

TRAILS

IN THE LAKE LOUISE AREA

THE LAKE LOUISE AREA has three main valleys – Louise, Paradise and Moraine, with connecting trail systems. These trails provide a wide variety of delightful walks and hikes.

IN THE LAKE LOUISE VALLEY.... All visitors should try to spare an hour or two for a stroll along the lake, or a short walk up to Fairview Lookout (¾ mile) above the boathouse. Only in this way can the quiet beauty of this famous lake be truly appreciated.

For those with more time and energy, the trails on this map will be found worthwhile. Most of them are easily graded. If you are unaccustomed to mountain walking, go slowly and steadily, with as few stops as possible. At Lake Agnes and at the Plain of Six Glaciers there are tea houses where lunches may be purchased.

LAKES IN THE CLOUDS.... Mirror and Agnes. These lakes are reached by a trail which leaves the shore of Lake Louise beyond the Chateau. Distances and altitudes are shown in the table below.

The direct route to the Plain of Six Glaciers is a very gradual ascent, while the high line routes via Mirror Lake, or via Lake Agnes and over Big Beehive provide additional rewards with altitude. A beautiful day trip may be planned by making a circle trip on these trails.

PARADISE VALLEY.... may be reached from the main trail to Moraine Lake, turning off at Paradise Creek, or climbing the switchback trail over Saddle for its superb view and the flowers of Sheol Valley, descending the far side to Paradise Valley. For a tour of the main valley, the Giant Steps and Lake Annette are highlights, with open meadows below the Horseshoe Glacier at the head of the valley. Sentinel Pass should not be attempted without hiking boots; there is a good trail on the Moraine Lake side, but travel on the north side of this pass is over large rocks (and snow in early July), where good footing is important. No Horses over Sentinel Pass.

MORAINE LAKE.... Trails travel in two directions here. The flatter walk to Consolation Lakes starts in the Moraine Lake Campground and ends on the lake shore with a lovely reflection view of Mt. Bident and Mt. Quadra.

The walk to Larch Valley starts behind the lodge, climbing slowly but steadily to a magnificent view of the Ten Peaks. The trail branches on the edge of Larch Valley to travel above timberline to Eiffel Lake in high meadows at the upper end of the Valley of Ten Peaks. Larch Valley is a rolling plateau studded with Alpine (Lyll's) Larch, alpine flowers and small lakes.

REGULATIONS – Fires may not be lit without permit anywhere in the park, except in places such as fire circles in picnic and campgrounds. Registration with a Park Warden is required for overnight travel on park trails and for mountain climbing. Organized groups of picnickers are requested to obtain Fire Permits for use of picnic grounds or fire circles. Fire Permits are obtained from the office of the Chief Park Warden, or the District Wardens. Flowers or other plants should not be picked or collected. Bears should not be fed, or enticed with food.

CLOTHING HINTS – Boots with good thick soles, cleated rubber of composition type, for extensive hiking. For short walks, a flat walking shoe, preferably rubber soles. Wool socks, sweater, water-proof jacket – mountain storms are sudden and temperature varies with altitude.

