PARKS CANADA MONTAINGUIDE

YOUR OFFICIAL GUIDE TO DISCOVERING CANADA'S MOUNTAIN NATIONAL PARKS





how to use this guide

The following information will assist you in getting the most out of your trip to the mountains. Enjoy your visit!

> driving tour

See the scenic highlights of the mountain parks without venturing too far from the beaten path.

> attractions

Great places to stretch your legs and immerse yourself in some of the unique highlights in our parks.

you're here, now what?

Visit the info/visitor centre in your park for maps and brochures, passes and permits, trip planning advice and backcountry reservations. Staff have current trail, road, weather and safety information, as well as program and event listings. Hours are generally 9am-4:30pm, but vary seasonally. Phone numbers are listed on page 31

map legend

SSS Hot springs

A Hiking trail

Hostel

Info/visitor centre Gondola

Ski hill ▲ Campground

Lookout Theatre

ALL. e Exhibit

Cooking shelter

Hospital

Picnic area Canoeing

Train station 6 Attraction/driving tour 🗐 Bus station

Horse riding X Skating Golfing

Gas station P Parking

RV parking Overnight

campground legend

A Firepit Showers

b Disabled access Flush toilets

Pit toilets

Electrical Sani dump

Full hook-up

Washroom

welcome

to the mountain national parks

exceptional places. endless opportunities.

On your behalf, Parks Canada protects a network of remarkable places from coast to coast to coast. The mountain national parks are more than just unique places to visit - they are experiences awaiting your discovery.



Four of the mountain national parks - Banff, Jasper, Yoho, and Kootenay - have been recognized by UNESCO as part of the Canadian Rocky Mountain Parks World Heritage Site, for the benefit and enjoyment of all nations. Among the attributes that warranted this designation were our vast wilderness, our floral and faunal diversity, our outstanding natural beauty, and features such as Lake Louise, Maligne Lake, the Columbia Icefield and the Burgess Shale.

Waterton Lakes National Park is the Canadian portion of the internationally acclaimed Waterton-Glacier International Peace Park, a UNESCO World Heritage Site.

what's inside...

banff	4
icefields parkway	10
jasper	12
kootenay	16
yoho	18
mount revelstoke & glacier	20
waterton lakes	22
mountain learning	24
mountain nature	25

wildlife identification mountain safety 28

29 park regulations

30

more family fun



Bow Valley Parkway (1A)

This scenic heritage road offers viewpoints, picnic sites, trails, and roadside interpretative panels, as well as quaint cottage accommodation along the way. The road is narrow and curvy; slow down for cyclists and wildlife.

2 Lake Minnewanka

The Stoney-Nakoda First Nations knew this lake as "the Lake of the Water Spirits". The area is a great place to relax by the water, picnic, dive, or to put mountain bikes, hiking boots, cross-country skis or snowshoes to work.

For ideas on hiking, biking, scrambling, camping, cross-country skiing and snowshoeing, view these guides online or pick up one at the Banff Visitor Centre.

3 Johnston Canyon

Feel the spray of the waterfalls from catwalks that cling to the canyon walls: 1.1 km (20 min) to the Lower Falls; 2.7 km (1 hr) to the Upper Falls.

4 Upper Hot Springs Pool

Relax in the comfort of soothing natural hot springs where travellers have come to 'take the waters' for more than a century. To explore more mountain waterways stroll Bow Falls, enjoy Two Jack Lake, or picnic at Cascade Ponds.

5 Banff Legacy Trail

Offers outdoor enthusiasts a great way to experience Banff National Park, Twenty-six kilometres of paved trails and roadways span from Banff National Park's East Gate to the Bow Valley Parkway. Enjoy breathtaking views, picnic areas, the town, and a variety of rest spots and trail connectors.



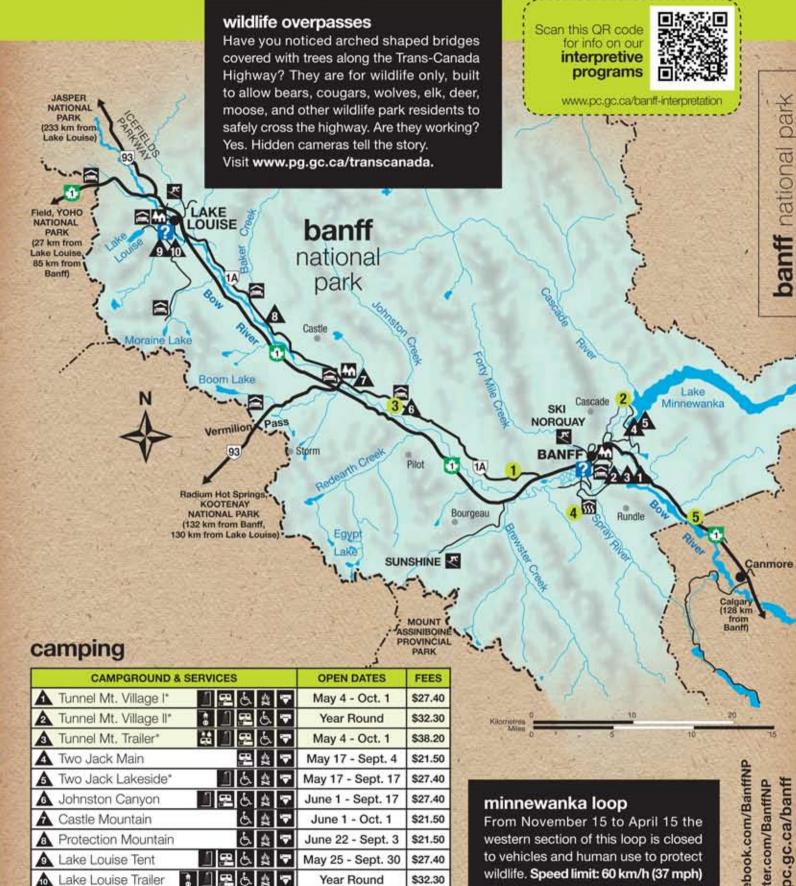
attractions

visit a national historic site

National historic sites are places of great importance to Canadians. They celebrate Canada's defining moments and illustrate its human creativity and cultural traditions. The Cave and Basin National Historic Site, one of Canada's prominent national historic sites, is undergoing exciting renovations in 2012. The interpretive trails and wetland boardwalks are open for visitors - just pardon the construction! When the site re-opens, look forward to year-round family programs, special events, and interactive exhibits.

take a glimpse back in time

The Banff Museum National Historic Site is one of western Canada's oldest natural history museums. Its 1903 architectural detailing and historic wildlife specimens make it an exciting backdrop to year round programs and events. These include guided walks. kids programs, drawing classes and Halloween events. Programs are free with site admission. Open daily 10 am - 6 pm (May 15 to September 30) and 1 pm-5 pm the rest of the year.



wildlife. Speed limit: 60 km/h (37 mph)

campgrounds only. Interpretive Programs offered.

