

LAKE LOUISE INN

(403) 522-3791

A Year Round Conference and Vacation Resort nestled in the heart of the Canadian Rockies

- 188 Guest Rooms - Some with kitchen and fireplace • Dining Room with outdoor patio
- Cocktail Lounge • Night Club • Indoor Pool, Sauna and Whirlpool
- Conference Facilities • Five minute walk to Samson Mall and Pipestone River



1 HOUR PHOTO QUALITY PROCESSING

Pipestone Photo Inc.

SAMSON MALL, LAKE LOUISE
"Open 10 days a week!"

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Accessories
522-3617



Featuring World Famous Pancakes & Waffles plus Steaks, Chicken and Burgers

Smitty's Family Restaurant

- Children's Menu
- Open for Breakfast, Lunch, and Dinner
- Licensed

227 BANFF AVENUE 762-2533
Summer Hours: 6:30 a.m. - 10:00 p.m.

1 Free Coffee With Meal Upon Presentation of This Coupon
REDEEMABLE AT BOTH LOCATIONS (BANFF AND LAKE LOUISE)

Featuring World Famous Pancakes & Waffles plus Steaks, Chicken and Burgers

Smitty's Family Restaurant

- Children's Menu
- Open for Breakfast, Lunch, and Dinner
- Licensed - Holt City Lounge

SAMSON MALL, LAKE LOUISE 522-3612
Summer Hours: 6:30 a.m. - 10:00 p.m.

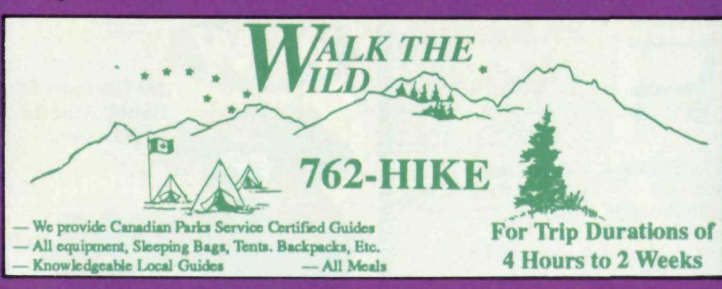
1 Free Coffee With Meal Upon Presentation of This Coupon
REDEEMABLE AT BOTH LOCATIONS (LAKE LOUISE AND BANFF)

WALK THE WILD

762-HIKE

— We provide Canadian Parks Service Certified Guides
— All equipment, Sleeping Bags, Tents, Backpacks, Etc.
— Knowledgeable Local Guides — All Meals

