The Saguenay–St. Lawrence Marine Park covers an area of 1,245 km². The park protects a marine area endowed with an exceptional diversity of wildlife and plant life. More than 1,300 wild species have been sighted within its boundaries, ranging from microscopic algae to the gigantic blue whale. Renowned for its scenic landscapes, the park is also one of the world’s best places for whale watching. To believe it, you’ve got to live it, at sea and on land!

Visitor’s GUIDE
2014

LIVE THE EXPERIENCE AT SEA!

LIVE THE EXPERIENCE ON LAND!

Parks Canada: 1-888-773-8888 • parkscanada.gc.ca | Parcs Québec: 1-800-665-6527 • sepaq.com
THE "MUST-DOS"

WHALE-WATCHING BY BOAT

What fun it is to hear a whale blow or catch a glimpse of this incredible animal at the water’s surface! From aboard a boat, take in the fascinating spectacle of marine animals. Get ready for a seaside experience in the kingdom of whales, seals and seabirds. Select the type of excursion best suited to you. See pages 3 to 5.

WHALE-WATCHING FROM SHORE

While out walking, biking or driving along the marine park shorelines, keep your eyes peeled and your ears open! You might well glimpse or hear belugas, minke or fin whales as well as harbour porpoises all hugging the coast. Some surprises in store for you in a range of locations, starting from Baie-Sainte-Catherine and extending to Les Escoumins, with the Sacré-Cœur sector in between. See the Discovery Network section (pages 8 to 13).

DISCOVERY ACTIVITIES

To satisfy your thirst for knowledge, take part in any one of several activities on offer: Enthusiastic guide-interpreters and fascinating exhibits will give you some valuable insights into the many facets of the marine park. These helpful resources will tell you the full story of marine life, ranging from starfish to sharks, along with the history of local lighthouses and Aboriginal populations. See the Discovery Network (pages 8 to 14).

KAYAKING

Whether you go out paddling with a professional guide or on your own, sea-kayaking is a great way to appreciate the marine park’s beauty and sprawling spaces. When prepared with care, a kayaking outing offers you the pleasures of the great outdoors in complete safety. For an excursion lasting several days, take advantage of the campsites located along the edges of the park. See pages 3 and 6.

SPECTACULAR VISTAS

On foot or by car or bicycle, discover the numerous viewpoints out over the Saguenay Fjord and the St. Lawrence Estuary. Once you begin to admire the sights along the shoreline, listen to the crash of waves on the beach and breathe in the salt air; it won’t be long before you’ve left the daily grind behind you. Located in the immediate vicinity of the marine park, the Discovery Network guarantees you a real change of scenery (pages 8 to 14).

PURPOSE OF THE MARINE PARK

Recognizing the importance of protecting the environment, wildlife, plant life, and natural resources of a part of the Saguenay Fjord and St. Lawrence River estuary, the governments of Quebec and Canada created, together with public support, the Saguenay–St. Lawrence Marine Park.

The Marine Park’s mission is to increase ecosystem protection levels for conservation purposes, for the benefit of present and future generations, while encouraging its use for educational, recreational and scientific purposes.

Activities in the Marine Park are regulated with a view to ensuring the sustainable use of this area and its resources. Regional stakeholders contribute to achieving the marine park’s objectives.

YOUR SAFETY: YOUR RESPONSIBILITY

Outdoor activities can involve certain risks. Make sure that you have the skills and abilities required for the activity you choose. It is important to know the risks inherent to this activity, to respect your limits and to use appropriate equipment.
Whether you are looking for adventure or a quiet tour on the water, you will be delighted. Choose the type of boat and excursion that suits you best and take the full measure of wide open spaces. Each sea outing is unique!

TO HELP YOU CHOOSE
Marine tour companies have many watercraft types and sizes. Contact the marine tour providers to determine which products best suit your needs.

GUIDED EXCURSIONS
Marine tour captains and guides have sound knowledge of the marine environment. They can put that knowledge at your service and answer your questions.

Regardless of the type of boat you choose, your captain will stay within regulated speeds and respect the approach distances and speeds to be maintained in the vicinity of whales. However, whales can sometimes unexpectedly emerge near a boat. Your captain knows what to do in such circumstances. When sea-kayaking, your guide will make sure you keep to the proper distances and navigate in complete safety.

Follow your guide…

Marine Activities in the Saguenay–St. Lawrence Marine Park Regulations
Developed in partnership with the marine tour companies, the regulations provide a framework for the activities practiced in the Marine Park. The regulations indicate the maximum navigation speed permitted throughout the park, as well as the distances and speeds to be respected when marine mammals are present (see table). All watercraft in the Marine Park must comply with these regulations.

Boat captains and sea-kayaking guides of organizations with marine tour permits must pass the Parks Canada regulations course.