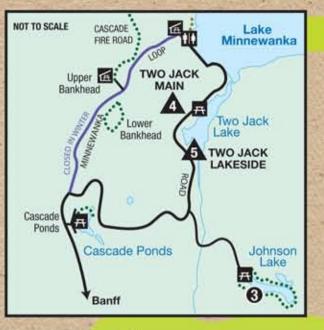
Highlighted campsites may be reserved: 1-877-RESERVE or pccamping.ca LEGEND FOR ALL MAPS AND SYMBOLS IS LOCATED ON PAGE 2.

Camping season dates are approximate. Please confirm at Visitor Centres prior to

heading out. Arrive early, Non-reservable sites are available on a first-come, first-

served basis. Daily fire permits cost \$8.80 extra. Camping permitted in designated

driving tour



lake minnewanka

Minnewanka Lake (shoreline) Trail TRAIL RESTRICTION JULY 10 TO SEPT 15

Cyclists: The Lake Minnewanka Shoreline Trail is closed to cycling to ensure visitor safety and allow bears to feed on berries, a critical food source.

Hikers must travel in tight groups of 4+ and carry bear spray on the Lake Minnewanka and Aylmer trails. Dogs are not permitted on these trails during this period.





1 Bow Falls

Just below the Fairmont Banff Springs National Historic Site, walk or drive to magnificent viewpoints on either side of the river.

Banff Park Museum National Historic Site

Take in an interpretative tour at the Banff Park Museum NHS. To continue your cultural tour try picnicking at the historic Cascades of Time Gardens, or hike up Sulphur Mountain to the historic Weather Observatory built in 1902.

3 Johnson Lake

Hike the 3 km loop of Johnson Lake or canoe, fish, kayak on its waters. To experience more mountain beauty visit the iconic hoodoos of Tunnel Mountain Drive, or the Sundance Canyon for outstanding views of surrounding landscape.

4 Tunnel Mountain Trails

The trails of Tunnel Mountain offer cyclists and walkers easy, moderate and difficult options. If your idea of mountain adventure includes camping, this area offers over 1,127 camping sites for RVs, tents or trailers.

5 Vermilion Lakes

Discover the important wetlands of Vermilion Lakes while enjoying wildlife viewing and bird watching. For a chance to view more mountain nature, drive the scenic Bow Valley Parkway for spectacular flora and fauna.

6 Cascades of Time Gardens

Historic stone pathways take you past colourful beds of blooms (June to September) and rustic gazebos, bridges and ponds. A perfect place for a family picnic.





from grizzly bears to early explorers

From late June to early September, park interpreters offer fun and informative programs for all ages. Join us at the Wolf's Den and Raven's Nest theatres (Tunnel Mountain Campground) for an evening of entertainment.

While driving the Bow Valley and Icefields Parkways, watch for the Bear Guardians as they share their knowledge about Banff's bears. For detailed program information, visit Banff's Visitor Centre.

Your park entrance fee is your ticket to these programs!

take in an event or festival

Enjoy year-round fun with events like Parks Day, Canada Day or Performance in the Park, and festivals such as SnowDays, The Banff Mountain Film Festival, Bike Fest or The Banff Summer Arts Festivals.

lake louise area

Scan this QR code

Known to the Stoney people as "Lake of the Little Fishes," LAKE LOUISE was given its present name in 1884. It honours Princess Louise Caroline Alberta, sixth child of Queen Victoria. Lake elevation 1,731 m (5,680 ft)"



winter in lake louise

The spectacular landscape of this area is the perfect setting for Canada's most enjoyable winter sports and celebrations. The premier destination for cross-country skiing due to its early snowfall, visitors can easily access the network of groomed and track-set trails for world-class skiing. Lake Louise has it all for winter with outdoor skating on Lake Louise, winter ice-carving and skiing festivals, dogsledding the Great Divide, and one of the largest ski resorts in Canada.

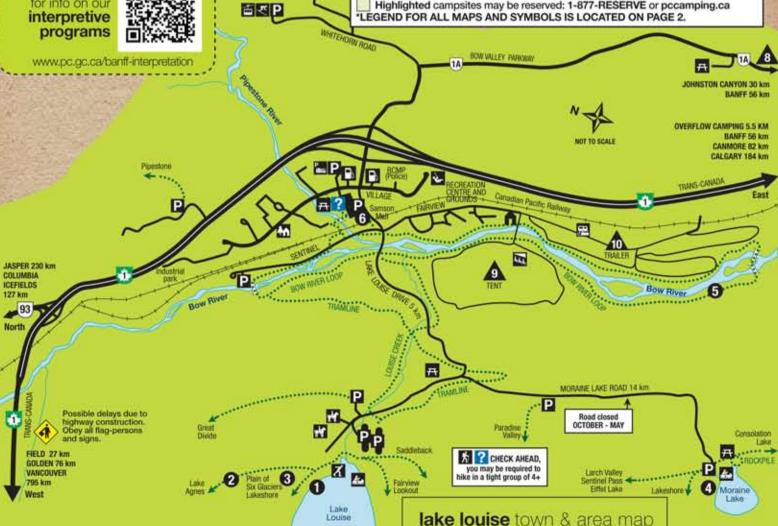
camping

TO SKOKI

CAMPGROUND & SERVICES		OPEN DATES	FEES	
A Protection Mountain	6 4 🔽	June 22 - Sept. 3	\$21.50	
▲ Lake Louise Tent	1286☆マ	May 25 - Sept. 30	\$27.40	
🛕 Lake Louise Trailer 🚦	□ 모 & ☆ ▼	Year Round	\$32.30	

Camping season dates are approximate. Please confirm at Information Centres prior to heading out. Arrive early. Non-reservable sites are available on a first-come, firstserved basis. Daily fire permits cost \$8.80 extra. Camping permitted in designated

Highlighted campsites may be reserved: 1-877-RESERVE or pccamping.ca









Lake Louise - the Lake

The emerald hues and glacial backdrop of Lake Louise have wowed visitors since the 1890s. In addition to sightseeing, the lake offers iconic photographic moments, a lake shore stroll, canoeing and horseback riding. The best time to visit is before 11 am or after 5 pm.

2 Lake Agnes Trail

One of the most hiked trails in the area, the 6.8 km return trail gains 385 m elevation gain to a mountain teahouse. The trail takes you past Mirror Lake to enjoy a steeped cup of 'high' tea with a stunning view of Lake Louise.

3 Plain of Six Glaciers Trail

Glaciers, vaulting peaks, avalanche paths, high mountain wildlife and a mountain teahouse are all part of this classic hike. This most famous Lake Louise hike offers great satisfaction for a moderate 10 km effort.

4 Moraine Lake

Known as the Valley of the Ten Peaks, this area offers hiking, paddling, and dramatic photographic opportunities. You may also discover a Parks Canada interpreter roving this area. The best time to visit is before 11 am or after 5 pm. In the winter, the road to Moraine Lake is closed to traffic and becomes a popular cross-country ski trail.

5 Bow River Loop

Bike on a pleasant interpretive trail in the rich riparian zone of the Bow River. These waters travel across the prairies to their ultimate destination in Hudson Bay, over 2500 kilometers downstream of Lake Louise. Rated as easy, this is a 7 km loop.

6 Samson Mall

The mall is the service centre for the Lake Louise area. From here visitors can access information on hiking, camping, community events, festivals and services.



