.pc.gc.ca/fundy  
Facebook: FundyNP  
Twitter: FundyNP

## Parks Canada Reservation Service

1-877-737-3783  
www.reservation.pc.gc.ca

## Emergency Services

(Police, Fire, Ambulance)  
**Dial 911**

## Parks Canada visitor safety emergencies

**1-877-852-3100**  
For first aid please visit any Parks Canada kiosk or visitor centre

## Medical Centres and Services

Tele-care (free confidential health advice)  
1-800-244-8353  
Albert County Health and Wellness Centre  
(506) 882-3100  
Sussex Health Centre (506) 432-3100  
Pharmacy, Riverside-Albert (506) 882-2226

## Park Wardens

**1-877-852-3100**  
Campground disturbance, poaching and other wildlife and natural resource offences, liquor violations, littering, illegal fires, illegal camping, pets off leash, or any other National Parks Act violations.

Cover image: New Brunswick Tourism



Parks Canada / C. Reardon

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# Why Salt and Fir?

Writer Maimie Steeves, a former resident of Point Wolfe Village, coined the expression "people of the salt and the fir" to describe her people and their history with the sea and the forest. We borrow it for the name of this guide to honor all things that bind us to the earth.

# Welcome to Fundy National Park

Hello and welcome to Fundy National Park! Since 1948 this place has been protected by Parks Canada for the benefit and enjoyment of all Canadians. Many have formed and continue to form lasting memories here.

I am one of the privileged few to live in a national park, and every day I get to enjoy my morning coffee as I watch the sun rise over the Bay of Fundy. As the sunlight floods my kitchen, I feel convinced that I have found the perfect light of solitude. From where I sit, I see Fundy National Park centred in a magnificent landscape; Cape Enrage is in the distance and if I let my mind travel further up the Bay, I imagine Hopewell Rocks as a sentinel at the mouth of the Peticodiac River. Looking westward, just past the last headland in the distance, I can picture the Fundy Trail Parkway winding its way through the wilderness beyond the Park's boundary.

What a place this is: New Brunswick's Fundy Coast! Along this coastline you will discover a landscape and a culture shaped by the tides of

the bay. Arriving in Fundy National Park's gateway community, Alma, you'll witness fishermen landing the catch of the day: famous Bay of Fundy lobsters and scallops!

One of my favourite experiences in the park is to walk through the majestic red spruce forest along the way to Point Wolfe beach. As the sunlight filters through the 400 year old canopy it seems to carry a message with it; slowing the pace of everyday life and bringing us back to a simpler time. While walking through these trees, I try to imagine what life must have been like for the early settlers, how their days were often governed by the rhythm of the tides, and how they helped shape the remarkable landscape we know and enjoy. Fundy National Park holds the key to endless moments of discovery and opportunities for introspection. Whether it's sunrises, sunsets, forests, trails or beaches, Fundy offers infinite opportunities to explore and to lose yourself in the wonders of nature. No two experiences are the same... what will yours be?



Blair Parly, Superintendent



# The Experience Collection

What kind of traveller are you?

Stop at the Visitor Centre or visit [www.canada.travel/eq](http://www.canada.travel/eq) to take the quiz, it's fast and fun! Then ask one of our Parks Canada staff one of our handouts of recommendations for each EQ type — you'll find some of our favourites below!



## Authentic Experiencer

*You are open to spur of the moment opportunities, exploring nature, history and culture, all on the path to personal development. You enjoy using all of your senses, and really get to know the places you visit. You tend to stay away from group tours and rigid plans.*

The Upper Salmon River is yours to share with inner Bay of Fundy Atlantic salmon, whose presence is a testament to Fundy National Park's commitment to preserving our spectacular wild places. Follow the salmon's journey from the Bay of Fundy to their upriver spawning grounds along the Upper Salmon River Trail, and discover why this species is called the 'King of Fish'.

## Cultural Explorer

*You are a very active traveler who enjoys week-end escapes. You dive into the entire experience of the culture, people and settings of the places you visit. You often converse with local people, attend local festivals, or go off the beaten track to discover how people truly live.*

Your Fundy experience isn't complete without sampling some of the region's best local fair. Fresh lobster is caught daily by Alma's fishing fleet. Stop by any one of Alma's restaurants or lobster shops to discover how to cook them, crack them, and eat them like a local. Pick one up to go, and make lobster part of your ultimate Fundy picnic experience.

## Cultural & Natural History Buff

*When you travel, you are likely pursuing a personal interest or hobby to make the experience even more rewarding. You seek the freedom to observe, absorb and learn at your own pace, unhurried by others or rigid schedules.*

Explore the park's diverse wildlife and help us by sharing your discoveries and observations. Pick up species observation card at the Visitor Centre to start your personal Fundy checklist!



## No-Hassle Traveller

*A bit of an escapist, you prefer worry-free travel. You want to spend time with family and friends. You strive for relaxation, simplicity, and a chance to experience the beauty of natural scenery and different cultures.*

Fundy Tides are served twice daily! From the deck of your yurt or oTENTik, watch the outgoing tide reveal the mysteries of the seafloor below. Relax and share the simple moments, it will all be washed away as tides roll in. Bring your camera to capture the perfect souvenir: a time-lapse photo or video.

## Gentle Explorer

*You like to return to past destinations and enjoy the security of familiar surroundings. You appreciate convenience, relaxation and typically look for all the comforts of home. Travel should be fun, not extra work!*

Welcome back! Fundy is a place where old family traditions live on and new traditions begin. Enjoy sunny, summer days at the saltwater pool, friendly rounds of golf, evenings of stories and song at our famous group campfire circle or a favourite family hike. Don't forget to leave time for tidal art — take a picture of your creation and add it to the album!

## Personal History Traveller

*You travel to gain a deeper understanding of your ancestry and heritage. You like to share your experience, both during and after the trip. You like to go in style, comfort and security.*

Just as the tides have shaped the Fundy landscape, so too have they shaped the cultures and traditions of the people who live here. Catch a glimpse of Fundy's past on route to Point Wolfe, where a thriving community once existed, and learn about the restoration work done by Parks Canada.