Let’s protect whales – let’s keep our distance!

MAX 10 knots

MAX 3 knots

MAX 25 knots

M A I N T A I N A D I S T A N C E O F A T L E A S T 4 0 0 m F R O M B E L U G A S A N D B L U E W H A L E S

I T I S P R O H I B I T E D T O C O M E W I T H I N 1 0 0 m O F W H A L E S *

D O N ’ T C R O S S T H E P A T H O F W H A L E S

O B S E R V A T I O N Z O N E ½ N A U T I C A L M I L E

DISTANCE

½ nautical mile = 926 meters

SPEED

3 knots = 5.56 km/h = 3.45 mph
10 knots = 18.52 km/h = 11.50 mph
25 knots = 46.30 km/h = 28.70 mph

In the event of any disparity, the text of the Regulations shall take precedence over the information presented in this guide.

* Under certain conditions, marine tour permit-holders (i.e., whale watching vessels) are allowed to come as close as 100 m of whales other than belugas and blue whales.

Did you know…?

That four large migrating whales can be seen in the Marine Park in the summer: they are the minke whale, the fin whale, the humpback whale and the blue whale.

The beluga whale and harbour seal are the only marine mammals that spend the entire year in the St. Lawrence Estuary. Can you tell which is which?
**Experience the Sea by Boat**

### Croisières AML

<table>
<thead>
<tr>
<th>Contact</th>
<th>Website</th>
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<tbody>
<tr>
<td>1-800-563-4643</td>
<td>croisieresaml.com</td>
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</table>

Lose yourself in a different way with Croisières AML! Live an exceptional experience on board the best observation boats in Canada in the company of certified bilingual guide-naturalists who will let you feel their passion for marine mammals!

Leave from Tadoussac, Baie-Sainte-Catherine, Rivière-du-Loup

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### Croisières Personnalisée Saguenay

<table>
<thead>
<tr>
<th>Contact</th>
<th>Website</th>
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<tbody>
<tr>
<td>418-608-8058 ou 418-272-2739</td>
<td>croisieresaguenay.ca</td>
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</table>

For 24 years, customized high-end cruises focused on contemplation, according to a private or combined approach (6 people maximum), thus ensuring you a personal, distinctive and rewarding experience on the majestic Saguenay Fjord.

Leave from L'Anse-Saint-Jean

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### Croisières Groupe Dufour* / Croisières Charlevoix

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<tr>
<th>Contact</th>
<th>Website</th>
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<tr>
<td>1-800-463-5250 / 1-866-638-1483</td>
<td>dufour.ca / baleines.ca</td>
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</table>

Be at the forefront in discovering the whales and the upper estuary of the St. Lawrence River in the company of our experienced guide-naturalists. Only our cruises offer 5-heart service, and guaranteed unforgettable moments.

Leave from Tadoussac, Baie-Sainte-Catherine, Saint-Siméon

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### Les Croisières du Fjord

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<tr>
<th>Contact</th>
<th>Website</th>
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<tbody>
<tr>
<td>418-543-7630 / 1-800-363-7248</td>
<td>croisieresdufjord.com</td>
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Croisières du Fjord offers the most stunning gateway to the discovery of the Saguenay Fjord, its highest capes, Notre-Dame-du-Saguenay, the villages, their histories and their attractions.

Leave from La Baie, Sainte-Rose-du-Nord, Rivière-Éternité, L’Anse-Saint-Jean and Tadoussac

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### Société Duvetnor

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<th>Contact</th>
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<tr>
<td>1-877-867-1660</td>
<td>pharedupot.com</td>
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Guided and informative excursions based on observation and discovery of the St. Lawrence. Remarkable biological diversity, seal haulouts, cliffs teeming with sea birds, belugas and visits to historic sites.

Leave from Rivière-du-Loup

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Marine excursion businesses, Parcs Québec, Parks Canada and the Group for Research and Education on Marine Mammals (GREMM) joined forces to found the Eco-Whale Alliance. Their objective is to ensure that whale-watching in the marine park is conducted responsibly and in keeping with the principles of sustainable development.

Member businesses have adopted a charter that sets out their commitments as part of this Alliance. The charter is posted on the premises of members as well as on www.eco-baleine.ca. Take a few minutes to read it and support compliance with these commitments.
### EXPERIENCE THE SEA BY ZODIAC BOAT