For Trip Durations of 4 Hours to 2 Weeks



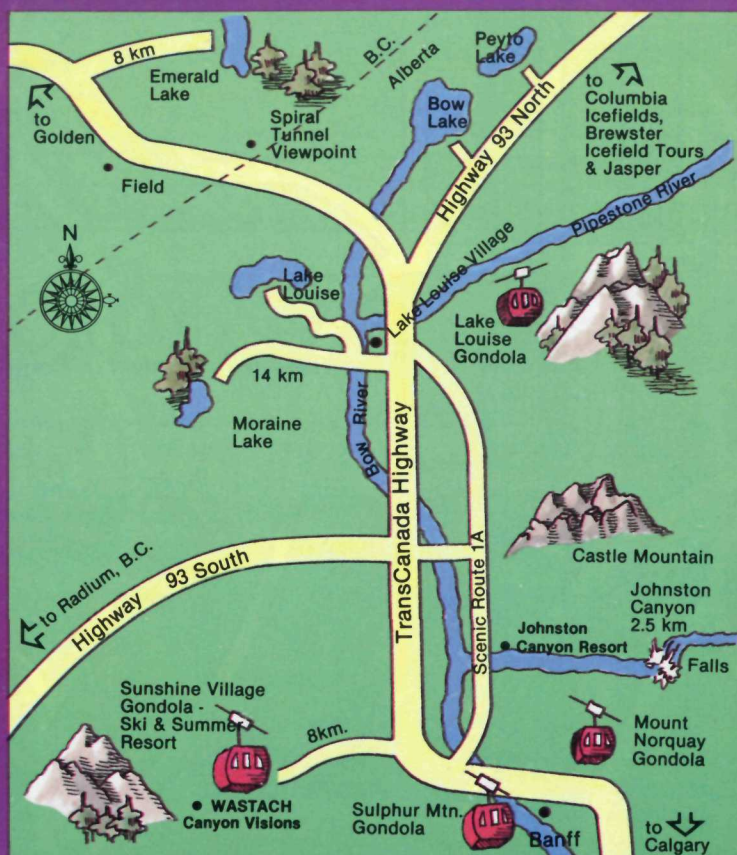
SPORTS RENT

YOUR COMPLETE SUMMER RENTAL CENTRE

We rent quality sports equipment at competitive prices from backpacks & camping equipment to mountain bikes & canoes — and a whole lot more!

Banff
208 Bear street
762-8222

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8 km to Golden
14 km to Radium, B.C.
8 km to Banff

Emerald Lake, Spiral Tunnel Viewpoint, Bow Lake, Peyto Lake, Lake Louise, Lake Louise Village, Lake Louise Gondola, Moraine Lake, Sunshine Village Gondola - Ski & Summer Resort, WASTACH Canyon Visions, Sulphur Mtn. Gondola, Banff, to Calgary

to Columbia Icefields, Brewster Icefield Tours & Jasper
to Johnston Canyon 2.5 km Falls
to Mount Norquay Gondola

BANFF/LAKE LOUISE

Distances from Banff

	km	miles		km	miles
Calgary	120	74	Kamloops	512	318
Canmore	25	15	Lake Louise	56	35
Cranbrook	296	178	Lake Minnewanka	12	7
Edmonton	424	263	Moraine Lake	75	47
Emerald Lake	93	58	Mount Norquay	6	4
Field	90	56	Spokane	600	372
Jasper	288	179	Sunshine Village	16	10
Johnston Canyon	26	16	Vancouver	952	590



to Field, to Jasper & Field, to Moraine Lake, to Banff

Route 1A, Slate Road, Whitehorn Rd., TransCanada Highway, Village Road, Fairview Road, Lake Louise Drive, Pipestone Rd., NIMROD Canyon Images (In Post Hotel), Lake Louise Inn, Warden's Office, Info Bureau, Samson Mall, The Shirt Company, Chateau Lake Louise, Campground, R.C.M.P., Community Recreation Centre

• 1 Hour Pipestone Photo
• Smitty's Family Restaurant
• The Shirt Company


LAKE LOUISE

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Banff: 209 Bear St. 762-3222
Jasper: 300 Connaught Dr. 852-3970

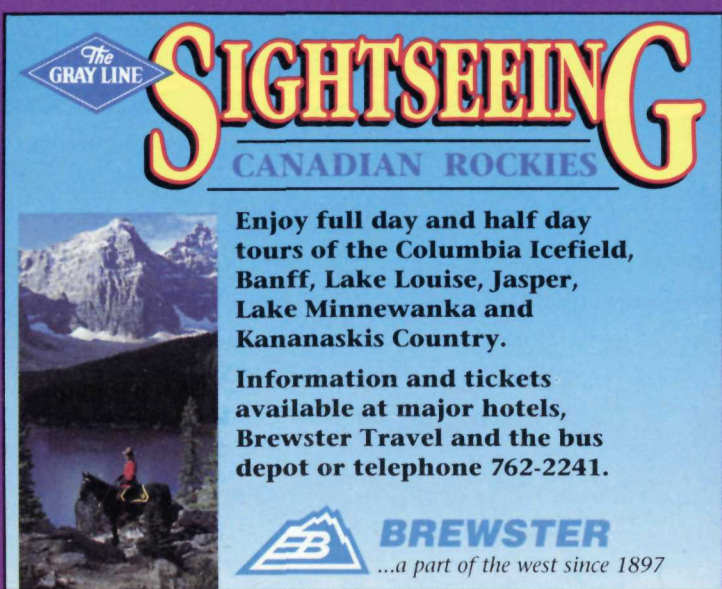
We try harder

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CANADIAN ROCKIES

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Information and tickets available at major hotels, Brewster Travel and the bus depot or telephone 762-2241.