## Free Spirit

*Something of a thrill-seeker, travel satisfies your insatiable need for the exciting and the exotic. You have a lot of energy and want to see and do everything. Young, or young-at-heart, you travel for the thrill and emotional charge of doing things.*

You've heard of a birds-eye view; now experience a whale's eye view! Kayaking along the Fundy coast offers endless adventure and a unique perspective on some of your favourite destinations in Fundy National Park. Rentals and tours are available in town.

## Rejuvenator

*For you, travel is a chance to totally disconnect and just get away from it all. All you want to do is escape, recharge and renew. While you might seek out destinations with a few interesting things to see and do, you don't want an overly hectic agenda.*

Steal a moment for yourself to sit, relax, and be still. Our big, brightly coloured chairs are strategically placed throughout the Park, so that you can make the most of Fundy's spectacular scenery. Find the view that speaks to you or re-visit your favourite vista and settle in for a second, minute, hour or two.



# Camping

Fundy — for you

Whether you prefer to camp in a tent, in a trailer close to amenities, to travel to a wilderness site, or stay in one of our yurts or oTENTiks we have the camping experience you are looking for! If you want to make sure you have the site you want when you arrive, reservations can be made by calling the Parks Canada Reservations Service at 1-877-737-3783 or by visiting [www.reservation.pc.gc.ca](http://www.reservation.pc.gc.ca)



## Backcountry Camping

For those looking to experience Fundy National Park's wilderness, nothing beats a backcountry camping trip. Fundy's backcountry campsites provide pit privies, tent pads and wilderness! Reserve a campsite by calling (506) 887-6000.

**Goose River** is located along the Fundy Coast. These campsites are the best place to experience dramatic cliff-top views or camping on secluded beaches.

**Foster Brook** is nestled in a river valley. This site is surrounded by the cool, clear waters of Point Wolfe River.

**Marven-Chambers** has quiet lakeside campsites, hidden in the Caledonia Highlands!

**Tracey Lake** Enjoy camping under the stars. These sites are a short hike from Bennett Lake.

## Group Camping

Four group campsites for tent camping are available to organized groups. Sites can accommodate 20 to 50 people and share a single service building containing washrooms and kitchen shelter. There is one fire pit on each of the four sites. Reservations are required and can be made by calling (506) 887-6000.

## Front country Camping

Fundy National Park has three front country campgrounds, each providing a unique camping experience. You will find amenities such as washrooms, showers, laundry facilities, electrical, sewer and water hookups all within close proximity to other Park services and facilities. Take a closer look at our front country offer and decide which site is just right for you!

**Chignecto North Campground** This campground offers serviced and unserviced sites with campfire pits. This campground is a great place for families looking for active, outdoor adventure as it is close to hiking trails, playgrounds, the group campfire circle and our dark sky viewing area.

**Headquarters Campground** Headquarters is for those looking for camping made easy! It offers great view of the Bay of Fundy, access to all of the services and facilities in the headquarters area including our *new playground* and is situated within walking distance of the Village of Alma.

**Point Wolfe Campground** Get just far enough away to escape! This campground provides a simplified front country camping experience with unserviced sites and firepits; Point Wolfe is in the heart of some of Fundy's most spectacular coastal wilderness.

## Mid-Country Camping

If you enjoy a camping experience that allows you to escape to the wilderness, but prefer to be able to access services and amenities through the day, mid-country camping is for you: just far enough away to escape, but not far enough to feel disconnected.

**Wolfe Lake** This small, secluded campground is located at the west end of the park, beside Wolfe Lake. Services are limited to a pit privy, a picnic shelter with a wood stove and firewood, as well as drinking water.



## Yurts and oTENTiks

Experience Fundy like NEVER before. This vacation, put a new spin on an old family tradition by staying in one of Fundy National Park's yurts or oTENTiks. It's all the marshmallow-y nostalgia of your youth, with added comfort and a breathtaking view. It's the perfect blend of comfort and outdoor adventure. Cozy up by the fireplace or gaze up at the starry night sky through the skylight dome in your yurt as you drift off to sleep in a comfortable bed. Your "not-so-traditional hassle-free" vacation.

**Yurts** These comfortable round abodes can accommodate a family of 5 and are located in Headquarters Campground. Bring your own bedding and cooking gear.



**oTENTiks** Because sleeping in bunk beds has always been awesome! Designed especially for Parks Canada, our oTENTik is a spacious blend of tent and A-Frame cabin equipped with beds and furniture on a raised floor. Bring your own bedding and cooking gear.



## Alcohol

Alcohol is not permitted in public areas (beaches, picnic areas, trails, etc). Alcohol is allowed on registered campsites only, subject to Provincial and National Park Regulations.



## Play in the Park!

You'll run out of daylight before you'll run out of things to do!



## Fundy National Park's Trails

Pathways to connect



### Golfing

Nestled in the Dickson Brook Valley, Fundy's beautiful 9-hole course was designed by renowned golf course architect Stanley Thompson. Challenge yourself to this par 70 course: fun for novice and experienced golfers alike. Book a tee time at (506) 887-2970 or simply drop in to the Pro Shop, near the first hole. Golf carts are available.

### Fishing

Fishing is permitted only in Bennett Lake (brook trout). A national park fishing permit is required and can be obtained at Bennett Lake or at the Visitor Reception Centre.

### Geocaching

Join us for a treasure hunt! The goal of Geocaching is to find hidden containers known as *caches* or *geocaches* using a portable satellite navigation device called a Global Positioning System (GPS) receiver. To uncover Fundy's geocaches find the coordinates at [www.geocaching.com](http://www.geocaching.com). If you do not own a GPS device, the Fundy Guild rents GPS units at their boutique located at the Visitor Reception Centre.

### Picnic in the Park

Enjoy a meal in one of Fundy's comfortable and scenic picnic areas that are found throughout the park. Washroom facilities are often close-by. Check with our staff to find a location that is just right for you.