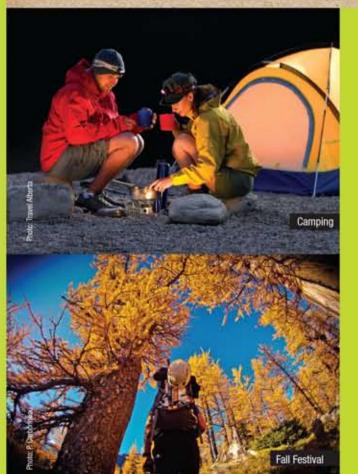
Set in a forested area next to the Bow River, the Lake Louise trailer and tent campgrounds offer 395 sites for RVs, tents and soft-sided trailers. See chart for seasonal offerings. Hiking, biking and interpretative programs are all accessible from the campground. Reservations available online at www.pccamping.ca

lake louise fall festival

Warm temperatures and sunshine are the norm, summer crowds are gone and the changing colours of the golden larch trees set against the dramatic turquoise-blue lakes are a feast for the eyes. The fall festival offers unique activities, events, and special packages to celebrate the season.

group of four hiking

The Lake Louise area provides essential habitat for female grizzly bears that must raise their young successfully to ensure the future of this threatened species. The requirement for a "tight" group of four reduces the likeliness of surprising a bear and being attacked.





1 Herbert Lake

5 km (3 min) from Lake Louise

A photographer's favourite. The still waters of Herbert Lake provide a perfect panoramic reflection of the stunning Main Range peaks, including Mount Temple. The picnic area provides an ideal place for a picnic stop.

2 Bow Lake & Bow Glacier

39 km (27 min) from Lake Louise

Bow Lake is one of the more scenic and accessible lakes for fishing. The turquoise blue water is the source of the Bow River. In winter it is ideal for ski touring. From here you can view the majestic Bow Glacier.

3 Athabasca Glacier

103 km (1 hr) south of Jasper

A magical area that can be explored with the help of a commercial guide or on a special bus tour. Walking on the glacier is not recommended; crevasses and other hazards can be deadly.

4 Sunwapta Falls

54km (30 min) south of Jasper

A torrent of plunging water not far from the highway, Sunwapta Falls is just one of the many waterfalls in Jasper created by hanging valleys.



5 Crowfoot Glacier

35 km (25 min) from Lake Louise

A century ago when this was named, three "toes" of the ice clung to the mountainside. Since then the lower toe has melted and the middle toe is slowly disappearing.

6 Bow Summit & Peyto Lake

42 km (30 min) from Lake Louise

Bow Summit is the height of land between the Bow River system, flowing south-east to Banff, and the Mistaya River flowing north-west. A short uphill walk from the parking area leads to a view of the glacial-fed, brilliantly turquoise Peyto Lake.

7 Athabasca Falls

30 km (20 min) south of Jasper, Junction of Hwy 93 and 93A Feel the spray of the Athabasca River as it thunders into the canyon below. Stay on designated trails and behind railings. The rock beyond is slippery and dangerous.

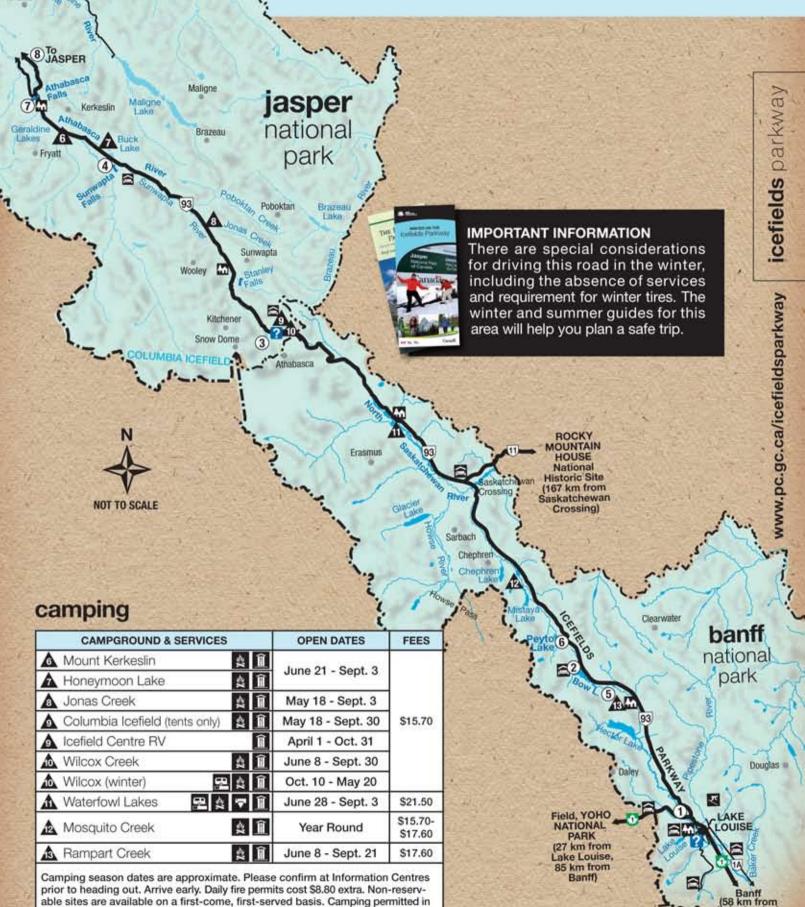
8 Valley of the Five Lakes

Hwy 93, 9 km (12 min) south of Jasper

Five small, brilliantly blue-green lakes are the highlights of this outing, considered a local family favourite. Watch for beavers as you stroll along the boardwalk across Wabasso Creek.

designated campgrounds only.

*LEGEND FOR ALL MAPS AND SYMBOLS IS LOCATED ON PAGE 2.



10



attractions

1 Maligne Canyon

Maligne Road, 11.5 km (15 min) from Jasper This beautiful limestone canyon can be explored from above in the summer, and from below in the winter. The Tea House is open April to October.

2 Maligne Lake

Maligne Road, 48 km (1hr) from Jasper Purple-tinged mountains and turquoise water make Maligne Lake legendary. Enjoy the spectacular scenery while fishing, boating, hiking and picnicking,

3 Talbot Lake

Hwy 16, 21 km (20 min) east of Jasper

Paddlers will enjoy exploring by canoe or kayak. Glide by a beaver lodge, or bring your fishing gear to eatch one of the legendary northern pike that make their home in this clear, shallow water.

Mount Edith Cavell

JASPER NATIONAL PARK is known as the gentle giant of the mountain national

parks, 11,228 km² of authentic rocky mountain wilderness is yours to explore.

Hwy 93A, 29 km south of Jasper. Winding road; allow 45 min Enter a world of hanging glaciers and alpine meadows. For a quieter time come before 10am or after 3pm. Ask information staff about vehicle restrictions.

5 Miette Hotsprings

61km (1 hr) east from Jasper via Hwy 16, 1-800-767-1611 Soak your weary muscles while taking in the rugged beauty of Jasper National Park's eastern mountain ranges. Open mid-May to October

6 Jasper House

35 km from Jasper via Hwy 16

A short interpretive walk through the forest leads to a viewing platform on the Athabasca River. Across the water is the Jasper House National Historic Site, the remains of an early fur trading hub.