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<tr>
<th>Croisières AML</th>
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<tr>
<td>1-800-563-4643</td>
<td>croisieresaml.com</td>
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<tr>
<td>For an outstanding nature experience aboard one of our Zodiacs! In the company of certified bilingual naturalist guides, go into the whales' compelling environment. Ideal for thrill seekers!</td>
<td>Exhilarating whale-watching excursions in comfortable and safe 12-passenger zodiac boats. Be on the lookout for a meeting with the largest mammals, a breathtaking experience! Kuei! Welcome!</td>
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<td>Leave from Tadoussac, Baie-Sainte-Catherine</td>
<td>Leave from Les Bergeronnes</td>
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<tr>
<td>1-800-463-5250 / 1-866-638-1483</td>
<td>dufour.ca / baleines.ca</td>
</tr>
<tr>
<td>Be at the forefront in discovering the whales and the upper estuary of the St. Lawrence River in the company of our experienced guide-naturalists. Only our cruises offer 5-heart service, and guaranteed unforgettable moments.</td>
<td>Experience a whale-watching adventure on the crest of the waves in safe and modern (Zodiac) inflatables. A fast, non-disturbing and pleasant way to navigate.</td>
</tr>
<tr>
<td>Leave from Tadoussac, Baie-Sainte-Catherine, Saint-Siméon</td>
<td>Leave from Les Bergeronnes, Les Escoumins</td>
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<tr>
<th>Les Écumeurs du Saint-Laurent</th>
<th>Croisière Escoumins</th>
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<tr>
<td>1-888-817-9999</td>
<td>lesecumeurs.com</td>
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<tr>
<td>Les Écumeurs du Saint-Laurent invites you to discover the fascinating world of whales on board one of our 12-passenger zodiac boats, in the company of passionate captains. You’ll live through a unique and exciting experience.</td>
<td>Set out on an adventure to the paradise of whales aboard a new generation of zodiac type craft, one that is safer and more ecological. Experienced captains, theme cruises, whales guaranteed or your money back.</td>
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<td>Leave from Les Escoumins</td>
<td>Leave from the private des Escoumins quay</td>
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<th>Otis excursions</th>
<th>Parc national du Fjord-du-Saguenay</th>
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<tr>
<td>418-235-4197 / 418-235-4537</td>
<td>otisexcursions.com</td>
</tr>
<tr>
<td>Get close and intimate with whales and other marine mammals on board our quiet, ecological, 12-passenger zodiac boats.</td>
<td>On the departure from one of the most beautiful bays of the Fjord, take a place on the zodiac and start the adventure. Experience an incursion into a protected ecosystem with a biodiversity that is unique in the world.</td>
</tr>
<tr>
<td>Leave from Tadoussac</td>
<td>Leave from the Baie-Éternité quay (parc national du Fjord-du-Saguenay)</td>
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**Experience the Sea by Kayak**

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<th>Centre de vacances – Ferme 5 étoiles</th>
<th>Katabatik – Aventure dans Charlevoix</th>
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<tr>
<td>418-236-4833 / 1-877-236-4551</td>
<td>1-800-453-4850 / 418-665-2332</td>
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<tr>
<td>ferme5etoiles.com</td>
<td>katabatik.ca</td>
</tr>
<tr>
<td>Discover the beauty of the Saguenay Fjord sea-kayaking. Rocky cliffs and natural gems await. Nature lovers, experience our safe circuits: &quot;Sunset&quot; initiation, half day or expedition.</td>
<td>Specialists in guided sea kayaking excursions, our guides are dedicated to the St. Lawrence upper estuary. Abundant marine wildlife, amazing geomorphology, the Charlevoix coast are a paradise for paddlers.</td>
</tr>
<tr>
<td>Leave from L’Anse-de-Roche</td>
<td>Leave from Baie-Saint-Paul, Cap-à-l’Aigle, Baie-des-Rochers</td>
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<th>Excursions Fanons</th>
<th>Kayaks du Paradis</th>
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<tr>
<td>418-587-3316 / 418-233-2846</td>
<td>418-232-6237</td>
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<tr>
<td>excursionsfanons.com</td>
<td>campingparadismarin.com</td>
</tr>
<tr>
<td>Our experience is your guarantee of a well-organized sea-kayaking experience. Our guides and our zodiac boat are there to make sure your outing is safe and enjoyable.</td>
<td>Guided tours with a focus on safety and nature discovery. This adventure sport will give you the feeling that wildlife is so close you can touch it!</td>
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<td>Leave from Les Escoumins</td>
<td>Leave from Les Bergeronnes</td>
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<th>Fjord en Kayak</th>
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<tr>
<td>1-866-725-2925</td>
<td>1-866-637-6663</td>
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<tr>
<td>fjordenkayak.ca</td>
<td>meretmonde.ca</td>
</tr>
<tr>
<td>Guided excursions on the Fjord for children from 3 years of age, initiation courses and expeditions for adults. In small groups, fibreglass kayaks, personalized service, excellence of the guides, gastronomy. Canada’s “Signature Experiences Collection.”</td>
<td>An intimate experience linking humans to nature, where the sea kayak is the preferred tool for observation of the marine environment. Our professional team invites you to experience unforgettable moments.</td>
</tr>
<tr>
<td>Leave from L’Anse-Saint-Jean</td>
<td>Leave from Les Bergeronnes, Tadoussac</td>
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<tr>
<th>Parc national du Fjord-du-Saguenay</th>
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<tr>
<td>1-800-665-6527</td>
</tr>
<tr>
<td>Explore the most beautiful parts of the Fjord with OrganisAction: Le Québec Hors Circuits! Naturalist-guides. An intimate rendez-vous in the heart of an impressive natural setting and a unique marine environment.</td>
</tr>
<tr>
<td>Leave from Baie-Éternité</td>
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**Are You Planning a Seagoing Activity Without a Certified Guide?**

