SHOPPING


18 Carmel: Leather goods, silk & cashmere scarves, hand made lingerie, gifts & collectibles. 113 21 Ave South.

19 Caribou Clothes: On Waterton Avenue. Handcrafted sheepskin, leather & fur clothing and accessories. Manufactured locally. Quality gift items. Ph. 859-2346

20 Evergreen Gifts: Table linens, Battenburg Lace, collectibles, handcrafted gifts by Canadian artists. Browsers welcome. Ph. 859-2345.

21 New Frank's Boutique: Casual fashions, souvenir t-shirts, sweatshirts on Waterton Ave.

22 Pat's: Cigars. Premium cigars from around the world. Quality gifts, shirts, sweaters and souvenirs. Great supply of fishing tackle, bike accessories, and RV equipment. 101 27 Ave South.

23 The Village Gift Shop: At the Bayshore Inn. Fine china, souvenirs, film, postcards, wildlife books, t-shirts, hats, jewellery and more. Stop by and browse.

24 Rocky Mountain Food Mart: Groceries, fresh meat, baked bread, deli & produce in season. Camping needs, hardware & souvenirs. Lottes. Open year round. Summer hours 8 a.m. to 10 p.m. daily. Cash machine available.


26 Waterton Outdoor Centre: New for 98. Experience the great outdoors with the experienced staff at Waterton's newest outdoor adventure store. Equipment & apparel, backpacking guides, interpretive programs and more! Located in the new Lodge at Waterton Lake.

27 Tamarack Backcountry Adventures: HIKING-FLYFISHING-SCRAMBLES-INTERPRETIVE WALKS. Enjoy our unique National Park with local and qualified backcountry guides. Various programs and activity levels. Equipment & supplies are available for rent or purchase. Located at the new Waterton Outdoor Centre.

28 Tamarack Village Square: A Waterton tradition for over 75 years. Take a walk through the early years of the Baker family's various business ventures in Waterton Lakes National Park. This historic building now offers quality shopping & visitor services in a very unique atmosphere. Plenty of free parking.

29 Kilmorey Lodge: Homemade Saskatoon jam, unique local gifts, books, prints, tapestries, jewellery. Open year round. Ph. 859-2334.

30 Rams Head Lounge: A traditional Afternoon Tea in the magnificent lobby of the Prince of Wales Hotel. Fine china, souvenirs, film, entertainment. New lounge menu. At the Prince of Wales Hotel.

31 Ledgeview Dining Room and Fireside Lounge: A British Columbia fishing license is required and may be purchased only at the Waterton Visitor Reception Centre. Information is available from BC Parks (604) 422-3216.

32 Wildlife and Wildflowers are abundant. Fall is probably the best time for wildlife watching. The larger animals come down from their summer ranges and waterfowl are on their migratory routes through the Park. Bear, deer, elk and bighorn sheep can be seen in the prairie portions of the Park. Sheep and bison roam freely in this area. The Park’s diversity of habitats is home to a great variety of birds. The Maskinonge area is particularly rich in birdlife. In spring and summer, look for birds around Linnet Lake, Cameron Lake and along the Wishbone Trail. Wildflowers can be seen in the Park at almost any season except winter. In spring and summer, the prairies are particularly blessed with flowers. In the late summer and early fall, wildflowers are blooming at the higher elevations.

WRITER'S PARK CHAMBER OF COMMERCE & VISITORS ASSOCIATION

P.O. Box 5598
Waterton Lakes National Park
Alberta, Canada T0K 2M0
(403) 859-5133 (summer)
(403) 859-2224 (winter)

www.watertoninfo.ab.ca
www.worldweb.com/parks/canada/waterton/

In cooperation with Canadian Heritage - Parks Canada

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Alpine Stables: View the scenery, the wildlife and the whereabouts on horseback. For novice riders as well as experienced. Call by bus, on foot, by carriage, etc. Open 9 a.m. to 5 p.m.

12 Bear Paw Massage Therapy: Specializing in relaxation massage, deep tissue massage, aromatherapy, reflexology, reiki, craniosacral therapy. Ph. 859-2070.


21 Crypt Lake Water Shuttle Service: To-Crypt Lake trailhead, rated a #1 hike in Canada. Spectacular wilderness, reike, craniosacral therapy. Ph. 859-2070.

22 Waterton Marina. Box 126 Waterton. Ph. 859-2362.

34 for a day, week, month or the entire season at the Prince of Wales Hotel and various locations in Glacier National Park around historic “Reds” tourist bus. Ph. 859-2283.

39 Jammer Tours: Transportation between the Prince of Wales, Motel and several locations in Glacier National Park about historic “Reds” tour bus. Ph. 859-2283.


60 Trail of the Great Bear: An international scenic tour linking Greater Yellowstone, Glacier-Waterton and Banff-Jasper. For FREE colorful Directory write Box 142, Waterton, AB T0K 2M0.


74 Waterton Lodge: Central, quiet, mountain views. Deluxe suites to family cabins & cottages. Whirlpool, playground, BBQ picnic area. AAA 3-diamond. Accepts MC, VISA, DIS. Ph. 859-2533 or 859-2538. Breakfast served daily 7-9:30 a.m. to 9 a.m. Amenities: Hot tub, pool, fitness, tennis courts, pool room, gift shop, library, bar. Outdoor lounge & dining facilities. Amenities: Cabins, washer & dryer, fireplace in selected. Ph. 859-2538.


88 Cameron Lake Lodge & Rentals: Canoe, rowboat or paddleboat crystal Cameron Lake on the Continental Divide. Enjoy the beauty, magnificent scenery, wildlife watching, fishing or just relax. Guided interpretive wildlife watching. Fishing tackle and confectionery. Open daily 7:30 a.m. to 8 p.m.