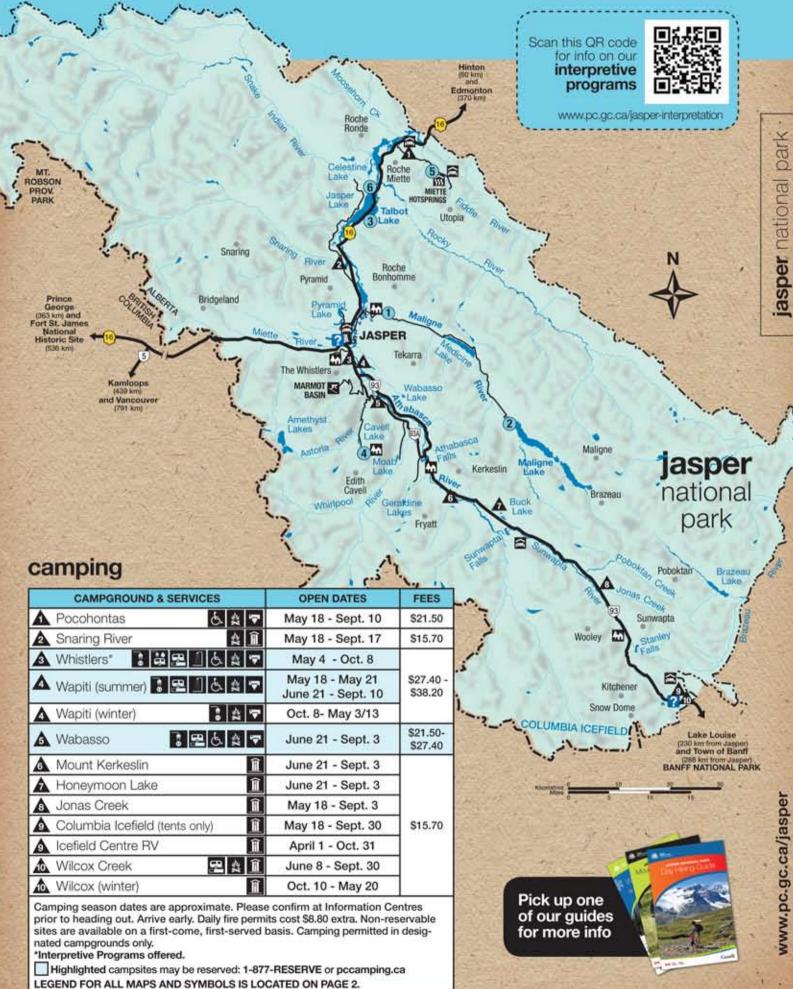


wildlife viewing

Animal sightings are common in Jasper. In the summer, chipmunks hang out near campgrounds, in the fall, you'll likely hear elk bugling during their rut, and in the winter sheep are often spotted along roadways.

picnic-pit-stops

Need a pretty place to eat? Jasper National Park has many conveniently located picnic sites equipped with restrooms and tables. Local favourites include Mount Christie Viewpoint (Hwy 93), Goats and Glaciers Viewpoint (Hwy 93) and Fifth and Sixth Bridges (via Hwy 16 and Maligne Lake Road).



The town of Jasper is an untamed mountain community on the doorstep. of wilderness. World-class services, family adventures and warm local hospitality awaits.



the darkest sky on earth

Are you a stargazer? A hobby astronomer? You've come to the right place! Jasper National Park is the world's largest dark sky preserve, the majority of the park being free from artificial light. Learn more about viewing opportunities and our familyfriendly dark sky festival: jasperdarksky.org.









1 Old Fort Point

Old Fort Point Road via Hwy 93A, 2km (5 min) from Jasper Old Fort Point is a prominent bedrock hill standing 130 m above the Athabasca River. The loop trail over the top is steep in places, but provides an excellent view of Jasper and its surroundings. A great place to picnic and stargaze.

2 Pyramid Lake Area

Pyramid Lake Road, 7 km (8 min) from Jasper

Pyramid Lake is a quick drive from town. Known in the summer for angling, paddling and wildlife viewing, it's also a winter hub for skating, nordic skiing and stargazing. Check conditions at the visitor centre.

3 Patricia Lake

Pyramid Lake Road, 5 km (5 min) from Jasper

Excellent location for canoeing, fishing and picnicking in the summer. Notable for its involvement during World War II with "Project Habbakuk," a plan to build an unsinkable aircraft carrier from an ice-based composite.

Lake Edith and Lake Annette

Head east on Hwy16, turn right towards Jasper Park Lodge, and take next left (10 min).

Perfect for sunbathing, swimming and paddling on hot summer days. A wheel-chair accessible trail encircles Lake Annette. Bring your BBQ supplies and set up for the day in one of the many day use sites.

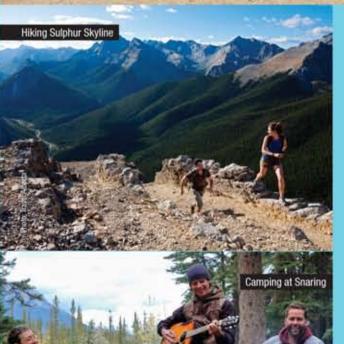
5 The Discovery Trail

Follow the bear symbol around town.

Enjoy an after-dinner stroll on a paved path, or hike the hills for a bird's-eye view of town. This trail has something for everyone, including interpretive signs featuring stories about Jasper's history.

6 Pyramid Bench

A favorite local spot for daily recreation, the extensive trail network of the Pyramid Bench offers many options for long or short hikes for all abilities. Stops of note: Marjorie Lake, Caledonia Lake, Cottonwood Slough and the Mina-Riley hiking loop.



hiking

Jasper National Park has one of the most extensive trail networks in the Mountain National Parks. Whether you seek an easy stroll or a backcountry adventure, our Information Centre staff can help you pick the trail that's right for you.

biking

With over 300 km of bike-friendly, multi-use trails, Jasper National Park is a mountain biker's paradise. If you are new to trail cycling, try out Jasper's Easy Trails System. These trails will get you to nearby lakes, campgrounds and viewpoints with little technical difficulty. Road riders will enjoy the Icefields Parkway (Hwy 93), Hwy 93A and Maligne Lake Road.

camping

With fully serviced RV sites, secluded tent sites and everything in between, Whistlers, Wapiti and Wabasso campground are the closest to town, and make ideal base camps for exploring the park. You'll find more remote campgrounds scattered throughout the park; nestled in the woods, adjacent to rivers and lakes, or overlooking glacier-capped peaks.

ırk

KOOTENAY NATIONAL PARK was established in 1920 around plans for the Banff-Windermere Highway (93 South). This scenic 106 km drive takes you through a rich diversity of landscapes and exceptional wildlife viewing opportunities. Park size: 1,406 km²



1 Radium Hot Springs Pools

3 km (3 min) from Radium Hot Springs; 1-800-767-1611; www.hotsprings.ca Soak in some history! Towels, bathing suits and lockers are available for rent. Pleiades day spa reservations: 250-347-2100.