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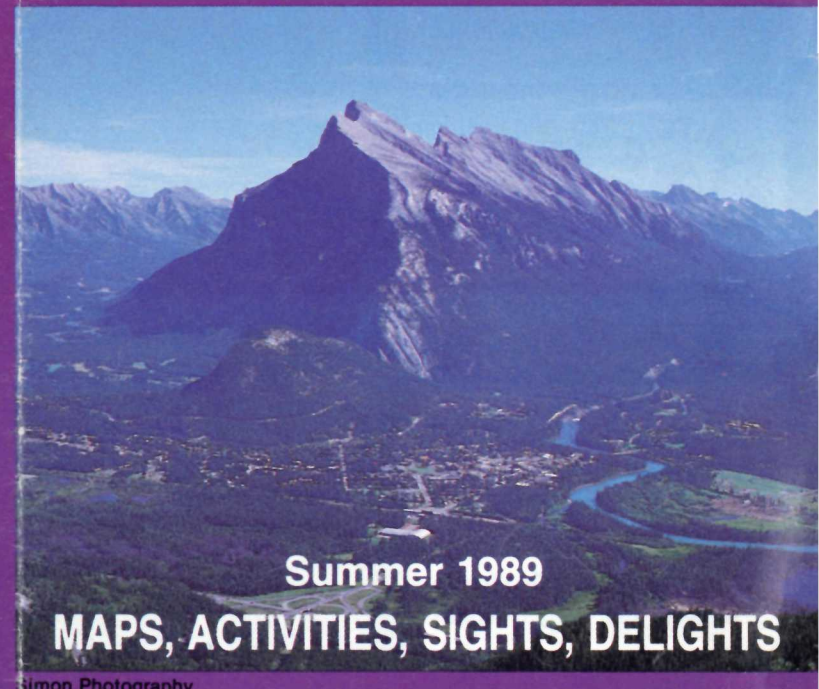
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COMPLIMENTARY

THE BANFF/LAKE LOUISE WELCOME MAP

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FREE DISCOUNT COUPONS



PACIFIC WESTERN

- Daily Scheduled Service between Banff, Lake Louise and Calgary Airport. Evening Happy Bus Shuttle Service
- Group Charter Service from any point in Western Canada.

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June 3rd through August 26th
Box Office: 762-6300
The Banff Centre

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Tunnel Mtn. Road, Box 1358, Banff, Alberta T0L 0C0, 762-4122
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10% off any purchase with this coupon
120 BANFF AVE. 762-8119
FREE COUPON

Sightseeing and Activities

Canoeing: In Banff, the boathouse is located at Bow Avenue and Wolf Street. Canoe rentals are also available at Two Jack Lake from Lake Minnewanka Tours(762-3473), and at Lake Louise and Moraine Lake.

Camping: There are over 2500 campsites in the Park; no reservation is needed, first come, first serve basis. Contact Parks Information at 762-4256.

Climbing: Parks information can assist you. Registration is not necessary, but recommended. (762-4256) Also, contact the Alpine Club of Canada at 762-4481, (105 Banff Ave. -upstairs) if you require a guide. Both Parks and A.C.C. offer a backcountry hut system.

Cruising: Daily cruises to the end of Lake Minnewanka are offered by Lake Minnewanka Tours. (762-3473)

Cycling: Bikes of all shapes and sizes are available for rent from Sports Rent, 208 Bear St. (762-8222) or The Park and Pedal Bike Shop, 229 Wolf St. (762-3191).