Before you set out, find out about the directives you need to follow and the equipment you need to bring to make sure your outing is safe and enjoyable. Consult the [www.canot-kayak.qc.ca](http://www.canot-kayak.qc.ca) website.

Indeed, weather conditions change rapidly and strong marine currents could make your outing hazardous. For your safety, stay close to the shoreline so as to always keep it in sight, particularly under fog conditions. On account of marine traffic, avoid making “shore-to-shore” crossings.
OBSERVING ENDANGERED WHALES: it's quite a privilege!

The Saguenay–St. Lawrence Marine Park is one of the few places in the world where belugas and blue whales come together. Even though there are few of them, blue whales are found in all oceans except the Arctic. In contrast, most belugas live in the Arctic, but a small population of belugas live apart from the others: these are the St. Lawrence belugas. For these whales, the marine park is a precious habitat.

**CAUTION**

Beluga whales give birth to their young in the summer. The females need tranquility to raise their young, to feed them and to rest. Even if the temptation is strong, do not approach them voluntarily. This avoids diverting them from their natural behaviour which is essential to their survival. This respectful attitude is important whether you’re kayaking, on a sailboat or aboard a motorboat. Thank you for your cooperation.

**KAYAKERS AND RECREATIONAL BOATERS: TAKE PART IN THE PROTECTION EFFORT!**

These whales are endangered: the current number of animals is insufficient to ensure the survival of their population. Each animal is important and must be able to feed and rest without being disturbed. You have the privilege of seeing them in their habitat and of appreciating their natural behaviour. Take advantage of this privilege by observing them from a distance of at least 400 metres.

A regulation is in force throughout the marine park, and park wardens provide surveillance. Even outside the marine park, it is forbidden to disturb marine mammals.

**AVOID SAILING NEAR THE ISLANDS OF THE UPPER ESTUARY**

(AUX LIÈVRES, AUX FRAISES, DU POT-À-L’EAU-DE-VIE, ROUGE) AND NEAR SAINTE-MARGUERITE BAY (SAGUENAY)

FREE!

Get your copy of the *Saguenay–St. Lawrence Marine Park Boater’s Guide*. Ask for it in one of the marinas or on marinepark.qc.ca

- Printed on rugged, waterproof paper
- Features a map of the marine park
- Contains a host of practical information

---

Dive into the heart of magnificently coloured gardens and discover animal life below the surface. The cold salt waters of the St. Lawrence estuary are home to varied, impressive marine life. These sites offer divers special access to the Marine Park (fees apply).

**PARADIS MARIN**

4, chemin Émile-Boulianne, Les Bergeronnes
Tel: 418-232-6237

**Services on location:** Launching site, showers and washrooms.

**MARINE ENVIRONMENT DISCOVERY CENTRE, A PARKS CANADA SITE**

Diving base operated by the Fédération québécoise des activités subaquatiques (FQAS)
41, rue des Pilotes, Les Escoumins
Tel.: 418-233-4025

**Services on location:** Equipment rentals, air refills, guided dives, customized packages, launching platforms, hot-water showers, and washrooms.
LIVE THE EXPERIENCE ON LAND!

THE SAGUENAY–ST. LAWRENCE MARINE PARK DISCOVERY NETWORK

Parks Canada, Parcs Québec and their partners have teamed together to offer you some truly rewarding, unforgettable vacation experiences!

The Discovery Network is: 24 ways to discover the Saguenay–St. Lawrence Marine Park. Choose from a wide array of experiences: meet some genuinely gung-ho people, take in some fascinating exhibits, enjoy some fabulous outings and explore the great outdoors. Bring along your picnic and binoculars: there are some good times ahead for you and your close ones.

Identify the number of the site that you are interested in on the map. This number will help you find the description in the following pages.

LEGEND

- Park information office
- Municipality
- Shuttle
- Ferryboat
- Hiking trail
- Hiking and cycling trail
- First-Nation community
- Scenic lookout
- Interpretation
- Underwater diver services
- Excursions
- Ice fishing
- Sightseeing cruises
- Barrier-free access
- Land-based whale-watching
- Bird-watching
- Saguenay–St. Lawrence Marine Park
- Parc national du Fjord-du-Saguenay
- Other protected areas
CENTRE ÉCOLOGIQUE DE PORT-AU-SAUMON

Discover a variety of marine and forest ecosystems; explore a crevasse and a 15-metre waterfall; see and touch various marine organisms.

