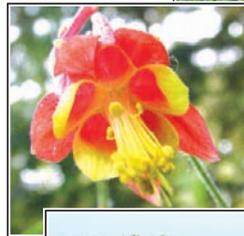
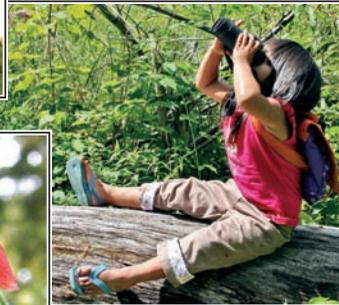




Thousand Islands  
National Park

## JONES CREEK TRAIL MAP



### LEAVE NO TRACE

- Pack it in, pack it out.
- Stay on marked trails.

### Leave What You Find

- Leave rocks, plants and other natural objects and cultural artifacts as you find them.

### Respect Wildlife

- Observe wildlife from a distance. Do not follow or approach animals.
- Never feed animals. Feeding wildlife alters natural behaviours, damages health, and exposes animals to predators and other dangers.
- Pets must be leashed at all times.

### Be Considerate of Other Visitors & Our Neighbours

- Respect other visitors and protect the quality of their experience.
- Be courteous. Yield to other users on the trail.
- Let nature's sounds prevail. Avoid loud voices and noises.

[www.leaveontrace.ca](http://www.leaveontrace.ca)

For more information or to report trail maintenance issues, please contact the park office at the phone number below.

### Thousand Islands National Park

2 County Rd. 5, RR # 3

Mallorytown, ON K0E 1R0

Telephone: 613-923-5261 Fax: 613-923-1021

[www.pc.gc.ca/ti](http://www.pc.gc.ca/ti) [ont-ti@pc.gc.ca](mailto:ont-ti@pc.gc.ca)

1270 - 1000 Islands Parkway

44.489717, -75.821567



## Welcome to Thousand Islands National Park

Thousand Islands National Park, one of Canada's smallest national parks, is located in the beautiful 1000 Islands region. The park consists of several mainland properties and more than 20 islands between Kingston and Brockville and is the traditional territory of two distinct aboriginal cultures, the Haudenosaunee (*Ho dee no shoe ni*) or Six Nations-Iroquois Confederacy and the Misi-zaagiing or the Mississauga Anishinaabe, close relatives of the Ojibwa People.

The Haudenosaunee, an agricultural people, know the 1000 Islands area as *Tsitkawehnoton* (*Jeet gah weh know doon*), meaning "The Many Islands." The Misi-zaagiing, traditionally a hunting and gathering society, call the area *Gicchi siibi*, meaning "The Great River."

### Wolf Trail (Red)

This relatively flat hike boasts beautiful sugar maples, large white pines and an incredible array of wildflowers in the spring. Keep your eyes open for mink, beavers and coyotes.

Difficulty: Easy to moderate  
Trail length: 1.7 km  
Trail hiking time: 40 minutes



### Hawk Loop (Orange)

A unique and fascinating hike showcasing the diversity of forests in St. Lawrence Islands National Park. Enjoy views of Polly and Mud Creek while keeping your eyes open for soaring turkey vultures.

Difficulty: Moderate  
Trail length: 3.9 km  
Loop hiking time: 1 hour and 45 minutes

### Deer Trail (Yellow)

Enjoy beautiful glimpses of creeks and scenic wetlands as you travel along the top of a ridge overlooking Mud Creek.

Difficulty: Easy to moderate  
Trail length: 1.7 km  
Trail hiking time: 40 minutes

### Beaver Loop (Blue) - closed

Trail closed because of flooding caused by beaver activity.

### Snipe Loop (Green)

From pine and oak ridges to white birch lowlands, this loop offers breathtaking views of both Jones and Mud Creek.

Difficulty: Moderate  
Trail length: 4.1 km  
Loop hiking time: 2 hours

In case of emergency, call 911.

### Heron Loop (Red)

A picturesque trail through hemlock forest and past rare pitch pine trees to a rocky outcrop 14 metres above the Mud and Jones Creek wetlands.

Difficulty: Easy to moderate  
 Trail length: 1.0 km  
 Loop hiking time: 25 minutes

### Bear Loop (Blue)

A more challenging climb over forested ridges and past fascinating fern-covered rock faces.

Difficulty: Moderate  
 Trail length: 0.9 km  
 Loop hiking time: 20 minutes

### Eel Loop (Yellow)

A relatively flat trail past century-old white pine and red oak trees with a side loop that offers a glimpse of Jones Creek and its wetlands.

Difficulty: Easy  
 Trail length: 0.7 km  
 Loop hiking time: 20 minutes

### Turtle Loop (Orange)

An easy loop through oak, beech and maple forests that opens briefly to reveal a forest changed dramatically by the work of industrious beavers.

Difficulty: Easy  
 Trail length: 0.6 km  
 Loop hiking time: 20 minutes

### Why is the park here?

The local community can be credited with the establishment of Thousand Islands National Park in 1904. As the 1000 Islands became a popular area to purchase summer homes in the late 19th century, area residents petitioned the government to protect some of the islands for public use. Thousand Islands National Park now protects more than 20 km<sup>2</sup> in the 1000 Islands region, allowing public access to many islands and mainland properties.

