Hikes and Walks

J Sidney Spit
SKAMIEN (sk-thay-men) Trail (45 minutes)
Lagoon Trail 1.5 km (40 minutes)
Easy 2 km loop and 1.5 km spur to lagoon from main boat dock.
Take a leisurely walk on the beaches or wander the trails through the shady forest and sunny open fields. The distance from the main dock to the campground area is 0.8 km.

K Princess Margaret
Princess Margaret Perimeter Trail Moderate 6.5 km (3-hour loop)
Royal Cove Trail (20 minutes to Royal Cove or Abbots Point)
Kanaka Bluffs Trail (15 minutes)
Pocket Inlets Trail (15 minutes)
A shoreline loop allows you to hike around the perimeter of the entire island and enjoy spectacular views from all points of the compass.

L Russell Island
Haumea Trail (30-minute loop) Easy 1 km from boat access.
An island steeped in rich history, Coast Salish clam gardens have been used here for at least 1000 years. A spur off the main loop trail leads to one of the last surviving Hawaiian homesteads in the region. The historic house dates back over 1 century.

M McDonald Campground (Sidney)
A short walking trail offers access to adjacent regional parks.
Lochside regional cycling trail passes in front of the campground.
49 campsites. Reservations recommended.

North Pender Island

I Roe Lake
Roe Lake Trail (45 minutes one way)
Moderate 1.2 km from Shingle Bay Road.

II Loop Trail (50 minutes 1.7 km loop)
(0.5 km from Shingle Bay Road trail access or 0.4 km from Magic Lake Estates).
This trail leads into the uplands above Shingle Bay to Roe Lake, then steeply descends to the Magic Lake Estates subdivision. The loop trail allows you to hike around the lake where you can enjoy stunning views of tranquil Roe Lake.

III Roe Inlet Trail (15 minutes one way)
Easy 0.5 km from parking lot to viewpoint.
Quick access to a former cottage resort dating back to the early 1800s. To the north of Ella Bay, a short rustic trail on Roe Islet leads to a viewpoint. The trail access may be exposed to water at high tides. Please refer to tide tables at information kiosk.

N Prior Centennial Campground
Heart Trail (1 km)
Connects the campground to regional hiking trails and offers geocaching opportunities.
11 campsites. Reservations recommended.

South Pender Island

H Beaumont
Beaumont Trail (60 minutes)
Advanced 1.6 km trail from Ainslie Point Road and offers spectacular ocean views.

II Moderate-Advanced 2 km from either Narvaez Bay Road or the east end of Valley Road. Park at pull-off on Narvaez Bay Road.
Rapidly rising 100 metres in elevation to the viewpoint, this trail branches off the Narvaez Bay trail and follows an old logging road up to an incredible view of Boundary Pass and the San Juan Islands.

I Monarch Head (Narvaez Bay)
Monarch Head Trail (90-minute loop)
Moderate 2.5 km Trail head past parking area. Trail leads to viewpoint. The trail continues through the forested heart of the island and follows the creek to end at East Point Road.

Contact Information
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Also disponible en français.
Gulf Islands National Park Reserve, 2220 Harbour Road, Sidney, BC V8L 2P6

Campers can enjoy stunning views of tranquil Roe Lake. The loop trail allows you to hike around the lake where you can enjoy stunning views of tranquil Roe Lake.

Camping, Mooring and Docking

CAMPGROND INFORMATION
- Campers with a tent and one vehicle may stay two nights only.
- Pets must be kept on leash at all times and their waste removed.
- Alcoholic consumption is only permitted on a registered campsite. Campfires, portable generators, and fire apparatuses are prohibited year round at all backcountry campsites and day use areas (including below the high tide mark).
- Potable water is available (NOTE FOR SIDNEY SPIT: water has high sodium content — not recommended for those with heart conditions).
- Garbage facilities are only available at drive-in campgrounds. Sidney Spit is pack in, pack out.

Frontcountry Campgrounds
(McDonald, Prior Centennial and Sidney Spit)
- Reservations are recommended.
- Campers are only permitted in the rings provided at McDonald and Prior Centennial Campgrounds.
- Fire ban at Sidney Spit: Campfires, briquette-fueled barbecues and portable campfire apparatuses are prohibited year round at all Sidney Spit campgrounds and day use areas (including below the high tide mark).
- Potable water is available (NOTE FOR SIDNEY SPIT: water has high sodium content — not recommended for those with heart conditions).
- Garbage facilities are only available at drive-in campgrounds. Sidney Spit is pack in, pack out.

Backcountry Campgrounds
- Some campgrounds are accessible by water only. Consult the Camping, Mooring and Docking table for accessibility details.
- Shingle Bay Campground on Pender Island is now fully reservable, reservations are recommended.
- All backcountry campgrounds (except Shingle Bay) are first come, first served. Payment must be made onsite in cash with exact change or by cheque to “Receiver General for Canada”.
- Fire ban: Campfires, briquette-fueled barbecues and portable campfire apparatuses are prohibited year round at all backcountry and day use areas (including below the high tide mark).
- No Potable Water: Potable water is not available at any of the backcountry campgrounds.
- Garbage facilities are not available, pack in, pack out only.

Party Size
Frontcountry: Maximum 6 people (total including dependent children, must be 7 years of age or under)
Backcountry: Maximum 5 people

Trail Guide App
EXPLORA
Check out our new EXPLORA trail app — available now on the App Store and Google Play. Discover the park reserve in a whole new way with mini quizzes, historic photos and insider tips!