Schedule: June 22 to August 14
Admission: “Marine organisms” visit: Adult: $5 Child: $3
Footpath visits are also possible.

PORT-AU-PERSIL

A haven of peace in phase with the tides, Port-au-Persil is a member of the “Association des plus beaux villages du Québec” (Quebec’s most beautiful towns).

Schedule: All year long
Admission: Free

PARC MUNICIPAL DE LA BAIE-DES-ROCHERS

Walk along one of the marked trails and take time out to enjoy the delightful surroundings and stupendous panoramas of the St. Lawrence Estuary.

Schedule: All year long
Admission: Free

POINTE-NOIRÉ INTERPRETATION AND OBSERVATION CENTRE

Enjoy a break and treat yourself to a breathtaking view out over the sea! There you can meet and talk with the guide-interpreters and use the telescopes on location to better understand and admire the whales.

Schedule: June 21 to September 1: every day September 2 to October 13 (incl.): Fridays, Saturdays, Sundays and holiday.
Admission: Fees set according to age and group. Free of charge for children under 6 years of age.

PETIT-SAGUENAY DOCK

One of the most splendid viewpoints along the fjord, the Petit-Saguenay wharf is blessed with a majestic setting and awe-inspiring sunsets that have inspired numerous painters and photographers.

Schedule: May 15 to November 1
Admission: Free

L’ANSE-SAINT-JEAN

Lying on the shores of the majestic Saguenay fjord, experience the wonder of this picturesque village thanks to the many outdoor activities and services available.

Schedule: End of June to mid-September
Every day
Tel.: 418-272-2974
**BAIÉ-ÉTERNITÉ SECTOR**

91, rue Notre-Dame
Rivière-Éternité
Tel: 1-800-665-6527 / 418-272-1556
parcsquebec.com

**Schedule:**
May 16 to October 13

**Admission:**
Admission fee charged

In the crevices of the cliffs of the fjord, a centre of outdoor activities on land, at sea and in the air!

What’s new: The via ferrata of Éternité bay, an amazing course!

**SAINTE-ROSE-DU-NORD**

Municipality of Sainte-Rose-du-Nord
126, rue de la Descente-des-Femmes
Sainte-Rose-du-Nord
Tel: 418 675-2250
ste-rosedunord.qc.ca

**Schedule:**
May to October

**Musée de la nature**
Tel: 418 675-2348

Visit the “Pearl of the Fjord”, a town set in a valley between capes, which has kilometres of trails with the most beautiful panoramic viewpoints over the Fjord.

**MUSÉE DU FJORD**

3346, boul. de la Grande-Baie Sud
Saguenay (La Baie borough)
Tel: 418-697-5077
1-866-697-5077
museedufjord.com

**Schedule:**
June 24 to September 1: Every day
September 2 to June 23: Tuesday to Sunday

**Admission:**
Adults: $15
Children (6 to 17): $8.50
Rates for families and groups
Taxes included

Winner of 7 excellence awards, the Fjord Museum invites you to discover the Saguenay Fjord and its inhabitants through a unique multimedia experience and exciting exhibitions.

**BAIE-SAINTE-MARGUERITE SECTOR**

1121, route 172 Nord
Sacre-Cœur
Tel: 1-800-665-6527 / 418-236-1162
parcsquebec.com

**Schedule:**
May 16 to October 13

**Admission:**
Admission fee charged

Watch the beluga whales from the shore and discover the fascinating universe of this protected species. What’s new at Bleuvert camping! 2 service sites and ready-to-camp in a Huttopia tent.

**CENTRE D’INTERPRÉTATION DES BATTURES ET DE RÉHABILITATION DES OISEAUX (CIBRO)**

100, rue du Cap-des-Roches
Saint-Fulgence
Tel: 418-674-2425
cibro.ca

**Schedule:**
May to October

**Admission:**
Admission fee charged.
Contact us!

Discover our wild birds in rehabilitation on the avieries’ trail, observe several species of aquatic birds in the marshland and enjoy the exceptional scenery.

**ANSE-DE-ROCHE DOCK**

346, ch. de l’Anse-de-Roche
(via route 172)
Sacre-Cœur
Tel: 418-236-4325
12 nautical miles from Tadoussac.

A seaport surrounded by majestic landscapes where the sunsets are unforgettable. Picnic area, kayak outings.
CENTRE D’INTERPRÉTATION DES MAMMIFÈRES MARINS (CIMM)

108, rue de la Cale-Sèche
Tadoussac
Tel: 418-235-4701
baleinesendirect.org

Schedule: May 12 to October 26: Where are the whales? Where are they? What are the researchers doing? A visit is a must! Exhibition, film, specialists.