### Playgrounds and playing fields

NEW! Check-out our new natural playground in the Headquarters area. In the nearby playing fields, you can play, run, jump, or fly a kite in the breezes that blow off the bay! You can also play soccer, tennis or lawn bowling. Tennis and lawn bowling equipment is available at the Pro Shop.

### Paddling

The best way to explore the Bay of Fundy is to travel ON the bay! Visit our local kayak guides to see how you can experience the bay first hand! Bennett Lake provides for easy, accessible paddling with canoes, rowboats and kayaks available for rent on-site.

### View Chairs

NEW! Picture this... the view is on us! Fundy National Park recently installed comfortable chairs and benches overlooking the Park's most beautiful views. Try them out anytime; the view is constantly changing. Don't forget to share your experience and a picture with us on facebook or twitter!

### Swimming

Salt-water? Fresh water? Rivers? Lakes? Pool? Ocean? YES! Our solar-heated saltwater pool off the Point Wolfe Road and sandy, beach and picnic areas at Bennett Lake are preferred by families. Adventurers can rejuvenate in cool, clear water of our rivers after a long hike. At low tide, shallow pools on tidal beaches provide great opportunities for exploration and swimming.



### Wheelchair Accessible Facilities

- Headquarters Visitor Reception Centre
- Headquarters and Chignecto Campground
- Boardwalks and viewpoints at Alma Beach, Caribou Plain, Dickson Falls, and Point Wolfe
- Swimming pool



### Whether by bicycle, foot, or ski...

Our trails provide you with access to Fundy National Park's most amazing places; plunging waterfalls, secluded beaches and breathtaking coastal cliffs await! With over 100 km of trails ranging from short, accessible boardwalks to multi-day adventures, you will find a trail that is just right for you!

Having a great trail experience starts with finding the right match; what do you want to see? Do you want to challenge yourself or to relax? Do you want to travel by bicycle or by foot? Our trail classification system can help you to find a trail that matches your interests. Decide which of the following descriptions best reflects the experience you are looking for and select a trail from the list.

### ● Easy trails

Shorter trails with level terrain. Suitable for most visitors including those with little trail experience.

### ■ Moderate trails

Medium length trails and moderate elevation gain with some short steep sections. Suitable for visitors who have some basic trail experience and are generally prepared

### ◆ Difficult trails

Longer trails with long steep sections, rough terrain, and/or river crossings. Suitable for visitors who have trail experience and are prepared; bring a map, a first aid kit, extra clothing, water and food.

### Trail tips

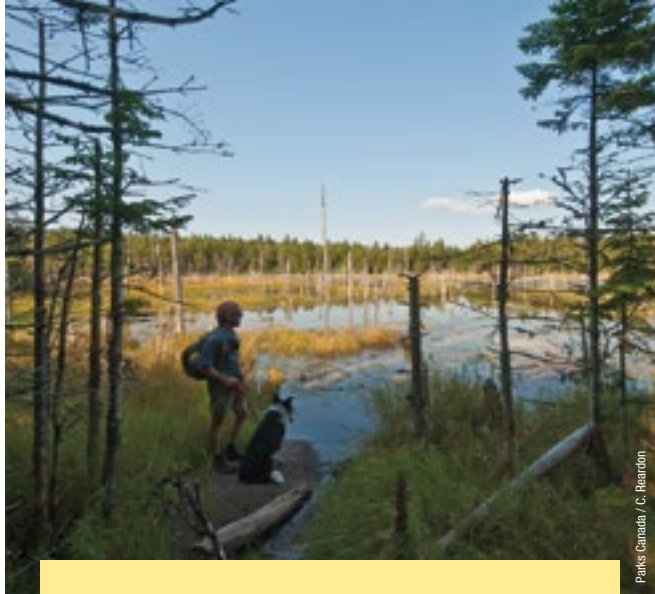
Making the most of your trail experience! Pick a trail that best matches your interests, abilities and experience.

- Bring a map, know your trail route and stick to the plan: getting lost is never part of the plan!
- Tell someone your planned route and estimated time of return.
- Bring extra layers; coastal breezes can be cool even when the forests are warm. Weather can change quickly.
- Bring water and food. Dehydration makes you tired and hunger makes you grumpy — not fun!
- Footwear with good traction and support is best when exploring trails; running shoes or lightweight boots are good choices.
- Leave no trace: please carry out all garbage, yours and any you may find on the trail.
- Be aware that your cell phone carrier might not be available in all areas of the park

### Drinking Water

Assume all surface water is unfit to drink unless first boiled for 10 minutes or adequately filtered.





Parks Canada, C. Beardon

### Pets

Pets are welcome but must be kept on a leash at all times. Stoop and scoop every time! Pets are not permitted in designated swimming areas.

### River Crossings

Several trails in the Park have river crossings. Water levels are monitored and crossings are closed when water levels are high and conditions are most hazardous. At these times, signs are posted at the trailhead to indicate the closure. More information on river crossings is available at the park's Visitor Centre and kiosks. If you are unsure about water conditions or your ability to safely cross, don't take a chance. Crossing the river can be dangerous.

### Bicycling

Fundy's landscape offers trails that appeal to bicyclists of every level, from flat and forested trails for family outings to exciting ravines where you can challenge friends. Trails which are used for cycling are shared with hikers so please yield to pedestrians when travelling these trails.



Fundy National Park is a Dark Sky Preserve. On your overnight visit, let your eyes drift upward and explore our newest trail: the Milky Way.

Multi-day hiking experiences  
Looking for a more challenging adventure in and around Fundy National Park? Try one of our multi-day hiking experiences!

**Trans Canada Trail** Sentier NB Trail, Parks Canada and the Trans Canada Trail selected 33 kilometres of existing trails within Fundy National Park and converted it into a section of the Trans Canada Trail. The trails which make-up the Trans Canada Trail in Fundy include Goose River, Shiphaven, Coastal, Upper Salmon River, The Forks and Moosehorn trails. The Trans Canada trails are clearly marked and several interpretive panels along the way inform hikers about the purpose of the Trans Canada Trail system. The trail conveniently connects the Fundy Footpath to the Dobson Trail in New Brunswick, which is also part of the UNESCO Fundy Biosphere Reserve, one of our country's most prized landscapes.

