

Wolf trail

This relatively flat hike boasts beautiful sugar maples, large white pines and an incredible array of wildflowers in the spring. Keep your eyes open for mink, beavers and coyotes.

Difficulty: Easy to moderate

Trail length: 1.7 km

Hiking time: 40 minutes

Hawk loop

A unique and fascinating hike showcasing the diversity of forests in Thousand Islands National Park. Enjoy views of Polly and Mud Creek while keeping your eyes open for soaring turkey vultures.

Difficulty: Moderate

Trail length: 3.9 km

Hiking time: 1 hour and 45 minutes

Snipe loop

From pine and oak ridges to white birch lowlands, this loop offers breathtaking views of both Jones and Mud Creek.

Difficulty: Moderate

Trail length: 4.1 km

Hiking time: 2 hours

Why is the park here?

The local community can be credited with the establishment of Thousand Islands National Park in 1904. As the 1000 Islands became a popular area to purchase summer homes in the late 19th century, area residents petitioned the government to protect some of the islands for public use. Thousand Islands National Park now protects more than 20 km² in the 1000 Islands region, allowing public access to many islands and mainland properties.

Leave no trace

- Pack it in, pack it out.
- Stay on marked trails.

Leave what you find

- Leave rocks, plants and other natural objects and cultural artifacts as you find them.

Respect wildlife

- Observe wildlife from a distance. Do not follow or approach animals.
- Never feed animals. Feeding wildlife alters natural behaviours, damages health, and exposes animals to predators and other dangers.
- Pets must be leashed at all times.

Be considerate of other visitors & our neighbours

- Respect other visitors and protect the quality of their experience.
- Be courteous. Yield to other users on the trail.
- Let nature's sounds prevail. Avoid loud voices and noises.

www.leavenotrace.ca

For more information or to report trail maintenance issues, please contact the park at the phone number below.

Thousand Islands National Park

📍 2 County Rd. 5, RR # 3, Mallorytown, ON

☎ 1-888-773-8888

✉ ont-ti@pc.gc.ca

🌐 www.pc.gc.ca/ti

In case of emergency, call 911.



Thousand Islands
National Park

JONES CREEK TRAIL MAP

Welcome to Thousand Islands National Park

Thousand Islands National Park, one of Canada's smallest national parks, is located in the beautiful 1000 Islands region. The park consists of several mainland properties and more than 20 islands between Kingston and Brockville and is the traditional territory of two distinct Indigenous cultures, the Haudenosaunee (*Ho dee no shoe ni*) or Six Nations-Iroquois Confederacy and the Misi-zaagiing or the Mississauga Anishinaabe (*A-nish-sna-bay*), close relatives of the Ojibwa People. The Haudenosaunee, an agricultural people, know the 1000 Islands area as **Tsitkawehnoton** (*Jeet gah weh know doo*), meaning "**The Many Islands.**" The Misi-zaagiing, traditionally a hunting and gathering society, call the area **Gicchi siibi** (*git-chee sh-b*), meaning "**The Great River.**"

The national park is a core protected area in the **Frontenac Arch Biosphere Reserve**, a region recognized by UNESCO (United Nations Educational, Scientific and Cultural Organizations) for its biodiversity and species at risk.



1270 - 1000 Islands Parkway
44.489717, -75.821567



Parks
Canada



Parcs
Canada

Canada

Heron loop

A picturesque trail through hemlock forest and past rare pitch pine trees to a rocky outcrop 14 metres above the Mud and Jones Creek wetlands.

Difficulty: Easy to moderate

Trail length: 1.0 km

Hiking time: 25 minutes

Bear trail

A more challenging climb over forested ridges and past fascinating fern-covered rock faces.

Difficulty: Moderate

Trail length: 0.9 km

Hiking time: 20 minutes

Eel loop

A relatively flat trail past century-old white pine and red oak trees with a side loop that offers a glimpse of Jones Creek and its wetlands.

Difficulty: Easy

Trail length: 0.7 km

Hiking time: 20 minutes

Turtle loop

An easy loop through oak, beech and maple forests that opens briefly to reveal a forest changed dramatically by the work of industrious beavers.

Difficulty: Easy

Trail length: 0.6 km

Hiking time: 20 minutes

Legend

-  Parking
-  Fee Area
-  Toilet
-  Trail Entry Point
-  Lookout
-  Red Chair #sharethechair