Admission:
- Adults: $10.50 (plus taxes)
- Children and students: Free

POSTE DE TRAITE CHAUVIN

157, rue du Bord-de-l’Eau
Tadoussac
Tel: 418-235-4657 / 418-235-4446
ext. 229
tadoussac.com

Schedule: Every day
Schedule: May: Upon reservation, with groups

Admission:
- Adults: $4
- Seniors: $3
- Children and students: $2.50

BAIE-DE-TADOUSSAC SECTOR

Observe the meeting of two giants at the crossroads of Pointe-de-l’Iset. For nature adventurers, go to the start of the Fjord trail!

CENTRE ARCHÉO TOPO

498, rue de la Mer
Les Bergeronnes
Tel: 418-232-6286
archeotopo.com

Schedule: May to mid-October
Admission:
- Adults: $6
- Seniors: $5
- Families, Children and group rates

Wander through the fascinating exhibition which tells the story of the human occupation of the Côte-Nord region, from the first American Indians to the present day. Pottery or bead-making workshops.

CAP DE BON-DÉSIR INTERPRETATION AND OBSERVATION CENTRE

13, ch. du Cap-de-Bon-Désir
Les Bergeronnes
Tel: 418-232-6751
418-235-4703
(low season)
parkscanada.gc.ca

Schedule: June 21 to September 7: Every day
September 8 to October 13: Wednesday to Sunday and holiday

Admission:
Fees set according to age and group.
Free of charge for children under 6 years of age.

Watch whales, seals and seabirds in close to shore. Our guides are eager to answer your questions and to offer you activities. Be sure to bring along warm clothing, binoculars and a picnic.

MARINE ENVIRONMENT DISCOVERY CENTRE

41, rue des Pilotes
Les Escoumins
Tel: 418-233-4414
418-235-4703
(low season)
parkscanada.gc.ca

Schedule: June 21 to September 1: Every day
September 2 to October 13: Fridays, Saturdays, Sundays and Holidays

Admission:
Fees set according to age and group.
Free of charge for children under 6 years of age.

Explore one of North America’s most beautiful underwater landscapes! Activities for the whole family. See whales and visit the exhibit. Follow divers live on widescreen images (reservations recommended).
ÎLE AUX BASQUES

468, rue Vézina
Trois-Pistoles
Tel.: 418-851-1202
provancher.qc.ca

Schedule: June 9 to September 5: Every day, according to the tides and on demand.

Admission: Adults: $28
Youth (7-15): $15.65
Children (6 and under): $6.10
Taxes included

Île aux Basques is a gem of our natural and historic heritage. While on the island, watch birds and seals, hike the trails, and discover the centuries-old ovens once operated by Basque fishermen.

PARC DE L’AVENTURE BASQUE EN AMÉRIQUE

66, rue du Parc
Trois-Pistoles
Tel.: 418-851-1556
aventurebasque.ca

Schedule: June 23 to September 1: Every day
Group accommodation during low season, upon reservation.

Admission: Based on the activities chosen
Family and group rates

The Parc de l’aventure basque en Amérique is an interpretation centre which recounts the great epic of the whalers in the St. Lawrence estuary in the 16th century.

BAIE DE L’ÎLE-VERTE NATIONAL WILDLIFE AREA

La Maison Girard
Interpretation Centre
371, route 132 Est
L’Île-Verte
Tel.: 418-898-2757 / 418-867-8882,
ext. 201 (low season)
parcbaslauriet.com/kiskotuk

Schedule: Mid-June to September 1
Admission: Free

Follow the trails on the south shore of the estuary and observe the largest grassy salt marsh on the St. Lawrence.

ÎLE-VERTE LIGHTHOUSE NATIONAL HISTORIC SITE OF CANADA

Les Maisons du Phare de l’Île Verte
2802, chemin du Phare
Notre-Dame-des-Sept-Douleurs
Tel.: 418-898-2730
phareilleverte.com

Schedule: June 1 to October 31: The lighthouse can be accessed every day, in accordance with tide tables.

Information on ferry crossing: 418-898-2843 or www.inter-rives.qc.ca

Admission: $80 single occ. and $120 double occ. (plus taxes)

Discover the first lighthouse on the St. Lawrence and its museum. Fall asleep to the sound of the waves in the lightkeepers’ houses.

ST. LAWRENCE EXPLORATION CENTRE

80, rue MacKay
Rivière-du-Loup
Tel.: 418-867-8796 / 418-867-8883,
ext. 206
romm.ca

Schedule: June 8 to September 1
Admission: Adults: $7.50
Children (6-17): $4
Special family and group rates

Discover the St. Lawrence marine resources in their natural surroundings. Touch, observe and allow yourself to be guided to the heart of an amazing array of flora and fauna.