**The Fundy Circuit** connects 48-kilometres of trails within Fundy National Park to showcase the very best of our river valleys, lakes, coastal forests and beaches.

**The Dobson Trail** is a continuous footpath through upland wilderness stretching 58 km from the northern boundary of Fundy National Park to Riverview NB (near Moncton).

**The Fundy Footpath** is a continuous trail that follows the Fundy coastline for 41 km from the western boundary of Fundy National Park to the Big Salmon River near St. Martins, NB.

### Hike a "century"

Participate in the The Fundy Challenge! The Fundy Guild rewards those who hike 100 km in Canada's National Parks. There is no time limit for reaching this goal, so day-hikers can participate as easily as avid backpackers. You only have to walk ten kilometres in Fundy; the rest can be completed in any national park.



**Amazing Places** is a project of the UNESCO-designated Fundy Biosphere Reserve. Scan the QR code below to learn more about this project. Watch the High Definition videos and discover the spectacular natural wonders of the Fundy coastal region: hiking trails, coastal views, and outdoor exploration for locals and visitors alike.



## Fundy National Park's Trail System

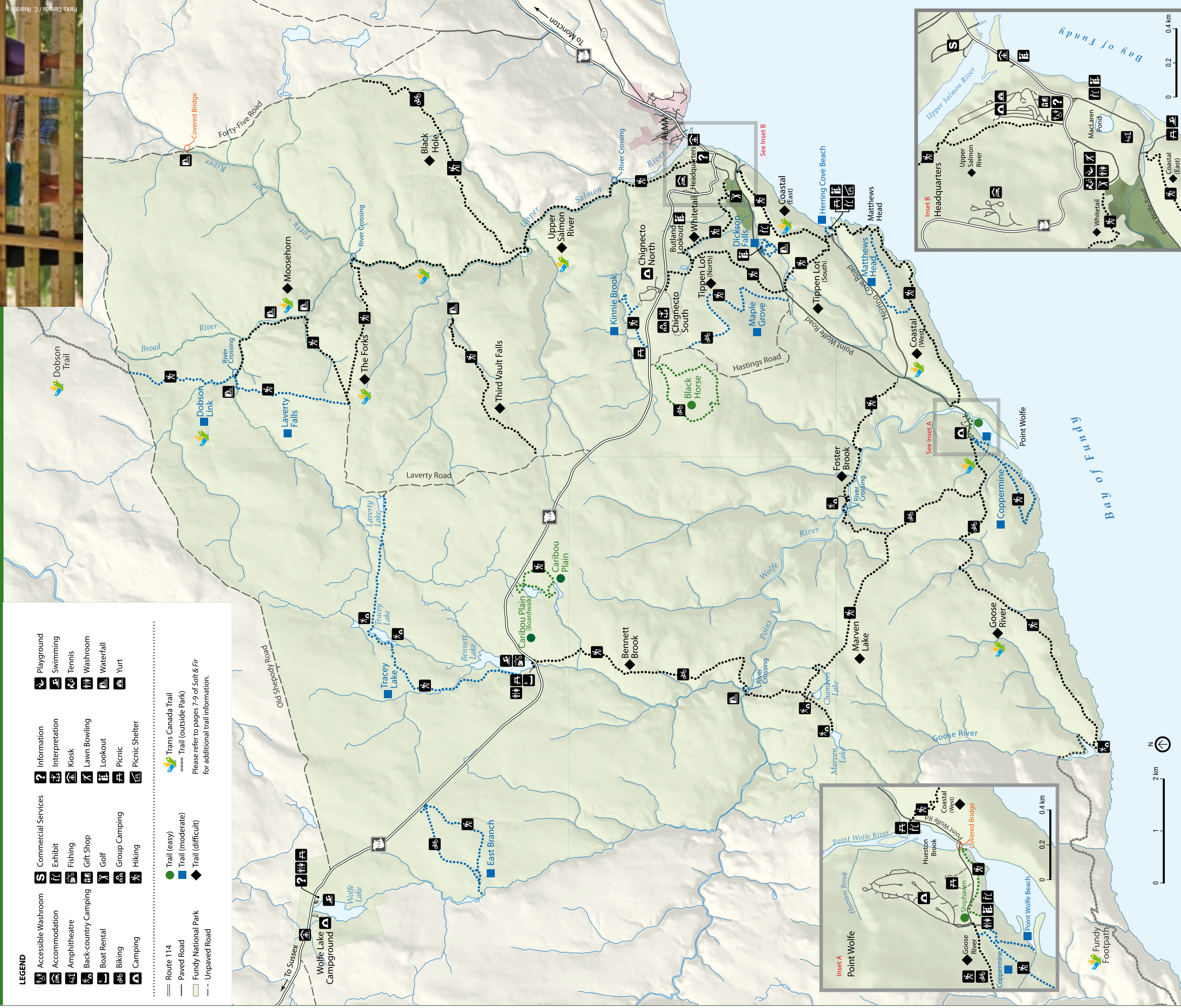
RATING	TRAIL NAME	LENGTH	HABITAT	Waterfall	Coastal Views	Beach Access	River Crossing	Multi-use Trails
EASY	Black Horse	4.4 km loop, 1.5-2 hrs	Forest		•			•
	Caribou Plain	2.1 km loop, 1-1.5 hrs	Forest, Wetland					
	Caribou Plain (Boardwalk)	0.5 km loop, 15 min	Forest, Wetland					
	Shiphaven	1.0 km return trip, 30 min	Forest, Coast		•			
MODERATE	Coppermine	4.4 km loop, 1.5-2 hrs	Forest, Coast		•			
	Dickson Falls	1.5 km loop, 30 min	Forest, Brook	•				
	Dobson Link	2.6 km one way, 1-1.5 hrs	Forest				•	
	East Branch	5.6 km loop, 2-2.5 hrs	Forest					•
	Herring Cove Beach	1.0 km return trip, 30 min	Coast		•	•		
	Kinnie Brook	2.8 km return trip, 1.5 hrs	Forest					
	Lavery Falls	5 km return trip, 2-3 hrs	Forest, River	•				
	Maple Grove	8.0 km return trip, 3-4 hrs	Forest					•
	Matthews Head	4.5 km return trip, 1.5-2 hrs	Forest, Coast		•			
	Point Wolfe Beach	1.2 km return trip, 40 min	Forest, Coast		•	•		
	Tracey Lake	14 km return trip, 5 hrs	Forest, Wetland					
DIFFICULT	Bennett Brook	15.4 km return trip, 5-6 hrs	Forest, River	•			•	•
	Black Hole	11 km return trip, 4 hrs	Forest, River					•
	Foster Brook	8.8 km return trip, 3-4 hrs	Forest, River				•	
	Coastal (East)	6.4 km return trip 3-4 hrs	Forest, Coast		•			
	Coastal (West)	13.8 km return trip, 5-6 hrs	Forest, Coast		•			
	Goose River	15.8 km return trip, 5-6 hrs	Forest, Coast		•	•		•
	Marven Lake	16 km return trip, 5-6 hrs	Forest, Wetland					•
	Moosehorn	4.8 km one way, 2 hrs	Forest, River	•				
	The Forks	6.8 km return trip 3-4 hrs	Forest, River				•	
	Third Vault Falls	7.4 km return trip 3-4 hrs	Forest, Brook	•				
	Tippen Lot (North)	4.6 km return trip 3 hrs	Forest					
	Tippen Lot (South)	3.8 km return trip 5-6 hrs	Forest, Wetland					
Upper Salmon River	17.6 km return trip, 7-8 hrs	Forest, River				•		
Whitetail	6.4 km return trip, 2-3 hrs	Forest						