Fishing: Licences are required and available from Parks Information or at the Park Warden Office. Lake Minnewanka Tours (762-3473) provides rentals of fishing equipment and boats as well as offering guided charter fishing tours. (762-4936)

Golf: The Banff Springs Hotel Golf Course, (follow road to Bow Falls off Spray Ave.) offers 27 holes, a pro-shop, lessons, and cart rentals. (762-2211)

Gondolas: Banff Lifts operates Sulphur Mountain Gondola at the upper end of Mountain Ave. (762-2523) as well as Mount Norquay Lift, a ten minute drive from downtown. Follow Norquay Road. (762-4421) Enjoy breakfast, lunch or dinner in the Panoramic Summit Restaurant at the top of Sulphur Mountain

Sunshine Village offers North America's longest Gondola lift, an interpretive centre, and self-guiding hiking trails through beautiful high Alpine meadows where you can find over 300 species of wildflowers and wildlife. Hotel and restaurant facilities available. Follow the Trans-Canada west, for 8 km. to the Sunshine turnout, and then a further 10 km. to Banff's most unique alpine village. (762-6500)

The Lake Louise Gondola is a 20 minute ride to the top of Whitehorn Mountain. Exit from the highway, across from Lake Louise Village. (522-3555)

Guided Walks and Theatre Shows: Park Interpreters bring Banff National Park's natural and cultural history to life through a variety of free daily activities and presentations. In Banff, 762-3229; In Lake Louise, 522-3873.

Hiking: There is no better way to see Canada's Rockies than to explore them for yourself. Topographical and Park trail maps are available from the Park Information Bureau. For professional guided tours call Walk the Wild(762-HIKE). Overnight campers require a permit from the Park Warden Office.

Horseback Riding: In Banff contact the stables at the Banff Springs Hotel, or the Trail Rider Store (762-4551); the stables at The Chateau Lake Louise, and Timberline Tours in Lake Louise. (522-3743)

Horse-Drawn Carriages: Departing from 132 Banff Ave. (762-4551)

Racquetball & Squash Courts: For guest and public use contact Douglas Fir Resort on Tunnel Mountain Road (762-5591), Banff Rocky Mountain Resort at Banff Ave. and Tunnel Mountain Drive (762-5531), and Inns of Banff Park 600 Banff Ave. (762-4581)

Rafting: For an exciting way to explore Banff's "whitewater", call Glacier Raft Tours at 762-4347, or Rocky Mountain River Tours at 762-3632

Recreation Facilities: The Community Recreation Centre, Mt. Norquay Road, offers roller skating, skate boarding and tennis. (762-4454) The Recreation Grounds (enter from Birch Ave. off Cave Ave.) offer track, soccer and football fields, baseball diamonds, tennis courts, picnic shelters, and a children's playground.

Swimming: After an exciting day of shopping and/or sightseeing relax in one of Canada's finest natural hot springs at the Upper Hot Springs Pool on Mountain Ave. (762-2056) Or, for family swimming, try the Cave & Basin Pool on Cave Ave. Suit and towel rentals are available at either location.

Water Slides: Douglas Fir Resort on Tunnel Mountain offers two exciting indoor water slides. Fun for the whole family! (762-5591)

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Gifts Galore, Banff Avenue Mall, 223 Banff Avenue
Telephone 762-4941
See map for location

Chamber of Commerce	93 Banff Avenue	762-3777
Credit Union (automated teller)	216 Banff Ave	762-3368
Emergency Ambulance		762-4333
Fire (Alarm Only!)		762-2000
Hospital	Lynx Street	762-2222
Employment Office	Corner of Bear and Buffalo St.	762-4200
Liquor Store	316 Martin Street	762-2518
Parks - Administration (across the bridge)		762-3324
Information (224 Banff Ave.)		762-4256
Park Interpretation (224 Banff Ave.)		762-3229
Park Warden Office (24 hrs.)		762-4506
R.C.M.P. (police) (24 hrs.)		762-2226
Upper Hot Springs		762-2056
Pharmacy - Gourlay's Pharmacy, corner of Bear and Wolf Streets		762-2516
Harmony Drug, Harmony Lane 111 Banff Ave.		762-5711
Post Office - corner of Bear and Buffalo St.		762-2586
(Full Postal Services are also available at SIPISTO, GORO, and WASTASH Canyon Stores. See maps for locations)		
Printing - The Printing Company of Banff		762-4477
Provincial Court House	201 Bear St.	762-4461
R.V. parts - Bohn Sheet Metal (Industrial Compound)		762-4202
Ski Information - Banff Club Ski	Banff Ave. Mall	762-4561
Taxi (Banff Taxi and Sightseeing)		762-4444
Community Resource Centre: Provides information and referral on a variety of social issues. (Planned Parenthood, Landlord and Tenant, Chrisis Counselling) Located at the Y.W.C.A., 102 Spray Avenue.		762-4511
Lake Louise		
Ambulance (Banff)		762-4333
Fire (Alarm Only!)		522-2000
Liquor Store (Samson Mall)		522-3955
Parks - Information		522-3833
Interpretive Office		522-3873
Park Warden Office		522-3866
Post Office (Samson Mall)		522-3870