2 Kootenay Valley Viewpoint

16 km (20 min) from Radium Hot Springs
Snap some memories at this photogenic viewpoint!
Explore our interpretive exhibits depicting how
this stunning view has changed over time:

3 Continental Divide at Vermilion Pass

95 km (1.2 hr) from Radium Hot Springs, 34 km (30 min) from Banff

Be in two places at once! Stand on the dividing line between the Pacific and Atlantic watersheds. Take a short walk on the award-winning Fireweed Trail to see what a forest looks like 40 years after a major fire.

4 Marble Canyon

88 km (1 hr) from Radium Hot Springs

Admire dramatic colours, sights and sounds as this short trail criss-crosses the narrow gorge and takes you into the heart of a recent wildfire.

Numa Falls

80 km (50 min) from Radium Hot Springs
Trace the path of the magnificent Vermilion River to these spectacular falls.

Paint Pots

85 Km (1 hr) from Radium Hot Springs

Discover a First Nations cultural site as you stroll alongside cold, iron-rich mineral springs that bubble up into small emerald green pools before staining the earth red.



attractions

interpretive programs

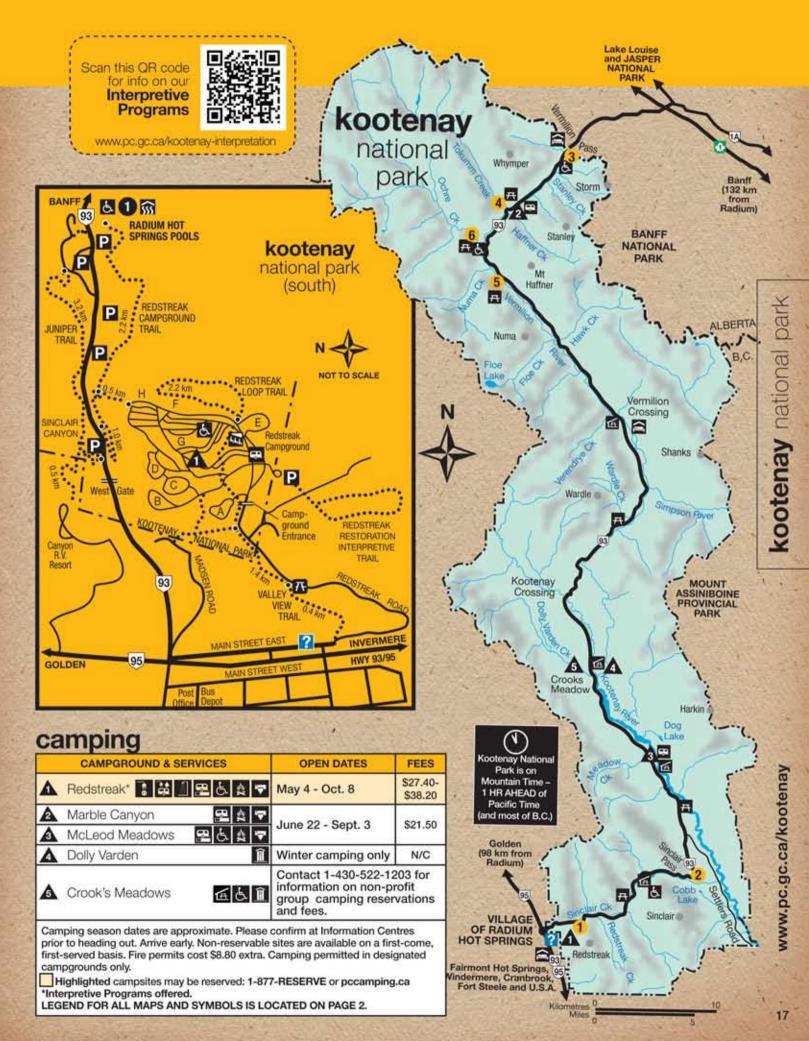
Participate in entertaining and informative interpretive theatre programs at Redstreak

Campground. Join interpreter-led short activities at Kootenay Valley Viewpoint, Radium Hot Springs Pool and day use areas. Pick up an interpretive events schedule in the Visitor Centre or from our website: www.pc.gc.ca/kootenay-interpretation

wildflower watch

Many mountain park ecosystems depend on fire

for renewal. Charred trees from recent wildfires and prescribed burns are readily visible from Highway 93 South. Compare stages of forest re-growth within this mosaic of rich habitats that support many species of wildlife. Watch for stunning wildflower displays in summer.

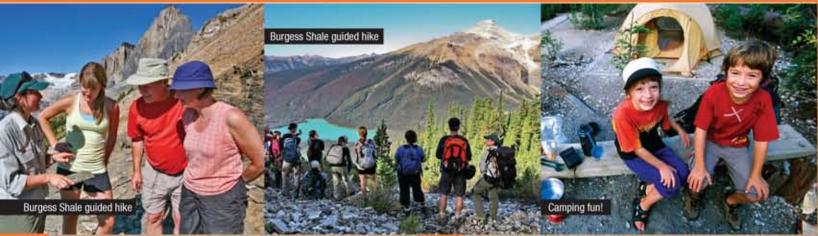


interpretive programs

village of field

yoho national park

YOHO NATIONAL PARK: Explore towering rock walls, spectacular waterfalls, and 28 peaks over 3000 metres tall. Established in 1886, as one of three parks along the Canadian Pacific Railway, the word Yoho is a Cree expression meaning "awe"



Spiral Tunnels Viewpoint and Kicking Horse Pass National Historic Site

8 km (5 min) east of Field

Connect with century old history! Discover how the Spiral Tunnels reduce the rail grade and make transcontinental rail travel safe. Stop by the Visitor Centre to learn more about the tunnels when the viewpoint is closed in the winter.

Yoho Valley Road

5 km (3 min) east of Field

From late June to early October, drive or bike steep, tight switchbacks to Takakkaw Falls. Reward vourself by standing at the base of the thundering waters of one of the highest waterfalls in Canada. NOTE: Trailers must be left in the parking lot across from Monarch Campground.

Emerald Lake Road

2 km (1 min) west of Field

Discover a jewel of the Canadian Rockies as you paddle, walk or ski around the magnificent Emerald Lake. On your way out, stop at the Natural Bridge and admire the irresistible force of water cascading under a natural rock bridge.

Burgess Shale Fossil Beds

Hike to the world's most significant fossils! Choose from two exciting hikes, and explore the interactive Burgess Shale exhibits at the Visitor Centre and Emerald Lake. Hikes are available from late June to early Sept. Please call 1-800-759-2429.

5 Hiking

Yoho offers a variety of hiking trails for every interest and ability level. Take a gentle 2.4 km hike to the impressive Wapta Falls, learn more about the rail history on the 3 km Interpretive Walk-in-the-Past trail, or spend multiple days backpacking in the beautiful Yoho Valley.