# Fundy National Park's Trail System

- LEGEND**
- Accessible Washroom
  - Accommodation
  - Amphitheatre
  - Back-country Camping
  - Boat Rental
  - Biking
  - Camping
  - Commercial Services
  - Exhibit
  - Fishing
  - Gift Shop
  - Golf
  - Group Camping
  - Hiking
  - Information
  - Interpretation
  - Kiosk
  - Lawn Bowling
  - Lookout
  - Picnic
  - Picnic Shelter
  - Playground
  - Swimming
  - Tennis
  - Washroom
  - Waterfall
  - Yurt

- Route 114
  - Paved Road
  - Fundy National Park
  - Unpaved Road
  - Trans Canada Trail
  - Trail (easy)
  - Trail (moderate)
  - Trail (difficult)
  - Trail (outside Park)
- Please refer to pages 7-9 of *Salt & Fir* for additional trail information.



Parks Canada / C. Beardon

GPS Coordinates: Latitude/Longitude North 45°35'47.3" & West 064°57'07.6"  
 Emergency Services (Police, Fire, Ambulance): Dial 911  
 Park Wardens 1-877-852-3100



Fundy National Park



# Tide Schedule

Experience world famous Bay of Fundy Tides in Fundy National Park

In February 2014, the Bay of Fundy was named one of the **Seven Natural Wonders of North America**, because it is home to the largest tidal change in a single day. Officially, the tides of the bay measure 50 feet in height and there are few better places to experience them than in Fundy National Park! Alma Beach, Cannontown Beach, Herring Cove, or Point Wolfe are all great choices to see the tides.

To experience the full effect of the tides, check the tide schedule and visit one of our beaches at both high and low tides! Red = High Tide Blue = Low Daytime Tides only (7:00 to 22:00)							Date	May	June	July	Aug	Sept	Oct
							16	7:32 13:40 19:51	8:54 15:03 21:17	9:29 15:39	10:55 17:07	12:24 18:36	7:00 12:52 19:02
Date	May	June	July	Aug	Sept	Oct	17	8:19 14:27 20:39	9:48 15:58	10:24 16:35	11:53 18:05	7:13 13:27 19:39	7:39 13:53 20:03
1	8:03 14:12 20:22	9:07 15:17 21:26	9:19 15:27 21:36	9:59 16:08	10:53 17:02	11:23 17:33	18	9:09 15:17 21:31	10:44 16:56	11:21 17:33	12:54 19:08	8:17 14:29 20:41	8:37 14:51 21:01
2	8:48 14:58 21:07	9:50 16:00	9:57 16:06	10:40 16:49	11:45 17:55	12:24 18:35	19	10:02 16:12	11:43 17:56	12:20 18:34	13:57 20:11	9:16 15:28 21:39	9:30 15:43 21:52
3	9:33 15:44	10:33 16:45	10:37 16:48	11:25 17:36	12:43 18:55	13:29 19:41	20	10:59 17:11	12:44 18:58	13:22 19:36	14:59 21:12	10:09 16:20	10:16 16:29
4	10:20 16:32	11:18 17:32	11:20 17:32	12:16 18:28	7:30 13:47 20:00	8:17 14:35 20:47	21	12:01 18:14	13:46 20:01	14:24 20:38	15:57 17:05	10:55 17:05	10:58 17:11
5	11:10 17:23	12:07 18:21	12:07 18:20	6:57 13:12 19:25	8:35 14:52 21:05	9:20 15:38	22	13:04 19:18	14:48 21:01	15:24 21:37	16:48 17:45	11:35 17:45	11:35 17:49
6	12:02 18:17	12:57 19:12	12:58 19:12	14:13 20:26	15:54 16:52	16:36 17:31	23	7:50 14:08 20:22	9:35 15:46	10:11 16:20	11:26 17:34	12:11 18:22	12:11 18:25
7	12:56 19:12	13:49 20:03	13:52 20:06	15:14 21:27	16:52	17:31	24	8:54 15:08 21:21	10:31 16:40	11:03 17:11	12:06 18:15	7:10 12:45 18:56	7:10 12:46 19:01
8	7:34 13:51 20:06	8:29 14:40 20:53	8:35 14:48 21:01	9:59 16:13	11:31 17:47	12:04 18:22	25	9:53 16:05	11:22 17:30	11:50 17:57	12:43 18:51	13:18 19:30	13:22 19:39
9	8:29 14:43 20:57	9:20 15:30	9:31 15:43	10:56 17:10	12:23 18:40	12:53 19:12	26	10:48 16:58	12:09 18:16	12:32 18:39	13:17 19:26	13:51 20:05	14:01 20:19
10	9:20 15:32	10:09 16:19	10:26 16:37	11:50 18:04	13:14 19:31	13:42 20:01	27	11:38 17:47	12:52 18:59	13:10 19:17	13:49 19:59	14:26 20:42	14:42 21:03
11	10:06 16:16	10:57 17:07	11:19 17:30	12:43 18:57	14:03 20:21	14:30 20:50	28	12:25 18:34	13:33 19:40	13:46 19:53	14:22 20:33	15:05 21:23	15:28
12	10:50 16:59	11:44 17:54	12:10 18:23	13:34 19:49	14:53 21:12	15:19 21:39	29	7:00 13:10 19:18	8:03 14:11 20:19	8:14 14:20 20:29	8:51 14:56 21:09	9:42 15:48	10:12 16:20
13	11:31 17:40	12:32 18:43	13:02 19:15	14:25 20:42	15:45 16:10	16:10	30	7:43 13:53 20:01	8:41 14:49 20:57	8:48 14:54 21:04	9:27 15:33 21:49	10:29 16:37	11:08 17:17
14	12:13 18:22	13:20 19:32	13:53 20:07	15:17 16:38	16:38 17:04	17:04	31	8:25 14:35 20:43	9:23 15:30	10:07 16:15	11:07 17:15	12:10 18:20	12:10 18:20
15	12:55 19:05	14:11 20:24	14:46 21:01	16:11 17:35	17:35 18:01	18:01							

