

Welcome. Whether you would like to explore the Spray River trails by foot, ski, snowshoe or fat bike, this guide lists the **recommended trails** for each activity.

The colour of the trail shows the activities recommended for it, based on the type of trail and how it is groomed.



Cross country ski



Snowshoe / Fat bike



**Snowshoe / Winter hike /
Fat bike / Cross country ski**

The trail marker shows difficulty—a green circle is easy and a blue square is moderate.



EASY



MODERATE



**Track set for
classic skiing only**



**Flat grooming for
other users**

In Banff National Park, we share the trail:

- The track set portion of the trail is for classic skiing only. The flat groomed lane is for other users.
- Walk and fat bike only on hard-packed trails to prevent ruts. If your feet or tires sink deeper than 2.5 cm (1 inch) conditions are too soft. Come back when it's colder or the snow is older!
- When climbing, please yield the right of way to descending skiers and fat bikers.
- If you fall, move off the track as quickly as possible.
- When taking a break, step to the side, leaving room for others to pass.
- Leave no trace. Pack out everything you pack in.

If you see wildlife, do not approach; give them lots of space and observe from a distance with binoculars or a telephoto lens. If tracks are observed, do not follow them towards the animal.

Be alert, make noise and carry bear spray. While dangerous interactions with humans are rare, please visit pc.gc.ca/Banff-wildlife to learn more about keeping yourself safe.



Looking for more winter trails available in the Banff area? Want some information about safety and wildlife? Pick up our winter guide at a Parks Canada Visitor Centre or go to:

pc.gc.ca/banff-winter

Également offert en français



**Banff
National Park**

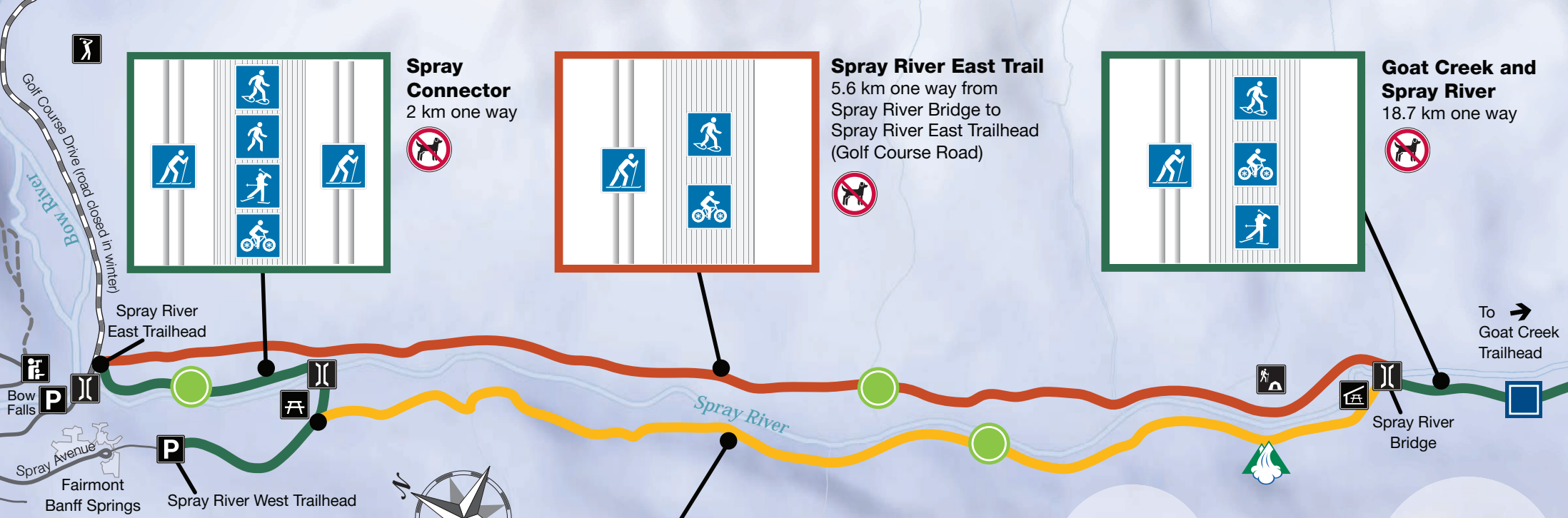
Spray River Trails



Parks
Canada

Parcs
Canada

Canada



- | | | | |
|--|----------------|--|---------------------|
| | Classic Skiing | | Bridge |
| | Skate Skiing | | Golf Course |
| | Winter Hiking | | Picnic Area |
| | Snowshoeing | | Backcountry Camping |
| | Fat Biking | | Picnic Shelter |
| | Parking | | No Dogs Allowed |
| | Viewpoint | | Avalanche Hazard |