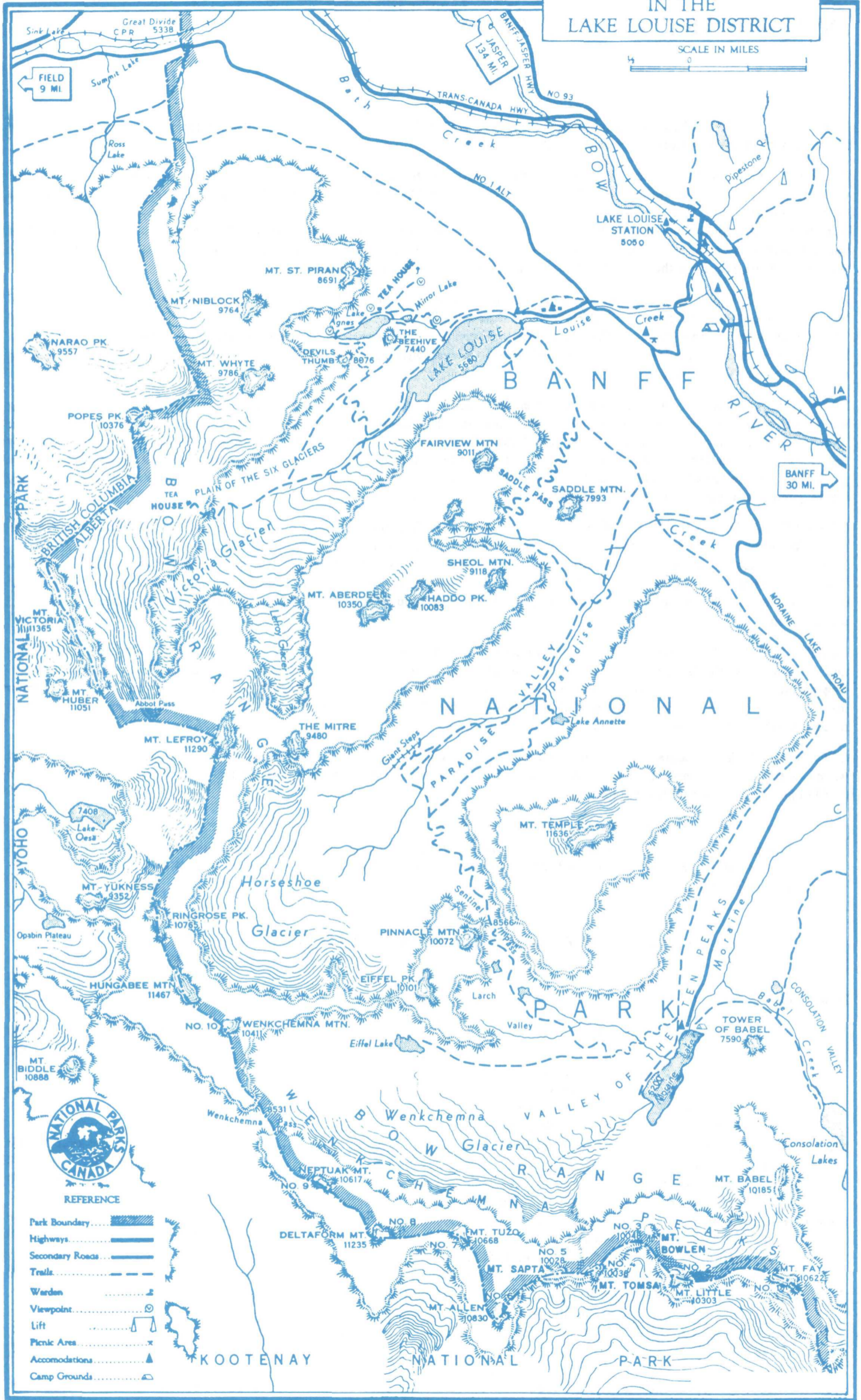
For information on trails in Yoho, Kootenay, Jasper, Mt. Revelstoke and Glacier Parks, ask at the Park Information Offices. For other Park trails consult District Wardens. Topographical maps of Parks may also be purchased at Park Information Offices.

TABLE OF DISTANCES AND ALTITUDES ON TRAILS IN THE LAKE LOUISE AREA

	Mileage	Altitude	
		Lake Louise	5680
Lake Louise	to Mirror Lake	2	Mirror Lake 6700
	to Lake Agnes, add.....	½	Lake Agnes 7000
	to Little Beehive, add	1	Little Beehive 7300
	via Agnes to Big Beehive	4	Big Beehive 7400
	return to Lake Louise via Mirror, add	3	
	to Plain of 6 via Big Beehive	7	Plain of 6 7000
	to Plain of 6 via Mirror and High Line trail	6	
	direct to Plain of 6 along lakeshore.....	4	
Plain of 6 Glaciers Teahouse	to Glacier Lookout.....	1	Glacier Lookout 8000
Lake Louise to Saddleback	3½	Saddleback	7600
	and down to Paradise Valley, add	2½	Paradise 6000-6600
	return by main trail to Lake Louise, add.....	4	
Lake Louise by main trail	to Lake Annette	6	Annette 6500
	by main trail to Giant Steps.....	8	Giant Steps 6600
	return on loop via Lake Annette, add.....	½	
	via Paradise, over Sentinel to Moraine Lake	14	Sentinel Pass 8550
Starting up	Paradise Creek from Moraine Lake road, subtract 1½ miles		from the above mileages
Lake Louise	to Moraine Lake, via Moraine trail.....	10	Moraine Lake 6190
Moraine Lake	to Consolation Lakes	2½	Consolation 6400
	to Larch Valley	2½	Larch Valley 7500
	via Larch trail to Eiffel Lake	5	Eiffel Lake 7400

PARK ROADS AND TRAILS IN THE LAKE LOUISE DISTRICT

SCALE IN MILES



REFERENCE

- Park Boundary.....
- Highways.....
- Secondary Roads.....
- Trails.....
- Warden.....
- Viewpoint.....
- Lift.....
- Picnic Area.....
- Accommodations.....
- Camp Grounds.....