# Festivals and Events

When we have a party, everyone is invited!

At Fundy National Park, we have many, many reasons to celebrate—and we love to celebrate with new and old friends! Join us for one of our festivals or events and you'll find your own reason to love this place! Check in for current event listings which are posted on bulletin boards throughout the Park and are available from all park kiosks.



## Canada Day Weekend (June 28 - July 1) (Free Park Entry on July 1st)

The Village of Alma and Fundy National Park are planning a weekend full of festivities

## Sounds of Summer Concert Series (Every Saturday in July and August)

Enjoy the finest music the Maritimes have to offer! Join the party at our Outdoor Theatre every Saturday night.

## Molly Kool Centre Grand Opening (July 5 - 6)

The Molly Kool Centre celebrates the life and legacy of North America's first female sea captain!

## Learn-to Camp (July 12 - 13)

New to camping? Come to Fundy National Park for a guided camping experience! While you're here, why not learn to fish!



## Parks Day (July 19)

Join thousands of people across the country to celebrate our system of parks!

## Rising Tide Festival (August 23 - 24)

The festival celebrates its 5<sup>th</sup> anniversary and this will be our biggest and best festival yet! Each year we bring together musicians, artists and food in this extraordinary setting. Join us for the weekend to enjoy one of the best summer festivals the east coast has to offer!

## Fundy Star Party (August 29 - 30)

Fundy National Park is a Dark Sky Preserve, making it one of the best places in Canada to view the night sky—let's celebrate that! (see page 8). The Fundy Star Party is a collaboration of the Royal Astronomical Society of Canada and Fundy National Park.

## 65th annual Fundy Open Golf Tournament (September 6 - 7)

Challenge friends and family at New Brunswick's longest running golf tournament.

## Thanksgiving Weekend & the Fundy Pumpkin Festival (October 10 - 13)

Put a Fundy spin on your family's favorite fall tradition! Join us for this fun-filled weekend.





## Locals know

Let us be your guide in the land of salt and fir!

Fundy National Park's staff and local partners provide you with a variety of opportunities to experience a landscape and a culture shaped by the Bay of Fundy. Our local experts share their knowledge and love for this place while offering insights into the best of Fundy. Check in for current activity schedules which are posted on bulletin boards throughout the Park and are available from all park kiosks.



Parks Canada / M. Jefferson

### Discover the ocean floor

When the giant tide goes out, you never know what will be left behind! There are few places in the world where you can truly experience walking on the ocean floor – and stay dry doing it! Join us for discovery, art, sand and fun!

### Adventures in taste

Let us be your guide as we explore the “tastes” of the Fundy Coast! Intriguing and tasty wild edibles can be found throughout this landscape and we'll introduce you to some of them as we hike along Fundy's trails. Join us for a walk on the ocean floor and you'll be amazed to learn about edible items that are found in the Bay of Fundy! Fire up the campfire and savour your new found knowledge.

### Kitchen Parties

Join us at the Molly Kool Centre for a traditional maritime kitchen party – and be ready to join the fun! Molly Kool was born and raised in Alma and was North America's first female sea captain. Through these interactive and engaging evenings of songs, stories and dancing you will discover the story of this fascinating person and this captivating place!



Captain Molly Kool



Parks Canada / C. Reardon

### Campfire Night!

If you haven't experienced a proper summertime campfire, now is the time and this is the place! Fundy National Park's legendary campfires generate laughter and song around a fire in the woods, sharing hot chocolate with friends and listening to stories about Fundy National Park... can summer get much sweeter?

### Dark Sky Discovery

When the sun sets on Fundy National Park, the sky comes alive! Fundy National Park was designated a Dark Sky Preserve because it is home to some of the darkest skies in Canada. Join our staff and friends from the Royal Astronomical Society of Canada for a guided tour of the night sky. For a special treat, look through the lens of our giant telescope and get a close-up view of the solar system!

### Outdoor Theatre Shows

Night-time means that it is time to gather at Fundy's Outdoor Theatre to enjoy, music, videos, photographs, puppets, costumed characters – and more! The possibilities are endless so sit back and relax and enjoy!



Parks Canada / M. Jefferson



Parks Canada / M. Jefferson

### Ride the tide (and the lake!)

What better way to discover the Bay of Fundy than to travel ON the Bay! Join our local expert kayak guides for a guided tour of the phenomenal Fundy Coast. If you are looking for an adventure on “smaller” waters, check out our canoe programs and rentals at Bennett Lake.