Cultural Activities

The Banff Centre: The Banff Centre has year-round entertainment, in addition to offering classes in its internationally renowned Banff School of Fine Arts. Classical music, theatre, opera, jazz, and dance are presented. The Banff Festival of the Arts is July 3 - August 26. St. Julien Road (762-6100)

Cave & Basin Centennial Centre: The interpretive centre at "The Cave" marks the founding site of Canada's national park system and provides information, slide shows, and computer games, explaining the past and future of Canada's National Parks. Two short boardwalk interpretive trails highlight the history and geology of the hot springs and the plant and animal life associated with the unique eco-system created by the warm sulphur springs. Don't forget to look for the tropical fish in the Bow River! Go west on Cave Ave. (762-4900)

Library: The Banff Public Library is open every day except Mondays. Corner of Bear and Buffalo Streets. (762-2661)

Lux Cinema Centre: Enjoy the best in entertainment featuring top movies shown in the four state-of-the-art movie theatres. Check the weekly flyers available from most hotels for current showings or call, 762-8595. Corner of Wolf and Bear Streets.

The Luxton Museum: Artifacts of the early Canadian Indian Culture, taxidermy displays, and bookstore. Birch Avenue. (762-2388)

The Park Museum: Western Canada's oldest natural history museum preserves a unique atmosphere through its Edwardian Architecture and original displays of wildlife taxidermy and park artifacts. 93 Banff Avenue (762-3324). Free Admission

Natural History Museum: Follows the geological evolution of the Rockies, using models, diagrams, and fossil displays. Be sure to see the 20 minute audio-visual display of the eruption of Mount St. Helens. Fossil and rock artifacts for sale. Clock Tower Mall. (762-4747)

The Whyte Museum of the Canadian Rockies: Displays of well-known Canadian artists; also contains the Archives of the Canadian Rockies. Tours of the two adjacent heritage homes are also conducted. 111 Bear St. (762-2291)

Walter J. Phillips Gallery: Displays include paintings, weaving, ceramics, photography and works of the Banff Centre students. Located on the Banff Centre Campus. (762-6281)

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SULPHUR MOUNTAIN GONDOLA
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Enjoy the beauty of Banff and the Rockies from the self-serve
PANORAMIC SUMMIT RESTAURANT
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"Top of the World" Prime Rib Dinner — \$7.95*
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CANADIAN ROCKY MOUNTAIN MEMORIES

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UNIQUE SILKSCREENED DESIGNS

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90 Minute Cruise To The Devil's Gap On Beautiful Lake Minnewanka
7 SCENIC MILES FROM BANFF
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We use only the finest fresh ingredients to create fare of uncompromising quality at unexpected reasonable prices.
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ようこそバンフへ
日本の皆様、心より歓迎申し上げます。
この地図は、バンフの信用のおける、優良店ばかりを集めた地図です。どうぞ御利用下さい。

Walking Distances
Distances from downtown:
Banff Springs Hotel...1.4 km
Cave & Basin...1.6 km
Norquay Overpass...1.2 km
Inns of Banff Park...1.7 km
Industrial Compound...3.5 km
Overpass at Lake Minnewanka Road...4.6 km
These distances calculated from the intersection of Banff Ave. and Buffalo St.

Douglas Fir Resort
130 Deluxe Condo/Chalet Accommodation
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1022 Government at Fort Victoria, B.C.

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