Biking

Enjoy a day exploring the park by bike with your family as you ride past towering peaks, river confluences and fascinating geological features on the old Kicking Horse to Amiskwi, Ross Lake or Great Divide forested roads.



attractions

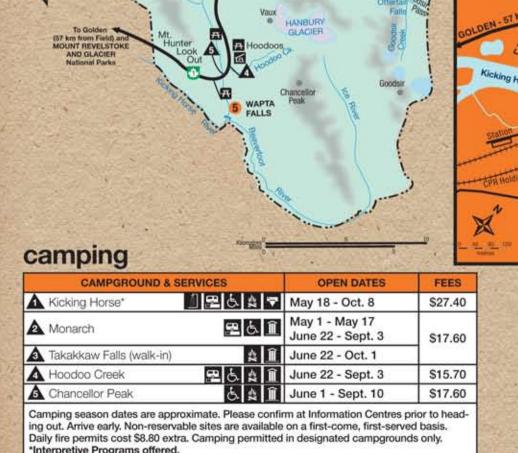
burgess shale

How did a 505 million year old ocean end up on top of a mountain? Learn about the Burgess Shale creatures on a guided hike or by visiting: www.pc.gc.ca/burgessshale.

NOTE: Entering without a licensed guide or collecting fossils is against the law.

interpretive programs

Participate in entertaining and informative interpretive theatre and geocaching programs at Kicking Horse Campground. Watch for Interpreterled activities at Takakkaw Falls, Emerald Lake and other day use areas. Pick up an interpretive events schedule in the Visitor Centre or from our website.



FIELD

voho

national

park

Interpretive Programs offered. LEGEND FOR ALL MAPS AND SYMBOLS IS LOCATED ON PAGE 2.

national parks

Linked by the Trans-Canada Highway, these two parks protect landscapes of the Columbia Mountains - steep, narrow valleys, ancient inland rainforests and vast icefields. Established in 1914, MOUNT REVELSTOKE NATIONAL PARK features a scenic parkway to mountain-

top meadows filled with wildflowers in mid-summer. Size: 260 km² (100 sq mi). GLACIER NATIONAL PARK is also home to Rogers Pass National Historic Site and some of the best deep powder ski-touring in North America. Size: 1,350 km² (521 sq mi)



Meadows in the Sky Parkway

Trans-Canada Hwy, 2 min east of the main Revelstoke exit Drive 26 km from the valley to the subalpine meadows at the summit of Mount Revelstoke. Enjoy spectacular mountain views on a dozen hiking and walking trails.

2 Rogers Pass Discovery Centre

69 km (52 min) east of Revelstoke in Glacier Start your park visit at the museum and visitor centre, where you'll discover more about the intrepid railroaders who carved the first path through this wilderness, and the avalanche scientists and soldiers who keep this wintery pass open today.

3 Hemlock Grove Trail

54 km (40 min) east of Revelstoke in Glacier Experience the world's only non-coastal cedar-hemlock rainforest as you wind your way through an ancient stand of trees on this barrier-free 0.4 km interpretive boardwalk.

4 Skunk Cabbage Trail

28 km (25 min) east of Revelstoke in Mount Revelstoke Marvel at unique wetland plants and migratory tropical birds as you stroll along this 1.2 km interpretive boardwalk.

5 Rockgarden Trail

56 km (42 min) east of Revelstoke in Glacier Look down instead of up to discover the miniature landscapes on each rock along-side this 0.5 km interpretive trail.

6 Glacier House Site

66 km (48 min) east of Revelstoke in Glacier Imagine the mountain adventures that began at this pioneering Victorian-era hotel, as you wander among its stone ruins on this 1.1 km interpretive trail.



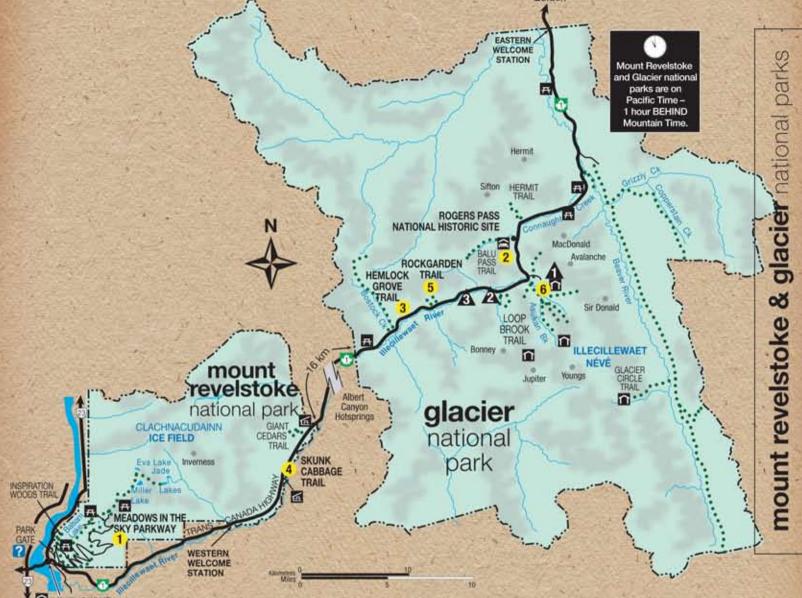
attractions

backcountry skiing

Glacier National Park straddles the crest of the Selkirk Range, with its legendary steep lines and deep powder snow. You can ski or board alpine bowls, glades and icefields - with some descents of more than 1,500 metres. For more information: www.pc.gc.ca/skirogerspass

camping

Pound your stakes into the ground and put your steaks on the grill at one of Glacier's campgrounds. Illecillewaet and Loop Brook hit the mid-century mark this year and offer great access to the twelve historic hiking trails of Rogers Pass.



camping

	CAMPGROUND & SERVICES	OPEN DATES	FEES	
3	⚠ Illecillewaet* & ♣ ♥ ÎÎ	June 23 - Sept. 27	\$21.50	
N	▲ Loop Brook*	June 30 - Sept. 4	\$21.50	
0	▲ Mount Sir Donald	June 30 - Sept. 4	\$15.70	

Camping season dates are approximate. Please confirm at Information Centres prior to heading out. Arrive early. Non-reservable sites are available on a first-come, first-served basis. Daily fire permits cost \$8.80 extra. Camping permitted in designated campgrounds only.

Interpretive Programs offered.

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Red Rock Parkway

To Red Rock Canyon (15 km). Open early May to Labour Day Experience the mingling of mountain and prairie. Wildlife is frequently seen on slopes, near creeks, wildflower meadows, along the forest edge and up into the foothills. The brilliant red canyon surrounds a sparkling stream. An easy 1.2 km trail leads to roaring Blakiston Falls.

2 Akamina Parkway

To Cameron Lake (16 km)

A narrow road winds past several trailheads, picnic sites and the First Oil Well in Western Canada National Historic Site. It is the best place to spot beargrass, a unique native plant. Cameron Lake is ideal for paddling with rentals available.

3 Chief Mountain International Highway

Hwy #6 to the USA and Glacier National Park. Open mid-May to Sept. 30

Our highway link with our American neighbour, Glacier National Park in Montana. Enjoy views of the valley, wildflowers and wildlife.