### Parks Canada Xplorers

Are you travelling with young explorers?? Why not become a Parks Canada Xplorer! To get started, pick up a Parks Canada Xplorers booklet at the Visitor Centre. Children will have fun exploring and learning in Fundy National Park!



# Protecting Fundy

For present and future generations

Evidence of our work can be seen all around us: on land, we are restoring sensitive ecosystems to their natural splendour; in the skies, the once endangered Peregrine falcon has returned to carve up the salty air; and in water, we are bringing back endangered Inner Bay of Fundy Atlantic salmon — the King of Fish — to our two rivers.

Parcs Canada / C. Reardon



## Resource Conservation Inner Bay of Fundy salmon

Wild Atlantic salmon are an iconic Canadian species. Their presence in Fundy National Park is a testament to our pristine wilderness and our commitment to maintaining the ecological integrity of this treasured place. Through salmon, we are able to share stories of our culture and heritage, of our connection to the land, and of the importance of preserving our wild spaces for all generations.

Fundy National Park's salmon story is older than the Park itself. Our salmon are a part of a unique population that is found only in this region: inner Bay of Fundy Atlantic salmon. After years of industrial forestry, commercial fishing, and a changing marine environment, this population experienced significant declines in the 1980's and is currently assessed as 'endangered' under Canada's Species at Risk Act.



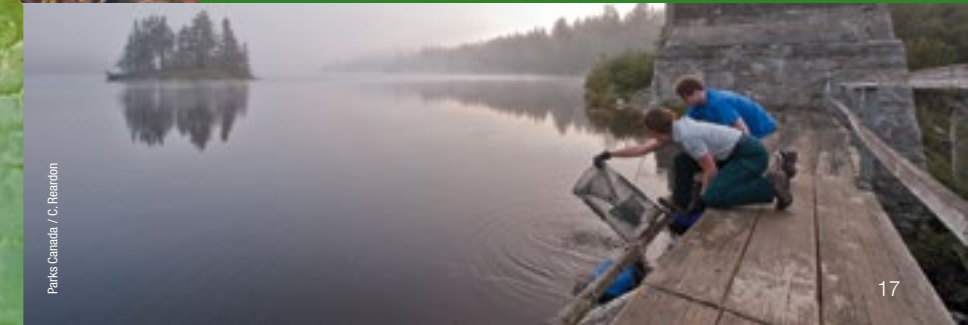
Inner Bay of Fundy salmon are too precious to let go. We are working closely with our network of government, non-government, industry, and First Nations partners in new and exciting ways to write the next chapter in the story of this iconic species. Through innovation, collaboration, and dedication, we are bringing back the 'King of Fish' to our rivers.

You can help us to ensure that the inner Bay of Fundy salmon story continues to be told well into the future, by getting involved and lending a hand. This year we launched Fundy National Park's volunteer program, which empowers volunteers young and old contribute to a variety of resource conservation initiatives, including our Atlantic salmon monitoring program. We are also looking for new ways to share our salmon story with you. For the first time, we invite you to participate in our 'swim with salmon for science' program, as a way to experience our recovery efforts for this iconic species first hand.



### Please don't bring firewood into Fundy National Park

Why? The brown spruce longhorn beetle is an invasive species in Atlantic Canada and it is having a devastating effect on our forests. The leading cause of their spread is through transport of firewood with invasive insects hidden under the bark. Please leave your wood at home. Firewood can be purchased at the campground for \$6.80 per bundle. Thank you for helping us to protect Fundy's forests.



## Keeping the "Wild" in Wildlife

When observing wildlife, respect the following rules:

- Keep your distance.
- Feeding wildlife is strictly forbidden. Animals that are fed will expect handouts and become aggressive towards people.
- Keep your camping and picnic sites clean and store food in the trunk of your car.
- While driving, beware of deer and moose emerging from the forest.
- Be aware that wildlife can be unpredictable.
- More information on wildlife safety is available at the park's Visitor Centre and kiosks.

### Collecting plants, animals, etc.

Under the National Parks Act it is illegal to disturb or collect any plants, animals, rocks, shells or artefacts. By complying with this regulation you are helping to preserve Fundy National Park's natural beauty. Thank-you for helping us to preserve Fundy for future generations!



# Lend a hand

Build a legacy!

Volunteering is a great way to meet people, try something new, build career skills, and have fun! Discover meaningful and hands-on opportunities to get to know Fundy National Park through our new Volunteer Program. Become a part of our legacy to protect and preserve this special place, and help share its wonders with others.



You decide

Join us for a few hours, or commit to a long-term stewardship effort. Check the Visitor Centre or park website for more details, dates and times.

## Volunteer Opportunities

- **Special Events** Join in the music, laughter and fun: help out at our annual Rising Tide Festival.
- **Research and Monitoring Support** Learn more about the park's recovery efforts for Inner Bay of Fundy Atlantic Salmon through unique volunteer experiences alongside park ecologists.
- **Caretakers** Assist in the removal of pesky invasive plant species from the park
- **Ambassadors** Share your passion for the park through our Campground Host or Trail Ambassadors programs.
- **Wildlife sightings** Two-hundred eyes are better than two! Check in at the Fundy National Park Visitor Centre to report your wildlife sightings. We are especially interested in sightings of: Canada lynx, bobcat, coyote, red fox, black bear, American marten, fisher, moose, deer, Atlantic salmon, American eel, bats, butterflies and dragonflies. Don't forget to take pictures and share with us via Facebook ([www.facebook.com/fundyNP](http://www.facebook.com/fundyNP)) or Twitter (@FundyNP).

Just getting started?

Here's a great first step! Join interpreters for programs that provide you with an introduction to the conservation and visitor experience efforts in Fundy National Park. Check the activity schedule for times and dates of these exciting opportunities.

Contact Us!