ÎLES DU POT À L’EAU-DE-VIE AND ÎLE AUX LIÈVRES

200 rue Hayward
C.P. 305
Rivière-du-Loup
Tel.: 1-877-867-1660
ileauxlievres.com
pharedupot.com

Schedule: Mid-June to the end of September
Admission: According to the trip and the duration of the stay

Ecotourism experience, with a visit to bird sanctuaries, romantic nights on an island, guided cruises, hiking in a natural environment and exploration of historical sites.
**FAMILY-BASED PLEASURE!**

**EMBARK UPON A MODERN-DAY TREASURE HUNT: GEOCACHING!**
Equipped with a GPS, set off in search of Parks Canada’s geocaches. Do a search for “The White Whale”, “La Fidèle”, “Magtogoek” or “A Fragile Ecosystem” on geocaching.com.

**THE MARINE PARK IN YOUR SCHOOL**
* Parks Canada offers two online educational activities in relation to its outreach program:
  1. Elementary students in cycle 3 go on a virtual scientific expedition to explore the Marine Park.
  2. Students in the secondary – cycle 1 geography program get to discover the protected territory.

Write us at: info.parcmarin@pc.gc.ca.

Visit marinepark.learnquebec.ca

**DO YOUR CHILDREN LOVE TO EXPLORE?**
Ask for the Xplorer program booklet when you enter one of the Parks Canada sites.

**EXPLOS-NATURE : ÉDUCATION-RECHERCHE**
302, rue de la Rivière, Les Bergeronnes
Tel.: 418-232-6249
explos-nature.qc.ca

Children discover the natural sciences through the five senses! Nature classes for educational institutions, specialty camps and science day camps. This not-for-profit organization is dedicated to education and research about nature.

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**"SPECIES AT RISK" TRAIL IN THE SAGUENAY–ST. LAWRENCE MARINE PARK**
Walk along the trail and take a break at one of the rest stops. There, you’ll be likely to see a variety of birds and marine mammals. This 8-kilometre-long trail links the Cap de Bon-Désir Interpretation and Observation Centre (Les Bergeronnes) and the Marine Environment Discovery Centre (Les Escoumins) (see map on page 9).

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**“For the birds”!**

**OBSERVATOIRE D’OISEAUX DE TADOUSSAC**
In the fall, the Observatoire d’oiseaux de Tadoussac (OOT) team goes to the “dunes” sector in Tadoussac to observe a spectacular migration. Banding activities give you a very special proximity with the birds.

explos-nature.qc.ca / 1-877-MER-1877.

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**Festival marin des Escoumins (Les Escoumins marine festival)**
August 30 and 31 (Labour Day weekend)

Gaze in wonderment at the St. Lawrence’s underwater landscapes. Attend some film screenings and follow divers as they perform a night dive. You’ll be amazed by the marine life on view!

As a family, savour The Estuary’s Punch! and discover the truth about sharks. Photo contest and underwater treasure hunt. See all the details on the Facebook page!

Marine Environment Discovery Centre, 41, rue des Pilotes, Les Escoumins.

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**On three full moon evenings... We JAZZ it up under the moon!**
July 12, August 9 and September 6

It’s a one-of-a-kind event in Quebec, with the river and its whales gradually segueing into a moonlit landscape, offering a silvery venue for an outdoor JAZZ-tinged concert.

Marine Environment Discovery Centre, 41, rue des Pilotes, Les Escoumins (inside in the event of inclement weather).
For reservations, call 418-232-6653.

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**August is archaeology month!**
August 1 to 31

The Centre Archéo Topo proposes a tour through the Bergeronnes digs accompanied by a guide archaeologist. The archaeological dig simulation workshop is a unique experience for children; they will discover arrowheads, pipes, pottery shards, and other artefacts.
Centre Archéo Topo: 418-232-6286
THE ST. LAWRENCE BELUGA IS ENDANGERED

Parks Canada and Parcs Québec contribute to protection efforts

In earlier times, belugas were abundant in the waters of the St. Lawrence. There were between 7,800 and 10,000 at the end of the 19th century. Unfortunately, intensive commercial whaling in the early 20th century very nearly made them disappear. Despite the fact that whaling has been banned since 1979, the beluga population has not been restored. It is estimated that the population is actually in decline. Today, it would appear that only 889 belugas remain in the St. Lawrence.

The need to protect the beluga and a large part of its summer habitat prompted the creation of the Saguenay–St. Lawrence Marine Park in 1998. It also led to the implementation of a number of protection, research and awareness-increasing activities. Many organizations, institutions and governments contribute to the efforts in this regard.