4 Bison Paddock

2 km north of the Entrance Parkway on Hwy # 6 Roam with the herd from the safety of your car! Spring, summer and fall, direct descendents from the original herd of Great Plains bison live and graze in their natural habitat.

5 Townsite

8 km from the Park Entrance

Stroll the Townsite Loop trail and visit Cameron Falls and the Peace Park Pavilion. In summer, families enjoy free interpretative programs offered at Falls Theatre, while kids find the playground and spray park irresistible!

6 The Prince of Wales Hotel

1 km from the Townsite, on the Entrance Parkway Built in 1927 by the Great Northern Railway, this elegant hotel is now recognized as a National Historic Site. It offers classic views of Upper Waterton Lake.

attractions











wildlife viewing

No other national park in Canada protects so much wildlife within such a small area. Large predators include wolf, coyote, cougar, grizzly bear and black bear. The grasslands are important winter range for elk, mule deer and white-tailed deer. In the fall, the marsh and lake areas are used by migrating ducks, swans and geese.

picnic pit-stops

Food always tastes better when eaten outside.

Waterton has 14 easily accessed sites equipped with picnic tables, washroom facilities, some type of shelter and cooking apparatus. The community kitchens are popular and offer lakeside views, but others located throughout the park offer a quieter experience.

camping

CAMPGROUND & SERVICES	OPEN DATES	FEES
⚠ Waterton Townsite* 👪 🖭 📋 🕹 🔽	May 1 - October 8 (weather dependant)	\$22.50-\$38.20
🛕 Crandell Mountain* 😤 🛕 🔽		\$21.50
▲ Belly River	Mid-May - Labour Day	\$15.70
▲ Belly River Group	C COO NO.	\$4.90/person
A Pass Creek Winter	Late Oct - Late April	Self-Registration

RED ROCK CANYON

waterton

lakes

national

park

Camping season dates are approximate. Please confirm at Information Centres prior to heading out. Arrive early. Non-reservable sites are available on a first-come, first-served basis. Daily fire permits cost \$8.80 extra. Camping permitted in designated campgrounds only. Interpretive Programs offered.

Highlighted campsites may be reserved: 1-877-RESERVE or pccamping.ca LEGEND FOR ALL MAPS AND SYMBOLS IS LOCATED ON PAGE 2.



GLACIER



www.pc.gc.ca/waterto

waterton lakes national park

driving tour



What was that orange flower I saw by the side of the road?

Where can I go fishing?

Why are the lakes so blue?

ask us!

How can I tell a grizzly from a black bear?

How old are those mountains?



ask the interpreters!

We are your national park Interpreters. Bring us your questions and together we'll further ignite your passion for all that makes this place incredible! Look for us at popular natural and historical attractions as you explore the park. Check out our live programs - We may have an elk antler or beaver pelt that you can hold in your hands. Everyone is welcome, so let us make the most of your visit!



Hey kids, do you have your Xplorers Booklet?

It's full of fun activities designed to help kids and families explore our national parks and national historic sites. Complete the booklet and receive a free achievement certificate and souvenir.

mountain wildlife

Woodland caribou inhabit some of the most scenic alpine landscapes in our Mountain National Parks. Only the most avid backcountry enthusiasts share these spectacular surroundings, and that is how caribou like it! The caribou's ability to survive in this often-harsh environment helps distance them from wolves, which tend to prey on deer, elk, and moose lower down in the valleys.

"Every time I encounter caribou it's really thrilling. When we locate a herd, I feel we've succeeded in finding the ultimate wilderness."

-Layla Neufeld
JASPER NATIONAL PARK CARIBON BIOLOGIST



Caribou are notoriously curious. Observing them acting naturally can be difficult if they are aware someone is watching them. Last summer, Parks Canada Caribou Biologist Layla Neufeld encountered a particularly inquisitive herd. "The caribou noticed us, and walked over quite quickly to check us out. They came within ten metres. It was incredible. I could almost feel the male's breath on my face. It was an amazing experience to be that close to an animal, and have it be his choice."



mountain nature

Some of Neufeld's research requires that she and her team avoid detection. "We get up in the morning and crawl on our bellies across alpine meadows until we find a high point where we can observe the caribou below. We often sit for one or two hours and just record behavior while watching through a spotting scope."

Studies conducted by Neufeld and other biologists help Parks Canada keep important ecosystems intact, protecting wildlife and ensuring opportunities for visitors to have meaningful experiences with nature. It still excites Neufeld to see an animal in the wild. "Every time I encounter caribou it's really thrilling. When we locate a herd, I feel we've succeeded in finding the ultimate wilderness."

did you know?

Caribou are a Species at Risk in the Mountain National Parks.

You can help us protect them by keeping your distance when hiking, observing road and trail closures, and slowing down while driving through marked "caribou zones".

wildlifeidentification

BigCritters



Whitetail Deer

underside and is held erect-

Mostly valley bottoms.

Characteristics

Where to find Mostly valley bottoms.

Black tip on tail, large ears,

white rump, grey colour.



Characteristics

White rump and light brown fur and horns. Males: thick curved horns. Females: short narrow horns.

Where to find

Near steep rocky terrain.



Characteristics

Narrow black horns, beard, long white hair.

Where to find

Near steep rocky terrain.



Mountain Goat

Caribou

Grizzly or Black

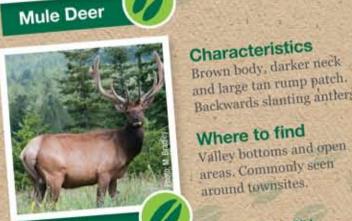
Bear?

Characteristics

Long legs, shoulder hump. Built like a horse with a large head. Shovel-like antlers.

Where to find

Wet and marshy areas.

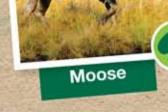


Backwards slanting antiers.

Where to find Valley bottoms and open areas. Commonly seen around townsites.







SizeChart



Moose







wildlife viewing tips

Use binoculars and telephoto lenses.

Your best chance of observing truly wild animals is by quietly giving them space to feed, rest and keep their young safe.

Stay three bus lengths away.

Getting too close can be stressful for animals and dangerous for people. Even a gentle-looking elk can seriously hurt a person.

NEVER feed wildlife.

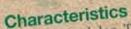


Characteristics

Built like a large German Shepherd, with longer legs. Colour can vary from white to black.

Where to find

Mainly valley bottoms.



Medium-sized dog. Thick, bushy tail. Greyish-brown in colour.

Where to find

Valley bottoms, well adapted to humans.



Characteristics

Darker body with light neck hair. C-shaped antlers with shovel-like tines at their base.

Where to find

Alpine and subalpine meadows. Threatened species. Only exist in Jasper and Mt. Revelstoke.





SmallCritters



Red Squirrel



Characteristics

Tan-coloured. Longer body. Has a high-pitched "squeak".

Where to find

Meadows, roadsides and townsites in ground colonies.

Columbia Ground Squirrel



colour with longer hair. Where to find

Characteristics

Alpine and subalpine meadows, rock piles and scree slopes.

27

Large and silver-brown in

Marmot

you're in bear country!

· Be aware you are near a bear! Watch for fresh scat or large diggings.

