Winter, a season to play ...

Welcome to winter in Banff National Park, Canada’s first national park. Whether you are here for a family adventure or a relaxing getaway, there is no better way to experience this national park. Whether you are here for a family adventure or a relaxing getaway, there is no better way to experience Banff’s pristine mountain landscape than on foot. Lace-up your boots, wet your face, strap on a pair of snowshoes and enjoy one of our many winter trails.

SNOWSHOEING

- Johnson Lake Trail
  2.8 km loop Trailhead: Start at Johnston Lake day-use area, walk just past the picnic shelter. Petenwae trail follows the lakeshore. Breathtaking views of Johnson Lake. This flat, wide, snowshoe trail is optimal for all ages. It is a great way to enjoy the winter weather in Banff National Park. The trail is wide, with plenty of turning space and good visibility.

- Sundance Trail to Sundance Canyon
  3.6 km one way Trailhead: Start at the parking lot of Sundance Road at the west endowment ground and walk for the Sundance Road. This trail is easy to follow and the views are stunning. It offers spectacular views of the Bow Valley and winds through the forest to the Sundance Canyon picnic area.

- Tunnel Mountain Drive
  1.7 km loop Trailhead: Start at the closed gate at the intersection of Tunnel Mountain Drive and St. Julien Way. Closed to vehicles in the winter, this route provides splendid views of Johnson Lake. Breathtaking views of the Bow Valley. It is a great way to enjoy the winter weather in Banff National Park. The trail is wide, with plenty of turning space and good visibility.

WINTER WALKING

- Johnston Canyon Trail
  11.1 km one way Start at the Lower Falls Trailhead. Johnston Canyon day-use area 22 km west of Banff at Chief Valley Parkway (1A). This is the deepest of the canyons along walkways that lead to the lower falls. The spectacular 240 m high turquoise Upper Teller Falls. The trail is usually very slippery - skis are strongly recommended. Tread an additional 5.5 km beyond Upper Teller Falls to reach the Ink Pots.

- Stewart Canyon Trail
  15.0 km one way Trailhead: Lake Minnewanka Picnic Area. This trail is easy to follow and the views are stunning. It offers spectacular views of the Bow Valley and winds through the forest to the Sundance Canyon picnic area.

- Bow River Bridge to Cave and Basin National Historic Site Interpretive Boardwalk/Marsh Loop
  4.1 km one way Start at Cave and Basin from the Bow River Bridge. 2.4 km loop to the Marsh Trailhead. Start at Bow River Bridge downtown Banff or at the stream entry gate. The Bow River Bridge to Cave and Basin Marsh Loop remains open the exploration of unique thermal spring’s habitats. A great place for winter birds watching.

- Hoodooos Viewpoint
  4.5 km one way Spruce Corner to Hoodooos Viewpoint Trailhead. Start at Surprise Corner parking lot on Tunnel Mountain Drive. 4.5 km one way Douglas Fir Trail to Hoodooos Viewpoint Trailhead. Start just past Douglas Fir Paved at intersection of Tunnel Mountain Road and Tunnel Mountain Drive. Description: From Surprise Corner, the trail takes you through forested area until you reach the Douglas Fir Trail. This trail provides open views to the Hoodooos Viewpoint. Keep an eye out for wildlife and watch for your surroundings. You can make a loop return to town along Tunnel Mountain Road.

- Tunnel Mountain Summit
  2.4 km one way Trailhead: Lake parking lot on St. Julien Road below the Banff Centre. Rides the summit of a mountain in the heart of Banff’s townsite. Take in breathtaking views of the Bow and Spray Valleys. This easy trail can be extended by 0.5 km. Hiking poles are strongly recommended.

- Fenland Trail
  3.1 km one way Trailhead: Fenland Trail parking lot 0.5 km off Spray River Road. This is a pancakes interpretive trail under good growth-upon times. Great for families with young children. For a longer walk (1.5 km one way) from Banff townsite, start at Central Park along the Bow River and Fenlands Trailhead just west of the railway tracks on Mt. Norquay Road.

WILDLIFE

Winter offers a unique glimpse of wildlife as tracks in the snow reveal the mystery of their movements. It is a chance for wildlife to survive through a Rocky Mountain winter, but you can help make it easier. If tracks are observed, do not follow them toward the animal. If you see wildlife, do not approach: give them lots of space and observe from a distance with binoculars or a telephoto lens.
DONE WITH THIS BROCHURE? Please return for re-use to a park facility or share it with others.

**CROSS COUNTRY SKIING – TRACK SET**

- Castle Junction
- Brewster Creek
- Cascade Valley
- Spray River Trail West and East
- Goat Creek and Spray River
- Redearth Creek

**BANFF ROAD RIDES**

- Golf Course Drive
- Vermilion Lakes Drive
- Banff Legacy Trail

**SNOWSHOEING**

- Johnson Lake Trail
- Sundance Trail to Sundance Canyon
- Tunnel Mountain Drive
- Ink Pots via Moose Meadows Trail

**WINTER WALKING**

- Johnston Canyon Trail
- Stewart Canyon Trail
- Bow River Bridge to Cave and Basin NHS Interpretive Boardwalk/Marsh Loop
- Hoodoo Viewpoint
- Fenland Trail
- Tunnel Mountain Summit

**LEGEND**

- Cross country skiing trail
- Snowshoeing trail
- Winter walking trail
- Connector trail (not maintained in winter)

**RATINGS**

- Easy
- Moderate

**HOW WAS YOUR TRIP?** Please send your comments to www.banff.vrc@pc.gc.ca

**BOW VALLEY AREA INSET**

**LAKE MINNEWANNA AREA INSET**