98 Kilmory Lodge: Large meeting room & break-out rooms for conferences, reunions, weddings, banquets. Ph. 859-2211.

107 Crandall Mountain Lodge: Ideal for small group meetings/conferences. Ph. 859-2288.

116 Bayshore Inn: Large meeting room & break-out rooms for conferences, reunions, weddings, banquets. Ph. 859-2211.

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Wapiti, mule deer and bighorn sheep are some of the oldest exposed bedrock in Canada. The wildlife attracted many aboriginal peoples and has contributed to a rich natural and cultural heritage. While preservable, the area was not set aside as a park in 1895, largely due to the efforts of local rancher Frederick Godwin.

Waterton was fourth in an extensive system of national parks, historic sites and rivers, assisting areas representative of Canada's natural and cultural heritage. While evolution of this rich resource is the first priority, public understanding, appreciation and enjoyment of these special places is encouraged.

Initiated by the Rotary Clubs of Alberta and Montana in 1952, Waterton Lakes and Glacier National Parks were designated the world's first International Peace Park, commemorating the long friendship of the United States and Canada. The International Peace Park has come to represent the need for cooperation between nations, in a world where the sharing of resources and reconciliation is a reality. In 1995, UNESCO designated the Waterton-Glacier International Peace Park as a World Heritage Site.

Both Parks have also been designated Biosphere Reserves, by the UNESCO Man and the Biosphere Program, to provide information about the relationships between people and their environment.

Short Hikes and Strolls

<table>
<thead>
<tr>
<th>Trailhead</th>
<th>Distance (one way)</th>
<th>Time (approx.)</th>
<th>Elevation Gain</th>
</tr>
</thead>
<tbody>
<tr>
<td>Bear's Hump</td>
<td>1.4 km (0.9 mi.)</td>
<td>45 minutes</td>
<td>200 m (656')</td>
</tr>
</tbody>
</table>

Wildlife watching and photography are best from a safe distance and from your car. Do not leave food or garbage where wildlife can get it for your safety and theirs. Animals that become habituated to human food may have to be destroyed. Be patient and keep your distance. Do not feed or entice animals to approach.

WILDFIRE

All Park animals are wild, unpredictable and potentially dangerous. Grizzly and Black bear encounters have caused fatal injuries. Please read the pamphlet "You Are In Bear Country," available at all Park offices. Deer and sheep may aggressively seek food from people and can cause injury by striking out with their sharp hooves. Other wildlife, especially when they are young or when human food or garbage is an attraction, have also attacked people. Do not feed or enticing animals to approach.

WEATHER

Snow and very cold temperatures can occur during any month of the year. Summer can be a major problem, particularly at higher elevations. Our very strong winds can seri­ously chill the body. Because mountain weather can change very rapidly and unpredictably, you should carry warm clothing and proper equipment at all times.

DRINKING WATER

Though Park waters are generally clear, there is always a chance that harmful bacteria or parasites may exist in intersurface water. Carry water from one of the Park's treated water sources or boil all un­treated water.

SWEET MOUNTAIN TERRAIN

Most accidents involving natural hazards in Waterton occur when people fall down steep slopes and cliffs. Minimum risk arises in these areas by staying on designated trails. Keep very well back from edges and super­vising children closely. Wet moss­covered surfaces can be slippery. Loose rock on scree slopes and near steep drops is especially dangerous.

CAMPING

There are 255 km (191 miles) of trails in Waterton Lakes National Park. They range in difficulty from a short stroll to steep hikes of several days duration. Trails are provided for a variety of users, including hikers, horse riders and bikers. Watch for information signs at the trailhead for the type of use permitted. Trails in Waterton also lead to extensive trail systems in Montana's Glacier National Park and in British Columbia's Columbia-Kootenay Provincial Park.

Wildlife observed within Waterton’s eight designated wilderness campgrounds.

Hiking is permitted only in designated areas, as marked by signs. Removal of such objects is subject to fines and possible imprisonment.

Camping is permitted only in designated areas, as marked by signs. Permits are required for backcountry camping.

Many plants considered rare in Canada. This juxtaposition of a variety of terrain led to the drilling of eastern Canada's first well.

Mist on the mountains meet the prairie—"Where the mountains meet the prairie"—is a World Heritage Site.

Lakes and Streams

Wapiti, mule deer and bighorn sheep are found in the Park.

The meeting of rolling prairie and lofty mountains found in Waterton Lakes National Park provides a constant unique in the Canadian National Parks system. This juxtaposition creates a richer variety of flowers and animals than is found in most national parks. About 53% of Alberta's total wildflower species can be found in Waterton, including many plants considered rare in Canada. Western coniferous and deciduous forests are commonly seen and both granite and black bears are found in the Park.

Waterton’s 252 square kilometers (101 sq. mi) have unique geology, history, wildlife, and landscapes, making it one of the oldest exposed bedrock in the Canadian Rockies. Glacial landforms, ancient lakes, streams and waterfalls also add interest to which are waterfalls and rapids.

Human use of the Waterton area has a long history. The first recorded residents in the area were paleo-Indian peoples and has contributed to a rich natural history extending back 11,000 years. Over 200 archaeological sites have been documented in the area.

Early European explorers and settlers also left their mark on the area. Lt. Thomas Blakiston, a member of the famous Palliser Expedition, and one of the area’s earliest ex­plorers, named the lakes after the 18th cen­tury British naturalist Charles Waterton.

The lakes and streams present two dangers, drowning and hypothermia in the extremely cold waters. Take precautions when on the water or along edges of streams and lakes. Keep children closely supervised.