Parks Canada and Parcs Québec are also doing their part to protect and increase knowledge of this magnificent animal. On your visit to the marine park area, you may be witnesses to some of their initiatives.

INCREASED AWARENESS:
- The captains of the observation boats and the sea kayak guides participate in an annual training session. If you take an excursion with them, you will benefit from their knowledge;
- By visiting the sites of the Discovery Network, you will discover various facets of the marine park while gaining access to information on the beluga;
- You may encounter one of the teams dedicated to research, awareness or monitoring who ply the marine park on a Parks Canada or a Parcs Québec boat;

THE PARTNERSHIP:
- The marine excursion companies, Parks Canada, Parcs Québec and the Group for Research and Education on Marine Mammals (GREMM), joined together to form the Eco-Whale Alliance in order to improve visitor experience and whale-watching practices in the marine park;
- We work in consultation with maritime transport specialists in order to reduce the risk of collision with whales and to limit disturbances;
- The recovery and examination of beluga carcasses program allows to learn about the state of health of the animals and to identify the causes of death;

THE MANAGEMENT OF ACTIVITIES:
- The Marine Activities in the Saguenay–St. Lawrence Marine Park Regulations were developed in collaboration with the marine excursion companies. Parks Canada park wardens oversee the application of this regulation;

RESEARCH:
- In addition to contributing to a number of studies, our teams study the distribution and abundance of beluga prey and the movement of vessels in its habitat.

Our efforts are in addition to those of a large number of stakeholders. Protecting the St. Lawrence beluga is everyone’s business. Without your help, we will not be able to achieve this worthwhile goal.
NEED INFORMATION ABOUT THE MARINE PARK?

SAGUENAY–ST. LAWRENCE MARINE PARK
marinepark.qc.ca
info.parcmarin@pc.gc.ca

PARKS CANADA
182, rue de l’Église
Tadoussac (Québec) G0T 2A0
Tel.: 418-233-4703
Tel.: 1-888-773-8888
information@pc.gc.ca
parkscanada.gc.ca

PARCS QUÉBEC
91, rue Notre-Dame
Rivière-Éternité (Québec) G0V 1P0
parc.marin@sepaq.com
parcsquebec.com

VISIT ONE OF THESE INFORMATION OFFICES:

**La Malbaie**
(Saint-Fidèle sector)
VISITOR CENTRE
2820, boul. Malcom-Fraser
418-434-2299

**Rivière-du-Loup**
TOURIST INFORMATION BUREAU
189, boulevard de l'Hôtel-de-Ville
418-862-1981

**Baie-Sainte-Catherine**
BAIE-SAINTE-CATHERINE WHARF
151, route 138

**Trois-Pistoles**
TOURIST INFORMATION BUREAU
51, route 132 Ouest
418-851-3698

**Les Escoumins**
TOURIST WELCOME BUREAU
154, route 138
418-233-2663

Subscribe to the newsletter on marinepark.qc.ca.

TO HELP YOU PLAN YOUR STAY…

**Tourisme Bas-Saint-Laurent**
Tel.: 418-867-1272 • 1-800-563-5268
bassaintlaurent.ca

**Association touristique de Charlevoix**
Tel.: 418-665-4454 • 1-800-667-2276
tourisme-charlevoix.com

**Association touristique du Saguenay–Lac-Saint-Jean**
Tel.: 418-543-9778 • 1-877-BLEUETS (253-8387)
saguenaylacstjean.ca

**Association touristique de Manicouagan**
Tel.: 418-294-2876 • 1-888-463-5319
tourismemanicouagan.com

**FERRYBOAT SCHEDULES AND INFORMATION**

Escoumins / Trois-Pistoles
Tel.: 418-851-4676
traversiercnb.ca

Rivière-du-Loup / Saint-Siméon
Rivière-du-Loup Tel.: 418-862-5094
Saint-Siméon Tel.: 418-638-2856
traversierdl.com

Baie-Sainte-Catherine / Tadoussac
Tel.: 418-235-4395
traversiers.gouv.qc.ca

IN THE CASE OF AN EMERGENCY

**CANADIAN COAST GUARD**
Marine Rescue Centre and Marine Pollution
VHF Channel 16 (156.8 MHZ)
Available 24 hours a day, 7 days a week
Cellular Phone *16
Marine Rescue Centre 1-800-463-4393
Marine Pollution 1-800-363-4735

**PARKS CANADA**
Concerning collisions with or disturbances of marine mammals 1-866-508-9888
Available 24 hours a day, 7 days a week

**RÉSEAU QUÉBÉCOIS D’URGENCES POUR LES MAMMIFÈRES MARINS**
(Quebec marine mammal emergency network)
Concerning a marine mammal that is either wounded or in trouble 1-877-722-5346

**CETTE PUBLICATION EST AUSSI DISPONIBLE EN FRANÇAIS**