Canada's National Parks System Plan Western Mountains Interior Plains Canadian Shield 21. East Coast Boreal Region 22. Boreal Lake Plateau Pacific Coast Mountains 10. Mackenzie Delta 15. Tundra Hills 23. Whale River II. Northern Boreal Plains Strait of Georgia Lowlands 16. Central Tundra 24. Northern Labrador Mountains Interior Dry Plateau 12 Southern Boreal Plains 17. Northwestern Boreal Uplands 25. Ungava Tundra Plateau Columbia Mountains and Plateaux 18. Central Boreal Uplands 26. Northern Davis Region Rocky Mountains Prairie Grasslands 19a. West Great Lakes -Northern Coast Mountains 14. Manitoba Lowlands St. Lawrence Precambrian Region Hudson Bay Lowlands 7. Northern Interior Plateaux 19b. Central Great Lakes -27. Hudson-lames Lowlands and Mountains St. Lawrence Precambrian Region 28. Southampton Plain Mackenzie Mountains 19c. East Great Lakes -Northern St. Lawrence Lowlands Northern Yukon St. Lawrence Precambrian Region Bathurst Island 20. Laurentian Boreal Highlands 29a. West St. Lawrence Lowland 29b. Central St. Lawrence Lowland Ivvavik 29c. East St. Lawrence Lowland Appalachian Region 30. Notre Dame – Megantic Mountains Maritime Acadian Highlands 32. Maritime Plain 33. Atlantic Coast Uplands 34. Western Newfoundland Highlands Eastern Newfoundland Atlantic Region Arctic Lowlands 36. Western Arctic Lowlands 37 Fastern Arctic Lowlands High Arctic Islands 38. Western High Arctic Eastern High Arctic Torngat Mountains (R) East Arm of Great Slave Łake ountains 28 Gwaii Haanas Prince Albert Manitoba Pacific Rim (R) Lowlands South Okanagan Lower Similkameen ince Edward Island Grasslands National park or reserve (R) Region represented Georgian Bay Region with lands withdrawn for a future national park / reserve Region not represented * National park area of interest Bruce National park expansion proposal Peninsula Kilometres Operational Services * Land assembly underway 200 Parks Parcs National Parks Directorate Canada Canada