BEAR

ACK

- . Make noise! Sing, yell or talk loudly.
- . Keep your dog on a leash.

- Keep children nearby and in sight at all times.
- Never approach or feed a bear.
- Carry bear spray and know how to use it. Visit: pc.gc.ca/bears-and-people



snow in june? rain in february?

Unpredictable mountain weather can change road and trail conditions from one minute to the next, and from place to place. Wildlife can be anywhere, any time. You are in true wilderness, and some simple precautions will ensure a safe and enjoyable visit to the Mountain National Parks.

driving:

- Before heading out, check the road conditions.
 For Alberta, call 1-800-642-3810 or visit ama.ab.ca.
 For B.C, call 1-800-550-4997 or visit drivebc.ca.
- Take your time. Slower travel will improve your chances of seeing wildlife, and give you more reaction time when travelling in winter conditions.
- Please stay on the roads and other hardened surfaces. Driving on grass and other soft surfaces damages local flora, and increases the risk of invasive plants establishing themselves in our parks.

while out and about:

- Whether enjoying a midday picnic or setting up your campsite, make sure all food and garbage is put away when you go. Use storage bins, garbage bins and your vehicle. Never leave food in your tent.
- Surprised wildlife can be aggressive wildlife.
 Make noise on the trails and let them know you're coming. Carry bear spray and know how to use it.

in the wilderness:

 Research your trip and plan accordingly. Carry extra clothes and water, and be prepared to survive overnight. Wilderness passes are mandatory for overnight trips, and can be obtained at a visitor centre, along with trip planning advice.

- Cell phones often don't work in the wilderness. It's best to let someone know what your plans are, and consider a voluntary safety registration: parksmountainsafety.ca.
- Be careful in old and burned over forests, especially in high winds that can blow dead trees down.
- Steep terrain can be a risk for rockslides and avalanches. Avalanche safety tips and condition updates can be found at: avalanche.pc.gc.ca & twitter.com/ParksMtnSafety.
- · Keep clear of cliffs, ledges and fast moving water.





park wardens

Park Wardens are peace officers, responsible for enforcing the Canada National Parks Act & Regulations.

They are also able to enforce other Canadian laws inside national parks. Help them keep national parks a special place. Report anything suspicious to a Parks Canada official or the RCMP.

please follow these simple regulations while enjoying your national parks:

keep pets on a leash

Unrestrained pets can harass wildlife, provoke wildlife attacks, and endanger or disturb other visitors. Please collect and properly discard feces left behind by your dog.

take only photographs

It is illegal to pick flowers, cut down trees, limb branches or otherwise cause damage to natural objects or living things (like mushrooms or herbs). The same is true for cultural artifacts. Leave whatever you find, where you find it, for others to enjoy.

be considerate of your neighbours

Liquor consumption is prohibited in public places, picnic and day use areas, and some campgrounds. Respect quiet hours in campgrounds, and the rights of others to enjoy the park in peace and quiet.

stay out of closed areas

National Park Superintendents have the authority to impose area closures or activity restrictions where the public is at risk, or when wildlife requires additional protection. These restrictions are enforced with the same authority as the regulations in *Canada's National Park Act*. Affected areas are well signed to inform the public. Violators will be charged, may be forced to appear in court, and pay fines of up to \$25,000.

be careful with fire

Fires are permitted only in designated areas. Keep fires well contained in fireboxes. Completely extinguish your fire. Do not collect deadwood, bark or branches for fuel. Obey seasonal restrictions or bans. Report any wildfires immediately to park staff.

buy proper fishing permits

Anglers require a national park fishing permit, available at most visitor centres. Provincial licenses are not valid.

going boating?

Check with visitor centre staff before you plan your trip. Motors are not allowed on most lakes.





visit a national historic site

Throughout the Mountain Parks, national historic sites commemorate the diversity of human experience and the legacy of thousands of years of human history.

Visitors can discover and enjoy fur trade posts, a celebrated Alberta ranch, the original route of the Canadian Pacific Railway, rustic log buildings, historic back-country lodges and ancient travel corridors through remote mountain passes. Each national historic site recalls Canada's past and contributes to its present. Each connects us to our mountain environment, our values and our history.



rocky mountain house

national historic site

Walk in the footsteps of Aboriginal Peoples, the Fur Traders and famous geographer David

Thompson. Kayak in the North Saskatchewan River and experience four authentic fur trading post locations. Explore 7 km of nature trails, play in a miniature fort and marvel at a Bison Herd. Tipi and Trapper Tent camping is available.

167 km (2 hrs) east of Saskatchewan Crossing via #11 and 6 km west of Rocky Mountain House on #11A

OPEN DAILY (May 19 - Sept. 2) 10am - 5pm MON. THRU FRI. (Sept. 3 - 28) 10am - 5pm www.pc.gc.ca/rockymountainhouse

bar u ranch

national historic site

Ranching history comes alive here! Experience warm western hospitality at its best: take our horse-drawn wagon tour, immerse vourself in stories of ranching pioneers, and take part in ranch life activities.

13 km south of Longview, AB on Highway #22 OPEN DAILY (May 20 - Sept. 30) 9am - 5pm 403 895-3044 or 1-888-773-8888 www.pc.gc.ca/baru

fort st. james

national historic site

Visit the largest group of original wooden buildings depicting the fur trade in Canada: chat with costumed interpreters, help tan a moose hide or make bannock, and enjoy a fur traders' lunch in the Old Fort Cafe.

536 km (6 hrs) north-west of Jasper via #16 and Prince George • 250-996-7191 ext. 21 OPEN DAILY* (May 19 to Sept. 30) 9am - 5pm *Only in the summer, the rest of the year by appointment only. Accomodation available, reservations recommended www.pc.gc.ca/stjames

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friends of the park

Guidebooks and maps, unique Canadian gifts, family activities and much more:

Friends of Jasper: 780-852-4767

Friends of Mount Revelstoke and Glacier: 250-837-2010

Friends of Kootenay: 250-347-6525 Friends of Yoho: 250-343-6393

Waterton Natural History Association: 403-859-2624

trip planning info

banff

Banff Visitor Centre: 403-762-1550 Lake Louise Visitor Centre 403-522-3833 Banff Lake Louise Tourism: 403-762-8421 banfflakelouise.com

jasper

Jasper Information Centre: 780-852-6176 Tourism Jasper: 780-852-6236 www.jasper.travel

kootenay

Kootenay Visitor Centre: 250-347-9505 Tourism Radium Hot Springs: 1-888-347-9331 www.tourismradium.ca

yoho & glacier

Yoho Visitor Centre: 250-343-6783 Guesthouses and lodges in Field and area Burgess Shale Geoscience Fdn.: 1-800-343-3006 www.field.ca

Tourism Golden: 1-800-622-4653 www.tourismgolden.com

revelstoke

Chamber of Commerce: 250-837-5345 www.seerevelstoke.com

waterton lakes

Waterton Lakes Visitor Centre: 403-859-5133 Waterton Chamber of Commerce www.mywaterton.ca

alpine club of canada

403-678-3200

www.alpineclubofcanada.ca

hostelling international

AB: 780-988-6836, BC: 604-684-7101 www.hihostels.ca

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