For more information on how you can get involved, contact Fundy's Volunteer Coordinator at (506) 887-6113 or send an email to [Fundyvolunteer.benevolefundy@pc.gc.ca](mailto:Fundyvolunteer.benevolefundy@pc.gc.ca).



## Village of ALMA

<b>Recreation - Récréation</b>	874-1603
2 Sinc's Boats	874-1603
6 FreshAir Adventure	887-2249
13 Alma Activity Centre	887-6127

**Other Services - Autres services**

3 Fundy/Guid Nature Boutique	887-6094
7 Fundy General Store	887-2345
12 Moezen' Around Gifts & Apparel	887-2062
13a Alma Village Office	887-6123
17 Harbour View Market	887-2450
20 Cleveland Place Books	887-2213
20 Cleveland Place Artisan's Shop	887-2213
22 Alma Leisure Centre	none
28 Molly Kool Centre	887-2213

## Village d'ALMA

<b>Food - Alimentation</b>	887-2261
4 Fundy Take-Out	887-2190
5 Bullard's Seafood	887-1101
10 Alma Bookhouse	887-2313
11 Tides Restaurant (Parkland)	887-2313
15 Parkland Take Out & Patio	887-2460
16 Kelly's Bake Shop	887-2064
16 Collins Lobster	887-2450
17 Harbour View Market	887-2450
18 Saporino's Pizza (we deliver)	887-2220
19 Alma Lobster Shop	887-1987
21 An Octopus' Garden Cafe	884-1020

**Accommodation - Hébergement**

8 Fundy Highlands Inn & Chalets	887-2030
9 Captain's Inn	887-2017
11 Parkland Village Inn	887-2313
12 Alpine Motor Inn	887-2062
14 Falcon Ridge Inn	887-1110
19 Cottage on the Beach	887-2650
20 Cleveland Place B&B	887-2213
24 Vista Ridge	887-2808
25 Cliffside Suites & Cottages	887-1022
26 Bayview Motel-Chalets-RV	887-2103
27 The Beach House	887-9880

Public Weerwone  
Téléphones publiques

Public Office  
Bureau de poste

Tourist Information  
Informations touristiques

Post Office  
Bureau de poste

Beach  
Plage

Parking  
Stationnement

Private Residence  
Résidence privée



# A Natural Splendour

New Brunswick's Bay of Fundy

Six spectacular locations on the edge of the Bay of Fundy, each with its own character, experiences, adventures and charm to share with you. Places to connect with friends, family and the wonders of the bay!

St. Andrews Blockhouse NHS	1.				
Carleton Martello Tower NHS	100	65	2.		
Fundy Trail Parkway	164	65	3.		
Alma / Fundy National Park	232	134	116	4.	
Cape Enrage	251	153	136	20	5.
Hopewell Rocks	285	188	160	45	40
					6.

Distance in Kms

St. Andrews Blockhouse NHS	Carleton Martello Tower NHS	Fundy Trail Parkway	Alma / Fundy National Park	Cape Enrage	Hopewell Rocks
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## 1. St. Andrews Blockhouse National Historic Site

The Blockhouse, built to military specifications during the War of 1812, is situated in the picturesque seaside resort of St. Andrews, in southwestern New Brunswick. Step back in time to an era of conflict along New Brunswick's border with the United States to imagine a period when these neighbours were at war. [www.parkscanada.gc.ca/blockhausstandrews](http://www.parkscanada.gc.ca/blockhausstandrews)

## 2. Carleton Martello Tower National Historic Site

Carleton Martello Tower dates from the War of 1812 and played a pivotal role in conflicts up until the Second World War. The site features a restored powder magazine, a restored barracks room, and exhibits in the tower and in the Visitor Centre. Visitors will also marvel at the spectacular view of the city of Saint John and its harbour. [www.parkscanada.gc.ca/carletonmartellotower](http://www.parkscanada.gc.ca/carletonmartellotower)

## 3. Fundy Trail Parkway

This is the ultimate Bay of Fundy eco-adventure, representing the longest remaining coastal wilderness area between Florida and Labrador. The trails, paths, and stairways lead to pristine beaches and tumbling waterfalls. At the interpretive centre, you'll find original artifacts and old photos from a bygone era. Close by is a suspension footbridge across the sparkling waters of the Big Salmon River. The bridge marks the beginning of the Fundy Footpath: a continuous 41 km (24 mi) wilderness trail from Big Salmon River to the boundaries of Fundy National Park. [www.fundytrailparkway.com](http://www.fundytrailparkway.com)

## 4. Alma

Welcome to Fundy National Park's gateway community! In the quaint village of Alma, you'll find a community and culture shaped by the tides of the Bay. An eclectic array of fresh local seafood is always in season here, and there are endless ways to enjoy our world famous scallops and lobsters. In Alma, you'll find everything you need to explore New Brunswick's Fundy coast and to experience the Fundy way of life through maritime hospitality, music, food, and art! [www.villageofalma.ca](http://www.villageofalma.ca)

## 5. Cape Enrage

Be astounded by the wild, rugged beauty of this place! Jutting out into the Upper Bay of Fundy, Cape Enrage is a historic lighthouse, a cliff rappelling and zip lining adventure centre, and a natural treasure where you can see fossils and experience the tides. Complete your visit with lunch or dinner from our Cape House kitchen, or a tour through the gallery of works by local artisans. [www.capeenrage.ca](http://www.capeenrage.ca)

## 6. Hopewell Rocks

What visit to New Brunswick could be complete until you've witnessed the natural wonder of the Bay of Fundy and learned the fascinating story behind its world-famous tides? The Hopewell Rocks is a magical place for your imagination to play... Open seasonally from mid-May to mid-October, the Hopewell Rocks are just up the road from Fundy National Park. Visit one of New Brunswick's top attractions. [www.thehopewellrocks.ca](http://www.thehopewellrocks.ca)



# Fundy Coastal Drive



New Brunswick's Fundy Coast is one of the most distinctive, unspoiled ecosystems in North America. Exceptional, unique and world famous are just some of the descriptions that apply. Discover for yourself a land and a culture shaped by the tides of the Bay of Fundy.

